

California Local Resources by County

We do our best to maintain a current list, but we advise that you call the number prior to attending to ensure the group is still active. Unless otherwise specified, these listings are independent and unaffiliated with the Parkinson's Foundation.

*An asterisk denotes a program funded by a Parkinson's Foundation Community Grant.

Alameda

Butte

Contra Costa

Fresno

Kern

Los Angeles

Marin

Monterey

Napa/ Sonoma

Orange

Riverside

Sacramento

San Diego

San Francisco

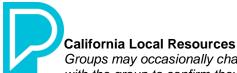
San Mateo

Santa Clara

Santa Cruz

Stanislaus

Programas en español - todo el estado



ALAMEDA

Support Groups

*PD Active Diversity Outreach Program, PD Active

Location: Berkley, CA

For more information, contact Adam Mizock or amizock@gmail.com

Link to website here.

Fremont Support Group

Support group for Parkinson's patients and their caregivers.

Location: Fremont, CA 94538 - Meeting virtually.

For more information, contact Bob Dickerson at 510-490-7978 or bob_tennisguy@yahoo.com

Exercise and Wellness

Dance Moves Me! For Parkinson's

Dance Moves Me! brings a fresh and fun approach to dance and rhythmic movement for people living with Parkinson's disease.

Location: Walnut Creek, CA 94597

Fee: Yes, \$10/class

For more information, contact Debbie Sternbach at fasn8n@comcast.net or 510-653-8362.

*Parkinson's Exercise & Caregiver Program 2021 Community Grant, City of Union City - Community & Recreation Services,

Location: Union City, CA

For more information, contact Robert Magbanua or robertmagbanua@unioncity.org

Link to website here.

BUTTE

Exercise and Wellness

*North State Therapy Choir, Chico, North Valley Community Foundation

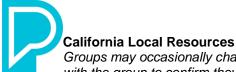
Location: Chico, CA 95928 - Meeting virtually.

For more information contact, Erin Haley at erin@haleymusictherapy.com

Link to website here.

Parkinson Association of Northern California

Run PD and Care partner support groups in 14 No CA counties, Annual Educational Conference (Sacramento vicinity), quarterly newsletter and training exercise professionals through our ParkinsonWise program.



Location: Various locations in Northern California - Meeting in-person.

For more information, contact Sean Tracy at 916-357-6641 or panc@panctoday.org

Link to website here.

CONTRA COSTA

Support Groups

Brentwood Support Group

Support group for Parkinson's patients and their caregivers.

Location: Brentwood, CA 94513

For more information, contact Sue and Duane Schnittker at 925-550-2756 or saresa@comcast.net.

Walnut Creek Support Group

Support group for Parkinson's patients and their caregivers.

Location: Walnut Creek, CA 94595

For more information, contact Lance Gershen at 925-932-1028 or Abraham Raja at 925-381-0688

Exercise and Wellness

Dance for Parkinson's Diablo Ballet

Music and movement to target Parkinson's concerns such as coordination, balance, flexibility, isolation, and depression.

Location: Diablo, CA 94596 - Meeting virtually.

Fee: \$10 per class

For more information, contact

Link to website here.

FRESNO

Support Groups

Greater Fresno Parkinson's Support Group

We are people with Parkinson's, care partners, and other interested people who get together and share ways to live better with Parkinson's. We welcome any age and any stage of Parkinson's.

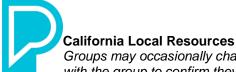
Location: Clovis, CA 93611

For more information, contact info@gfpsq.org

Link to website here.

Exercise and Wellness

Rock Steady Boxing Central Cal



Rock Steady Boxing (RSB) was founded in Indianapolis in 2006 by former Marion County Prosecutor Scott C. Newman, who is living with Parkinson's. RSB is a non-contact boxing-based fitness curriculum.

Location: Fresno. CA 93720

Fee: Yes, \$85/month.

