

Events

2

**Update from Our People with
Parkinson's Advisory Council
Chair**

3

**4 Taboo Topics to Discuss with
Your Care Team**

3

**Care Partner Tips: Managing
Daily Life with Advancing
Parkinson's**

4

**Bilingual Helpline is a
Resource for the Parkinson's
Community**

6

**Twenty Years of Showing
Up: Tom's Parkinson's Care
Partner and Volunteer Story**

8

**Meet the Researcher
Searching for Parkinson's
Risks in Early Childhood
Exposures**

9

**Why State Advocacy Matters
and What the Parkinson's
Foundation Is Doing About It**

10

**Parkinson's Golf Tournament
Raises Funds and Awareness**

11



2027 Events

january

- 7-10** Walt Disney World Marathon Weekend (Orlando, FL)
- 24-25** Miami Marathon

february

- 26-28** Disney Princess Marathon (Orlando, FL)
- 27** Parkinson's Revolution

Find Your Care Connection



November is Caregivers Month.

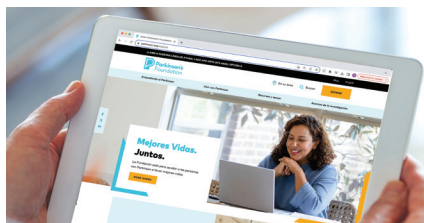
Find meaningful connections to trusted resources, educational programs and support systems!



Parkinson.org/CaregiversMonth



Find Your Community



Join a Community Network for people who are newly diagnosed, women, veterans, adult children and more.

Parkinson.org/CommunityNetwork

march

- 7** LA Marathon
- 13** Moving Day The Villages
- 21** New York City Half Marathon

april

PARKINSON'S AWARENESS MONTH

- 3** Moving Day Las Vegas
Moving Day Palm Beach
Moving Day Shreveport
- 8-11** Disney Springtime Surprise (Orlando, FL)
- 23** Eugene Marathon Weekend
- 24** Moving Day Columbus
Moving Day Knoxville
Moving Day Tampa Bay
- 25** Big Sur Marathon Weekend

Shop with Purpose

Shop our official merch designed to raise awareness and bring visibility to Parkinson's.



Shop.Parkinson.org



KATHLEEN BLAKE, MD, MPH

Update from Our People with Parkinson's Advisory Council Chair

As a physician and a person living with Parkinson's disease (PD), I know time is a precious and nonrenewable resource. I also know that living well with this disease means advocating for your best care and finding trusted resources. Care partners — and those who are their own care partners — are integral to that journey.

As Chair of the People with Parkinson's Advisory Council, I'm committed to raising awareness not only because of my own experience, but because of the growing number of people diagnosed each year and the family members and spouses who step into the vital role of care partner alongside them.

One of the most meaningful parts of this journey has been the unwavering support of my husband, Bob. As my care partner and co-leader of our local support group, he reminds me that no one should face this disease alone. For encouragement and ways to find support, I invite you to read this special Care Partner Issue.

This issue celebrates care partners — those providing hands-on support, helping from afar or navigating Parkinson's on their own. Meet Tom on page 8, learn how to make an impact through advocacy on page 10, and discover the Parkinson's Foundation Helpline, a trusted source of information and support, on page 6.

In honor of National Family Caregivers Month, we encourage you to [Find Your Care Connection](#). Visit [Parkinson.org/CaregiversMonth](https://www.parkinson.org/CaregiversMonth) for essential PD resources.

KATHLEEN BLAKE, MD, MPH

People with Parkinson's Advisory Council Chair

4 Taboo Topics to Discuss with Your Care Team

Living with Parkinson's disease (PD) can involve sensitive topics related to the disease itself or medication side effects. However, no topic is off limits with your care team, including:

- 1. Sexual dysfunction.** Common in men and women with Parkinson's, sexual changes can range from impotency or loss of libido to hypersexuality. There are ways to address PD-related sexual dysfunction.
- 2. Impulse control disorders.** Behaviors can include excessive gambling, shopping, eating or sexual activity. They may be linked to certain PD medications and often improve with medication adjustments.
- 3. Caregiver Burnout.** Address burnout as soon as you notice signs of anxiety, depression or anger. Up to 70% of caregivers experience significant stress. Your PD care team or a social worker can help connect you with resources.
- 4. Palliative Care.** Although the term can sound intimidating, palliative care is supportive care that helps people with PD and care partners plan for the future. It can be helpful at any stage of PD.

