



### **Illinois Local Support Groups by City**

*We do our best to maintain a current list, but we advise that you call the number prior to attending to ensure the group is still active. Unless otherwise specified, these listings are independent and unaffiliated with the Parkinson's Foundation.*

<a href="#"><u>Arlington Heights</u></a> <a href="#"><u>Aurora</u></a> <a href="#"><u>Barrington</u></a> <a href="#"><u>Belleville</u></a> <a href="#"><u>Bourbonnais</u></a> <a href="#"><u>Carbondale</u></a> <a href="#"><u>Champaign</u></a> <a href="#"><u>Chicago</u></a> <a href="#"><u>Decatur</u></a> <a href="#"><u>Elgin</u></a> <a href="#"><u>Elmhurst</u></a> <a href="#"><u>Glen Ellyn</u></a> <a href="#"><u>Glenview</u></a> <a href="#"><u>Huntley</u></a>	<a href="#"><u>Joliet</u></a> <a href="#"><u>Lake Forest</u></a> <a href="#"><u>Lake Zurich</u></a> <a href="#"><u>Maywood</u></a> <a href="#"><u>Minooka</u></a> <a href="#"><u>Northfield</u></a> <a href="#"><u>Peoria</u></a> <a href="#"><u>Schaumburg</u></a> <a href="#"><u>Springfield</u></a> <a href="#"><u>Spring Grove</u></a> <a href="#"><u>Waukegan</u></a> <a href="#"><u>Wheaton</u></a> <a href="#"><u>Winfield</u></a> <a href="#"><u>Yorkville</u></a> <a href="#"><u>Virtual</u></a>
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If you would like to be added to this list, or if the details of your program need to be updated, please contact us by emailing [Midwest@parkinson.org](mailto:Midwest@parkinson.org).



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## **ARLINGTON HEIGHTS**

### **Korean American Parkinson's Disease Support Group**

**Location:** Arlington Heights, IL 60005

For more information, Contact Sunghee Park at 630-400-4082

### **Parkinson's Disease Support Group**

**Location:** Northwest Community Healthcare – Arlington Heights, IL 60005

For more information, contact Seema Ganjawalia at 847-618-7790

## **AURORA**

### **Rush Copley's Movement Disorders Support Services, Rush-Copley Foundation**

Parkinson's Disease Support Group

**Location:** Aurora, IL

For more information, contact Alexander Pople at [Alexander.Pope@rushcopley.com](mailto:Alexander.Pope@rushcopley.com).

Link to website [here](#).

### **Rush Copley Medical Center Hybrid Movement Disorders Program**

*If you are living with Parkinson's Disease or other movement disorders, Rush Copley's Movement Disorders Program offers support and programming in a hybrid format-both in person and online.*

**Location:** Aurora, IL 60504- Meeting in-person and online

For more information contact Cheryl at 360-499-6681 or

[Cheryl E Nelson Rerko@rush.edu](mailto:Cheryl_E_Nelson_Rerko@rush.edu).

### **Rush Copley/Waterford Place**

Parkinson's Disease Support Group

**Location:** Aurora, IL 60504 – Meeting in-person and online

**Fee:** No

For more information, contact Cheryl Nelson Rerko at 630-978-4948.

## **BARRINGTON**

### **Barrington Area Council on Aging**

*Caregiver Support Group, Dementia-Related Support Groups, Parkinson's Disease Support Group*

**Location:** Barrington, IL 60010

For more information, contact Bonnie Scherkenbach at 874-881-0472.

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## **BELLEVILLE**

### **Southwestern Illinois College/PSOP**

*PSOP-Parkinson's Disease Support Group*

**Location:** Belleville, IL 62220

For more information, contact Jodi Gardner at 618-234-4410 ext. 7031.

## **BOURBONNAIS**

### **Riverside Assisted Living**

*Parkinson's Disease Support Group.*

**Location:** Bourbonnais, IL 60914

For more information, contact Marian Wulffe at 815-685-4103.

## **CARBONDALE**

### **Southwestern Illinois Parkinson's Support Group**

**Location:** Carbondale, IL 62901

For more information, contact Gala Lockwood at 618-967-1317 or

[lockwoodgala@yahoo.com](mailto:lockwoodgala@yahoo.com)

## **CHAMPAIGN**

### **Savoy United Methodist Church**

*Champaign County Parkinson's Support Group*

**Location:** Champaign, IL 61822

For more information, contact Dave Matakas at 217-720-2016.

## **CHICAGO**

### **Early Onset Support Group**

*Freedom for people to share personal experiences and feelings, coping strategies, or firsthand information about PD or treatments.*

**Location:** Chicago, IL 60612- *Meeting in-person and online*

**Fee:** Free

For more information, contact Luci Blasucci, RN, at 312-563-2900 or

[lucia\\_blasucci@rush.edu](mailto:lucia_blasucci@rush.edu).

Link to Website [here](#).