For more information, contact John Bowers at 559-392-8842 or centralcal@rsbaffiliate.com.

Link to website here.

Greater Fresno Parkinson Support Group

Wellness program for people with Parkinson's who wish to gain information about resources, support, and exercise in the Greater Fresno area through the use of a liaison.

Location: Clovis, CA - Meeting virtually.

For more information, contact Ron Schiller at pattystratton21@gmail.com.

Link to website here.

KERN

Support Groups

Bakersfield Parkinson's Support Group

Bakersfield Parkinson's Support Group is an association of patients with Parkinson's disease (PD) their caregivers, and medical professionals in Bakersfield, California. Bakersfield is in the heart of "Parkinson's Alley" with an unusually high incidence of PD. The group has been supporting the Parkinson's community for nearly two decades.

Location: Bakersfield, CA - Meeting virtually.

For more information, contact Paul Gipe at 661 325 9590 or pgipe@igc.org or David Campbell at 661 872-3646 or campbell.david64@gmail.com

LOS ANGELES

Support Groups

Parkinson's Group Wellness Programs

Offers two levels of exercise groups: Wellness Group and High-Intensity Exercise Group. Both groups incorporate a variety of exercise approaches to address mobility, speech, education. Therapists are PWR! and LSVT trained.

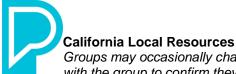
Location: Pomona, CA - Meeting in-person.

Fee: Yes

For more information, contact CasaColina Outpatient Services at 909/596-7733, ext 3500 or ecasselle@casacolina.org

Link to website here.

Parkinson's Resource Organization



Various groups with different audiences and locations.

Location: Various locations in LA county For more information, contact 877-775-411.

Link to website here.

*Spanish-language Programs for the Parkinson's Community in Los Angeles and Beyond, Parkinson's Community Los Angeles

Location: Los Angeles, CA

For more information, contact Sarah King or sarah@pcla.org

Link to website <u>here</u>.

Exercise and Wellness

5K Training Program

This program is of particular value to People with Parkinson's disease but is open to anyone for whom a 5K is a stretch. Family and friends are encouraged to participate, both to support people with PD and to share in the enjoyment of a sociable and professionally coached training program. Everyone is welcome, no advance sign-up required. Just come!

Location: Los Angeles, CA 90033

For more information, contact Sarah Ingersoll, University of Southern California at singerso@usc.edu or 626-796-4745.

Link to website here.

Beat Based Movement

Drums & hand Percussion patterns to set the pace, using a simple counting and breathing technique and rhythm coordination. Classes are led by live drums! Patients gain mobility, help with motor and non-motor symptoms through a series of rhythm exercises.

Location: Venice, CA 90292 - Meeting in-person

Fee: First class is free, and then a fee

For more information, contact Jorge Villanueva at jorge@beatbasedmovement.com or 818-456-7086.

Link to website <u>here</u>.

High Intensity Parkinson's Exercise Classes

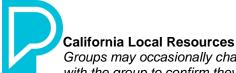
We help people who are tired and limited by their neurologic diagnoses restore movement, confidence, and strength by providing brain-changing therapy and exercise. The programs include group classes, personal training, yoga therapy, 1:1 coaching, fitness assessments, special events and workshops and more!

Location: Torrance, CA 90503

For more information, contact info@re-activept.com or 424-488-3191.

Link to website here.

Lineage Dance Company: Dance for Joy



Lineage offers a series of free weekly classes for persons with Parkinson's at the Lineage Performing Arts Center. The classes are aimed at providing exercise, community, creative expression, and managing and mitigating some of the effects of Parkinson's disease.

Location: Pasadena, CA 91104

For more information, contact Brian Elerding at brian@lineagepac.org.

Link to website <u>here</u>.

*Re+motivate, Re+active Physical Therapy and Wellness:

8 week program for emotional and physical health

Location: Torrance, CA

For more information, contact Julie Hersberg or info@re-activept.com

Link to website here.