Learn more at [Parkinson.org/TabooTopics](https://www.parkinson.org/TabooTopics) or contact our Helpline for healthcare referrals at 1-800-4PD-INFO (473-4636).



Care Partner Tips: Managing Daily Life with Advancing Parkinson's

As Parkinson's disease (PD) symptoms advance, managing routines and daily life often become more challenging. Care partners find their roles evolving as the needs of their loved ones change. Our new *Practical Pointers Guide* has tips that can help care partners and people with Parkinson's manage everyday movement, personal care and daily life with greater ease.

1

Monitor Symptoms and Customize Support

As PD progresses, symptoms can change or new ones appear. Track symptoms and talk to your care team about adjusting medications if symptoms interfere with daily life. Taking the right dose of medication at the right time, every time, can reduce "off" time (when symptoms return between doses).

Work with the care team to add physical, occupational and speech therapies to help your loved one maintain independence. Expanding your support circle to include friends, family and building a wider PD community can also increase well-being.

2

Prioritize Exercise and Move Together

Parkinson's affects brain chemicals that help control movement — including walking,

standing or sitting. Be flexible and work together to adjust plans, stay active and find enjoyable activities together.

- When walking together, walk beside your loved one and try to match their pace and offer support. Use a calm, reassuring voice to reduce anxiety.
- For PD, exercise can help manage symptoms, support strength, flexibility and well-being. Exercise from home with PD Health @ Home on-demand videos at Parkinson.org/PDHealth.
- Aim for 30 minutes of activity each day. If needed, break it into shorter sessions and vary activities.
- Prioritize strength and balance. A physical therapist can tailor a movement plan to improve mobility, while an occupational therapist can help save your back and help you both minimize and recover from a fall.

3

Simplify Getting Dressed

Try to reduce frustration by laying out two outfit choices that are easier to put on while still reflecting your loved one's sense of self. Plan to dress when medications are working and keep clothing within easy reach. Dressing on a sturdy chair can reduce the risk of falls. If providing hands-on assistance, an occupational therapist can recommend techniques to help protect your body when helping your loved one.

4

Changes to Mealtimes

Mealtimes can become more challenging as PD progresses. To support digestion and swallowing, help your loved one sit upright using cushions or wedges, as needed. Encourage small bites and sips, thorough chewing and taking time while eating. Meals may feel easier when medication is working well, while a cup with handles or a lid can help reduce spills. Dining out is still possible with

some planning. Choose restaurants with table service, reservations and easy parking. Ask for a bowl instead of a plate and for entrees to be cut in half.

5 Aim for Better Sleep

Parkinson's can disrupt sleep in many ways, including frequent nighttime waking or waking too early, called fragmented sleep. Report sleep issues to your PD care team, especially if sleep interferes with daily activities. Adjusting medications or evaluating conditions like sleep apnea may help.

If you share a bed, separate blankets or sleeping arrangements may help. Avoid pulling on arms when helping someone move; use pillows or a slide sheet instead. An occupational or physical therapist can teach safer techniques. To reduce the risk of nighttime falls on trips to the bathroom, keep pathways clear and well lit. If your loved one acts out dreams, remove hazards and discuss with their doctor.

6 Address Thinking Changes

Thinking changes can stay mild or affect routines and independence over time. It may be difficult to stay focused or keep track of plans. What can help: follow a consistent daily routine (same order, same time). Use a large wall calendar or whiteboard and to-do lists to keep track of routines and daily tasks such as exercise, appointments and medication times.

7 Respond to Hallucinations and Delusions

Some people with PD experience hallucinations (seeing or hearing things that are not there) or delusions (beliefs that do not match reality). These may develop gradually and can be related to PD.

If your loved one is experiencing hallucinations or delusions, stay calm and offer reassurance. Avoid questioning your loved one. Instead, acknowledge their experience and redirect it to a calming activity or another part of the room. Tell your care team if you notice these symptoms. Sudden confusion or rapid changes are not common for PD and need medical attention.

Top Care Partner Resources:

- **Helpline** — Get answers to your PD questions and referrals to local healthcare professionals in English and Spanish, **1-800-4PD-INFO (1-800-473-4636)** or Helpline@Parkinson.org
- **Local Chapter** — Build connections in your community. Find your Parkinson's Foundation chapter and explore local events. Parkinson.org/YourArea
- **Virtual Courses** — Try self-paced Care Partner online courses. Parkinson.org/LearningLab

Explore Parkinson's care partner resources at Parkinson.org/CarePartners.

