



Carolinas Support Groups

We do our best to maintain a current list, but we advise that you call the number prior to attending to ensure the group is still active.

Unless otherwise specified, these listings are independent and unaffiliated with the Parkinson's Foundation.

[North Carolina](#)

[South Carolina](#)

If you would like to be added to this list, or if the details of your group need to be updated, please contact us by emailing carolinas@parkinson.org.

October 2022

NORTH CAROLINA

Throughout the Carolinas

Swallow Support Group of the Carolinas

Support group for people with Parkinson's and care partners.

Location: NC – Meeting online

For more information, contact Michelle Hill or Nancy Vallejo Smith at SSGCarolinas@gmail.com.
Link to website [here](#).

Alamance County, NC

Alamance County Parkinson's Support Group

Location: Alamance County, NC – Meeting in-person

For more information, contact Cherese Wolfe, MSW, LCSW at 336-538-1501 or cwolfe@twinlakescomm.org or Porscha Harvey, MSW, LCSW at 336-538-1574 or pharvey@twinlakescomm.org

Talking Parkinson's

Support group for people with Parkinson's and care partners.

Location: Alamance County, NC – Meeting online

For more information, contact Maryanne Shanahan at 207-837-2827 or mshanahan44@gmail.com or Bill Amidon at amidon.william@gmail.com.

Asheville, NC

Parkinson's Support Group AVL

Support group for people with Parkinson's and care partners.

Location: Asheville, NC 28805 – Meeting in-person and online

For more information, contact Steve Phillips at 352-277-7424 or steve@shakynation.org or Mike Horak at 828-413-1932 or mhorak@tnc.org.

Charlotte, NC

Parkinson's Support Group at Atrium Neuroscience Institute

Support group for people with Parkinson's, care partners, family, and friends.

*(handicap accessible, plenty of parking directly in front of building, no stairs)

Location: Charlotte, NC 28805 – Meeting in-person

For more information, contact Katherine Sherry, LCSW at (704) 446-0837 or email Katherine.Sherry@Atriumhealth.org .

Cornelius, NC

Lake Norman Parkinson's Support Group

Support group for people with Parkinson's and care partners.

*This listing is provided for informational purposes only.
Call our Helpline for more info: 1-800-4PD-INFO (473-4636).*

Location: Cornelius, NC 28031 – *Meeting in-person and online*

For more information, contact Ben Klein at 704-609-2130 or [beklein@davidson.edu](mailto:beklein@ davidson.edu) or Carolyn Noell at 704-773-4929 or tomnoell@gmail.com. Care partners should contact Cindy Parnell at 727-420-0337 or cindy.parnell2015@gmail.com.

Durham, NC

Durham PD Support Group

Support group for people with Parkinson's and care partners.

Location: Durham, NC – *Meeting in-person and online*

For more information, contact Allison Allen at 919-681-2656 or allison.m.allen@duke.edu or Anne Kosem at 919-681-2656 or anne.kosem@duke.edu.

Jacksonville, NC

Parkinson's Support Group

Support group for people with Parkinson's and care partners.

Location: Jacksonville, NC – *Meeting in-person*

For more information, contact Lisa Mobley at 910-989-3017 or lisa_railing-mobley@onslowcountync.gov.

Link to website [here](#).

Kinston, NC

Kinston Support Group – Team Henry

Support group for people with Parkinson's and care partners.

Location: Kinston (Lenoir County), NC – *Meeting in-person*

For more information, contact Judy Heath at 252-559-3489 or Sandra Sutton at 252-559-9212.

Lexington, NC

The Life Center of Davidson County PD Support Group

Support group for people with Parkinson's and care partners.

Location: Lexington, NC (Davidson County) – *Meeting in-person*

For more information, contact Nina Smith at 336-249-2155 or nsmith@lifecenterdavidson.com.

Link to website [here](#).

Monroe, NC

Monroe NC Parkinson's Support Group

Support group for people with Parkinson's and care partners.

Location: Monroe, NC – *Meeting in-person*

For more information, contact Cindy Leckey at 704-291-0007 or dobee5555@windstream.net or Sheila Mobley at 704-226-5420 or sheila.mobley913@gmail.com.

Pittsboro, NC

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Call our Helpline for more info: 1-800-4PD-INFO (473-4636).*

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Beltie Mooovers

Support group for people with Parkinson's and care partners.

Location: Pittsboro, NC – *Meeting in-person and online*

For more information, contact Doug Zabor at 919-475-5128 or jdzabor@gmail.com or Jan Cope-Kasten at 920-573-2910 or jcopekasten@gmail.com.

Pittsboro Council on Aging Support Group

Support group for people with Parkinson's and care partners.

Location: Pittsboro, NC – *Meeting in-person and online*

For more information, contact Paul Tierney at 919-244-7755 or parkinsons27312@mindspring.com.

Link to website [here](#).

