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## Texas Support Groups

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*We do our best to maintain a current list, but we advise that you call the number prior to attending to ensure the group is still active. Unless otherwise specified, these listings are independent and unaffiliated with the Parkinson's Foundation.*

<a href="#"><u>Austin</u></a>	<a href="#"><u>Longview</u></a>
<a href="#"><u>Burnet</u></a>	<a href="#"><u>Lubbock</u></a>
<a href="#"><u>College Station</u></a>	<a href="#"><u>McKinney</u></a>
<a href="#"><u>Corpus Christi</u></a>	<a href="#"><u>New Braunfels</u></a>
<a href="#"><u>Dallas</u></a>	<a href="#"><u>Palestine</u></a>
<a href="#"><u>Duncanville</u></a>	<a href="#"><u>Plano</u></a>
<a href="#"><u>El Paso</u></a>	<a href="#"><u>San Antonio</u></a>
<a href="#"><u>Garland</u></a>	<a href="#"><u>Tyler</u></a>
<a href="#"><u>Georgetown</u></a>	<a href="#"><u>Universal City</u></a>
<a href="#"><u>Kerrville</u></a>	

If you would like to be added to this list, or if the details of your group need to be updated, please contact us by emailing [SouthCentral@parkinson.org](mailto:SouthCentral@parkinson.org).

December 2023



Groups may occasionally change the date and time of their meeting. Please use the contact information listed with the group to confirm they are meeting.

## AUSTIN

### **Capital Area Parkinson's Society** (updated December 2023)

*Education, support groups, CAPS Cares – free social services (medication resources, transportation, food assistance, care navigation, and resource referral)*

**Location:** Austin, TX 78752

**Fee:** No

For more information, contact Christi Cornell, LMSW at 512-371-3373 or

[christi@capitalareaparkinsons.org](mailto:christi@capitalareaparkinsons.org)

Link to website [here](#).

## BURNET

### **BIG and LOUD Crowd**

*Exercise and speech classes led by instructors certified in Parkinson's specific exercise. Social support for people with Parkinson's and care partners.*

**Location:** Burnet, TX

For more information, contact Amy Mandaville at 512-587-8402 or

[amandaville@ascension.org](mailto:amandaville@ascension.org)

**Fee:** Free

## COLLEGE STATION

### **Caregiver Support Group**

**Location:** College Station, TX 77845 – Meeting in-person.

For more information, Bonnie Elms at 979-492-2269 or [blelms@icloud.com](mailto:blelms@icloud.com)

**Fee:** No

Link to Website [here](#).

## CORPUS CHRISTI

### **Coastal Bend Parkinson's Support Group** (updated December 2023)

*A place to learn and share your Parkinson's experience, and to meet others that have similar experiences.*

**Location:** Corpus Christi, TX 78413 – Meeting in-person.

**Fee:** No

For more information, contact Andy Morales at (361) 443-4198 or

[andymorales463@gmail.com](mailto:andymorales463@gmail.com)



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## DALLAS

### **Dallas Area Parkinsonism Society (DAPS), Care Partner** *(updated December 2023)*

**Location:** Duncanville, TX

For more information, contact Leisha Phipps at [leisha.phipps@daps.org](mailto:leisha.phipps@daps.org) or 972-620-7600

Link to website [here](#).

### **Skypass Foundation**

*Offers education, hotel program, caregiver exercise & connect, transportation assistance, financial assistance.*

**Location:** Dallas, TX

For more information, contact [info@skypassfoundation.org](mailto:info@skypassfoundation.org) or 214-999-1950

Link to website [here](#).

## DUNCANVILLE

### **DAPS Care Partner Support Group** *(updated December 2023)*

**Location:** Duncanville, TX

For more information, contact Leisha Phipps at [leisha.phipps@daps.org](mailto:leisha.phipps@daps.org) or 972-620-7600

Link to website [here](#).

## EL PASO

### **Parkinson's Westside Support Group** *(updated December 2023)*

**Location:** El Paso, TX 1551 — *Meeting in-person.*

For more information contact Ken Posey at 575-997-8828 or [weimy65@gmail.com](mailto:weimy65@gmail.com)

Link to website [here](#).