Everyday Tips for Care Partners



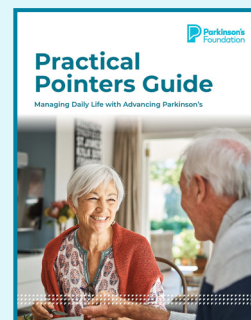
Adapt your home to your needs. Keep daily use items easily reachable and use a Home Safety Checklist to keep your living space safe and accessible.

Decide the most important things to talk about at PD appointments together. Write them down and bring the list with you to discuss.

Alarms, reminders or other assistive technology can help keep routines on track.

Learn how to recognize depression, anxiety and low motivation (apathy), which can all be PD symptoms. They can make it difficult to get moving or follow routine and can look like thinking changes. Treatments can help.

A **speech therapist** can help with communication and thinking skills. They can teach ways to find words, stay focused, remember information or organize thoughts during conversations.



Find these tips and more in our Practical Pointers Guide at Parkinson.org/PracticalPointers.



Bilingual Helpline is a Resource for the Parkinson's Community

After receiving a Parkinson's disease (PD) diagnosis, most people leave their appointment with a prescription, a follow-up appointment and, sometimes, and brochure. But what happens when the questions pile up once they get in their car, get home or experience a new symptom years later? Thanks to the Parkinson's Foundation Helpline, no one has to navigate Parkinson's alone.

Living with PD brings questions at every stage. It's normal to feel uncertain where to turn for reliable information. The Parkinson's Foundation Helpline connects people with trained specialists who provide personalized information, resources and support — in English and Spanish — to help people find answers and move forward.

The Helpline can assist in many ways — from answering PD questions and providing referrals to guiding people to resources. This free resource is staffed by Parkinson's information specialists who understand the complexities of PD, with many bringing diverse backgrounds in healthcare.

"Parkinson's brings up questions you never thought about until now," said Adolfo Diaz, Parkinson's Foundation Vice President of Information and Resources, Clinical Affairs. "I empathize with the one million people in the U.S. and their families navigating this progressive, unpredictable disease. We are here to listen and provide information. When you need us, call. And if you don't find what you need the first time, or your needs evolve, call us again, we'll be here."

Personalized Support for Every Stage

Topics people discuss with the Helpline at different PD stages include:

- **Newly diagnosed:** help understanding Parkinson's and treatment options, learning how to build a care team, clinical trials.
- **Living with Parkinson's:** managing symptoms and everyday challenges, navigating changes over time, treatment options.
- **Care partners and families:** how to help a loved one, understanding how to provide support, connecting with

others who understand, help navigating care options.

- **Healthcare professionals:** accessing PD resources to better support patients.

Helpline specialists also localize referrals to healthcare professionals and community programs. Examples include providing a list with the nearest movement disorders specialists, physical, occupational, and speech therapists, PD support groups, exercise and wellness classes, and local events, including Moving Day, A Walk for Parkinson's.



"After several phone calls with the Helpline, with their guidance and involvement, I was able to basically enable my father to get the care that he should receive. It's nice to have a compass like the Parkinson's Foundation that can help lead you through the waters."

GARY, HELPLINE CALLER

MOST COMMON QUESTIONS

Trained Helpline information specialists are often asked:

Question:

What is the best Parkinson's medication?

Answer:

Carbidopa/levodopa is still considered the gold standard but depending on your circumstances, there may be a different medication you start first or that you take in addition to carbidopa/levodopa later. Your doctor should tailor your treatment and make adjustments over time to best address your symptoms.

Question:

Is there a special diet that can help with my Parkinson's?

Answer:

Research suggests that eating a whole-food plant-based diet, rich in a variety of fruits and vegetables and high in fiber, can help some PD symptoms. One example is the Mediterranean diet. Also, try to drink plenty of water to help with constipation.

Question:

Is there financial assistance available for people with Parkinson's?

Answer:

Helpline specialists can provide referrals to organizations and programs that may be able to assist with transportation, home modification, medication co-pays, and respite or nursing home care.

What can I expect when I call the Parkinson's Foundation Helpline?

 **Speak to a real person.** Our Helpline is answered by PD information specialists Monday through Friday from 9 a.m. to 7 p.m. ET. who provide the right information at the right time.

 **Answers to your PD questions.** Find answers to questions about a PD diagnosis, treatment, daily living, caregiver concerns, advanced Parkinson's and more.

 **Referrals to health professionals** and community resources, including exercise and wellness classes, for local support.

