

# Illinois Local Support Groups by City

We do our best to maintain a current list, but we advise that you call the number prior to attending to ensure the group is still active. Unless otherwise specified, these listings are independent and unaffiliated with the Parkinson's Foundation.

Arlington Heights	<u>Joliet</u>
<u>Aurora</u>	Lake Forest
Barrington	Lake Zurich
Belleville	Maywood
Bourbonnais	<b>Morton Grove</b>
Carbondale	Northfield
Champaign	Peoria
Chicago	Schaumburg
Decatur	Springfield
<b>Des Plaines</b>	<b>Spring Grove</b>
Elgin	Waukegan
<u>Elmhurst</u>	Wheaton
Glen Ellyn	<u>Winfield</u>
Glenview	<u>Yorkville</u>
Huntley	Virtual



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# ARLINGTON HEIGHTS

# Korean American Parkinson's Disease Support Group

**Location:** Arlington Heights, IL 60005

For more information, Contact Sunghee Park at 630-400-4082

#### Parkinson's Disease Support Group

Location: Northwest Community Healthcare – Arlington Heights, IL 60005

For more information, contact Seema Ganjawalia at 847-618-7790

# **AURORA**

### Rush Copley's Movement Disorders Support Services, Rush-Copley Foundation

Parkinson's Disease Support Group

Location: Aurora, IL

For more information, contact Alexander Pople at Alexander.Pope@rushcopley.com.

Link to website here.

# Rush Copley Medical Center Hybrid Movement Disorders Program

If you are living with Parkinson's Disease or other movement disorders, Rush Copley's Movement Disorders Program offers support and programming in a hybrid format-both in person and online.

**Location**: Aurora, IL 60504- Meeting in-person and online For more information contact Cheryl at 360-499-6681 or

Cheryl E Nelson Rerko@rush.edu.

### **Rush Copley/Waterford Place**

Parkinson's Disease Support Group

Location: Aurora, IL 60504 - Meeting in-person and online

Fee: No

For more information, contact Cheryl Nelson Rerko at 630-978-4948.

### BARRINGTON

# **Barrington Area Council on Aging**

Caregiver Support Group, Dementia-Related Support Groups, Parkinson's Disease Support Group

Location: Barrington, IL 60010

For more information, contact Bonnie Scherkenbach at 874-881-0472.

This listing is provided for informational purposes only. Call our Helpline for more info: 1-800-4PD-INFO (473-4636).



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# **BELLEVILLE**

# Southwestern Illinois College/PSOP

PSOP-Parkinson's Disease Support Group

Location: Belleville, IL 62220

For more information, contact Jodi Gardner at 618-234-4410 ext. 7031.

### **BOURBONNAIS**

#### **Riverside Assisted Living**

Parkinson's Disease Support Group. **Location**: Bourbonnais, IL 60914

For more information, contact Marian Wulffe at 815-685-4103.

# CARBONDALE

# Southwestern Illinois Parkinson's Support Group

Location: Carbondale, IL 62901

For more information, contact Gala Lockwood at 618-967-1317 or

lockwoodgala@yahoo.com

# **CHAMPAIGN**

#### **Savoy United Methodist Church**

Champaign County Parkinson's Support Group

Location: Champaign, IL 61822

For more information, contact Dave Matakas at 217-720-2016.

# **CHICAGO**

#### **Early Onset Support Group**

Freedom for people to share personal experiences and feelings, coping strategies, or firsthand information about PD or treatments.

**Location:** Chicago, IL 60612- Meeting in-person and online

Fee: Free

For more information, contact Luci Blasucci, RN, at 312-563-2900 or

lucia blasucci@rush.edu.

Link to Website here.

#### **Brookdale/Lakeshore Drive**

Parkinson's Disease Support Group.

Location: Chicago, IL 60657

For more information, contact Diane Trunecek at 773-880-6210

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# Mental Health and Support for PD Patients in Chicagoland of African Ancestry

Parkinson's Disease Support Group.

