

2025 Recipients

Parkinson's Foundation community grants further the health, wellness and education of people with Parkinson's disease (PD) across the nation. In July 2025, the Foundation distributed more than \$1 million throughout 90 community-based grants that support local health, wellness and educational programs that address unmet needs across local PD communities.

* - Indicates a former Community Grantee that will continue their programming through the end of the year

** - Indicates a center that is part of the Parkinson's Foundation Global Care Network that will receive a 2025 Community Grant

Alabama

Raising the Bar: Evidence Based Group Exercise for North Alabama, Huntsville Hospital Foundation, Inc., Huntsville, AL

Contact: Erin Edmundson, erin.edmundson@hhsys.org, huntsvillehospitalfoundation.org

Arkansas

Dance for Life—Dance for Parkinson's | Classical-Ballet-Inspired Mobility and Movement Classes for Individuals Living with Parkinson's Disease, Arkansas Festival Ballet, Little Rock, AR

Contact: Meredith Zachritz, mlmzachritz@gmail.com, arkansasfestivalballet.org

Arizona

Strengthening Social Connections in Parkinson's Disease, Arizona State University Foundation for A New American University, Tempe, AZ

Contact: Elizabeth Trueba, elizabeth.trueba@asu.edu, asufoundation.org/home

California

Baila Conmigo, Invertigo Dance Theatre, Los Angeles, CA

Contact: Tara Aesquivel, development@invertigodance.org, invertigodance.org

CareFit: Exercise and Education Program for Individuals with PD and Their Care Partners, NeuroLab 360 Rehabilitation and Wellness, Encinitas, CA

Contact: Jessie Agrimis, info@neurolab360.com, neurolab360.com

*Addressing Depression in Parkinson's Disease, The Regents of the University of California (University of California Davis), Davis, CA

Contact: Meera Bedi, msbedi@ucdavis.edu, health.ucdavis.edu/neurology/

EmpowerYOPD: Building Resilience for YOPD, re+active physical therapy and wellness, Torrance, CA

Contact: Julie Hershberg, info@re-activept.com, reactivept.com

Ping Pong for Good: Los Angeles Therapeutic Ping Pong Program Expansion, Edward Charles Foundation, Beverly Hills, CA

Contact: Maureen McComsey, maureen@pingpongforgood.org, pingpongforgood.org

San Francisco Ballet's Dance Class for People with Parkinson's, San Francisco Ballet Association, San Francisco, CA

Contact: Brynn Myers, bmyers@sfballet.org, sfballet.org

Parkinson's Climbing with PD-Connect, PD-Connect, Corte Madera, CA

Contact: Lisa Oei, lisa@pd-connect.org, pd-connect.org

Inclusive Rock Steady Boxing for Lower Levels, St. Joseph Health Northern California LLC dba St. Joseph Hospital Eureka, Eureka, CA

Contact: Jim Peaker, jim.peaker@stjoe.org, providence.org/locations/norcal/st-joseph-hospital-eureka

Ignite Neuro Fitness Community Grant, Ignite Neuro Fitness, Sacramento, CA

Contact: Laura Sifuentes, igniteneurofitness@gmail.com, igniteneurofitness.com

St. Jude Parkinson's Wellness Pilot Program, St. Jude Centers for Rehabilitation and Wellness, Brea, CA

Contact: Megan Wroe, megan.wroe@stjoe.org, providence.org/st-jude-medical-center/outpatient-rehabilitation

Colorado

Dance for Parkinson's/In-Motion, Third Law Dance/Theater, Boulder, CO

Contact: Katie Elliot, development@3rdlaw.org, 3rdlaw.org

Parkinson's Pointe Exercise Class Expansion Including Intergenerational Programming, Parkinsons Community Center, Littleton, CO

Contact: Meredith Lo, meredith@Parkinsonspointe.org, parkinsonspointe.org

Connecticut

Parkinson's Body and Mind Exercise and Wellness Program, Parkinson's Body and Mind, Greenwich, CT

