

# **Ohio Support Groups by County**

We do our best to maintain a current list, but we advise that you call the number prior to attending to ensure the group is still active.

Unless otherwise specified, these listings are independent and unaffiliated with the Parkinson's Foundation.

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Groups may occasionally change the date and time of their meeting. Please use the contact information listed with the group to confirm they are meeting.

# **Allen County**

### Lima Area Parkinson's Support Group [Updated March 2023]

Location: Lima, OH 45807

For more information, contact Heather Harvey at 419.226.9632.

# **Auglaize County**

# Parkinson's Exercise Group YMCA [Updated March 2023]

Location: Wapakoneta, OH

For more information contact Karen Lenhart or Mary Stoll at 419.996.5405.

# **Cuyahoga County**

### **Broadview Heights Parkinson Support Group** [Updated March 2023]

Monthly group meetings.

**Location:** Broadway Heights, OH 44147- *Meeting in-person* For more information, contact Melissa Todd at 440.536.7022 or <a href="mtodd@danburyseniorliving.com">mtodd@danburyseniorliving.com</a>

### PEP Cleveland Heights [Updated April 2023]

**Location:** Cleveland Heights, OH 44118 – *Meeting in-person* 

Fee: No

For more information, contact David Brandt at 440.742.0153 or dbrandtpep@gmail.com.

# <u>Cleveland Clinic Neurological Restoration Center "Young Onset Parkinson's Support"</u> [Updated April 2023]

Location: Cleveland, OH 44195

For more information, contact Ellen Water at 216 448 4266 opt 4

#### InMotion [Updated April 2023]

A full wellness center that provides free programs and services for people with Parkinson's disease. Programs include physical wellness, healing arts and creative expression, and education and support. PD café open to InMotion clients and care partners only. Small group discussion model offered twice a month.

**Location**: Beachwood, OH 44122 – Meeting in-person and online

Fee: No

For more information, contact John Ambrose at 216.342.5784 or <u>jambrose@beinmotion.org</u> Link to website <u>here</u>.



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### **Solon Parkinson's Group** [Updated March 2023]

For more information, contact Yvette Hasan at 440.349.6363 or <a href="mailto:yhasan@solonohio.org">yhasan@solonohio.org</a> Location: Solon, OH 44139 – *Meeting in-person* 

Fee: No

Link to website **here**.

#### **Hear Me Roar Star Center Foundation** [Updated April 2023]

Benefitting individuals who already had voicing therapy to maintain their voice. Various support groups offered - Music Therapy, Hear Me Roar, New Onset, and Swallowing.

**Location:** Westlake, OH 44145 – *Meeting in-person* 

For more information, contact Esther Verbovsky at 216.320.2456 or <a href="mailto:jojojoey@ameritech.net">jojojoey@ameritech.net</a>.

Link to website **here**.

# <u>Southwest General Parkinson's Support Group at Hospital Old Oak Center [Updated April 2023]</u>

**Location:** Hospital Old Oak Center | Middleburg Heights, OH 44130 – *Meeting in-person* 

Fee: No

For more information, contact Laurie L. Pfahler, Clinical Nurse at <u>Lpfahler@swgeneral.com</u> or (440) 816- 4031.

# **Franklin County**

# **Columbus Partners/Caregivers** [Updated March 2023]

All care partners or caregivers are welcome.

Location: Columbus, OH 43214 - Meeting in-person

For more information, contact Susan Hervey at 614.531.7416 or Shervey1963@act.net or

Laura Summers at Isummers@parkinson.org

Fee: No

# <u>Parkinson's and Lewy Bodies Disease for Care Partners, Alzheimer's Association</u> [Updated March 2023]

Support groups conducted by trained facilitators, are a safe place for people living with dementia and their care partners.

**Location:** Columbus, OH 43201 – Meeting in-person and online

For more information, contact Mackinzie Douglas at <a href="mailto:mkdouglas@alz.org">mkdouglas@alz.org</a> or the ALZ Helpline

at 800.272.3900 Link to website here.

# Reynoldsburg [Updated March 2023]

**Location:** Reynoldsburg, OH 43068 – *Meeting in-person* 

For more information, contact Carmel Jenkins at 614.531.3590 or cjenkins7550@att.net

Fee: No

This listing is provided for informational purposes only. Call our Helpline: 1-800-4PD-INFO (473-4636)



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### OhioHealth Riverside Parkinson's Group [Updated March 2023]

Location: Columbus, OH 43214

For more information, contact Melinda McGuire, MSW, LSW at 614.533.5500.