 **Customized information packets.** We provide digital or print versions of a custom set of resources including books, facts sheets and links to educational and local programs.

 **To pay nothing.** The Helpline is a free resource.

 **Information about PD research,** including our genetic study, PD GENERation: Powered by the Parkinson's Foundation.

 **Answers in English or Spanish.** Information specialists can also provide resources and follow-up information in Spanish.

Contact the Helpline today!
1-800-4PD-INFO (1-800-473- 4636) or
Helpline@Parkinson.org.

MAKING A REAL IMPACT



19,000+ people a year receive help



1 in 3 people who call are looking for a referral to a PD healthcare professional

356,400

people have received vital information and resources since 1998



81% of people call the Helpline.
19% email.



Most callers are people with PD, a spouse or care partner or an adult child



Twenty Years of Showing Up: Tom's Care Partner and Volunteer Story

It was one year into our relationship when Lewis was diagnosed with Young-Onset Parkinson's disease (YOPD). "If you're going to leave, leave now, don't wait. I will understand," he told me. This year marks 21 years together for us.

His diagnosis was a little shocking. We started going to PD meetings and events, but we couldn't resonate with them. So, I started volunteering with the Parkinson's Foundation right away. It was volunteering where I saw different people — men, women, different age groups, different backgrounds, people moving.

I need to stay busy. I can't meet for 90 minutes a month and do nothing in between. I became the Board President for the Parkinson's Foundation Great Lakes Chapter, which ran three Moving Day events. I would go to all three, be on all the calls and help plan. Moving Day is hard to describe, but if you talk to just two people and give them resources, you leave feeling like you did something. You can be as involved as you want to be when you volunteer with the Foundation. I felt like I was doing something.

Caring Through the Stages

I always used to say, "I'm not a care partner," but since Lewis had a series of surgeries and medical issues, I'm doing the laundry, fixing dinner and doing groceries. I was in denial of my role for a bit.



"I've learned that there's no such thing as perfect when it comes to being a care partner. There will always be some sort of struggle."

- Tom



We've experienced a lot with Parkinson's. Three years ago, Lewis had deep brain stimulation surgery. Although he was told he could cut down on medications, he stopped taking them altogether, which led to falls — he fell 15 times in 20 days. We had to really talk through it and find a solution. We were lucky enough to set up occupational and physical therapists to come to the house to keep him moving safely.

There have been points where I felt guilty for going on a run or exercising. My friends (my

support circle) started giving me grief, "take care of yourself to take care of him." I took that to heart. Today, I find time to play pickleball in the morning, go home to set Lewis up for the day, then go to work.

When I need answers, I go to [Parkinson.org](https://parkinson.org) and recommend that all care partners sign up for Parkinson's Foundation emails. If there's a webinar that looks interesting, I join it — I'm partial to the Care Partner Conversations webinar series, which I've joined on the panel.

When it comes to advice for new, fellow PD care partners:

- 💙 Lean on a support system, whatever it may look like for you.
- 💙 Know you are not alone; find resources that work for you.
- 💙 Find connection close to home.
- 💙 Follow the Foundation's Facebook page, which has great posts and helps you stay in touch.

I'm also an advocate for volunteering. In the last 20 years, I've enjoyed supporting the PD community in different ways, from helping set up local Moving Day walks to serving with the community grantee panel to advocating for care partners as a member of the People with Parkinson's Advisory Council. Find what makes you feel good about yourself!

Read Tom's full story at [Parkinson.org/MyPDStory](https://parkinson.org/MyPDStory) and find a way to get involved with the Parkinson's Foundation today at [Parkinson.org/GetInvolved](https://parkinson.org/GetInvolved).



Meet the Researcher Searching for Parkinson's Risks in Early Childhood Exposures



Ethan Brown, MD

Research suggests that many Parkinson's disease (PD) cases are caused by environmental factors. Exposure to certain pesticides, solvents, metals and other pollutants is considered one of the leading potential environmental risk factors. These exposures can occur decades before PD symptoms appear, sometimes even during childhood. However, despite strong scientific evidence in animal studies, the association between early-life toxicant exposures and PD later in life has been difficult to confirm in humans.

Ethan Brown, MD, recipient of a Parkinson's Foundation Environmental Trigger Award, is striving to firmly link early toxicant exposure to PD in humans. From his research center at the University of California, San Francisco, Dr. Brown will be analyzing data from the Child Health and Development Studies (CHDS) cohort, a clinical study group of nearly 30,000 mothers and fathers. Enrolled in the early 1960s, these participants provided years of information about their habits, behaviors and home setting

to help researchers look for links between environmental exposures and effects on their children's development. Scientists were also able to collect blood samples of pregnant mothers to look for hidden chemical exposures that may impact the developing child.

