

# Nevada Wellness Programs

We do our best to maintain a current list, but we advise that you call the number prior to attending to ensure the group is still active. Unless otherwise specified, these listings are independent and unaffiliated with the Parkinson's Foundation.

\*An asterisk denotes a program funded by a Parkinson's Foundation Community Grant.





# FALLON

## Fallon Parkinson's Support Group

Location: Fallon, NV 89406 For more information, contact Dee Scott at 775-357-0698 or email <u>scottgmg3@hotmail.com</u>

# GARDERVILLE

### **Douglas Community Center**

*This group is for both those who are living with Parkinson's and their loved ones or caregivers.* **Location**: Gardnerville, NV 89410 For more information, contact the Community Center at 775-783-6455 Link to website <u>here</u>.

# **HENDERSON**

### \*Addressing Mental Health and Parkinson's Disease in Southern Nevada, St. Rose Dominican Health Foundation

**Location**: Henderson, NV For more information, contact Polly Bates at <u>polly.bates@dignityhealth.org</u>. Link to website <u>here.</u>

Encompass Health Rehab Hospital of Henderson Location: Henderson, NV 89052 For more information, contact 702-381-4141or <u>admin@friendsofparkinsons.org</u> Link to website here.

# **INCLINE VILLAGE**

Incline Village Community Center Location: Incline Village, NV 89451 For more information, contact parkinsons.spt@gmail.com

# LAS VEGAS

<u>Cleveland Clinic Lou Ruvo Center for Brain Health</u> Location: Las Vegas, NV 89106 For more information, contact Sandy Chapman at <u>chapmas6@ccf.org</u> or 702-778-7000 Link to website <u>here</u>.



#### Cleveland Clinic Lou Ruvo Center for Brain Health

Support Group for people with Parkinson's and their care partners. **Location:** Las Vegas, NV 89106 – Meeting online For more information, contact Ruth Almén at 702-483-6054 or <u>almenr@ccf.org</u> Link to website <u>here</u>.

### Dancing with Parkinson's - us

Dance for PD® classes taught by a Dance for PD® Certified Teaching Artist Lectures and events for Parkinson's and the dance/arts. Location: Las Vegas, NV – Meeting in-person and online For more information, contact Pamela Lappen at <u>pamelalappen@gmail.com</u> or (805) 640-5221 Link to website <u>here</u>.

### **DBS Support Group**

Register on website for location. Location: Las Vegas, NV 89106 Link to website <u>here</u>.

## Encompass Health Rehabilitation Hospital of Desert Canyon

Location: Las Vegas, NV 89148 For more information, contact 702-381-4141

#### HealthSouth-Las Vegas-Valley View

**Location**: Las Vegas, NV 89102 For more information, contact <u>friendsofparkinsonslv@gmail.com</u> Link to website <u>here</u>.

#### MountainView Hospital Medical Office Building

*Friends of Parkinson's Program*  **Location**: Las Vegas, NV 89128 For more information, contact Jamillah Ali-Rahman – 702-381-4141 or <u>friendsofparkinsonslv@gmail.com</u>. To Register – 702-962-5021 Link to website <u>here</u>.

#### Pacifica San Martin

**Location**: Las Vegas, NV 89113 For more information, contact 702-802-0774

## Day One: PD Superheroes! Parkinson's Place LV

Location: Las Vegas, NV

This listing is provided for informational purposes only. Call our Helpline for more info: 1-800-4PD-INFO (473-4636). August 2022



For more information, contact Robert Cochrane <u>robert@cszlasvegas.com</u> Link to website <u>here</u>.

### Parkinson's Place LV Westside Support Group

Support group for people with Parkinson's and care partners **Location:** Las Vegas, NV 89134 – *Meeting in-person.* For more information, contact Kris Butler 702-832-9722 or <u>krisreneebutler@gmail.com</u> Link to website <u>here</u>.

## Recalibrate's MIND/Brain Blast with Care Partner Integration, Motorvation Foundation Inc.

**Location**: Las Vegas, NV For more information, contact Darbe Schlosser <u>darbeschlosser@motorvationusa.com</u> Link to website <u>here</u>.

## PAHRUMP

#### Humana Building

*Friends of Parkinson's.*  **Location**: Pahrump, NV 89048 For more information, contact 702-381-4141or <u>friendsofparkinsonslv@gmail.com</u> Link to website <u>here</u>.

## RENO

#### Atria at Summit Ridge, Dining Room

**Location**: Reno, NV 89523 For more information, contact APDA Coordinator Nicole Mueller at 775-328-1715 Link to website <u>here</u>.

#### Saint Mary's Fitness Center

Participants receive a 12-week gym membership, orientation session, pre- and post-assessment, weekly group health coaching, nutrition, and exercise sessions. Location: Reno, NV 89503 Fee: Yes For more information, contact Josh Lyon at 775-770-7874 or <u>JLyon@primehealthcare.com</u>. Link to website <u>here</u>.

# **SPANISH SPRINGS**



## **Cascades of the Sierra**

**Location**: Spanish Springs, NV 89441 For more information, contact APDA Coordinator Nicole Mueller at 775-328-1715 or Nicole.Mueller2@VA.gov.