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## New Mexico Support Groups

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*We do our best to maintain a current list, but we advise that you call the number prior to attending to ensure the group is still active. Unless otherwise specified, these listings are independent and unaffiliated with the Parkinson's Foundation.*

*\*An asterisk denotes a program funded by a [Parkinson's Foundation 2021 Community Grant](#).*

<p><b><u>ALBUQUERQUE</u></b></p> <p><b><u>CLOVIS</u></b></p> <p><b><u>FARMINGTON</u></b></p> <p><b><u>LAS CRUCES</u></b></p>	<p><b><u>LOS ALAMOS</u></b></p> <p><b><u>ROSWELL</u></b></p> <p><b><u>SANTA FE</u></b></p> <p><b><u>TAOS</u></b></p>
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If you would like to be added to this list, or if the details of your group need to be updated, please contact us by emailing [southwest@parkinson.org](mailto:southwest@parkinson.org).

*This listing is provided for informational purposes only. Call our Helpline for more info: 1-800-4PD-INFO (473-4636).  
August 2022*



## **ALBUQUERQUE**

### **Essential Tremor Support Group**

*Meeting virtually.*

**Location:** Albuquerque, NM 87109

For more information, contact Ken Whiton at 505-453-1732 or [kwhiton43@icloud.com](mailto:kwhiton43@icloud.com)

Link to website [here](#).

### **Grace Outreach Church Support Groups**

*Support groups for PWP & Care Partners.*

**Location:** Albuquerque, NM 87124

For more information, contact

- Patty Ruybal – 505.220.2401
- Carol Smith – 505.221.4515
- Doreen Rosenberg – 505.899.0735

### **Parkinson's Connection/Central New Mexico**

*The Albuquerque Metro Support Group consists of people living with PD and their caretakers.*

*Sessions consist of a presentation about issues and concerns of people with PD with discussion afterward.*

*Meeting Virtually.*

**Location:** Albuquerque, NM

For more information, contact Gloria Carol at [info@parkinsoncnm.org](mailto:info@parkinsoncnm.org)

Link to website [here](#).

### **Project to Improve and Expand Albuquerque Metro Support Groups, Parkinson's Connection of Central NM**

**Location:** Albuquerque, NM

For more information, contact Larry Kemp at [klk221b@gmail.com](mailto:klk221b@gmail.com)

Link to website [here](#).

### **Presbyterian Healthplex Support Group**

*This group divides into two separate groups: PWP and Care Partners. Individuals and couples are welcome.*

**Location:** Albuquerque, NM 87109

For more information, contact:

- Elaine Murphy – 505-485-8676
- Margarita Archibeque – 303-918-8332
- Joan Gillis – 505-899-0078

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- Kathy Manygoats – 505-228-7125

### **Rock Steady Boxing Albuquerque**

**Location:** Albuquerque, NM 87113

**Fee:** Yes

For more information, contact coach Patrick Strosnider [pstro54@comcast.net](mailto:pstro54@comcast.net)

### **The Alivio Caregiver Support Program, Share Your Care Adult Day Services**

*Provides Adult Day Services to vulnerable adults and Caregiver Respite to their caregivers and family members.*

**Location:** Albuquerque, NM

**Fee:** Yes

For more information, contact Victoria Finnegan at [vickif@shareyourcare.org](mailto:vickif@shareyourcare.org).

Link to website [here](#).

## **CLOVIS**

### **Clovis Community College**

**Location:** Clovis, NM 88101

For more information, contact Jo Bidwell at 806-725-0941

Link to website [here](#).

## **FARMINGTON**

### **Farmington Parkinson Support Group**

*We have a monthly support group meetings and two-weekly exercise classes for individuals with movement disorders.*

**Location:** Farmington, NM 87402- Meeting online.

**Fee:** Free

For more information, contact Wendy Bircher at 505-803-5636 or [wdbircher@gmail.com](mailto:wdbircher@gmail.com).

### **Pinon Hills Community Church**

**Location:** Farmington, NM 87401

For more information, contact

- [Wendy Bircher](#) – 505-803-5636
- [Wdbircher@gmail.com](mailto:Wdbircher@gmail.com)
- Doreen Rosenberg – 505-899-0735

Link to website [here](#).

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## LAS CRUCES

### **Holiday Inn Express**

**Location:** Las Cruces, NM 88011

For more information contact, Jo Bidwell at [jbidwell@covhs.org](mailto:jbidwell@covhs.org) or 806-725-0941

Link to website [here](#).

## LOS ALAMOS

### **Betty Ehart Senior Center**

**Location:** Los Alamos, NM 87544

For more information, contact,

- [Allie Thompson](#) – 505-672-9498
- [Michelle Berkebile](#) – 480-250-9553
- [Francine Seal](#) – 505-672-1736

## ROSWELL

### **Eastern New Mexico Medical Center – Mesquite Room**

**Location:** Roswell, NM 88201

Jo Bidwell at [jbidwell@covhs.org](mailto:jbidwell@covhs.org) or 806-725-0941

## SANTA FE

### **Christus St. Vincent Holistic Health & Wellness Ctr.**

**Location:** Santa Fe, NM 87505

For more information, contact Karen St. Clair at 505-780-5864

### **Pacifica Senior Living Center**

**Location:** Santa Fe, NM 87505

For more information, contact Karen St. Clair at 505-780-5864

### **Santa Fe Parkinson's Action Group**

*These meetings are open to people living with Parkinson's, their spouses, caregivers and family members. Discussion topics are brought by the group and there are also outside speakers on a variety of topics of interest to our Parkinson's journey.*

*Meeting Virtually.*

**Location:** Santa Fe, New Mexico

For more information, contact Karen St Clair at 505-780-5864 or [kastclair@gmail.com](mailto:kastclair@gmail.com)

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**Santa Fe Care Partners Connection**

*These meetings are open to care partners and caregivers to people living with Parkinsons. Discussions include topics of interest brought by the group and outside speakers are also brought in. Meeting Virtually.*

**Location:** Santa Fe, New Mexico

For more information, contact Karen St Clair at [kastclair@gmail.com](mailto:kastclair@gmail.com) or call 505-780-5864

**TAOS**

**Taos Youth & Family Center**

**Location:** Taos, NM 85751

For more information, contact Vivian Martinez at 575- 737-5326 or [mega4849@gmail.com](mailto:mega4849@gmail.com)

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