
New York State Support Groups by Region

We do our best to maintain a current list, but we advise that you call the number prior to attending to ensure the group is still active. Unless otherwise specified, these listings are independent and unaffiliated with the Parkinson's Foundation.

<p><u>Central New York</u></p> <p><u>Finger Lakes/ Rochester</u></p> <p><u>Long Island</u></p> <p><u>Metro NY</u></p> <p><u>Mid-Hudson</u></p>	<p><u>North Country</u></p> <p><u>Southern Tier</u></p> <p><u>Western New York</u></p> <p><u>Virtual Only</u></p>
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Central NY

If you would like to be added to this list, or if the details of your program need to be updated, please contact us by emailing NYNJ@parkinson.org.



Groups may occasionally change the date and time of their meeting. Please use the contact information listed with the group to confirm they are meeting.

ONONDAGA COUNTY

The Hearth at Greenpoint

Open to everyone who has a connection to Parkinson's disease

Location: Liverpool, NY 13088

For more information, contact Cynthia at 315-673-3820 or cdstevenson1934@gmail.com

Brookdale Summerfield

Open to everyone who has a connection to Parkinson's disease

Location: Syracuse, NY 13215

For more information, contact Cynthia at 315-673-3820 or cdstevenson1934@gmail.com

The Nottingham

Open to everyone who has a connection to Parkinson's disease

Location: Jamesville, NY 13078

For more information, contact Cynthia at 315-673-3820 or cdstevenson1934@gmail.com

Brookdale Manlius

These meetings are for Caregivers only

Location: Manlius, NY 13104

For more information, contact Cynthia at 315-673-3820 or cdstevenson1934@gmail.com

MADISON COUNTY

Jim Marshall Farms Foundation, Inc.

Open to everyone who has a connection to Parkinson's disease. Support groups for Parkinson's.

Location: Chittenango, NY 13037- Meeting in-person

For more information, contact Martha at 315-655-3796 or marcar96@aol.com.

Finger Lakes/Rochester

HORNELL

Location: Hornell, NY 14843

For more information, contact Lisa Scott at 607-382-6497 or mslisamscott@yahoo.com.

For up-to-date support group information visit: PdSupportGroup.com.

LONG ISLAND

American Parkinson Disease Association

Location: Various locations in Suffolk County



Groups may occasionally change the date and time of their meeting. Please use the contact information listed with the group to confirm they are meeting.

For more information, contact 631-862-3560

Link to Website [here](#).

American Parkinson Disease Association

Location: Various locations in Nassau County

For more information, contact 631-686-1002 or Julie.garofalo@chsli.org.

Link to Website [here](#).

JCC of the Greater 5 Towns *(updated March 2023)*

Program will start running April 2023.

Location: Cedarhurst, NY 11516 - *Meeting in-person*

For more information, contact Cathy Byrnes at (516) 569-6733.

NYIT Old Westbury – NYU Langone Ambulatory Care East Meadow

Young onset Parkinson's support group

Location: Meeting online

For more information contact Charles Siguenza at 516-686-7411 or csiguenz@nyit.edu.

Link to Website [here](#).

Metro NY

BROOKLYN

American Parkinson Disease Association

Location: Brooklyn, NY 11215

For more information, contact Erika Adelman, LMSW, SIFI at 646-704-1792 or

era9029@nyp.org.

Link to Website [here](#).

Brooklyn Parkinson Group

In person General Support Group - [Dance Center - Mark Morris Dance Group](#)

Second and fourth Wednesdays of the month, 1-2 PM

Location: Mark Morris Dance Group

3 Lafayette Ave, Brooklyn, NY 11217

Online General Support Group*

First, third, and fifth Wednesdays of the month, 5:15-6:15 PM

Join us to reconnect! People living with PD are invited to participate in our online and in-person community conversations to share challenges and best practices for staying health and engaged.



Groups may occasionally change the date and time of their meeting. Please use the contact information listed with the group to confirm they are meeting.

Click [here](#) or call (646) 876-9923 and enter meeting ID 818 0390 3715# to join the online meetings on first and third Wednesdays of each month. You can also tune in by entering the Zoom meeting ID and passcode:

Meeting ID: 818 0390 3715

Passcode: 449910

For more information regarding **BPG community programming**, contact Judy Dean at judithdean@earthlink.net or (718) 643-1130.

MANHATTAN

Columbia University Medical Center

Provide support programs and education programs to those with Parkinson's.

Location: New York, NY 10032- Meeting online

Fee: Free

For more information, contact Elizabeth Delaney at 212-305-5779.

Link to Website [here](#).

