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## Rocky Mountain Support Groups

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*We do our best to maintain a current list, but we advise that you call the number prior to attending to ensure the group is still active. Unless otherwise specified, these listings are independent and unaffiliated with the Parkinson's Foundation.*

*\*An asterisk denotes a program funded by a [Parkinson's Foundation Community Grant](#).*

[Colorado](#)

[Utah](#)

[Wyoming](#)

If you would like to be added to this list, or if the details of your group need to be updated, please contact us by emailing [rockymountain@parkinson.org](mailto:rockymountain@parkinson.org).

October 2022



Groups may occasionally change the date and time of their meeting. Please use the contact information listed with the group to confirm they are meeting.

## Colorado

### **\*Minority Outreach Program, Parkinson Association of the Rockies** ↔AIRPO member

*Various programs and support groups also available.*

**Location:** Denver, CO 80222

For more information, contact Jodi Brown at 303-830-1839 or [info@parkinsonrockies.org](mailto:info@parkinsonrockies.org).

Link to website [here](#).

### **Parkinson's Support Group in Larimer County**

*To provide monthly meeting with speakers and presentations and care partner breakout sessions, and information on PD, services, support, connection, exercise and nutrition. A monthly calendar of local exercise classes and PD-related events.*

**Location:** Fort Collins, CO 80526 – Meeting online

For more information, contact Michelle Underhill at 970-420-0346 or [hello@pdsupportlc.net](mailto:hello@pdsupportlc.net)

Link to website [here](#).

## Utah

### **Davis County Parkinson's Support Group**

*Providing education and support to people with Parkinson's disease.*

**Location:** Clearfield, UT 84015- in-person

**Fee:** Free

For more information, call Dale George 801-499-9416 or [parkinsonsdavisco@gmail.com](mailto:parkinsonsdavisco@gmail.com).

### **Southwest Parkinson's Alliance**

Join us for support, education, social interaction, and fitness.

**Location:** Cedar City, UT 84720

For more information, call Kristy Spencer at 435-559-9681 or [Kristyjensen.spencer@gmail.com](mailto:Kristyjensen.spencer@gmail.com).

### **Utah County Parkinson Support Group**

*We are a support group dedicated to fellowship. We aim to inform fellow Parkinson's Disease patients and their partners.*

**Location:** Orem, UT 84058- Meeting in-person and online

**Fee:** Free

For more information, call Randy & Liz Covington 801-225-9099 or [bettycoed@gmail.com](mailto:bettycoed@gmail.com).

Link to Website [here](#).

### **Weber County Parkinson's Support Group**

*Exercise and support groups available.*

**Location:** South Ogden, UT 84403

For more information, contact Tyler Smith at 801-475-2197 or [tylerASmith@ernesthealth.com](mailto:tylerASmith@ernesthealth.com).

*This listing is provided for informational purposes only. Call our Helpline for more info 1-800-4PD-INFO (473-4636).*



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## Wyoming

### **Cheyenne, Wyoming PD Support Group**

*Member driven group that offers support, education, international and local information on Parkinson's Disease. Helping the community live their best life with P.D. and ensuring that families and carepartners have support all along the journey.*

**Location:** Cheyenne, WY 82001- Meeting in-person

**Fee:** Free

For more information contact Sandra Sundin at 307-274-0057 or [Sandra\\_sundin@hotmail.com](mailto:Sandra_sundin@hotmail.com).

Link to website [here](#).

### **Parkinson's Support Group and Exercise Group**

*Exercise and support groups available.*

**Location:** Casper, WY 82609

For more information, contact 307-577-5204 or [jerri.baxter@rockymountaintherapy.org](mailto:jerri.baxter@rockymountaintherapy.org).

### **Wind River Parkinson's Support and Exercise Group**

*The Wind River Parkinson's Education and Support Group provides monthly educational programs for people with Parkinson's and their caregivers in Fremont County. We also promote Parkinson's-specific exercises, including a weekly Power Punch program.*

**Location:** Lander, WY 82520- Meeting in-person and online

**Fee:** Free

For more information, call Marjane Ambler at 307-332-2746 or [marjane.ambler@gmail.com](mailto:marjane.ambler@gmail.com).

Link to website [here](#).