#### PSP/CBD/MSA Support Group [Updated March 2023]

**Location**: Columbus, OH 43214 – *Meeting in-person and online* 

Fee: No

For more information, contact The Dempsey Family Education and Resource Center at

contact 614.788.6115 or <a href="DempseyCenter@OhioHealth.com">DempseyCenter@OhioHealth.com</a>.

# **Geauga County**

#### Geauga County Parkinsons Support Group [Updated March 2023]

Location: Chardon, OH 44024

Fee:

For more information, contact Sandy McLeod at 440.279.2137 or cbacon@co.geauga.oh.us.

# **Hamilton County**

## **Bridgeway Pointe/Drake** [Updated March 2023]

One-hour long discussion meetings.

**Location:** Cincinnati, OH 45216 – *Meeting online* 

Fee: No

For more information, contact Carol Simons at 513.474.4441 or casimons003@yahoo.com

#### **Evergreen Group** [Updated March 2023]

**Location:** Cincinnati, OH 45215 – *Meeting in-person* 

For more information, contact Elizabeth Grover lovettgrover@gmail.com or 513-379-1196.

Fee: No

Link to website here.

#### <u>Hamilton Support Group – Parkinson's Support & Wellness</u> [Updated March 2023]

**Location:** Hamilton, OH 45011 - Meeting in-person

Fee: No

For information, contact Denise Rieman at 513.315.7857 or Steve at 513.378.9440 or ParkinsonsLifeSteve@gmail.com.

Link to website here.



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### Parkinsons Support and Wellness [Updated March 2023]

Location: Cincinnati, OH 45219 Meeting in-person and online

Fee: No

For more information, contact Nancy Wetterer at 513-558-0113 <a href="mailto:info@parkinsoncincinnati.org">info@parkinsoncincinnati.org</a> Link to website here.

### Young Onset Support Group [Updated March 2023]

Location: Cincinatti, OH 45217

Fee: No

For more information, contact Adam Magee at 859-609-2155 or

alphaneurofitness@gmail.com

Link to website here.

# **Jefferson County**

# **Steubenville Group** [Updated March 2023]

Primetime membership required.

Location: Steubenville, OH 43953 Meeting in-person

Fee: Yes

For more information, contact Trudy Wilson 740.314.5197

Link to website <u>here</u>.

# **Knox County**

### Knox Community Hospital "Mt. Vernon Group" [Updated April 2023]

**Location:** Mt. Vernon, OH 43050

For more information, contact Jason Mentzer, Rehab & Wellness at 740.393.9875 or

# **Lake County**

# Lake County Parkinson's Group [Updated April 2023]

Location: Mentor, OH 44060

For more information, contact Phyllis Hinkel at PJHinkel@aol.com or 440.679.1594.

### **Lake County Caregiver Group** [Updated April 2023]

Location: Mentor OH, 44060

Fee: No

For more information, contact Phyllis Hinkel at 440.773.9678



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# **Medina County**

#### Parkinsons Caregiver Support Group [Updated March 2023]

Location: Wadsworth, OH 44281 – Meeting in person

Fee: No

For more information contact Lori Wilkinson at 330.335.1513 or Tammy Reddish at

treddish@wadsworthcity.com

Link to website here.

# **Montgomery County**

#### **Centerville Group** [Updated March 2023]

Location: Centerville, OH 45458

For more information, contact Dawn Arrowood at 937.439.7145 or

dawn.arrowood@commonspirit.org.

# **Muskingum County**

## Zanesville Group [Updated April 2023]

**Location:** Zanesville. OH 43701 – *Meeting in-person* 

Fee: Yes

For more information, contact Rhonda Forrestal at 740.455.5151 or

rforrestal@genesishcs.org

# **Putnam County**

# St. Rita's Parkinson's Support Group [Updated March 2023]

**Location:** Ottawa, OH 45875 – *Meeting in-person*.

Fee: May require YMCA membership

For more information, contact Heather Shininger, PT at 419-523-3590 or

HDShininger@mercy.com

# **Scioto County**

### Portsmouth Area Parkinson's Support Group [Updated April 2023]

We offer support to patients and families by way of speakers, exercise and sharing information.

**Location:** Portsmouth, OH 45662 – *Meeting in-person at Hill View Retirement Community* 

Fee: No

For more information, contact Barb Burke at 740-456-7574 or Barbburke45@gmail.com

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# **Warren County**

# <u>Mason Parkinson's Support Group – Parkinson's Support & Wellness</u> [Updated April 2023]

Location: Mason, OH 45040 - Meeting in-person

Fee: No

For information, contact Sandy Tinsler at 513-456-3212 or pstinsler@gmail.com

Link to website <u>here</u>.