Contact: Elaine Grant, elainegrant@parkinsonsbodyandmind.org, parkinsonsbodyandmind.org

* Finding Purpose with Parkinson's Disease, Hartford HealthCare Ayer Neuroscience Institute's Chase Family Movement Disorders Center, Vernon, CT

Contact: Ivona Golas, ivona.golas@hhhealth.org, hartfordhealthcare.org

District of Columbia

NBCI Empowering the African American over Parkinson Disease, The District of Columbia Black Church Initiative Inc, Washington, DC

Contact: Rev. Anthony Evans, dcbci2002@gmail.com, naltblackchurch.com

Rock Steady Boxing, Young Men's Christian Association of Metropolitan Washington, Washington, DC

Contact: Tessa Mork, tessa.mork@ymcadc.org, ymcadc.org

Florida

The A.C.E. Program for Parkinson's Disease, University of North Florida, Jacksonville, FL

Contact: Chitra Balasubramanian, c.k-balasubramanian@unf.edu, unf.edu

Parkinson's Awareness through Fitness: A Movement & Education Journey for Adult Seniors and Care Partners, Firebush, North Palm Beach, FL

Contact: Gloria Harris, freefitness@firebush.org, firebush.org

HOPE (Helping Overcome Parkinson's Early-Onset) Project, In this Corner, Inc., Edgewater, FL

Contact: Victoria Hill, victoria.inthiscorner@gmail.com, inthiscorner.org

Rock Climbing for PD, Neuroscience Centers of Florida Foundation, Inc. d/b/a Brain Center, Miami, FL

Contact: Carolina Hoires, choires@braincenter.org, braincenter.org

YMCA Parkinson's Disease Management Program, YMCA of South Palm Beach County, Inc., Boca Raton, FL

Contact: Robin Nierman, rnierman@ymcaspbcc.org, ymcaspbcc.org

Transformando PD Juntos: Cultivando Fuerza, Conocimiento y Apoyo en Nuestra Comunidad Hispana (Transforming PD Together: Cultivating Strength, Knowledge, and Support in Our Hispanic Community), Advanced Neurotherapeutics, PLLC dba Neurology One, Orlando, FL

Contact: Ramon Rodriguez, rodriguez@neurologyone.com, neurologyone.com

Georgia

Savannah Songbirds, Georgia Southern University Rsch & Svc Fd Inc, Statesboro, GA

Contact: Tory Candea, tcandea@georgiasouthern.edu, georgiasouthern.edu/chp/clinical/ritecare-center-for-communication-disorders/

Sole to SOUL-a movement program promoting exercise for Black families dealing with Parkinson's, Savannah Parkinson's Support Group, Savannah, GA

Contact: Sheryl Cohen, turtle2lifter@aol.com, getexcitedandmove.org

Expanding Awareness and Parkinson's Group Exercise Offerings, YMCA of Metro Atlanta, Atlanta, GA

Contact: Marey Wagner, MareyW@ymcaatlanta.org, ymcaatlanta.org

Hawaii

SPEAK OUT! Therapy Program for Individuals with Parkinson's Disease in Hawaii, Hawaii
Parkinson Association, Inc, Honolulu, HI

Contact: Theresa Kennedy, terry@mobiledss.com, parkinsonshawaii.org

****Hula for Parkinson's Disease, The Queen's Medical Center, Honolulu, HI**

Contact: Michiko Bruno, queens.org

Iowa

Take Control of Parkinson's, Don't Let Parkinson's Take Control of You!, Sioux Center Health,
Sioux Center, IA

Contact: Brittney Moser, Brittney.Moser@siouxcenterhealth.org, siouxcenterhealth.org

Illinois

* Northwestern Medicine Central DuPage Hospital Exercise and Mental Wellness Series,
Northwestern Memorial Foundation, Chicago, IL

