



---

## Arizona Support Groups

---

*We do our best to maintain a current list, but we advise that you call the number prior to attending to ensure the group is still active. Unless otherwise specified, these listings are independent and unaffiliated with the Parkinson's Foundation.*

[Anthem](#)

[Gilbert](#)

[Mesa](#)

[Phoenix](#)

[Prescott](#)

[Scottsdale](#)

[Surprise](#)

[Sun City](#)

[Virtual \(MAPC\)](#)

If you would like to be added to this list, or if the details of your group need to be updated, please contact us by emailing [southwest@parkinson.org](mailto:southwest@parkinson.org).

April 2022



## ANTHEM

### **Support Group**

**Location:** Anthem, AZ 85086 – *Meeting in-person*

For more information, contact Lorrie Duewiger at 602-652-3301 or [lduewiger@yahoo.com](mailto:lduewiger@yahoo.com).

## GILBERT

### **Banner Health Support Groups**

*Various support groups for Care Partners, Women, and Men.*

**Location:** Gilbert, AZ 85234 – *Meeting virtually*

For more information, contact Annette Kluge at 480-827-5800 or

[Annette.Edwards@bannerhealth.com](mailto:Annette.Edwards@bannerhealth.com).

Link to website [here](#).

## MESA

### **East Mesa Parkinson Support Group – Muhammad Ali Parkinson Center**

*Support group for those living with PD and their carepartners. The first hour of the meeting is a joint educational session. The second hour, people with PD split from their carepartners for separate group discussions.*

**Location:** Mesa, AZ 85207 – *Meeting virtually*

For more information, contact Kristina Watts at 602-406-4921 or [Kristina.Watts@DignityHealth.org](mailto:Kristina.Watts@DignityHealth.org)

Link to website [here](#).

## PHOENIX

### **Ahwatukee Support Group, LivGenerations Ahwatukee – Muhammad Ali Parkinson Center**

**Location:** Phoenix, AZ 85048

For more information, contact Sheri Simpson at (480) 800-7304 or Kris Watts at (602) 406-4921.

Link to website [here](#).

### **Coffee Talk – Rehab Without Walls**

**Location:** Phoenix, AZ 85104 – *Meeting In-person and Online*

For more information, contact Trina Whittaker at 602-393-0620, or Britney Burkett at

[Britney.burkett@rehabwithoutwalls.com](mailto:Britney.burkett@rehabwithoutwalls.com).

Link to website [here](#).

### **North Central Phoenix Support Group – Muhammad Ali Parkinson Center**

**Location:** Phoenix, AZ 85051

For more information, contact Kris Watts at (602) 406-4921.

Link to website [here](#).

If you would like to be added to this list, or if the details of your group need to be updated, please contact us by emailing [southwest@parkinson.org](mailto:southwest@parkinson.org).



### **Phoenix Evening Support Group – Muhammad Ali Parkinson Center**

**Location:** Phoenix, AZ 85013

For more information, contact Patty Hatton at (602) 406-3840

Link to website [here](#).

### **Terraces of Phoenix Retirement Community**

**Location:** Phoenix, AZ 85020 – *Meeting in-person*

For more information, contact Danah Flanagan at 602-343-6422 or

[danahflanagan@hospicewestaz.com](mailto:danahflanagan@hospicewestaz.com).

### **Young Onset Parkinson's Support Group**

*Come join us as we get together to discuss, share, create a community of camaraderie and chat about life.*

**Location:** Phoenix, AZ 85013

For more information, contact Joanne Ruelas at 602-406-4266 or [joanne.ruelas@dignityhealth.org](mailto:joanne.ruelas@dignityhealth.org).

Link to website [here](#).

## **PRESCOTT**

### **Prescott Parkinson's Support Group**

*The Prescott Parkinson's Support Group is a volunteer organization devoted to helping support people with Parkinson's disease, their families and their friends.*

**Location:** Prescott, AZ 86301

For more information, contact Kathy Hall at 928- 900-4550 or [prescottpd2020@gmail.com](mailto:prescottpd2020@gmail.com).

