

# 2025 Recipients

Parkinson's Foundation community grants further the health, wellness and education of people with Parkinson's disease (PD) across the nation. In July 2025, the Foundation distributed more than \$1 million throughout 90 community-based grants that support local health, wellness and educational programs that address unmet needs across local PD communities.

\* - Indicates a former Community Grantee that will continue their programming through the end of the year

\*\* - Indicates a center that is part of the Parkinson's Foundation Global Care Network that will receive a 2025 Community Grant

## Alabama

Raising the Bar: Evidence Based Group Exercise for North Alabama, Huntsville Hospital Foundation, Inc., Huntsville, AL

Contact: Erin Edmundson, [erin.edmundson@hhsys.org](mailto:erin.edmundson@hhsys.org), [huntsvillehospitalfoundation.org](http://huntsvillehospitalfoundation.org)

## Arkansas

Dance for Life—Dance for Parkinson's | Classical-Ballet-Inspired Mobility and Movement Classes for Individuals Living with Parkinson's Disease, Arkansas Festival Ballet, Little Rock, AR

Contact: Meredith Zachritz, [mlmzachritz@gmail.com](mailto:mlmzachritz@gmail.com), [arkansasfestivalballet.org](http://arkansasfestivalballet.org)

## Arizona

Strengthening Social Connections in Parkinson's Disease, Arizona State University Foundation for A New American University, Tempe, AZ

Contact: Elizabeth Trueba, [elizabeth.trueba@asu.edu](mailto:elizabeth.trueba@asu.edu), [asufoundation.org/home](http://asufoundation.org/home)

## California

Baila Conmigo, Invertigo Dance Theatre, Los Angeles, CA

Contact: Tara Aesquivel, [development@invertigodance.org](mailto:development@invertigodance.org), [invertigodance.org](http://invertigodance.org)

CareFit: Exercise and Education Program for Individuals with PD and Their Care Partners, NeuroLab 360 Rehabilitation and Wellness, Encinitas, CA

Contact: Jessie Agrimis, [info@neurolab360.com](mailto:info@neurolab360.com), [neurolab360.com](http://neurolab360.com)

\*Addressing Depression in Parkinson's Disease, The Regents of the University of California (University of California Davis), Davis, CA

Contact: Meera Bedi, [msbedi@ucdavis.edu](mailto:msbedi@ucdavis.edu), [health.ucdavis.edu/neurology/](http://health.ucdavis.edu/neurology/)

EmpowerYOPD: Building Resilience for YOPD, re+active physical therapy and wellness, Torrance, CA

Contact: Julie Hershberg, [info@re-activept.com](mailto:info@re-activept.com), [reactivept.com](http://reactivept.com)

Ping Pong for Good: Los Angeles Therapeutic Ping Pong Program Expansion, Edward Charles Foundation, Beverly Hills, CA

Contact: Maureen McComsey, [maureen@pingpongforgood.org](mailto:maureen@pingpongforgood.org), [pingpongforgood.org](http://pingpongforgood.org)

San Francisco Ballet's Dance Class for People with Parkinson's, San Francisco Ballet Association, San Francisco, CA

Contact: Brynn Myers, [bmyers@sfballet.org](mailto:bmyers@sfballet.org), [sfballet.org](http://sfballet.org)

Parkinson's Climbing with PD-Connect, PD-Connect, Corte Madera, CA

Contact: Lisa Oei, [lisa@pd-connect.org](mailto:lisa@pd-connect.org), [pd-connect.org](http://pd-connect.org)

Inclusive Rock Steady Boxing for Lower Levels, St. Joseph Health Northern California LLC dba St. Joseph Hospital Eureka, Eureka, CA

Contact: Jim Peaker, [jim.peaker@stjoe.org](mailto:jim.peaker@stjoe.org), [providence.org/locations/norcal/st-joseph-hospital-eureka](http://providence.org/locations/norcal/st-joseph-hospital-eureka)

Ignite Neuro Fitness Community Grant, Ignite Neuro Fitness, Sacramento, CA

Contact: Laura Sifuentes, [igniteneurofitness@gmail.com](mailto:igniteneurofitness@gmail.com), [igniteneurofitness.com](http://igniteneurofitness.com)

St. Jude Parkinson's Wellness Pilot Program, St. Jude Centers for Rehabilitation and Wellness, Brea, CA

Contact: Megan Wroe, [megan.wroe@stjoe.org](mailto:megan.wroe@stjoe.org), [providence.org/st-jude-medical-center/outpatient-rehabilitation](http://providence.org/st-jude-medical-center/outpatient-rehabilitation)

## Colorado

Dance for Parkinson's/In-Motion, Third Law Dance/Theater, Boulder, CO

Contact: Katie Elliot, [development@3rdlaw.org](mailto:development@3rdlaw.org), [3rdlaw.org](http://3rdlaw.org)

Parkinson's Pointe Exercise Class Expansion Including Intergenerational Programming, Parkinsons Community Center, Littleton, CO

Contact: Meredith Lo, [meredith@Parkinsonspointe.org](mailto:meredith@Parkinsonspointe.org), [parkinsonspointe.org](http://parkinsonspointe.org)

## Connecticut

Parkinson's Body and Mind Exercise and Wellness Program, Parkinson's Body and Mind, Greenwich, CT