Contact: Debra Crystal, debra.crystal@nm.org, nm.org/about-us/foundation

Designing and Delivering a Peer Support Program for Parkinson's Disease Patients and
Caregivers, Rehabilitation Institute of Chicago dba Shirley Ryan AbilityLab, Chicago, IL

Contact: Miriam Rafferty, mrafferty@srilab.org, srilab.org

FUERZA (Familias Unidas: Empoderando y Reforzando contra la Enfermedad de Parkinson),
Chicago Hispanic Health Coalition, Chicago, IL

Contact: Esther Sciammarella, chhc@chicagohispanichealthcoalition.org,
chicagohispanichealthcoalition.org

Indiana

Power-Up Parkinson's - A High Intensity Exercise Program & Support Group for Patients with
Parkinson's, Renewal Physical Therapy & Neuro Rehabilitation, Greenwood, IN

Contact: Allison Bagwell, renewalphysicaltherapy@gmail.com, renewalneurorehab.com

***RSB at YMCA, YMCA of Steuben County, INC, Angola, IN**

Contact: Sarah Funkhouser, Sfunkhouser@ymcasteuben.org, ymcasteuben.org

Rock Steady Boxing - Reid Health, Reid Hospital and Health Care Services, Richmond, IN

Contact: Jessica Przybysz, Jessica.Przybysz@ReidHealth.org, reidhealth.org

Kansas

MindFlex: A cognitive impact program for people with Parkinson's disease, The Parkinson's
Exercise and Wellness Center, Overland Park, KS

Contact: Blake Spanjer, bspanjer@thepewc.org, thepewc.org

Club Parkinson's EmpowerFit, Club Parkinson's of Kansas, INC, Wichita, KS

Contact: Connie Urbanek, info@clubparkinsons.org, clubparkinsons.org

Louisiana

Walking & Talking & Flourishing: Optimizing Well-Being In Persons with Parkinson's, Baylor University, New Orleans, LA

Contact: Barbara Doucet, barbara_doucet@baylor.edu, baylor.edu

Improve mental health and the quality of life for individuals living with Parkinson's Disease (PD), The Mission For Movement, Greenwell Springs, LA

Contact: Taylor Gauss, tgauss1@lsu.edu, themissionformovement.org

Providing Inclusive Care Partner Support through the Parkinson Resource Center, Louisiana Tech University, Ruston, LA

Contact: Donna Hood, dhood@latech.edu, latech.edu

Massachusetts

Empower PD: A Multifaceted Wellness Initiative, Rehab Health 360 LLC, Acton, MA

Contact: Naseem Chatiwala, naseem@rehabhealth360.com, rehabhealth360.com

Revitalizing the Parkinson's Program at the Attleboro Norton YMCA, Attleboro Young Men's Christian Association, Attleboro, MA

Contact: Leigh Fontes, lfontes@attleboroymca.org, attleboroymca.org

Northeastern SPEAK OUT! Therapy Program, Northeastern University, Boston, MA

Contact: Elizabeth Martin, e.martin@northeastern.edu, northeastern.edu/speech-language-and-hearing-center/speak-out/

Maryland

Pedaling for Parkinson's at the Y, YMCA of Central Maryland, Inc., Baltimore, MD

Contact: Rebecca Anzueto Estrada, grantsmanagement@ymaryland.org, ymaryland.org

Mindful Connections, American Diversity Group, Germantown, MD

Contact: Mayur Mody, mayur.mody@americandiversitygroup.org, americandiversitygroup.org

Empowering Lives: Parkinson's Programming at the YMCA, YMCA of the Chesapeake, Easton, MD

Contact: Rachel White, rwhite@ymcachesapeake.org, ymcachesapeake.org

Michigan

Rock Steady at the Macomb Family YMCA, YMCA of Metropolitan Detroit, Detroit, MI

Contact: Susan Walters-Klenke, sklenke@ymcadetroit.org, ymcadetroit.org

Supportive Alliance for Brain Education and Research (SABER): Parkinson's disease among Spanish Speaking Communities, Michigan State University, East Lansing, MI
Contact: Irving Vega, vegaie@msu.edu