The children of these CHDS parents are now at an age where PD diagnosis is increasingly common, around 65 years old. Using the CHDS registry data, Dr. Brown can search for any exposure patterns from childhood that are consistent among those who have developed PD. Identifying these common factors could help scientists build tools to better assess PD risk in adults based on their childhood environment, improving our ability to catch the disease earlier.

"Identifying early-life risk factors for Parkinson's could expand our understanding of how the disease develops and open new opportunities for prevention decades before symptoms appear."

- Dr. Brown

Dr. Brown will also evaluate the data from the parents themselves, assessing who developed PD and if their reported exposures or habits were associated with the disease. Analyzing the maternal blood samples for evidence of toxicant exposure will also provide valuable insights into what chemicals may have increased PD risk for not only the mother, but the child as well.

Establishing strong data-driven associations between PD and environmental exposures could drive the development of new tests to better understand people's risk for the disease and attempt to diagnose it sooner. These insights could also help inform the public of the dangers of certain exposures, shaping public policy to reduce PD risk for everyone.

"Receiving a Parkinson's Foundation Environmental Trigger Award is a tremendous honor and exciting milestone in my career as a Parkinson's disease researcher," said Dr. Brown. "The findings from this study could also help guide future research aimed at developing earlier and more effective treatments."

Learn more about our ongoing Parkinson's research at Parkinson.org/Research.



Why State Advocacy Matters and What the Parkinson's Foundation Is Doing About It

If you're living with Parkinson's disease (PD), decisions made at federal, state and local levels can directly shape your life. States often move faster than the federal government to protect and improve the lives of people living with PD, while state lawmakers are more accessible and easier to engage with directly. Here's how the Parkinson's Foundation is advancing public priorities at the state level:

Helping to Prevent Parkinson's by Banning Paraquat

Research has linked the widely used herbicide paraquat to an increased risk of Parkinson's. Although banned in more than 70 countries, paraquat is still sold in the U.S. The Foundation is currently pushing for a nationwide ban and supporting state-level efforts to restrict or ban its use.

In 2026, we tracked bills to ban or restrict paraquat in 13 states. Vermont was the first to pass a ban, with others considering similar measures. The Foundation testified, mobilized advocates and supported press events.

- In Pennsylvania, Parkinson's Foundation Ambassador Leslie Zimmerman and Research Advocate Chris Kustanbauter shared their experiences with lawmakers.
- In Minnesota, Chapter Board Member Lisa Erickson testified before the House and Senate and spoke at a press conference.
- In New York, Research Advocate Mike Mooney shared his story of likely paraquat exposure at a rally alongside Foundation staff and volunteers.

The Foundation has educated lawmakers and the public about the links between paraquat and Parkinson's, driving continued advocacy in 2027.

Funding Parkinson's Research at the State Level

One of the most direct ways states can make a difference is by investing in research. The Foundation is working to secure state research funding in Florida, Pennsylvania and Minnesota. In California, the Foundation is championing a bill that would authorize bonds to fund scientific research on Parkinson's and several other diseases.

Improving Access to Care and Coverage

When it comes to care, the Foundation is working to:

1. Improve quality of life for people with Parkinson's and their care partners right now
2. Build toward a future where every person who receives a Parkinson's diagnosis can access timely, affordable, quality care.

The Foundation has joined a nationwide coalition to expand insurance coverage for biomarker testing at the state level. When covered by insurance, biomarker testing becomes more affordable and accessible. In 2026, Mississippi and Tennessee enacted biomarker coverage, and advocacy continues in other states.

Looking Ahead

The Parkinson's Foundation has a multiyear roadmap to transform PD care through policy reform and coordinated action. Change at the state level is connected to everything — from securing research funding that leads to new treatments to banning paraquat, which could mean fewer diagnoses in your community.

Want to get involved? Visit our Advocacy Center at Policy.Parkinson.org to take action and contact your representatives.



Parkinson's Golf Tournament Raises Funds and Awareness

Steve and Lisa Fischlin found community and purpose by getting involved with the Parkinson's Foundation after Steve was diagnosed with Parkinson's in 2018. They rallied family and friends for Moving Day, a Walk for Parkinson's, and joined the Parkinson's Foundation California Chapter Board. But they felt called to do more.