Raleigh, NC

Parkinson's Dialog Group

Support group for people with Parkinson's and care partners.

Location: Raleigh, NC – *Meeting in-person*

For more information, contact Nancy Broadwell at 984-232-4215 or raleighsc@rfsnc.org.

UNC Rex PD Support Group of Raleigh

Support group for people with Parkinson's and care partners.

Location: Raleigh, NC – *Meeting online*

For more information, contact Jennifer Buckmire at 919-357-2463 or jennifer.buckmire@unchealth.unc.edu or Deborah Hillson at 919-784-4677 or deborah.hillson@unchealth.unc.edu.

Salisbury, NC

Parkinson's Advocacy Rowan City

Support group for people with Parkinson's and care partners.

Location: Salisbury, NC – *Meeting in-person*

For more information, contact Karen Webb at 704-560-0864 or merlegirl03@windstream.net.

Triangle, NC

Triangle YOPD Connections

Support group for people with young onset Parkinson's disease and care partners.

Location: Triangle, NC – *Meeting online*

For more information, contact Allison Allen, LCSW at 919-681-2656 or allison.m.allen@duke.edu or Anne Kosem at 919-681-2656 or anne.kosem@duke.edu.

Link to website [here](#).

Young Onset Parkies – Support Group (YOPD) of Research Triangle Park Area

Support group for people with Young Onset Parkinson's and care partners.

Location: Cary, Raleigh, and Durham, NC – *Meeting online*

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Call our Helpline for more info: 1-800-4PD-INFO (473-4636).*

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For more information, contact Jill Hammergren at 919-805-1061 or jill@themediapro.biz, Dave Malarkey at 919-624-6407 or sparkmalark@earthlink.net, or John Adams at 919-291-0637 or johnsilorockfarm@gmail.com.
Link to website [here](#).

Wake Forest, NC

Parkinson's Support Group

Support group for people with Parkinson's and care partners.

Location: Wake Forest, NC – *Meeting in-person*

For more information, contact Nancy Broadwell at 984-232-4215 or raleighsc@rfsnc.org.

SOUTH CAROLINA

Beaufort, Port Royal, Habersham, SC

Beaufort, Port Royal, Habersham Parkinson's Support Group

Support group for people with Parkinson's and care partners.

Location: Beaufort, Port Royal, Habersham, NC – *Meeting online*

For more information, contact Rick Ostrander at 843-525-1229 or PDAWARESC@gmail.com or Scott Rider at 614-561-3113 or scottprider@gmail.com.

Charleston, SC

Greater Charleston Parkinson Disease Support Group

Support group for people with Parkinson's and care partners

Location: Charleston, SC – *Meeting in-person and online*

For more information, contact Jay Phillips at 843-482-0254 or jayphillips@homesc.com or Marilyn Phillips at 843-312-4331 or marilynphillips@icloud.com.

Greater Charleston Care Partners (Only) Support Groups

Support group for care partners only

Locations: Mt. Pleasant, Summerville and West Ashley, SC – *Meeting in-person*

For more information, contact Marilyn Phillips at 843-312-4331 or marilynphillips@icloud.com or Josey Templeton at 843-810-2502 or templetonj2@citadel.edu.

Columbia, SC

Columbia Parkinson's Support Group

Support group for people with Parkinson's and care partners

Location: West Columbia, SC – *Meeting online*

For more information, contact Karen Basso at 803-335-4247 or contact@columbiaparkinsonsupportgroup.org.

Link to website [here](#).

Greenville, SC and Various Locations in South Carolina

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Call our Helpline for more info: 1-800-4PD-INFO (473-4636).*

Greenville Area Parkinson Society (GAPS)

Support group for people with Parkinson's and care partners.

Location: Various locations

For more information, contact 864-905-2574 or info@gapsonline.org.

Link to website [here](#).

Hilton Head, SC

Let it Rip

Support group for people with Parkinson's and care partners.

Location: Hilton Head/Bluffton area, SC – *Meeting in-person*

For more information, contact Julia Gee at 336-414-4174 or julia.gee2014@icloud.com or Barbara McTernan at 603-315-3487 or themcternans@gmail.com.

Mt. Pleasant, SC

The Palms of Mt. Pleasant Parkinson's Support Group

Support group for people with Parkinson's and care partners.

Location: Mt. Pleasant, SC – *Meeting in-person*

For more information, contact Rhonda Hammers at 843-884-6949 or rhammers@5ssl.com or Mary Rohaley at 843-990-4375 or mrohaley@housecalls-md.com.

Summerville, SC

Summerville Parkinson Disease Support Group

Support group for people with Parkinson's and care partners.

Location: Summerville, SC – *Meeting in-person*

For more information, contact Jay Phillips at 843-482-0254 or jayphillips@homesc.com or Marilyn Phillips at 843-312-4331 or marilynphillips@homesc.com.