



---

## Kansas and Missouri Support Groups

---

*We do our best to maintain a current list, but we advise that you call the number prior to attending to ensure the group is still active. Unless otherwise specified, these listings are independent and unaffiliated with the Parkinson's Foundation.*

*\*An asterisk denotes a program funded by a [Parkinson's Foundation Community Grant](#).*

[Metro KC](#)

[Kansas](#)

[Missouri](#)

If you would like to be added to this list, or if the details of your group need to be updated, please contact us by emailing [heartland@parkinson.org](mailto:heartland@parkinson.org).

January 2025



## Heartland Support Groups

*Groups may occasionally change the date and time of their meeting. Please use the contact information listed with the group to confirm they are meeting.*

### Metro KC

#### **\*The Jewish Community Center of Greater Kansas City Parkinson's Disease Support Group**

*Monthly caregiver meetings to share education and resources, foster connection through social gatherings, and reduce isolation. Open to the community.*

**Location:** Overland Park, KS – Meeting in-person

For more information, contact Dawn Aronoff at 913-327-8028 or [DawnA@TheJkc.org](mailto:DawnA@TheJkc.org)

Link to Website [here](#).

#### **Parkville YMCA Support Group**

*Education, resources, and support for people with Parkinson's and their care partners.*

**Location:** Parkville, MO - Meeting in-person 2nd Tuesday each month at 1:30-2:30pm

For more information, contact Kelly Hrisak at [kellyhrisak@kansascityymca.org](mailto:kellyhrisak@kansascityymca.org) or 816-505-2622.

#### **Green Hills-Northland Parkinson's Support Group**

**Location:** Mid-Continent Public Library-Green Hills Library Center, 8581 N. Green Hills Rd., Kansas City, MO 64154 – Meeting in-person 1st Monday each month at 10am-12pm.

For more information, contact Pat Baker at 816-255-3663 or 816-807-7349

[jimpatbaker@hotmail.com](mailto:jimpatbaker@hotmail.com)

#### **Turning Point Supporting the Supporters**

*A Support Group for family, friends, and caregivers. (Not Parkinson's-specific.)*

**Location:** Meeting online via Zoom every Wednesday at 12:30-2pm

For more information, contact Turning Point at 913-574-0900 or [turningpoint@kumc.edu](mailto:turningpoint@kumc.edu)

Link to website [here](#).

#### **Young Onset PD Group – (Women with Parkinson's Only)** (Updated March 2025)

**Location:** Church of the Resurrection, Leawood, KS – Meeting in-person and online.

For more information, contact Shelley Savoy at 913-669-0964 or [shelley@savoy4.com](mailto:shelley@savoy4.com)

#### **Wexford Place Assisted Living Parkinson's Support Group**

*Education, resources, and support for clients with Parkinson's and their families.*

**Location:** Kansas City, MO 64151 - Meeting in-person

For more information, contact Mark Gitau, OTR at 816-746-7469 or [lhs-463@legacyinc.com](mailto:lhs-463@legacyinc.com)

#### **The Parkinson's Training Center Support Group**

*Support Group for people with Parkinson's and their care partners.*

**Location:** Overland Park, KS -Meeting in-person last Thursday of each month.

For more information, contact Gary Withall at 913-381-0210 or [gary.withall@jqsbf2.com](mailto:gary.withall@jqsbf2.com)

#### **Women with Parkinson's Disease**

**Location:** Leawood, KS – Meeting online 4<sup>th</sup> Wednesday of each month.

For more information, contact Laura Kreisler at [Laura\\_k\\_kc@yahoo.com](mailto:Laura_k_kc@yahoo.com) or 816-718-2347



## **Heartland Support Groups**

*Groups may occasionally change the date and time of their meeting. Please use the contact information listed with the group to confirm they are meeting.*

### **Women with Parkinson's**

*Support group for Women with Parkinson's*

**Location:** Resurrection Church, Building B, Room B158, 13720 Roe Avenue, Leawood, KS 66224 – *Meeting in-person 1st and 3rd Wednesdays each month at 6–7:30pm.*

For more information, contact Pam Weber at 913-638-4051 or [pamweber1@me.com](mailto:pamweber1@me.com)

Link to website [here](#).

### **The Parkinson's Exercise and Wellness Center Caregiver Support Group**

*Education, resources, and support for caregivers of people with Parkinson's.*

**Location:** 3660 W 95th St., Leawood, KS 66206 – *Meeting in-person 2<sup>nd</sup> Friday each month at 10am.*

For more information, contact Julia Mitchell at [jujamitchell@gmail.com](mailto:jujamitchell@gmail.com)

Link to website [here](#).

