Tools for Improving Parkinson's Care in the Hospital

The **Parkinson's Foundation Hospital Care Initiative** aims to ensure that all people with Parkinson's disease (PD) can trust that the hospital care they receive is of the highest quality. Working in healthcare, you can create change within your institution to help people with Parkinson's receive better. Implementing change takes perseverance and a dedication. The Parkinson's Foundation has tools that can help:

- Garner buy in from hospital administrators and leaders of clinical hospital teams
- Design implementation strategy that fits the needs of your institution
- Make the desired changes to improve care and outcomes of people with Parkinson's

Support for Your Outreach to Hospital Administration

Often the biggest hurdle to making changes in a hospital is helping the administration understand the scope and cost of the problem. As a starting point, we recommend sharing these two resources:

- **Executive Summary from the Parkinson's Foundation Hospital Recommendations Report**
- **"Letter to the Hospital Executive,"** written by Steven R. Newton, MPH, FACHE, Hospital President and member of the **Parkinson's Foundation People with Parkinson's Advisory Council**.

Clinical Recommendations

The **Parkinson's Foundation Clinical Hospital Recommendations** outlines best practices for care of people with PD in the hospital. These recommendations are based on research and the guidance of experts in movement disorders and in hospital care.

When adhered closely, we believe outcomes for hospitalized people with PD can improve involving medication management (timing, drug-drug interactions, and contraindications), reducing fall risk and facilitating early mobilization. The goal is to increase awareness in a way that could decrease the chances of complications and help avoid prolonged hospital stays.

Download the below resources:

- **Clinical Recommendations**
- **Dysphagia/NPO Protocol Reference Chart**
  Contraindicated/Potentially Inappropriate Medication Chart

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Clinical Checklists

As part of the **Clinical Recommendations**, these three checklists can help implement recommended best practices during critical points in hospital care: admission, perioperative and discharge.

Download these resources:

- **Admission Checklist**
- **Emergency Department Checklist**
- **Perioperative Checklist**
- **Discharge Checklist**

Partner With an Aware in Care Ambassador

Aware in Care Ambassadors help advocate for better care during a hospital stay. They also help distribute Aware in Care hospital kits into more communities and hospitals around the country.

Ambassadors can help you implement change within your institution by:

- Providing Aware in Care Demo kits to clinicians who are willing to share the resource with any Parkinson's patients who receive care in your institution.
- Presenting virtually to your team on the problems that people with Parkinson's face in the hospital, highlighting ways that your institution can works towards improving care and outcomes.
- Partnering with you to create a plan to improve care in your institution over the next year.

To meet your closest Aware in Care Ambassador email **HospitalCare@Parkinson.org**.

Plan an Internal Presentation

Utilize the **PowerPoint Presentation** template to share vital PD hospital care information with your team.

We are here to help! Set up a meeting with a Parkinson's Foundation staff to help you plan your presentation. Email us at **HospitalCare@Parkinson.org**.

Learn more about the Parkinson's Foundation Hospital Care Initiative at Parkinson.org/HospitalCare. For more essential Parkinson's disease resources created for healthcare professionals visit Parkinson.org/Professionals or call our Helpline at 1-800-4PD-INFO (1-800-473-4636).

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