



Nevada Wellness Programs

We do our best to maintain a current list, but we advise that you call the number prior to attending to ensure the group is still active. Unless otherwise specified, these listings are independent and unaffiliated with the Parkinson's Foundation.

**An asterisk denotes a program funded by a [Parkinson's Foundation Community Grant](#).*

FALLON

CARSON

GARDERVILLE

HENDERSON

LAS VEGAS

RENO

If you would like to be added to this list, or if the details of your group need to be updated, please contact us by emailing southwest@parkinson.org.

June 2023



Groups may occasionally change the date and time of their meeting. Please use the contact information listed with the group to confirm they are meeting.

FALLON

Fallon Parkinson's Support Group (updated April 2023)

I try to have guests that cover topics helpful to those with PD, Caregiver's, and family. We have meetings with Q & A or discuss med's, symptoms, Dr's, or share what works or doesn't.

Location: Fallon, NV 89406 – Meeting in-person

Fee: No

For more information, contact Dee Scott at 775-357-0698 or email scottgmg3@hotmail.com

CARSON

Tazmanian Boxing Club [(updated March 2023)

Location: Carson City, NV 89706 – Meeting in-person

For more information contact (775) 788-1763 or info@battlebornhh.com

Link to website [here](#).

GARDNERVILLE

Douglas Community Center – Carson Valley Medical Group (updated May 2023)

This group is for both those who are living with Parkinson's and their loved ones or caregivers.

Location: Gardnerville, NV 89410 – Meeting in-person

For more information, contact the Community Center at 775-783-6455

Link to website [here](#).

HENDERSON

Addressing Mental Health and Parkinson's Disease in Southern Nevada, St. Rose Dominican Health Foundation (updated April 2023)

Location: Henderson, NV

For more information, contact Polly Bates at polly.bates@dignityhealth.org.

Link to website [here](#).

Encompass Health Rehab Hospital of Henderson (updated May 2023)

Active July 2023.

Location: Henderson, NV 89052

For more information, contact 702-381-4141 or admin@friendsofparkinsons.org

Link to website [here](#).

This listing is provided for informational purposes only. Call our Helpline for more info: 1-800-4PD-INFO (473-4636).

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LAS VEGAS

Cleveland Clinic Lou Ruvo Center for Brain Health (updated May 2023)

Location: Las Vegas, NV 89106

For more information, contact Sandy Chapman at louruvoswgroup@ccf.org or 702-483-6000

Link to Education and Programs [here](#).

Link to Calendar Events [here](#).

Cleveland Clinic Lou Ruvo Center for Brain Health (updated May 2023)

Support Group for people with Parkinson's and their care partners.

Location: Las Vegas, NV 89106 – Meeting online

For more information, contact Sandra Chapman at 702-462-6801 or chapmas6@ccf.org

Link to website [here](#).

Dancing with Parkinson's – us (updated May 2023)

Dance for PD® classes taught by a Dance for PD® Certified Teaching Artist. Lectures and events for Parkinson's and the dance/arts. In our classes we see: improved cognitive and motor skills, emotional support through joyful practices, healthy social connections and a class culture that offers psychological safety. Our mission is to improve the lives of people with Parkinson's disease through our dance classes, activities and events, while operating with the highest standards in arts education.

Location: Las Vegas, NV 89147 – Meeting in-person and virtual

Fee: Yes

For more information, contact Pamela Lappen at pamelalappen@gmail.com or (805) 640-5221

Link to website [here](#).

Encompass Health Rehabilitation Hospital of Desert Canyon (updated May 2023) 2023.

Location: Las Vegas, NV 89148

For more information, contact 702-381-4141

RENO

Parkinson's Support Center of Northern Nevada (updated June 2023)

Support groups and educational programs for the Reno area Parkinson's community. We also connect people to local exercise programs and other resources in the area.

Location: Reno, NV 89509 – Meeting in-person and online

Fee: No

For more information, contact Anne Pott at 775-848-6954 or anne@pscnn.org.

Link to website [here](#).

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Rock Steady Boxing *(updated March 2023)*

Location: Reno, NV 89511 – *Meeting in-person*

For more information contact (775) 788-1763 or info@battlebornhh.com

Link to website [here](#).

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