Minnesota

SomaYoga: A therapeutic approach for individuals with Parkinson's Disease, Yoga North LLC, Duluth, MN
Contact: Robin Davidson, robinedavidson91@gmail.com, yoganorthduluth.com

Parkinson's Disease Support Group and LOUD for LIFE®, Reeves Dementia Care and Consulting, LLC, Montevideo, MN
Contact: Gretchen Reeves, contact@reevesdementiacare.com, reevesdementiacare.com

Missouri

Yoga for PD, Parkinson's Group of the Ozarks, Springfield, MO
Contact: Cassi Locke, cassi@parkinsonsgroup.org, parkinsonsgroup.org

Montana

Rock Steady Boxing (RSB) at the Gallatin Valley YMCA (GVYMCA), Gallatin Valley YMCA, Inc, Bozeman, MT
Contact: April Moore, grants@gallatinvalleymca.org, gallatinvalleymca.org

Nebraska

Dance for Parkinson's, Ruth Davidson Hahn and Company, Lincoln, NE
Contact: Ruth Davidson Hahn, ruth@rdhdance.org, rdhdance.org

Creating Connections to Live Well with PD, PDWELL, Waterloo, NE
Contact: Cheri Prince, cprince@heartlandneurological.com, heartlandneurological.com

Nevada

*Play Dates for Parkinsons, Parkinson's Place Las Vegas, Henderson, NV
Contact: Debbie Hofhines, dhofhines@gmail.com, parkinsonsplacelv.org

Neurosensory Activation Program (NAP), Rock Steady Boxing-Green Valley, Henderson, NV
Contact: Rebecca Montijo, montijo88@gmail.com

New Jersey

YMCA of Montclair Parkinson's Exercise Program, Young Mens Christian Association of Montclair, Montclair, NJ
Contact: Anneke Demarest, bwainaina@montclairymca.org, montclairymca.org

Parkinson's Prevention and Support, Young Mens Christian Association of Ridgewood NJ, Ridgewood, NJ

Contact: Richa Koirala, rkoirala@ridgewoodymca.org, ridgewoodymca.org

Weekly Steps to Wellness, Jewish Federation of Southern New Jersey, Chery Hill, NJ

Contact: Ilana Weiss, iweiss@jfedsnj.org, katzjcc.org/fitness/wellness/parkinsons

New Mexico

Wellness: Widening Our Reach, The Memory Care Alliance, Santa Fe, NM

Contact: Frances Salles, development@thememorycarealliance.org, thememorycarealliance.org

New York

Moving Brains Ahead 2025, Moving Brains Foundation, New York, NY

Contact: Jose Cabassa, movingbrainsneuro@gmail.com

*Treating the whole person with the whole team: an inter-professional continuum of care approach for people living with Parkinson's disease, Stony Brook Southampton Hospital, Southampton, NY

Contact: Sarah Cohen, sarah.cohen@stonybrookmedicine.edu, southampton.stonybrookmedicine.edu

Enhancing Opportunities for People with PD, Sephardic Community Youth Center, Brooklyn, NY

Contact: Linda Eber, Linda@scclive.org, scclive.org

**Connecting through Pickleball: A Pickleball Program for Persons Living with and Caring for Persons with Parkinson's Disease and Related Disorders, University of Rochester, Rochester, NY

Contact: Andrew Huang, urmc.rochester.edu/conditions-and-treatments/parkinsons-disease

Parkinson's Disease Fitness Programming at Adirondack Health, Adirondack Medical Center, Saranac Lake, NY

Contact: Emily Moulton, emoulton@adirondackhealth.org, adirondackhealth.org

Navigating Communication, Social Connectedness and Mental Health for Hispanic/Latiné Individuals with PD and their Care Partners through Culturally Responsive Support Groups, Teachers College, Columbia University, New York, NY

