

New Jersey Support Groups by County

We do our best to maintain a current list, but we advise that you call the number prior to attending to ensure the group is still active. Unless otherwise specified, these listings are independent and unaffiliated with the Parkinson's Foundation.

*An asterisk denotes a program funded by a Parkinson's Foundation Community Grant.

<u>Bergen</u>	<u>Monmouth</u>
<u>Burlington</u>	<u>Morris</u>
<u>Essex</u>	<u>Ocean</u>
Gloucester	<u>Union</u>
<u>Mercer</u>	
Middlesex	



Groups may occasionally change the date and time of their meeting. Please use the contact information listed with the group to confirm they are meeting.

Bergen

Cedar Hill Christian Reform Church

Location: Wycoff, NJ 07481

For more information, contact Aviva Weldon, LCSW at 201-410-2169 or aweldon@optonline.net Or contact Ron Stack at 845-642-8231

or ron773h@yahoo.com

First Congregational Church

Location Haworth, NJ 07641

For more information, contact Jerry Ratner at (201) 599-2232, (201) 265-4976 or enwood101@optonline.net.

Hackensack – UMC Mountainside

Location: Verona, NJ 07044

For more information, contact Angela Imhof at angelaimhof@gmail.com.

Ridgewood YMCA

Location: Ridgewood, NJ 07450

For more information, contact Carol Livingstone at clivingstone@ridgewoodymca.org.

Southeast Senior Center for Independent Living

Location: Englewood, NJ 07631

For more information, contact Kevin Kyle at kxkyle@aol.com.

Burlington

Virtua Memorial Hospital

Location: Mt Holly, NJ 08060

For more information, contact Myra Hirschhorn at (888) 847-8823

or callcenter@virtua.org.

Willingboro Public Library

Location: Willingboro, NJ 08046- Meeting in-person and online

Fee: Free

For more information, contact Myra Hirschhorn at (609) 877-6668.

Essex

Montclair – Mountainside Hospital

Location: Glen Ridge, NJ 07028 For more information, contact:

- Angela Imhof at (973) 338-6851 or angelaimhof@gmail.com
- Judy Maher at (973) 433-4101
- Elsa at (973)731-5011



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• Bill Smith at (201)-532-4857 or bobangelsa@comcast.net

Woody Waga at (973)-214-3033 or woodywaga225@gmail.com

Gloucester

<u>Deptford – Jas. H. Johnson Memorial Library</u>

Location: Deptford Township, NJ 08096

For more information, contact Bob McIntosh at (856) 457-5394

or Bobbymac05@comcast.com.

Mercer

Capital Health Medical Center

Location: Pennington, NJ 08534

For more information, contact Victoria Pena-Cardinali at (609) 537-7157.

Middlesex

NJ Neuroscience Institute Rehabilitation

Location: Edison, NJ 08820

For more information, contact John Kolaya at (914) 837-6910 or ikolaya@aol.com.

Monroe Township Senior Center

Location: Monroe Township, NJ 08831

For more information, contact Helena Zarco at (609) 409-1170 or hzarco@jfkhealth.org

or vmelencio@jfkhealth.org.

Monmouth

Meridian Health Fitness & Wellness

Location: Hazlet, NJ 07730

For more information, contact Debra Shar & Marie Lehmann at (732) 739-5919 or

enixon@meridianhealth.com

Morris

Madison YMCA Support Group

Location: Madison, NJ 07940

For more information, contact Barbara Ringk at (908) 403-3129 or

barbringk@gmail.com.

Randolph YMCA Parkinson's Disease Support Group

Support groups can help you cope with the day-to-day realities of having Parkinson's disease or caring for someone with Parkinson's disease. Being part of a support group is a great way to reduce stress and connect with others who can relate to your experience. This FREE group is open to anyone diagnosed with Parkinson's Disease or a caregiver of someone with Parkinson's Disease.



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Location: Randolph, NJ 07869- Meeting in-person

Fee: Free

For more information contact Carly at <u>carly@randolphymca.org</u>.

Ocean

Ocean Medical Center Brick Hospital

Location: Bricktown Township, NJ 08724

For more information, contact Laura Jelly at (732) 836-4614.

Jersey Shore Parkinson's Support Group

Location: Point Pleasant, NJ 08742

For more information, contact Matt Busacca at Busaccam@gmail.com

Union

Rahway - Robert Wood Johnson University Hospital

Location: New Brunswick, NJ 08901

For more information, contact Debbie Hargiss at (908) 272-2362 or Sharron Fitzpatrick at (201) 320-3307 or sharronf@optonline.net

The Presbyterian Church in Westfield (in the Parish House)

Location: Westfield, NJ 07090 – Meeting in-person and online For more information, contact Barbara Ringk at (908) 403-3129 or barbringk@gmail.com.

Overlook Hospital

Location: Summit. NJ 07901

For more information, contact Nancy Gross at Nancy.gross@atlantichealth.org