Neuroboxing

Neuroboxing is a non-profit organization dedicated to impacting the lives of those with traumatic brain injuries and neurological disorders, including those with Parkinson's, through non-contact boxing.

Location: Westlake Village, CA 91362

For more information, contact Josh Ripley at josh@neuroboxing.org.

Link to website here.

Dance 4 Your Health

This program is specially designed to bring the joy of dance and music to individuals with Parkinson's disease and their caretakers. Enjoy from the comfort of your own home!

Location: Lancaster, CA 93535 - Meeting virtually.

For more information, contact Lisa Sandoval at info@dance4yourhealth.com or 661-916-1318.

Link to website here.

Adaptive Physical Education Class

Water and physical exercise with special attention given to the needs of individuals with Parkinson's disease. Course number is 37326.

Location: Lancaster, CA 93536

Fee: \$47 for the class; A semester parking pass is \$20.

For more information, contact 661-722-6300.

*Invertigo Dance Theatre's Dancing Through Parkinson's Program, Invertigo Dance Theatre,

Location: Culver City, CA

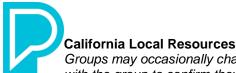
For more information, contact David Mack or development@invertigodance.org

Link to website here.

<u>Keck School of Medicine of the University of Southern California, a Parkinson's Foundation</u> Center of Excellence

Location: Los Angeles, CA 90033

Link to website here.



MARIN

Support Groups

Marin Parkinson's Support Group

Meeting Virtually.

Location: Mill Valley, CA 94941

For more information, contact Katherine Jones at kathjones@mac.com or 415-927-7647 or Elizabeth

Mazariegos-Ramirez at elizabeth@alegrecare.com

Link to website <u>here</u>.

Caregiver Support Group

Location: Mill Valley, CA 94941

For more information, contact JoAnn Katz at joannkatzmft@gmail.com.

Exercise and Wellness

*PD Connect High Intensity Class

Introducing a high-intensity, highly focused group exercise class specifically designed for people with Parkinson's disease.

Location: Corte Madera, CA 94925 - Meeting virtually.

For more information, contact Lisa Oei at 415-604-2477 or lisa@PD-Connect.org.

Link to website here.

MONTEREY

Support Groups

Pacific Grove Support Group

Support group for Parkinson's patients and their caregivers. Resuming in person meetings in August.

Location: Pacific Grove, CA 93950

For more information, contact mpsq@montereyparkinsonssupport.com.

Link to website here.

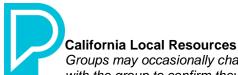
Exercise and Wellness

POP Fit Power Over Parkinson's

Location: Salinas, CA

For more information, contact larry@actioncouncil.org

Link to website here.



NAPA / SONOMA

Support Groups

Napa Young Onset Support Group

Support group for young onset Parkinson's patients and their caregivers.

Location: Napa, CA 94558 For more information, contact

Exercise and Wellness

PWR! Moves Class

This movement class is for those living with Parkinson's disease, essential rremor or balance issues. Classes are designed to increase strength, flexibility, coordination, balance and posture. The goal is to enhance motor, cognitive and emotional functions and daily quality of life. Meeting Virtually.

Locations: Various locations in St. Helena, CA 94574, Calistoga, CA 94515, and Angwin, CA For more information, contact Rianda House at 707-963-8555. EXT. 103- Program Manager Link to website here.

Rock Steady Petaluma

Rock Steady Boxing, a 501 (c)(3) nonprofit organization, gives people with Parkinson's disease hope by improving their quality of life through a non-contact boxing based fitness curriculum lead by certified coaches.

Location: Petaluma, CA 94952 - Meeting in-person.

Fee: Yes

For more information, contact Jeanette Perry at (707) 595-6548 or petaluma@rsbaffiliate.com. Link to website here.