### **The Parkinson's Exercise and Wellness Center Parkinson's-Related Dementia Support Group**

*Education, resources, and support for people with Parkinson's experiencing cognitive changes and their caregivers.*

**Location:** 3660 W 95th St., Leawood, KS 66206 – *Meeting in-person 3<sup>rd</sup> Tuesday each month at 2:30pm*

For more information, contact [info@thepewc.org](mailto:info@thepewc.org)

Link to website [here](#).

### **Lakeview Village Parkinson's Disease Support Group**

*Support group for people with Parkinson's. Open to the public.*

**Location:** 9000 Park Street, Eastside Terrace Conference Room, Lenexa, KS – *Meeting in-person 3<sup>rd</sup> Tuesday each month at 2pm.*

For more information, contact Jackie Halbin at 913-744-2410 or [jhalbin@lakeviewvillage.org](mailto:jhalbin@lakeviewvillage.org)

### **Parkinson's Support Group for Women Caregivers**

**Location:** Woods Chapel Community of Christ, 500 NE Woods Chapel Rd, Lee's Summit, MO – *Meeting in-person 2<sup>nd</sup> Friday each month at 11am.*

For more information, contact Karen Duncan at 816-537-5792 or [kjdcats@gmail.com](mailto:kjdcats@gmail.com)

### **John Knox Village Parkinson's Support Group**

*Educational and supportive monthly meeting.*

**Location:** Places Manhattan Room, 1001 NW Chipman Rd., Lee's Summit, MO – *Meeting in-person 4<sup>th</sup> Wednesday each month (January – October) at 10am. Open to the public.*

For more information, contact Dr. Kelly Lyons at 913-588-7159 or [klyons@kumc.edu](mailto:klyons@kumc.edu)

Link to website [here](#).

### **John Knox Village Parkinson's Disease Peer Group**

*Opportunity for people with Parkinson's to share common experiences, concerns, and support.*

**Location:** Lakeside Missouri Room, 600 NW Shamrock Ave, Lee's Summit, MO – *Meeting in-person 2nd Tuesday each month at 2pm. Open to the public.*

For more information, contact 816-347-4556 or [mmcgrow@jkv.org](mailto:mmcgrow@jkv.org)



## Heartland Support Groups

*Groups may occasionally change the date and time of their meeting. Please use the contact information listed with the group to confirm they are meeting.*

Link to website [here](#).

### **Olathe Parkinson's Support Group** (Updated 7/25)

*People with Parkinson's and Care Partner support group - Self-directed group discussion format to address topics of interest to the group.*

**Location:** Olathe, KS – Meeting in-person the 4<sup>th</sup> Thursday each month at 6:30pm.

For more information, contact Denise Dunn at (913) 515-8275 or [ddunn13@comcast.com](mailto:ddunn13@comcast.com)

### **Parkinson's Support Group**

*Parkinson's Support Group and Caregiver Support Group*

**Location:** PAM Rehab Hospital, Overland Park, KS – Meeting in-person and online via Zoom last Wednesday each month.

For more information, contact Ashley Mahoney at 913-222-4514 or [amahoney@pamrehab.com](mailto:amahoney@pamrehab.com)

### **Johnson County Rehab Parkinson's Support Group**

*Education, resources, and support for people with Parkinson's and their care partners.*

**Location:** Overland Park, KS 66210– Meeting in-person 2<sup>nd</sup> Wednesday each month at 4pm.

For more information, contact Arianne Kopf at 913-372-7859 or [Akopf@johnsoncounty-rehab.com](mailto:Akopf@johnsoncounty-rehab.com)

Link to Website [here](#).

## Kansas

### **Parkinson's Families of Northwest Kansas Support Groups**

*Education, resources, and support for people with Parkinson's and their caregivers, friends, and families.*

**Location:** Colby, KS – Meeting in-person the 3<sup>rd</sup> Wednesday each month at 11am. Caregivers meeting 5<sup>th</sup> Wednesday each month at 11am.

For more information, contact Elaine Ptacek at (785) 443-3439 or [parkinsons@movingtolive.org](mailto:parkinsons@movingtolive.org)

Link to website [here](#).

### **Presbyterian Manor Support Group**

**Location:** Emporia, KS – Meeting in-person

For more information, contact Bill Hanson [mandbhanson5@gmail.com](mailto:mandbhanson5@gmail.com) or 620-342-4388

### **Parkinson's Disease Support Group of Hays**

*Education, resources, and support for people with Parkinson's and their families.*

**Location:** Messiah Lutheran Church, Hays, KS 67601 – Meeting in-person

For more information, contact the Herndon Clinic on the campus of Fort Hays State University at [infoslp@fhsu.edu](mailto:infoslp@fhsu.edu) or 785-628-5366.