Contact: Gemma Moya-Gale, gm2446@tc.columbia.edu, tc.columbia.edu

Art Moves Me: Parkinson's Program at Burchfield Penney Art Center 2025-2026, Burchfield Penney Art Center, Buffalo, NY

Contact: Cynthia Pegado, cypegado@gmail.com, burchfieldpenney.org

North Carolina

MY CARE: A Music Therapy & Yoga program for Caregivers of Adults with Parkinson's

Disease in Rural Eastern North Carolina, East Carolina University, Greenville, NC
Contact: Bhibha Das, dasb@ecu.edu, ecu.edu

Brunswick County Wellness Center - Parkinson's Fitness Programs & Expansion, Brunswick County Wellness Center, Southport, NC
Contact: Christy Gillenwater, clgfit@gmail.com, brunscowellnessnc.org

**Creative Connections: Arts & Wellness for Parkinson's, The University of North Carolina at Chapel Hill, Chapel Hill, NC
Contact: Maggie Ivancic, med.unc.edu/neurology/movement-disorders/movement-disorders-patients/npfcoe/

Yoga Tools for Parkinson Caregivers, Warriors of Strength, Charlotte, NC
Contact: Aminta St Onge, aminta@yogavibez.com, warriorsofstrength.org

Ohio

Englewood Parkinson's Wellness Program, Miami Valley Hospital Foundation, Dayton, OH
Contact: James Christoffel, jrchristof@premierhealth.com, mvhfoundation.org

Evidence-based Recreational Music Making for Improved Health in People with Parkinson's and Caregivers, Cincinnati Music & Wellness Coalition, Cincinnati, OH
Contact: Arlene de Silva, arlene@musicandwellness.net, musicandwellness.net

Dance for Parkinson's, Playhouse Square Foundation, Cleveland, OH
Contract: Cheryl Helden, cheryl.helden@playhousesquare.org, playhousesquare.org

YMCA Rock Steady Boxing Program, YMCA of Sandusky County, Fremont, OH
Contact: Jeremiah Wagner, jwagner@ymcafremont.org, ymcafremont.org

Oklahoma

* Stillwater CANe (Communication, Arts, Nutrition, Exercise) Program, Oklahoma State University, Stillwater, OK
Contact: Sabiha Parveen, sabiha.parveen@okstate.edu, okstate.edu

Parkinson's Pool and Land Exercise by BodyWorx Physical Therapy held at the Community Health Recreation and Wellness Center, Bodyworx Physical Therapy, PLLC, Oklahoma City, OK
Contact: Seleena Smith, seleena.smith@bodyworxpt.com, bodyworxpt.com

Oregon

Empowering Health for People with Parkinson's, Destination Rehab, Bend, OR
Contact: Carol Ann Nelson, stephanie@destinationrehab.org, destinationrehab.org

Pennsylvania

*Drexel University: Parkinson's Disease Community Exercise Classes, Drexel University, Philadelphia, PA

Contact: Robert Hand, robert.c.hand@drexel.edu, drexel.edu/cnhp/DPT-Doctor-Physical-Therapy

Small Group Fitness Training for people with Parkinson's Disease, Kaiserman Jewish Community Center, Wynnewood, PA

Contact: Michael Berton, mberton@phillyjcc.com, phillyjcc.com

PHILLY POWER HOUR: MOVEMENT AND MIND To enhance the lives of those living with Parkinson's Disease, Philadelphia Post-Acute Partners, LLC, Philadelphia, PA

Contact: Joellyn Fox, Joellyn.fox@pennmedicine.upenn.edu, pennrehab.org

Stepping Forward: A Year of Holistic Programming for People with Parkinson's Disease, Messiah University, Mechanicsburg, PA

Contact: Krystal Robinson-Bert, krobinsonbert@gmail.com, fitness.messiah.edu/prep