ORANGE

Support Groups

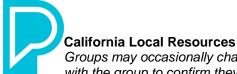
Parkinson's Resource Organization Support Group: Manhattan Beach

These meetings may alternate between caregiver only meetings and meetings that also include individuals with PD.

Location: Manhattan Beach, CA 90266 - Meeting virtually. For more information, contact the PRO Office at 877-775-4111.

Link to website <u>here</u>.

Parkinson's Resource Organization Support Group: Newport Beach



These meetings may alternate between Caregiver Only meetings and meetings that also include individuals with PD.

Location: Corona Del Mar, CA 92625 - Meeting virtually.

For more information, contact the PRO Office at 877-775-4111.

Link to website here.

Exercise and Wellness

* Addressing Unmet Needs for Exercise for People with Parkinson's In Orange County, California, Rogue Physical Therapy & Wellnes

Rogue is a wellness program for people with Parkinson disease located in Orange County, California.

Location: Fountain Valley, CA 92708

For more information, contact Claire McLean at info@roguept.com

Link to website here.

<u>Expansion of the Parkinson's Exercise Programs in Orange County, CA, Parkinson's Association of Orange County</u>

Location: Irvine, CA 92618

For more information, contact Kerry Keen at kerrykeen@pacbell.net

Link to website **here**.

Parkinson's and Movement Disorders Program, Orange Coast Memorial Medical Center

Location: Fountain Valley, CA 92708

For more information, contact Theresa Stern at tmazziottastern@memorialcare.org.

Link to website here.

*Rx Ballroom Dance Therapy Program- Dance for Improved Quality of Life!, Rx Ballroom Dance

This program consists of weekly ballroom dance classes specifically designed to engage both the body and mind to alleviate symptoms of diseases such as Parkinson's and Alzheimer's.

Location: Ladera Ranch, CA 92694

For more information, contact Erin Drake at info@rxballroomdance.com

Link to website here.

*Parkinson's Wellness Program of UCI, UC Irvine Health

Location: Orange, CA

For more information, contact Betsaida Cruz-Coble or bcruzcob@uci.edu

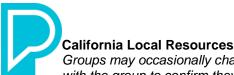
Link to website here.

*Orange County Tremble Clefs Community Outreach and Wellness Project Parkinsons Association of Orange County

Location: Irvine, CA

For more information, contact Karen Skipper at kmsmusic@cox.net

Link to website here.



<u>MemorialCare Orange Coast Medical Center's Parkinson's and Movement Disorders Program –</u> FY22 Orange Coast Medical Center

Location: Fountain Valley, CA

For more information, contact Theresa Stern at tstern@memorialcare.org

Link to website <u>here</u>.

RIVERSIDE

Support Groups

Parkinson's Resource Organization Support Group: Palm Desert

Support group for caregivers only. **Location:** Palm Desert, CA 92260

For more information, contact the PRO Office at 877-775-4111.

Parkinson's Resource Organization Support Group: Palm Desert

Location: Palm Desert, CA 92260

For more information, contact the PRO Office at 877-775-4111.

SACRAMENTO

Support Groups

Parkinson Association of Northern California - Support Groups

Dedicated to helping individuals and families affected by Parkinson's disease and related conditions, hosts various groups with different audiences and locations.

Location: Various locations in Sacramento County

For more information, contact 916-357-6641.

Link to website here.

Exercise and Wellness

<u>Spread the Word: Mental Health Resources and Outreach to People with Parkinson's Disease,</u> Parkinson's Association of Northern California

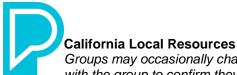
Location: Folsom, CA 95630

For more information, contact panc@panctoday.org

Link to website here.

SAN DIEGO

Support Groups



San Diego Central County Parkinson's Support Group

The SDCCPSG serves as a resource within the greater San Diego metropolitan area to facilitate education, assistance and support for persons with Parkinson's and their families.