Location: Chicago, IL

For more information, contact Deborah Hall at <a href="DeborahAHall@Rush.Edu">DeborahAHall@Rush.Edu</a>.

# **DECATUR**

# **Westminster Presbyterian Church**

Parkinson's Disease Support Group

Location: Decatur, IL 62522

For more information, contact 217-428-6603.

# **DES PLAINES**

#### **Frisbie Senior Center**

Parkinson's Disease Support Group. **Location**: Des Plaines, IL 60016

For more information, contact Nancy Flowers at 847-653-3134.

# **ELGIN**

#### Presence Health/St. Joseph Hospital

Parkinson's Disease Support Group

Location: Elgin, IL 60123

For more information, contact Susan Peterson at 847-622-2095 or Bev Kittler at 847-

463-0859.

# **ELMHURST**

#### **Elmhurst Hospital**

Parkinson's Disease Support Group.

Location: Elmhurst, IL 60126

For more information, contact <a href="mailto:elmhurstparkinson.group@gmail.com">elmhurstparkinson.group@gmail.com</a>

Link to Website here.

# **GLEN ELLYN**

#### **DuPage Area Parkinson's Support Group**

**Location:** Glen Ellyn, IL 60137 – Meeting in-person

Fee: No

For more information, contact Christina at <a href="mailto:christina@movement-revolution.com">christina@movement-revolution.com</a> or Daisy

at daisy@movement-revolution.com.

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### **GLENVIEW**

# NorthShore University HealthSystem/Glenbrook Hospital

Parkinson's Disease Support Group.

Location: Glenview, IL 60026

For more information, contact Toni Pliskin at TPliskin@northshore.org.

# NorthShore University HealthSystem/Glenbrook Hospital

Young Onset Parkinson's Disease Support Group (YOPD)

Location: Glenview, IL 60026

For more information, contact Kelly Weinschreider at kekea21@gmail.com or Nanci

Maroney at <a href="mailto:nmaroney@northshore.org">nmaroney@northshore.org</a>.

# HUNTLEY

#### **Family Alliance**

Parkinson's Disease Support Group.

Location: Huntley, IL 60142

For more information, contact Linda Strueber at 815-338-3590.

# **JOLIET**

# Presence Health/St. Joseph Medical Center

Parkinson's Disease Support Group.

Location: Joliet, IL 60435

For more information, contact Mary at 815-741-7562

#### LAKE FOREST

#### Northwestern Medicine/Lake Forest Hospital (LFH)

Parkinson's Disease Support Group. Meets the second Tuesday of every month.

Location: Lake Forest, IL 60045

For more information, contact Linda Egan at 847-535-8244.

Link to Website here.

### LAKE ZURICH

#### Ela Township 55+

Support Group for People with Parkinson's and Care Givers. All are welcome!

Location: Lake Zurich, IL 60047

For more information, contact Laura Kulawik at 847-438-9160 or

laurak@elatownship.org.

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# **MAYWOOD**

### Loyola Medicine Parkinson's Disease Support Group

Loyola is proud to offer a Parkinson's disease support group for patients and their families. Join the Parkinson's disease support group and connect with others to share your experiences and gain valuable information.

Location: Maywood, IL 60153

Fee: Free

For more information contact Isabella Dahlke at 512-202-8208 or

Isabella.dahlke@abbott.com.

# **MORTON GROVE**

#### **Auberge Memory Care**

Parkinson's Disease Support Group/Caregiver Support Group

Location: Morton Grove, IL 60053

For more information, contact Lorry Immergluck at communityrelations@aubergeorchardpark.com

### NORTHFIELD

#### **North Shore Senior Center**

Parkinson's Disease Support Group for caregivers and people with Parkinson's. We provide information, research, and support.

Location: Northfield, IL 60093- Meeting-in person and online

Fee: Free

For more information, contact 847-784-6078

Link to Website here.

### **PEORIA**

### Central Illinois Parkinson's Support Group

Parkinson's Support Group. Location: Peoria, IL 61614

For more information, contact 309-699-7394.

Link to Website here.

### **SCHAUMBURG**

# YMCA (Alfred Campanelli)

Parkinson's Support Group.