## GARLAND

### **DAPS Care Partner Support Group** *(updated December 2023)*

**Location:** Garland, TX

For more information, contact Leisha Phipps at [leisha.phipps@daps.org](mailto:leisha.phipps@daps.org) or 972-620-7600

Link to website [here](#).



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## GEORGETOWN

**Georgetown Area Parkinson's Support Groups (GAPS)** *(updated December 2023)*  
*Exercise, dancing, vocal exercise, education, support groups, and caregiver support groups.*

**Location:** Georgetown, TX — *Meeting in-person and online.*

For more information, contact Mary Jane Berry, GAPS Executive Director at 512-240-4167 or [georgetowntxparkinson@gmail.com](mailto:georgetowntxparkinson@gmail.com)

Link to website [here](#).

## KERRVILLE

### **Peterson Health**

*Kerrville Parkinson's Support Group*

**Location:** Kerrville, TX – *Meeting in-person and online.*

For more information, contact (830) 258-7042 or [foster6007@gmail.com](mailto:foster6007@gmail.com)

**Fee:** No

## LONGVIEW

### **Longview Parkinson's Support Group**

**Location:** Longview, TX 75601 – *Meeting in-person.*

For more information, contact Hettie Pollock at 903-758-1003 or [hettiep@juno.com](mailto:hettiep@juno.com)

**Fee:** No

## LUBBOCK

### **Southwest Parkinson Society**

*Support groups, special events*

**Location:** Lubbock, TX

For more information, contact 806-725 - 0941

Link to Website [here](#).

## MCKINNEY

### **DAPS Care Partner Support Group** *(updated December 2023)*

**Location:** McKinney, TX

For more information, contact Leisha Phipps at [leisha@daps.org](mailto:leisha@daps.org) or 972-620-7600

Link to website [here](#).



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## NEW BRAUNFELS

### **Comal County Parkinson Support Group** *(updated December 2023)*

**Location:** New Braunfels, TX 78132 — *Meeting in-person*

For more information, contact Vicki Mercer at [lonestarparkinsonsociety@gmail.com](mailto:lonestarparkinsonsociety@gmail.com)  
Or 432-352-4758.

Link to website [here](#).

## PALESTINE

### **Palestine-Crockett Parkinson's Support Group**

**Location:** Palestine, TX and Crockett, TX

For more information, contact Cathy Newsome at 903-729-7505 (Palestine), 936-544-2811 (Crockett) or [cnewsome@cprcil.org](mailto:cnewsome@cprcil.org)

Link to website [here](#).

## PLANO

### **DAPS Care Partner Support Group** *(updated December 2023)*

**Location:** Plano, TX

For more information, contact Leisha Phipps at [leisha.phipps@daps.org](mailto:leisha.phipps@daps.org) or 972-620-7600

Link to website [here](#).

## SAN ANTONIO

### **Stronger Together: Support Group for Person's with Parkinson's Disease**

*(updated December 2023)*

**Location:** San Antonio, TX 78229 — *Meeting in-person*

For more information, contact Angela Quiroz – Saenz, LMSW at 210-450-9947 or [quirosaenz@uthscsa.edu](mailto:quirosaenz@uthscsa.edu)

## TYLER

### **Parkinson's Disease Support Group** *(updated December 2023)*

*This support group is open to PD patients, caregivers and the general public.*

**Location:** Tyler, TX – *Meeting in-person*

For more information, contact Lisa Hutchison at 903-596-2812 or

[Lisa.Hutchison@uthet.com](mailto:Lisa.Hutchison@uthet.com).

Link to website [here](#).



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## **UNIVERSAL CITY**

**Greater Randolph Area Support Group** *(updated December 2023)*

**Location:** Universal City, TX – *Meeting in-person.*

For more information, contact Janice Beckner at 432-553-0718 or

[becknerjanice@gmail.com](mailto:becknerjanice@gmail.com).

**Fee:** No