## **SCOTTSDALE**

### **Newly Diagnosed with PD Support Group**

*The group is open to anyone diagnosed with PD three years or less. Topics are relevant to those who are newly diagnosed including, but not limited to: handling the diagnosis, coping, employment, educational opportunities, etc.*

**Location:** Scottsdale, AZ 85254

For more information, contact Patty Hatton at 602-406-3840 or [Patrice.Hatton@Dignityhealth.org](mailto:Patrice.Hatton@Dignityhealth.org)

### **North Scottsdale PD Support Group – Muhammad Ali Parkinson Center**

*This support group is open to anyone diagnosed with PD and their care partner. The group typically has a speaker on a topic of interest to the group with time to share/socialize with other group members.*

**Location:** Scottsdale, AZ 85254

For more information, contact Patty Hatton at 602-406-3840 or [Patrice.Hatton@Dignityhealth.org](mailto:Patrice.Hatton@Dignityhealth.org)

Link to website [here](#).

### **Senior Living Center**

If you would like to be added to this list, or if the details of your group need to be updated, please contact us by emailing [southwest@parkinson.org](mailto:southwest@parkinson.org).



**Location:** Scottsdale, AZ 85255 – *Meeting In-person and Online*  
For more information, contact Sheryl Lowenhar at [slowenhar@gmail.com](mailto:slowenhar@gmail.com).  
Link to website [here](#).

## SURPRISE

### **Sun City Grand Cimarron Center – Muhammad Ali Parkinson Center**

**Location:** Surprise, AZ 85387  
For more information, contact Patty Hatton at (602) 406-3840.  
Link to website [here](#).

## SUN CITY

### **Banner Health Support Groups**

*Various support groups for Care Partners and People with Parkinson's.*

**Location:** Sun City, AZ 85351 – *Meeting virtually*  
For more information, contact Tessa Sweepe at 623-832-8786 or [Tessa.Sweepe@bannerhealth.com](mailto:Tessa.Sweepe@bannerhealth.com).  
Link to website [here](#).

### **Parkinson's Caregiver Support**

**Location:** Sun City, AZ 85375  
**Fee:** Free  
For more information, contact Stephanie Lamb at 928-613-2223 or [slamb@benevilla.org](mailto:slamb@benevilla.org).  
Link to website [here](#).

## VIRTUAL (Muhammad Ali Parkinson Center)

### **Caregiver Only Support Group**

*To provide a supportive, safe space, for caregivers of loved ones with PD.*

**Location:** Online, AZ 85013  
For more information, contact Joanne Ruelas at 602-406-4266 or [joanne.ruelas@dignityhealth.org](mailto:joanne.ruelas@dignityhealth.org).

### **Newly Diagnosed with PD, Carepartner Support Group**

*The group is open to anyone diagnosed with PD three years or less.*

**Location:** Online, AZ 85254  
For more information, contact Shannon Arriola at 602-828-8880.

### **Phoenix Metro Virtual Support Group**

**Location:** Online  
For more information, contact Kris Watts at (602) 406-4921.

### **Young Onset Virtual Support Group**

*This group is for those diagnosed before age 50.*

If you would like to be added to this list, or if the details of your group need to be updated, please contact us by emailing [southwest@parkinson.org](mailto:southwest@parkinson.org).



**Location:** Online

For more information, contact Joanne Ruelas, LMSW at (602) 406-4266.

**EN ESPANOL**

**Comadres Y Compadres Grupos de Apoyo**

**Localizado:** En persona y en línea

Para mas información, contacte a Claudia Martinez 602-406-2453

If you would like to be added to this list, or if the details of your group need to be updated, please contact us by emailing [southwest@parkinson.org](mailto:southwest@parkinson.org).

April 2022