Location: Schaumburg, IL 60193

For more information, contact Timothy Reed at 630-917-7617, 847-891-9622 or

timr@gcfymca.org.

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# **SPRINGFIELD**

### Friends Living with Parkinson's Support Group

A peer support group in the greater Springfield area. We welcome participants, both men and women of all race, ethnicities, and ages and at every stage of the disease.

**Location:** Springfield, IL 62703 – Meeting in-person and online

Fee: Free

For more information, contact Candace Mueller at 609-731-8391 or

friendslivingwithpd@gmail.com.

Link to Website here.

# **WAUKEGAN**

### **Vista Medical Center East**

Parkinson's Disease Support Group. **Location**: Waukegan, IL 60085

For more information, contact Susan Baldwin at 847-872-6563. Please note, Susan is

also an Aware in Care Ambassador for the Parkinson's Foundation.

# **WINFIELD**

# Northwestern Medicine/Central DuPage Hospital (CDH)

Essential Tremor Support Group Location: Winfield, IL 60190

For more information, contact: 630-497-2142

#### Memory Loss Caregiver Support Group

Parkinson's movement disorder support group.

Location: Winfield, IL 60190

For more information, contact: 630-933-4234

#### **Neurologic Music Therapy Group, "Resilient Rhythms"**

Location: Winfield, IL 60190

For more information, contact 630-933-4234.

#### **Neuroscience Movie Series**

Location: Winfield, IL 60190

For more information, contact 630-933-4234.

#### Parkinson's Disease Support Group

**Location:** Winfield, IL 60190 – Meeting online For more information, contact 630-933-4234.

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# YORKVILLE

# **Rush Copley/Healthcare Center**

Location: Yorkville, IL 60560

For more information, contact Cheryl Nelson Rerko at 630-978-4948.

Link to Website here.

# **VIRTUAL**

### North Cook County / South Lake County

Parkinson's Disease and Care Partner Support Group.

**Location:** Meeting online

For more information, contact Michael Purcell at 847-828-2583.

#### Northwestern Medicine/Northwestern Memorial Hospital (NMH) (updated July 2023)

General Parkinson's Disease Support Group, Parkinson's & Women Support Group,

Care Partner Support Group, Young Onset Parkinson's Group, Chair Yoga for

Parkinson's, PD 101, PD 201, Art Therapy, Monthly Exercise.

Location: Meeting online

For more information, contact Katie Fagan at <a href="movementdisorders@nm.org">movementdisorders@nm.org</a>.

#### Rush Copley/Waterford Place

Art therapy, music therapy, Parkinson's Disease Support Group

**Location:** Meeting online

For more information, contact Cheryl Nelson Rerko at 630-978-4948.

# Rush/Oak Park Hospital (updated July 2023)

Multiple support groups available.

**Location:** Oak Park, IL 60304 – Meeting online

Link to Website here.

Parkinson's Disease Support Group – For more information, contact Geraldine Rice at Geraldine I rice@rush.edu.

*DBS Support Group* – For more information, contact Maryellen Oliver at <u>oliverme22@gmail.com</u>.

Hispanic Support Group – For more information, contact <a href="mailto:andrea\_hernandez@rush.edu">andrea\_hernandez@rush.edu</a>.

Women's Support Group – For more information, contact oliverme22@gmail.com.

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# **Rush University Medical Center**

Young Onset Parkinson's Disease Support Group (YOPD)

Location: Meeting online

For more information, contact Luci Blasucci, RN, at 312-563-2900.

### Shirley Ryan AbilityLab - Parkinson's Works

Peer Support Group and Education Series for people with PD who are working or

seeking employment. **Location:** Meeting online

Fee: No

For more information, contact Sydney Achler at <a href="mailto:sachler@sralab.org">sachler@sralab.org</a> or 312-238-7275.

### **State Banks of the Lakes**

McHenry County Parkinson's Support Group

Location: Spring Grove, IL 60081 - Meeting online

For more information, contact Kurt Dembski 815-207-1260.