



Alabama Support Groups by City

We do our best to maintain a current list, but we advise that you call the number prior to attending to ensure the group is still active.

Unless otherwise specified, these listings are independent and unaffiliated with the Parkinson's Foundation. This list is not an endorsement or recommendation of a specific resource or service.

[Auburn/Opelika](#)

[Birmingham](#)

[Decatur](#)

[Dothan](#)

[Fort Payne](#)

[Homewood](#)

[Vestavia Hills](#)

If you would like to be added to this list, or if the details of your group needs to be updated, contact us by emailing gulfcoast@parkinson.org.

May 2023



Groups may occasionally change the date and time of their meeting. Please use the contact information listed with the group to confirm they are meeting.

AUBURN/OPELIKA

Auburn-Opelika Parkinson's Disease Support Group [Updated March 2023]

Meetings will begin April 16th, 2023.

For more information contact Kat at 334-744-4391 or by email (best point of contact) at millyka@auburn.edu.

BIRMINGHAM

YMCA Birmingham Support Group (Greystone) [Updated March 2023]

Location: Birmingham, AL 35242

Fee: Yes

For more information contact Andrea Pindroh at 205-981-0144 Apindroh@ymcabhma.org or Margaret Jackson at 205-981-0144.

DECATUR

The Morgan County Support Group- Caregivers and Patients [Updated March 2023]

Location: Decatur, AL 35601

Fee: No

For more information contact 256-350-0089 or Sbrookes3@5ssl.com

DOTHAN

Parkinson's Support Group of Dothan [Updated March 2023]

The following group is open to care partners of people with Parkinson's.

Location: Dothan, AL 36301 – *Meeting in-person*

For more information, contact Lindsay Holloman at 334-712-3726 or lholloman@southeasthealth.org.

FORT PAYNE

The Fort Payne Parkinson's Support Group [Updated March 2023]

Location: Fort Payne, AL 35967 – *Meeting in-person*

Fee: No

For more information contact Chelsea Williams at 256-997-2460 or cwilliams07@ghcus.com.

HOMEWOOD

Benchmark Physical Therapy- Parkinson's Support Group [Updated March 2023]

Location: Homewood, AL 35209 – *Meeting in-person*

For more information contact Morgan Kreger at 205-202-2273 or email mmkreger@benchmarkpt.com

Fee: No

Link to Website [here](#).

This listing is provided for informational purposes only. Call our Helpline: 1-800-4PD-INFO (473-4636)

May 2023



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VESTAVIA HILLS

Men's Parkinson Support Group [Updated May 2023]

Very casual lunch meeting of men with PD. Caretakers may also attend. Build relationships with other men dealing with PD through open discussion.

Location: Vestavia Hills, AL 35216 – *Meeting in-person*

Fee: No. Cost of lunch is not included.

For more information contact John Bennett at 205-937-5333 or jbennett4992@charter.net.