Location: Various locations around San Diego County - Meeting virtually. For more information, contact Nancy Floodberg at president@sdccpsg.org. Link to website here.

San Diego Parkinson's Support Group Network

Various audiences, focuses, and locations for PWP and caregivers **Location:** Various locations throughout San Diego County

For more information, contact 619-565-0411 or info@support4pd.org.

Link to website here.

Parkinson's Association of San Diego

The Parkinson's Association is a non-profit organization dedicated to the well-being of people in our community who are affected by neurological and movement disorders. Provides support groups, exercise classes, and other event listings.

Location: Various locations throughout San Diego County

For more information, contact 858-999-5671 or info@parkinsonsassociation.org.

Link to website here.

North County Parkinson's Support Group

Four chapters provide monthly support group meetings including educational component and breakouts where PwP and CPs meet separately to discuss successes and challenges. Also sponsor exercise classes, social gatherings, monthly newsletter. Meeting in person.

Location: Various locations in Oceanside, Fallbrook, La Costa, and Rancho Bernardo, CA For more information, contact Paul Dawson at 760-497-1200 or paul@video-fire.com, or Irene Miller at 760-731-0171 or NCPSGF@GMAIL.COM.

Link to website here.

*Parkinson's Connection Orange County, Parkinson's Wellness Fund

Location: La Jolla, CA

For more information, contact Lauren Simmons at info@pdbuzz.com

Link to website here.

Exercise and Wellness

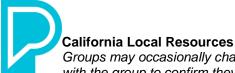
*Luchando contra el Parkinson, Juan Carlos Organization

Location: San Diego, CA 92169

For more information contact, Lisbeth Garces at juancarlosorganization@gmail.com

Link to website here.

Tremble Clefs San Diego



Tremble Clefs is a fun, and free therapeutic singing program for people living with Parkinson's and their care partners.

Location: San Diego, CA 92120

For more information, contact Karen Hesley at khesley@hotmail.com.

Link to website <u>here</u>.

Rock Steady Boxing San Diego

Rock Steady Boxing (RSB) was founded in Indianapolis in 2006 by former Marion County Prosecutor Scott C. Newman, who is living with Parkinson's. RSB is a non-contact boxing-based fitness curriculum.

Location: Escondido, CA 92025

For more information, contact Marylene Rosa Kuhlmann at sandiego@rsbaffiliate.com

Link to website here.

University of California, San Diego Movement Disorder Center, a Parkinson's Foundation

Center of Excellence

Location: San Diego, CA 92037

Link to website <u>here</u>.

SAN FRANCISCO

Support Groups

Parkinsons Caregiver Resource Help

Location: SF / East Bay locations For more information, contact:

Aaron Daley at aaron.daley@ucsf.edu or 415-476-9276

San Francisco VA Medical Center Support Group

Support group for veterans Parkinson's Disease (open to anyone). Walk-ins welcome.

Location: San Francisco, CA 94121

For more information, contact Annie Li Wong at 415-379-5530.

Young Onset Support Group

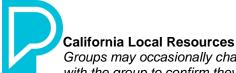
Support group for young onset Parkinson's patients and their caregivers.

Location: San Francisco, CA - Meeting virtually.

For more information, contact Monica Voltz at 415-353-7382 or monica.volz@ucsf.edu

Stanford Neuroscience Supportive Care

A variety of free support groups, classes, workshops, 1:1 consultations and services open to all patients and families regardless of where you receive care. All classes are tailored to the unique needs of Neuroscience patients.



Location: Meeting virtually

For more information contact 650-721-8500 or NSCP@stanfordhealthcare.org

Link to website here.

Exercise and Wellness

*SF Ballet Dance Class for Parkinson's

San Francisco Ballet offers a dance class specially designed for people with Parkinson's disease (PD). These classes emphasize large balletic movements and are designed to honor PD specific concerns such as balance, flexibility, isolation, and depression.

Location: San Francisco, CA 94109 – Meeting virtually and in-person.