### **Whitestone Mennonite Church Support Group**

**Location:** Hesston, KS – Meeting in person 2<sup>nd</sup> Monday each month.

For more information, contact Reed Copeland at 620-870-4384 or [js2andr@yahoo.com](mailto:js2andr@yahoo.com)



## **Heartland Support Groups**

*Groups may occasionally change the date and time of their meeting. Please use the contact information listed with the group to confirm they are meeting.*

### **Hutchinson Support Group**

*For people with Parkinson's and their caregivers.*

**Location:** Delos Smith Senior Center, Hutchinson, KS 67501 – *Meeting in-person 2<sup>nd</sup> Thursday each month at 11am.*

For more information, contact Sarah Willard at 620-899-6610 or [swillard1951@gmail.com](mailto:swillard1951@gmail.com)

### **Lawrence Parkinson's Support Group**

*For people with Parkinson's and their families.*

**Location:** First Presbyterian Church, Lawrence, KS – *Meeting 3<sup>rd</sup> Tuesday each month.*

For more information, contact Linda Upstill or Suzie Craig at [lpsgkansas@gmail.com](mailto:lpsgkansas@gmail.com) or 785-841-0770.

Link to website [here](#).

### **Meadowlark Hills PD Support Groups**

*Multiple support groups available:*

- Education group– *Meeting in-person and online*
- Parkinson's Caregivers– *Meeting in-person and online*
- Young-Onset Parkinson's– *Meeting in-person and online*
- Young-Onset Care Partners– *Meeting in-person*
- Caring Conversation for People with PD– *Meeting in-person and online*
- Lettuce Ketchup with PD-- *Monthly luncheon for people with Parkinson's and Care Partners– Meeting in-person*

**Location:** Manhattan, KS

For more information, contact Michelle Haub at [michelle.haub@meadowlark.org](mailto:michelle.haub@meadowlark.org) or 785-323-3899.

Link to website [here](#).

### **East Central Kansas Parkinson's Support Group**

**Location:** Rock Creek Nursing Home, Ottawa, KS – *Meeting in-person 2<sup>nd</sup> Wednesday each month at 12pm.*

For more information, contact Roberta Crooks at 785-418-1275 / [Roberta.crooks53@gmail.com](mailto:Roberta.crooks53@gmail.com) or Chelsea Binkley at 913-601-0816 / [cvinkel@ensignservices.net](mailto:cvinkel@ensignservices.net)

### **Pittsburg Parkinson's Support Group**

*Educational and supportive monthly meeting.*

**Location:** Mt. Carmel Conference Room at Mercy Hospital Pittsburg (Via Christi) – *Meeting in-person 3<sup>rd</sup> Thursday each month at 3pm. Open to the public.*

For more information, contact Stephen Horner at [shorner@pittstate.edu](mailto:shorner@pittstate.edu) or 573-268-9932.

### **Eaglecrest Retirement Community Support Group**

*For people with Parkinson's and their caregivers.*

**Location:** Salina, KS 67401 – *Meeting in-person on Tuesdays at 1pm.*

For more information, contact Regina Marcotte at 785-309-1501 or [rmarcotte@eaglecrestretirement.com](mailto:rmarcotte@eaglecrestretirement.com)



## Heartland Support Groups

*Groups may occasionally change the date and time of their meeting. Please use the contact information listed with the group to confirm they are meeting.*

Link to website [here](#).

### **Midland Hospice Care – Northeast Kansas Parkinson's Association**

*For people with Parkinson's and their caregivers.*

**Location:** Topeka, KS – Meeting in-person

For more information, contact Jean Barton at 785-478-9045 or [jbarton505@aol.com](mailto:jbarton505@aol.com).

### **\*Club Parkinson's Support Group**

*Offering fitness classes, mental health support, education, social events, and YOPD support.*

**Location:** Heskett Center on Wichita State University Campus, Wichita, KS- Meeting in-person

For more information, contact Connie Urbanek 316-252-1877 or [info@clubparkinsons.org](mailto:info@clubparkinsons.org)

Link to Website [here](#).

### **Parkinson's Disease & Movement Disorder Support Group**

*Provides education for optimal health and function for people with Parkinson's Disease and Movement Disorders, along with their care partners, to continue to live their lives with purpose-driven passion.*

**Location:** Wichita, KS 67203 – Meeting monthly in-person and online.

For more information, contact Aspen Balthazor, DPT, at [aspen@joyofmovement.co](mailto:aspen@joyofmovement.co) or (316)-302-4716

## Missouri

### **American Parkinson Disease Association**

*Multiple groups and locations available.*

**Location:** Various locations.

Link to Website [here](#).

### **Branson West Support Group (Stone County)**

**Location:** Claybough Shopping Plaza Branson West, MO 65737 – Meeting in-person 1<sup>st</sup> Thursday each month at 12pm.

For more information, contact 417-357-6134

Link to Website [here](#).