They started their own 501(c)(3) nonprofit, FISCH 4 Parkinson's, a Steve J. Fischlin Charity, dedicated to raising awareness and supporting people with Parkinson's. Through their nonprofit, they created a signature fundraising event, the annual FISCH 4 Parkinson's Golf Tournament, which was held for the first time in 2024 and raised more than \$26,000. In 2025, they raised another \$35,000 and in 2026, they raised \$40,000. In the three years of the event, they have raised more than \$100,000 to support the Parkinson's Foundation.

Steve and Lisa are passionate about supporting the Parkinson's Foundation because of the resources and information they have received personally. "We're proud to support the Parkinson's Foundation and everything it does for people with Parkinson's," said Lisa. "We want to be loud about this disease, share our story and raise money to find better treatments and a cure."

"I've met other people who have Parkinson's by word of mouth, and I always will talk to anyone about it," Steve said. "It's a small world and we want to meet with people, do whatever we can to help. We want to talk about it, and we want to help find a cure."

Explore ways to give and start your own event!

Visit Parkinson.org/Champions or contact Nicole Lopez, Senior Manager of Signature Events, at nlopez@Parkinson.org.



In June, the Burke family celebrated their matriarch Joyce with an Afternoon Tea Party — raising more than \$3,000. Joyce is living with Parkinson's, with her husband, Alvin, by her side. "I look at life much differently now, never taking things or a moment for granted. I have a very supportive family and that is important and thank God for them."



For the first time, Parkinson's Champions ran the Cape Town Marathon in South Africa this August. Siblings Caitlin and Justin Trott and teammates Brandon and Brenna Christoffersen ran in honor of their dad, John Trott, who is living with Parkinson's, raising more than \$9,000 to support PD research toward a cure.

Become a Parkinson's Champion at Parkinson.org/Champions.

 **Parkinson's
Champions**

LEAVE A MEANINGFUL LEGACY THROUGH YOUR ESTATE

Join the Parkinson's Foundation Legacy Society when you designate us as a beneficiary in your estate plans. You can make a difference in people's lives and create a meaningful legacy. Simply designate a percentage of your estate via your will or trust.

Learn more at Parkinson.org/PlannedGiving or email us at Legacy@parkinson.org.

GIVE ONLINE TODAY



PD GENERation: Powered by the Parkinson's Foundation

Help us change the
course of Parkinson's



PD GENERation
POWERED BY THE PARKINSON'S FOUNDATION

Enroll now:
Parkinson.org/PDGENERation

We're here for you.

1.800.4PD.INFO
Helpline@Parkinson.org

Let us answer your Parkinson's questions!

Call our free Helpline at 1-800-4PD-INFO (473-4636) for current disease information, health questions and referrals to local health professionals and resources — in English and Spanish.



HELPLINE

1-800-4PD-INFO (473-4636)

Get your PD questions answered.
Mon-Fri, 9 a.m. – 7 p.m. ET
English / Español

E-NEWSLETTER

Parkinson.org/Register

Get all the latest headlines.

NEW ARTICLES

Parkinson.org/Blog

Stay up to date with Parkinson's
news, treatments and research.

NEW EPISODES

Parkinson.org/Podcast

Experts discuss the newest
techniques and treatments.

Connect with us on



/ParkinsonDotOrg



Scan here to donate

5757 WATERFORD DISTRICT DRIVE, SUITE 310
MIAMI, FL 33126

1350 BROADWAY, STE 1530
NEW YORK, NEW YORK 10018

CHIEF EXECUTIVE OFFICER: John L. Lehr

CHAIRMAN: Paul H. Nathan

CHIEF MEDICAL OFFICER: Sneha Mantri, MD

EDITOR: Leilani Pearl **DESIGN:** Ora Presby Gewirtz

WRITERS: Kristy Pomes, Kayleigh Stauffenger

Although we attempt to ensure accuracy, the publisher cannot accept responsibility for the correctness of the information in this publication. Published articles may be edited at the editors' discretion. Information provided in regard to medical diagnosis, treatment and research reflect the views of the authors and should not be taken as endorsements by the Parkinson's Foundation. In the event of medical issues, please seek advice from your physician.

Every effort is made to avoid duplication of mailing labels. If you receive an extra copy, please pass it to a friend. If you do not wish to receive further issues please contact us via the information listed below.

Comments or Questions? Contact us.

contact@parkinson.org
Toll-Free: 1-800-4PD-INFO (473-4636)
Parkinson.org