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## Rocky Mountain Support Groups

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*We do our best to maintain a current list, but we advise that you call the number prior to attending to ensure the group is still active. Unless otherwise specified, these listings are independent and unaffiliated with the Parkinson's Foundation.*

[Colorado](#)

[Utah](#)

[Wyoming](#)

If you would like to be added to this list, or if the details of your group need to be updated, please contact us by emailing [rockymountain@parkinson.org](mailto:rockymountain@parkinson.org).

March 2023



*Groups may occasionally change the date and time of their meeting. Please use the contact information listed with the group to confirm they are meeting.*

## Colorado

### **Minority Outreach Program, Parkinson Association of the Rockies**

*Various programs and support groups also available.*

**Location:** Denver, CO 80222

For more information, contact Jodi Brown at 303-830-1839 or [info@parkinsonrockies.org](mailto:info@parkinsonrockies.org).

Link to website [here](#).

### **Parkinson's Support Group in Larimer County**

*To provide monthly meetings with speakers and presentations and care partner breakout sessions, and information on PD, services, support, connection, exercise, and nutrition.*

**Location:** Fort Collins, CO 80526 – Meeting online

For more information, contact Michelle Underhill at 970-420-0346 or [hello@pdsupportlc.net](mailto:hello@pdsupportlc.net).

Link to website [here](#).

## Utah

### **Cache Valley Support Group**

**Location:** Logan, UT

**Fee:** Free

For more information, call 435-716-8535

### **Cedar City Support Group**

**Location:** Cedar City, UT

**Fee:** Free

For more information, contact Steve Wise at 702-552-4913 or [swise50@gmail.com](mailto:swise50@gmail.com).

### **Davis County Parkinson's Support Group**

*Providing education and support to people with Parkinson's disease.*

**Location:** Clearfield, UT 84015- in-person

**Fee:** Free

For more information, contact Dale George at 801-499-9416 or [parkinsonsdavisco@gmail.com](mailto:parkinsonsdavisco@gmail.com).

### **Park City Parkinson's Support Group**

*Monthly meetings with educational speakers, time for sharing experiences and resources and social comradery.*

**Location:** Park City, UT 84060 – Meeting in-person

**Fee:** Free

For more information, contact Nadine Nye at 215-901-3020 or [Nadine.nye@imail.org](mailto:Nadine.nye@imail.org).

*This listing is provided for informational purposes only. Call our Helpline for more info 1-800-4PD-INFO (473-4636).*

March 2023



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### **Salt Lake City Support Group**

**Location:** Salt Lake City, UT

**Fee:** Free

For more information, contact Rebecca Starks at [rebecca.starks@hsc.utah.edu](mailto:rebecca.starks@hsc.utah.edu).

### **Southwest Parkinson's Alliance**

Join us for support, education, social interaction, and fitness.

**Location:** Cedar City, UT 84720

For more information, call Kristy Spencer at 435-559-9681 or [Kristyjensen.spencer@gmail.com](mailto:Kristyjensen.spencer@gmail.com).

### **St. George Support Group**

**Location:** St. George, UT

**Fee:** Free

For more information, contact Barbara Little at 435-668-8028.

### **Tooele Support Group**

**Location:** Tooele, UT

**Fee:** Free

For more information, contact Hal and Peggy at 435-840-3683.

### **Utah County Parkinson Support Group**

*We are a support group dedicated to fellowship. We aim to inform fellow Parkinson's Disease patients and their partners.*

**Location:** Orem, UT 84058- Meeting in-person and online

**Fee:** Free

For more information, call Randy & Liz Covington at 801-225-9099 or [bettycoed@gmail.com](mailto:bettycoed@gmail.com).

Link to Website [here](#).

### **Weber County Parkinson's Support Group**

*Exercise and support groups available.*

**Location:** South Ogden, UT 84403

For more information, contact Tyler Smith at 801-475-2197 or [tylerASmith@ernesthealth.com](mailto:tylerASmith@ernesthealth.com).

## **Wyoming**

### **Cheyenne, Wyoming PD Support Group**

*Member driven group that offers support, education, international and local information on Parkinson's Disease. Helping the community live their best life with P.D. and ensuring that families and carepartners have support all along the journey.*

**Location:** Cheyenne, WY 82001- Meeting in-person

**Fee:** Free

For more information contact Sandra Sundin at 307-274-0057 or [Sandra\\_sundin@hotmail.com](mailto:Sandra_sundin@hotmail.com).

Link to website [here](#).

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**Parkinson's Support Group and Exercise Group**

*Exercise and support groups available.*

**Location:** Casper, WY 82609

For more information, contact 307-577-5204 or [jerri.baxter@rockymountaintherapy.org](mailto:jerri.baxter@rockymountaintherapy.org).

**Wind River Parkinson's Support and Exercise Group**

*The Wind River Parkinson's Education and Support Group provides monthly educational programs for people with Parkinson's and their caregivers in Fremont County. We also promote Parkinson's-specific exercises, including a weekly Power Punch program.*

**Location:** Lander, WY 82520- Meeting in-person and online

**Fee:** Free

For more information, call Marjane Ambler at 307-332-2746 or [marjane.ambler@gmail.com](mailto:marjane.ambler@gmail.com).

Link to website [here](#).