For more information, contact Cecilia Beams at cbeam@sfballet.org.

Link to website here.

<u>Mindfulness-Based Cognitive Therapy for People with Parkinson's Disease, University of California San Francisco</u>

Location: San Francisco, CA 94143

For more information, contact Andreea Seritan at andreea.seritan@ucsf.edu.

Link to website here.

PDSF Network - Dance for PD

Parkinson's Disease San Francisco Network (PDSF Network) is a peer resources group that supports people with Parkinson's disease and our caregivers. Dance for PD is a movement class for people with Parkinson's Disease, their friends, family, and caregivers.

Location: Various locations in San Francisco

For more information, contact 415-285-7377 or pdsfnetwork@gmail.com.

Link to website here.

Mobility Tango

Location: San Francisco, CA 94121

For more information, contact Bob Noakes 415-710-2144.

PWR! Moves

This intermediate class is based on PWR! Moves program.

Location: San Francisco, CA 94114

For more information, contact Jennifer Broader, DPT, NCS at 415-600-5358.

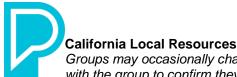
Rock Steady Boxing SF

Rock Steady Boxing (RSB) was founded in Indianapolis in 2006 by former Marion County Prosecutor Scott C. Newman, who is living with Parkinson's. RSB is a non-contact boxing-based fitness curriculum.

Location: San Francisco, CA 94109

Fee: Yes, \$150/month

For more information, contact Kim Voronin at rocksteadyboxingsf@gmail.com.



Link to website <u>here</u>.

<u>Jewish Family and Children's Services, Seniors at Home Jewish Family and Children's Services</u>

Seniors At Home, the award-winning senior services division of JFCS, helps older adults live independently and provides peace of mind to their families.

Location: San Francisco, CA 94115

For more information, contact <u>TraciD@jfcs.org</u>

Link to website <u>here</u>.

University of California, San Francisco, a Parkinson's Foundation Center of Excellence

The University of California, San Francisco Medical Center has an international reputation for its excellence as a clinical and research facility and the UCSF Department of Neurology is widely recognized as one of the leading neuroscience centers in the United States.

Location: San Diego, CA 94143

Link to website <u>here</u>.

SAN MATEO

Exercise and Wellness

Adaptive Physical Education

7 Different Parkinson's Exercise classes are offered year-round including: Yoga, Boxing, and Exercise for Parkinson's. New classes are starting soon including PD Yoga in Spanish and PD Mobility Training.

Location: Redwood City, CA

For more information, contact info@adaptivepevmsc.org or call (650)368-7732.

Link to website here.

Parkinson Association of Northern California

Dedicated to helping individuals and families affected by Parkinson's disease and related conditions, hosts various groups with different audiences and locations.

Location: Various locations

For more information, contact 916-357-6641.

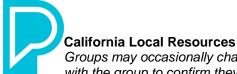
Link to website here.

Rock Steady Boxing Peninsula

Rock Steady Boxing (RSB) was founded in Indianapolis in 2006 by former Marion County Prosecutor Scott C. Newman, who is living with Parkinson's. RSB is a non-contact boxing-based fitness curriculum.

Location: Belmont, CA 94002

Fee: Yes



For more information, contact Freddy Silva at rocksteadyfreddy650@gmail.com or 415-385-5668. Link to website here.

*Compassion Training for Spanish Speaking Caregivers and Creative Exercise Programming, Adaptive Physical Education

Location: Redwood City, CA

For more information, contact Barbara McCarthy ar info@adaptivepevmsc.org

Link to website <u>here</u>.

SANTA CLARA

Support Groups

Stanford Neuroscience Health Center

Support groups and classes by and for people with Parkinson's Disease, Walk ins welcome

Location: Multiple locations

For more information, contact TC Cowles, BSN, RN at NSCP@stanfordhealthcare.org or 650-721-8500.