### **Brookdale/Lakeshore Drive**

*Parkinson's Disease Support Group.*

**Location:** Chicago, IL 60657

For more information, contact Diane Trunecek at 773-880-6210

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#### **Mental Health and Support for PD Patients in Chicagoland of African Ancestry**

*Parkinson's Disease Support Group.*

**Location:** Chicago, IL

For more information, contact Deborah Hall at [DeborahAHall@Rush.Edu](mailto:DeborahAHall@Rush.Edu).

#### **DECATUR**

##### **Westminster Presbyterian Church**

*Parkinson's Disease Support Group*

**Location:** Decatur, IL 62522

For more information, contact 217-428-6603.

#### **ELGIN**

##### **Ascension St. Joseph Hospital** (updated February 2024)

*Parkinson's Disease Support Group, with special breakout sessions for caregivers.*

**Location:** Elgin, IL 60123 – Meeting in-person

For more information, contact Michael Palomo, PT DPT, Judtih Foley, OTR/L, or Cheryl Evans, MS, CCC-SLP, LSVT at (847) 695-5904.

#### **ELMHURST**

##### **Elmhurst Hospital**

*Parkinson's Disease Support Group.*

**Location:** Elmhurst, IL 60126

For more information, contact [elmhurstparkinson.group@gmail.com](mailto:elmhurstparkinson.group@gmail.com)

Link to Website [here](#).

#### **GLEN ELLYN**

##### **DuPage Area Parkinson's Support Group**

**Location:** Glen Ellyn, IL 60137 – Meeting in-person

**Fee:** No

For more information, contact Christina at [christina@movement-revolution.com](mailto:christina@movement-revolution.com) or Daisy at [daisy@movement-revolution.com](mailto:daisy@movement-revolution.com).

#### **GLENVIEW**

##### **NorthShore University HealthSystem/Glenbrook Hospital**

*Parkinson's Disease Support Group.*

**Location:** Glenview, IL 60026

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For more information, contact Toni Pliskin at [TPliskin@northshore.org](mailto:TPliskin@northshore.org).

#### **NorthShore University HealthSystem/Glenbrook Hospital**

*Young Onset Parkinson's Disease Support Group (YOPD)*

**Location:** Glenview, IL 60026

For more information, contact Kelly Weinschreider at [kekea21@gmail.com](mailto:kekea21@gmail.com) or Nanci Maroney at [nmaroney@northshore.org](mailto:nmaroney@northshore.org).

### **HUNTLEY**

#### **Family Alliance**

*Parkinson's Disease Support Group.*

**Location:** Huntley, IL 60142

For more information, contact Linda Strueber at 815-338-3590.

### **JOLIET**

#### **Presence Health/St. Joseph Medical Center**

*Parkinson's Disease Support Group.*

**Location:** Joliet, IL 60435

For more information, contact Mary at 815-741-7562

### **LAKE FOREST**

#### **Northwestern Medicine/Lake Forest Hospital (LFH)**

*Parkinson's Disease Support Group. Meets the second Tuesday of every month.*

**Location:** Lake Forest, IL 60045

For more information, contact Linda Egan at 847-535-8244.

Link to Website [here](#).

### **LAKE ZURICH**

#### **Ela Township 55+**

*Support Group for People with Parkinson's and Care Givers. All are welcome!*

**Location:** Lake Zurich, IL 60047

For more information, contact Laura Kulawik at 847-438-9160 or

[laurak@elatownship.org](mailto:laurak@elatownship.org).

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## **MAYWOOD**

### **Loyola Medicine Parkinson's Disease Support Group** (updated December 2023)

*This is a support group for both patients and their caregivers. All are welcome at any stage of the disease. We try to do our best to keep a balance of meetings with group members as well as occasional speakers to educate the group.*

**Location:** Maywood, IL 60153 – Meeting in-person

**Fee:** Free

For more information contact Isabella Dahlke at 512-202-8208 or [Isabella.dahlke@abbott.com](mailto:Isabella.dahlke@abbott.com).

## **MINOOKA**

### **Grundy Area Parkinson's Support Group** (updated January 2025)

**Location:** Minooka, IL 60447 – Meeting in-person

**Fee:** Free

For more information contact Becky Meyer, (815) 685-8685 or [becky.s.meyer@gmail.com](mailto:becky.s.meyer@gmail.com).

## **NORTHFIELD**

### **North Shore Senior Center**

*Parkinson's Disease Support Group for caregivers and people with Parkinson's. We provide information, research, and support.*

**Location:** Northfield, IL 60093- Meeting-in person and online

**Fee:** Free

For more information, contact 847-784-6078  
Link to Website [here](#).

## **PEORIA**

### **Central Illinois Parkinson's Support Group**

*Parkinson's Support Group.*

**Location:** Peoria, IL 61614

For more information, contact 309-699-7394.  
Link to Website [here](#).



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## **SCHAUMBURG**

### **YMCA (Alfred Campanelli)**

*Parkinson's Support Group.*

**Location:** Schaumburg, IL 60193

For more information, contact Timothy Reed at 630-917-7617, 847-891-9622 or [timr@gcfymca.org](mailto:timr@gcfymca.org).