Mount Sinai Downtown, Beth Israel

Location: Various Locations

- *Parkinson's Disease Support Group - contact Sheree Loftus, PhD at 212-844-8482.*
- *Young-onset Support Group - contact Sheree Loftus, PhD at 212-844-8482.*
- *Movers and Shakers Group - contact Sheree Loftus, PhD at 212-844-8482.*
- *Deep Brain Stimulation (DBS) Candidacy Support Group - contact Joan Miravite, FNP at 212- 844-6134 or BIMCMovDis@chpnet.org.*
- *Men's Parkinson's Support Group - contact Joan Miravite, FNP at 212- 844-6134 or BIMCMovDis@chpnet.org.*
- *Parkinson's Caregivers Support Group - contact Rita Golub, LCSW at 646-335-2600 or golub60@aol.com.*

Mount Sinai Uptown

People with Parkinson's Disease and Caregivers Support Groups

Location: New York, NY 10029

For more information, contact Julie Safar, LCSW at 212-241-6393 or

julie.safar@mountsinai.org.

American Parkinson Disease Association

People with Parkinson's Disease and Caregivers Support Groups

Location: New York, NY 10019



Groups may occasionally change the date and time of their meeting. Please use the contact information listed with the group to confirm they are meeting.

For more information, contact 718-981-8083.

New York University

People with Parkinson's Disease and Caregivers Support Groups

Location: New York, NY

For more information, contact 212-263-4838. Intake interview required, call 929-455-5154.

Parkinsonic

New York, New York 00000

3rd Wednesday from 7:00 PM to 8:00 PM

[Sabela Avi3n Mart3nez](#)

[Visit Primary Website](#)

For NY/NJ/CT residents. Monthly online meetings with occasional in-person get-togethers. For more information, contact Sabela at yopnyc@gmail.com.

YOPNYC

Patient-Led Young-Onset Parkinson's Support Group for the NYC-Metro Area

For more information, contact yopnyc@gmail.com

QUEENS

Central Queens YMCA

Location: Forest Hills, NY 11375

For more information, contact 718-268-5011 ext 621.

Link to Website [here](#).

STATEN ISLAND

American Parkinson Disease Association

Location: Staten Island, NY 10305

For more information, contact Emily Ciorciari at 718-981-8083.

Link to Website [here](#).

Mid-Hudson

DUTCHESS COUNTY

Parkinson's Disease Support Group of the Mid-Hudson Valley (*updated December 2023*)

Location: Freedom Plains United Presbyterian Church at 1168 Route 55 Lagrangeville, NY 12540 – Meeting in-person

For more information, contact Nancy Redkey at 914-475-2793 or nredkey@aol.com.



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WESTCHESTER COUNTY

Sleepy Hollow, Phelps Memorial Hospital

Location: Sleepy Hollow, NY 10591

For more information, contact Ellen Woods at 914-366-3937.

Yonkers St. John's Riverside

Location: Independent, NY 10706

For more information, contact Phyllis Richter at 914-478-0731.

White Plains, Burke Rehab

Young-onset support group (not age restrictive)

Location: White Plains, NY 10605

For more information, contact Alex Salesco at (914) 316-3468 or alexsalesco@aol.com.

Let's Fight Parkinson's, Rock Steady Boxing

Support group for people with Parkinson's and caregivers.

Location: Westchester, NY 10607

For more information, contact (914) 433-7798 or admin@letsfightparkinsons.com.

Link to Website [here](#).

Northern Westchester Hospital

Support group for people with Parkinson's.

Location: Mt Kisco, NY 10549- Meeting online

For more information, contact Julie Goldstein, MS, CCC-SLP at (914) 458-8871 or

jgoldstein5@northwell.edu.

ROCKLAND COUNTY

PWP Club Café, Parkinson's Wellness Project *(updated February 2023)*

A support group for both People with Parkinson's and families and friends affected by PD. Please note: Sessions are separated by gender.

Location: Pomona, NY 10970 - Meeting in-person

Fee: Yes

For more information, contact Susan at (845) 300-4511.

Link to website [here](#).

North Country

POTSDAM

Potsdam Parkinson's Support Group

Location: Clarkson University, Clarkson Hall

For more information, contact Rebecca Martin, (315) 268-1652,



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SeawayParkinsonsCoalition@gmail.com.

Southern Tier

BINGHAMTON

Location: American Parkinson's Disease Association - Southern Tier Chapter
For more information, contact Charles Houser, President at (917) 833-4410

Western New York

BUFFALO

Caregiver Support Group

These meetings are for Caregivers only. 1st Thursday of Each Month at 1 PM.

Location: Elma NY 14059

For more information, contact Marcia Gliss at 716-714-5492, or glissma@gmail.com

Parkinson's Support Meeting, Amherst Center for Senior Services *(updated April 2023)*

Location: Buffalo, NY 14228 – *Meeting in-person*

Fee: No

For more information, contact John Jones at 716-636-3055 x3129 or jjones@amherst.ny.us

CATTARAUGUS COUNTY

Parkinson's Support Group

(occurs every 2nd Saturday of the month from 10:00am-11:30am)

Location: Crosstown Alliance Church

1513 Main Street

Olean, NY

For more information, or to register.