DATE NIGHT and INTIMACY: Reconnecting Parkinson's Couples, Anyone Can Dance, Philadelphia, PA

Contact: Judith Sachs, judith.sachs@gmail.com, anyonecanmove.com

South Carolina

2025-2026 Day One Fitness Parkinson's Exercise Program, Fight To Win, Inc. dba Day One Fitness, Beech Island, SC

Contact: Tandra Wilkerson, tandra@dayonefitness.org, dayonefitness.org

**Pick It Up: Pickleball for Parkinson's, Medical University of South Carolina, Charleston, SC

Contact: Vanessa Hinson, muschealth.org

Tennessee

Optimum Hope! Wellness Program Expansion, Optimum Hope! Parkinson Recovery, Mt Juliet, TN

Contact: Beverly Bell, optimumhope@gmail.com, optimumhope.org/

YMCA Parkinson's Programs, Young Men's Christian Association of Metropolitan Chattanooga, Chattanooga, TN

Contact: Donna Van Natten, donnavannatten@gmail.com, ymcachattanooga.org

Texas

Shake Shack Social, Capital Area Parkinson's Society, Austin, TX

Contact: Christi Cornell, christi@capitalareaparkinsons.org, capitalareaparkinsons.org

*Community Based Education for Houston's Hispanic Population With Information on Local

Resources, ProSalud, Inc., Houston, TX

Contact: Margaret Goetz, mgoetz@prosaludhouston.org, prosaludhouston.org

The Student - Fighter Project: Integrating Research, Exercise, and Community Support for Parkinson's Disease, Texas A&M University, College Station, TX

Contact: Deanna Kennedy, hpedmk@tamu.edu, tamu.edu

Power for Parkinson's en Español, Power for Parkinsons, Austin, TX

Contact: Nina Mosier, nina.mosier@powerforparkinsons.org, powerforparkinsons.org

Utah

**New PD Diagnosis Personal Consultations For People With PD And Their Families, The University of Utah, Salt Lake City, UT

Contact: Melissa Mauchley, Melissa.Mauchley@hsc.utah.edu, medicine.utah.edu/neurology

Virginia

Up ENDing Parkinson's, Up ENDing Parkinson's, Marshall, VA

Contact: Molly Cupka, molly@sportrock.com, upendingparkinsons.com

*PADRECC ParkImprov, Hunter Holmes McGuire VA Medical Center, Richmond, VA

Contact: Jessica Kaplan, jessica.kaplan2@va.gov, parkinsons.va.gov/richmond/index.asp

Washington

Rock Steady Boxing (RSB) and PD Community Gatherings at Stroum Jewish Community Center (SJCC), Stroum Jewish Community Center, Mercer Island, WA

Contact: Michelle Becque, michelleb@sjcc.org, sjcc.org

*PWR! of Movement Exercises Class and Support Group, Jefferson County Public Hospital District No. 2, Port Townsend, WA

Contact: Rebecca Steffens, rsteffens@jeffersonhealthcare.org, jeffersonhealthcare.org

Beyond Medication - Parkinson Wellness Program, BEYONDREHAB, PLLC, Seattle, WA

Contact: Apurva Zavar, apurva@beyondrehab.health, beyondrehab.health

Wisconsin

Living Well with Parkinson's: Counseling & Connection, FastBack Physical Therapy, New Berlin, WI

Contact: Patrick Barron, patrick@fastbackpt.com, FastBackPT.com

Brain Center of Green Bay Coaching Program, Brain Center of Green Bay, Inc., Green Bay, WI

Contact: Christine Vanden Hoogen, chrisvandenhoogen@braincentergb.org, braincentergb.org

International

**Thriving with Parkinson's In the Community, Governors of the University of Alberta,
Edmonton, Alberta, Canada

Contact: Joyce Lee, Joyce.Lee2@albertahealthservices.ca, ualberta.ca/neurology/movement-disorders/index.html