### **Carthage Parkinson's Support Group**

**Location:** Fair Acres Family YMCA in Carthage, MO 64836 – Meeting in-person 3<sup>rd</sup> Wednesday each month at 11:30 am.

For more information, contact 417-358-1070.

Link to Website [here](#).

### **Columbia, MO Parkinson's Support Group**

*Consists of speakers, exercise, speech classes, monthly coffees, caregiver's day out, music therapy classes, and more.*

**Location:** Broadway Christian Church, Columbia, MO – Meeting in-person

For more information, contact Patsy Dalton at 573-356-6036 or [daltonsinc@aol.com](mailto:daltonsinc@aol.com)





## **Heartland Support Groups**

*Groups may occasionally change the date and time of their meeting. Please use the contact information listed with the group to confirm they are meeting.*

Link to website [here](#).

### **Capital Region Medical Center Support Group**

**Location:** Jefferson City, MO 65102 – *Meeting in-person.*

For more information, contact Brianna Cowley at 573-632-5614 or

[Bcowley@health.missouri.edu](mailto:Bcowley@health.missouri.edu)

Link to website [here](#).

### **Joplin Parkinson's Support Group**

**Location:** Mercy in Joplin, MO 65804 – *Meeting in-person and online every Monday at 3:30 pm*

For more information, contact 417-556-2263.

Link to Website [here](#).

### **Lake Ozark Christian Church Support Group**

**Location:** Lake Ozark Christian Church, Lake Ozark, MO - *Meeting in-person*

For more information, contact Patsy Dalton at 573-356-6036 or [daltonsinc@aol.com](mailto:daltonsinc@aol.com)

Link to website [here](#).

### **Ozark Support Group, hosted by Sharlin Health & Neurology in Ozark, MO**

**Location:** *Meeting online last Wednesday each month at 12:30 pm.*

For more information, email [valerie@sharlinfoxmed.com](mailto:valerie@sharlinfoxmed.com) for Zoom meeting link.

Link to Website [here](#)

### **Sedalia Parkinson's Support Group** (Updated March 2025)

*Education, resources, and support for people with Parkinson's and their care partners. Open to the public.*

**Location:** The Primrose Retirement Community, Sedalia, MO 65301– *Meeting in-person every other month on 1<sup>st</sup> Tuesday at 10:30am.*

For more information, contact Kellee Flynn at 660-747-6121, ext. 245 or

[Kflynn@johnsoncountyhealth.org](mailto:Kflynn@johnsoncountyhealth.org)

### **Springfield Support Group**

**Location:** The Bodysmith in Springfield, MO 65806 – *Meeting in-person 2nd Saturday each month at 11 am.*

For more information, contact 417-865-0500

Link to Website [here](#).

### **Springfield Support Group**

*Must be over the age of 65 to attend.*

**Location:** CoxHealth Meyer Orthopedic and Rehabilitation Hospital in Springfield, MO 65804 – *Meeting in-person 3rd Wednesday each month at 2:30 pm.*

For more information, contact 417-269-3616

Link to Website [here](#).

### **Parkinson's Disease Care Partner Support Group for Women**

*Available to women care partners for someone with PD.*



### **Heartland Support Groups**

*Groups may occasionally change the date and time of their meeting. Please use the contact information listed with the group to confirm they are meeting.*

**Location:** Cox Health Advantage Care Clinic, 1819 South National Ave, Springfield, MO 65804  
– Meeting in-person 4<sup>th</sup> Tuesday each Month at 3pm.

For more information and to register (required), contact 417-269-3616

### **Freudenthal Center for Parkinson's Disease Support Group**

*Free exercise, wellness classes and support groups.*

**Location:** St. Joseph, MO – Meeting in-person

For more information, contact Stephanie Stewart or Shelbe King at 816-676-8050 or

[shelbe.king@freudenthalhh.com](mailto:shelbe.king@freudenthalhh.com)

Link to Website [here](#).

### **Olivette, MO Parkinson's Support Group at Private Home Care**

*For people with Parkinson's and their caregivers.*

**Location:** Olivette, MO 63132 – Meeting in-person and online

For more information, contact Evan Milnor at 314-492-4005, ext. 210 or

[evanmilnor@privatehomecare.com](mailto:evanmilnor@privatehomecare.com)

### **Johnson County Community Health Services Parkinson's Support Group**

*Education, resources, and support for people with Parkinson's and their care partners.*

**Location:** Johnson County Community Health Services, Warrensburg, MO 64093– Meeting in-person 2<sup>nd</sup> Wednesday each month at 10am.

For more information, contact Kellee Flynn at 660-747-6121, ext. 245 or

[Kflynn@johnsoncountyhealth.org](mailto:Kflynn@johnsoncountyhealth.org)

Link to website [here](#).