Link to website here.

San Jose Willow Glen Support Group

Support group for Parkinson's patients and their caregivers.

Location: San Jose, CA 95125 - Meeting in-person.

For more information, contact Bart Narter at 408-634-2265 bart.narter@gmail.com

Exercise and Wellness

Rock Steady Boxing San Jose

Rock Steady Boxing (RSB) was founded in Indianapolis in 2006 by former Marion County Prosecutor Scott C. Newman, who is living with Parkinson's. RSB is a non-contact boxing-based fitness curriculum.

Location: Santa Clara, CA

For more information, contact Freddy Silva at rocksteadyfreddy650@gmail.com or 415-385-5668.

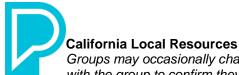
Rock Steady Boxing Silicon Valley

Rock Steady Boxing (RSB) was founded in Indianapolis in 2006 by former Marion County Prosecutor Scott C. Newman, who is living with Parkinson's. RSB is a non-contact boxing-based fitness curriculum.

Location: Mountain View. CA 94043

For more information, contact Freddy Silva at rocksteadyfreddy650@gmail.com or 415-385-5668.

Link to website here.



Taiko for Parkinson's Disease

This class includes basic taiko drumming techniques and form, which emphasize large amplitude movements, full extensions, trunk rotation, and using a loud voice. Care partners and family members are also welcome. No experience necessary.

Location: Santa Clara, CA - Meeting in-person.

For more information, contact Yurika Chiba at (408) 293-9344 or yurika@taiko.org

Link to website here.

Parkinson's Institute and Clinical Center, a Parkinson's Foundation Center of Excellence

Location: Mountain View. CA 94040

Link to website <u>here</u>.

SANTA CRUZ

Support Groups

*Parkinson's Speech and Physical Therapy Program, NextStage Productions

Location: Capitola, CA

For more information, contact Risa Lower at risa.mac@mac.com

Link to website <u>here</u>.

Exercise and Wellness

*Voice and Movement

Get LOUD and get MOVING with this split voice and movement class to improve vocal clarity and functional mobility.

Location: Santa Cruz, CA **Fee:** Yes, \$40 for 8 sessions

For more information, contact Jocelyn Lagier at <u>jocelynlagier@gmail.com</u>

Link to website here.

STANISLAUS

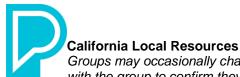
Exercise and Wellness

Rock Steady Boxing

Training classes include an exercise program that attacks Parkinson's at its vulnerable neurological points. No boxing experience is necessary, and people of all ages are invited to participate.

Location: Modesto, CA 95356

For more information, contact Jackie Mendoza, Manager, at 209-544-1615.



Programas en español

Grupos de Apoyo

JUNTOS - Con un Cafecito, grupo de apoyo en español

Nuestro grupo ofrece información sobre los recursos disponibles para manejar los síntomas de Párkinson. Tendremos oradores profesionales invitados, actividades terapéuticas, oración, platica, y amistad. Juntos, podemos apoyar un mejor bienestar con Parkinson.

Localización: Camarillo, CA 93010

El contacto: Michelle Rios, 805-377-2130 o grupojuntos7@gmail.com

¡Juntos Unidos! A peer led Hispanic Outreach Program, UCSD Parkinson and Movement **Disorders Center**

Localización: La Jolla, CA

Para más información, contacte a Adriana Gonzalez acg008@ucsd.edu

*Luchando contra el Parkinson, Juan Carlos Organization

Localización: San Diego, CA 92169

Para más información, contacte a Lisbeth Garces <u>juancarlosorganization@gmail.com</u>

Enlace al sitio web aqui.

*Promotores embajadores de Parkinson-Parkinson's Embassadors, Give for a Smile

Localización: Anaheim, CA

Para más información, contacte a Adriana Jimenez ajimenez@giveforasmile.org

Enlace al sitio web aqui.