Jami Fichter 716-432-9910 or jamiqariepy79@gmail.com

ERIE COUNTY

Kenmore Community Center Parkinson's Support Group

Senior lunch program

Location: Kenmore, NY- Meeting in-person

For more information contact Andrea at 716-249-4362

Kenmore Support Group – Trilogy Physical Therapy

3rd Wednesday of Each Month at 1 PM.

Location: Kenmore, NY 14217

This listing is provided for informational purposes only. Call our Helpline: 1-800-4PD-INFO (473-4636)

December 2023



Groups may occasionally change the date and time of their meeting. Please use the contact information listed with the group to confirm they are meeting.

For more information, contact Marie Crawford at (716) 871-1100.

Parkinson's Social Group

3rd Wednesday of each month

St. John's Lutheran Church

3512 Clinton Street, West Seneca, NY

Contact: Rick Cornell

Phone: 716 674-3287

E-mail: recmab@aol.com

NIAGARA COUNTY

Lockport Support Group

Meets the 4th Tuesday of Each month at 1:30PM.

Location: Lockport, NY 14094

For more information, contact Karen Carroll at (716) 445-5947.

Virtual Only

Al Sigi Center

Various support groups available. See below.

Location: Rochester, NY 14620 – Meeting Online

- *Open to anyone with a connection to Parkinson's disease - Ray Cali at 585-750-2285*
- *Any woman diagnosed with PD - Jo Zimmerman at 585-872-2738*
- *Caregivers only - Nancy at 585-234-5355*
- *Young onset (individuals diagnosed with PD in their 30's, 40's and 50's), Care partners are welcome - Yvonne Hylton at 585-683-0043*

Canandaigua Parkinson's Support Group

Location: Canandaigua, NY 14424 – Meeting Online

For more information, contact Gail Shellman at 585-624-1448 or

gshellma@rochester.rr.com.

Link to Website [here](#).

Capital District Parkinson's Support Group

Location: Albany, NY – Meeting Online

For more information, contact Jud at cdparkinsons@gmail.com.

Caregivers of People with Parkinson's Disease- Virtual Support Group

Join our open discussion to share experiences, coping skills, information, and resources. Connect with others who are supporting a loved one with PD. Wednesdays, Oct 19, Nov 9, and Dec 14.

Location: Online

For more information contact Aimee Mishaan at 718-954-3157 or Aimee@SCCLive.org.



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Fredonia Support Group - St Paul Lutheran Church

Meeting the 3rd Tuesday of Each Month.

Location: Fredonia, NY 14063 – Meeting in-person and online

For more information, contact Jeannine Militello at jean9mil@yahoo.com.

Mount Vernon Wartburg Rehab

Music and dance-based support group

Location: Mount Vernon, NY 10552 – Meeting in-person and online

For more information, contact Dr. Concetta M. Tomaino at 914-513-5292 or imnf@wartburg.org.

Online General Support Group

First, third, and fifth Wednesdays of the month, 5:15-6:15 PM

Join us to reconnect! People living with PD are invited to participate in our online and in-person community conversations to share challenges and best practices for staying health and engaged.

Click here or call **(646) 876-9923** and enter meeting ID **818 0390 3715#** to join the **online meetings on first and third Wednesdays of each month**. You can also tune in by entering the Zoom meeting ID and passcode:

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Passcode: 449910

Parkinson's Support Group for Women – Barry and Florence JCC

Supportive and informative group for women diagnosed within the last seven years who are coping with diagnosis of Parkinson's Disease and its impact on their life, identity, relations and self.

Location: Oceanside, NY 11572 – Meeting Online

Fee: Yes

For more information, contact Gloria Lebeaux, LCSW at 516-766-4341 or glebeaux@friedbergjcc.org.

Link to website [here](#).

Rochester Caregiver Support

Support group for caregivers.

Location: Rochester, NY 14620 – Meeting Online

For more information, contact Nancy at 585-234-5355.

Stony Brook Parkinson's Support Group

This group is open to individuals diagnosed with Parkinson's and their care partners.

Location: Stony Brook, NY 11794 – Meeting Online

For more information, contact Erin Harabes, LMHC, at 631-444-3448 or

erin.harabes@stonybrookmedicine.edu

Link to website [here](#).



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Westside YMCA

Location: Gates, NY 14624 – Meeting Online

For more information, contact:

- Tracy Lafountain, Lifespan staff at the [Westside YMCA](#) or 585-341-3075
- Dick Stewart at 585-247-4868

Western NY Caregiver Support – Meeting Online

For more information, contact Maureen Brown and Sue Long at onlysue1272@hotmail.com.

Western NY General Support – Meeting Online

For more information contact Jeannine Militello at jean9mil@yahoo.com