## **SPRINGFIELD**

### **Friends Living with Parkinson's Support Group**

*A peer support group in the greater Springfield area. We welcome participants, both men and women of all race, ethnicities, and ages and at every stage of the disease.*

**Location:** Springfield, IL 62703 – Meeting in-person and online

**Fee:** Free

For more information, contact Candace Mueller at 609-731-8391 or [friendslivingwithpd@gmail.com](mailto:friendslivingwithpd@gmail.com).

Link to Website [here](#).

## **WAUKEGAN**

### **Vista Medical Center East**

*Parkinson's Disease Support Group.*

**Location:** Waukegan, IL 60085

For more information, contact Susan Baldwin at 847-872-6563. Please note, Susan is also an [Aware in Care Ambassador](#) for the Parkinson's Foundation.

## **WINFIELD**

### **Northwestern Medicine/Central DuPage Hospital (CDH)**

*Essential Tremor Support Group*

**Location:** Winfield, IL 60190

For more information, contact: 630-497-2142

### **Memory Loss Caregiver Support Group**

*Parkinson's movement disorder support group.*

**Location:** Winfield, IL 60190

For more information, contact: 630-933-4234

### **Neurologic Music Therapy Group, "Resilient Rhythms"**

**Location:** Winfield, IL 60190

For more information, contact 630-933-4234.

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#### **Neuroscience Movie Series**

**Location:** Winfield, IL 60190

For more information, contact 630-933-4234.

#### **Parkinson's Disease Support Group**

**Location:** Winfield, IL 60190 – Meeting online

For more information, contact 630-933-4234.

## **YORKVILLE**

#### **Rush Copley/Healthcare Center**

**Location:** Yorkville, IL 60560

For more information, contact Cheryl Nelson Rerko at 630-978-4948.

Link to Website [here](#).

## **VIRTUAL**

#### **Support Group for African Americans Living with Parkinson's Disease - American Parkinson Disease Association and UChicago Medicine** *(updated December 2023)*

*Are you interested in learning more about Parkinson's disease (PD) and connecting with others? We work to create a safe, supportive, and inclusive environment to support and engage with others who are diagnosed with PD and their care partner. This monthly Parkinson's group is a great way to receive education and build support.*

**Location:** Meeting online

**Fee:** No

For more information, contact 773-834-1688 or email Dr. Reidy at [nicole.reidy@uchicagomedicine.org](mailto:nicole.reidy@uchicagomedicine.org).

#### **North Cook County / South Lake County**

*Parkinson's Disease and Care Partner Support Group.*

**Location:** Meeting online

For more information, contact Michael Purcell at 847-828-2583.

#### **Northwestern Medicine/Northwestern Memorial Hospital (NMH)** *(updated July 2023)*

*General Parkinson's Disease Support Group, Parkinson's & Women Support Group, Care Partner Support Group, Young Onset Parkinson's Group, Chair Yoga for Parkinson's, PD 101, PD 201, Art Therapy, Monthly Exercise.*

**Location:** Meeting online

For more information, contact Katie Fagan at [movementdisorders@nm.org](mailto:movementdisorders@nm.org).

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#### **Rush Copley/Waterford Place**

*Art therapy, music therapy, Parkinson's Disease Support Group*

**Location:** Meeting online

For more information, contact Cheryl Nelson Rerko at 630-978-4948.

#### **Rush/Oak Park Hospital** *(updated July 2023)*

*Multiple support groups available.*

**Location:** Oak Park, IL 60304 – Meeting online

Link to Website [here](#).

*Parkinson's Disease Support Group* – For more information, contact Geraldine Rice at [Geraldine I rice@rush.edu](mailto:Geraldine_I_rice@rush.edu).

*DBS Support Group* – For more information, contact Maryellen Oliver at [oliverme22@gmail.com](mailto:oliverme22@gmail.com).

*Hispanic Support Group* – For more information, contact [andrea\\_hernandez@rush.edu](mailto:andrea_hernandez@rush.edu).

*Women's Support Group* – For more information, contact [oliverme22@gmail.com](mailto:oliverme22@gmail.com).

#### **Rush University Medical Center**

*Young Onset Parkinson's Disease Support Group (YOPD)*

**Location:** Meeting online

For more information, contact Luci Blasucci, RN, at 312-563-2900.

#### **Shirley Ryan AbilityLab - Parkinson's Works**

*Peer Support Group and Education Series for people with PD who are working or seeking employment.*

**Location:** Meeting online

**Fee:** No

For more information, contact Sydney Achler at [sachler@sralab.org](mailto:sachler@sralab.org) or 312-238-7275.

#### **State Banks of the Lakes**

*McHenry County Parkinson's Support Group*

**Location:** Spring Grove, IL 60081 - Meeting online

For more information, contact Kurt Dembski 815-207-1260.

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