Contact: Elaine Grant, [elainegrant@parkinsonsbodyandmind.org](mailto:elainegrant@parkinsonsbodyandmind.org), [parkinsonsbodyandmind.org](http://parkinsonsbodyandmind.org)

\* Finding Purpose with Parkinson's Disease, Hartford HealthCare Ayer Neuroscience Institute's Chase Family Movement Disorders Center, Vernon, CT

Contact: Ivona Golas, [ivona.golas@hhchealth.org](mailto:ivona.golas@hhchealth.org), [hartfordhealthcare.org](http://hartfordhealthcare.org)

## District of Columbia

NBCI Empowering the African American over Parkinson Disease, The District of Columbia Black Church Initiative Inc, Washington, DC

Contact: Rev. Anthony Evans, [dcbci2002@gmail.com](mailto:dcbci2002@gmail.com), [naltblackchurch.com](http://naltblackchurch.com)

Rock Steady Boxing, Young Men's Christian Association of Metropolitan Washington, Washington, DC

Contact: Tessa Mork, [tessa.mork@ymcadc.org](mailto:tessa.mork@ymcadc.org), [ymcadc.org](http://ymcadc.org)

## Florida

The A.C.E. Program for Parkinson's Disease, University of North Florida, Jacksonville, FL

Contact: Chitra Balasubramanian, [c.k-balasubramanian@unf.edu](mailto:c.k-balasubramanian@unf.edu), [unf.edu](http://unf.edu)

Parkinson's Awareness through Fitness: A Movement & Education Journey for Adult Seniors and Care Partners, Firebush, North Palm Beach, FL

Contact: Gloria Harris, [freefitness@firebush.org](mailto:freefitness@firebush.org), [firebush.org](http://firebush.org)

HOPE (Helping Overcome Parkinson's Early-Onset) Project, In this Corner, Inc., Edgewater, FL

Contact: Victoria Hill, [victoria.inthiscorner@gmail.com](mailto:victoria.inthiscorner@gmail.com), [inthiscorner.org](http://inthiscorner.org)

Rock Climbing for PD, Neuroscience Centers of Florida Foundation, Inc. d/b/a Brain Center, Miami, FL

Contact: Carolina Hoires, [choires@braincenter.org](mailto:choires@braincenter.org), [braincenter.org](http://braincenter.org)

YMCA Parkinson's Disease Management Program, YMCA of South Palm Beach County, Inc., Boca Raton, FL

Contact: Robin Nierman, [rnierman@ymcaspbcc.org](mailto:rnierman@ymcaspbcc.org), [ymcaspbcc.org](http://ymcaspbcc.org)

Transformando PD Juntos: Cultivando Fuerza, Conocimiento y Apoyo en Nuestra Comunidad Hispana (Transforming PD Together: Cultivating Strength, Knowledge, and Support in Our Hispanic Community), Advanced Neurotherapeutics, PLLC dba Neurology One, Orlando, FL

Contact: Ramon Rodriguez, [rodriguez@neurologyone.com](mailto:rodriguez@neurologyone.com), [neurologyone.com](http://neurologyone.com)

## Georgia

Savannah Songbirds, Georgia Southern University Rsch & Svc Fd Inc, Statesboro, GA

Contact: Tory Candea, [tcandea@georgiasouthern.edu](mailto:tcandea@georgiasouthern.edu), [georgiasouthern.edu/chp/clinical/ritecare-center-for-communication-disorders/](http://georgiasouthern.edu/chp/clinical/ritecare-center-for-communication-disorders/)

Sole to SOUL-a movement program promoting exercise for Black families dealing with Parkinson's, Savannah Parkinson's Support Group, Savannah, GA

Contact: Sheryl Cohen, [turtle2lifter@aol.com](mailto:turtle2lifter@aol.com), [getexcitedandmove.org](http://getexcitedandmove.org)

Expanding Awareness and Parkinson's Group Exercise Offerings, YMCA of Metro Atlanta, Atlanta, GA

Contact: Marey Wagner, [MareyW@ymcaatlanta.org](mailto:MareyW@ymcaatlanta.org), [ymcaatlanta.org](http://ymcaatlanta.org)

## Hawaii

SPEAK OUT! Therapy Program for Individuals with Parkinson's Disease in Hawaii, Hawaii  
Parkinson Association, Inc, Honolulu, HI

Contact: Theresa Kennedy, [terry@mobiledss.com](mailto:terry@mobiledss.com), [parkinsonshawaii.org](http://parkinsonshawaii.org)

**\*\*Hula for Parkinson's Disease, The Queen's Medical Center, Honolulu, HI**

Contact: Michiko Bruno, [queens.org](http://queens.org)

## Iowa

Take Control of Parkinson's, Don't Let Parkinson's Take Control of You!, Sioux Center Health,  
Sioux Center, IA

Contact: Brittney Moser, [Brittney.Moser@siouxcenterhealth.org](mailto:Brittney.Moser@siouxcenterhealth.org), [siouxcenterhealth.org](http://siouxcenterhealth.org)

## Illinois

\* Northwestern Medicine Central DuPage Hospital Exercise and Mental Wellness Series,  
Northwestern Memorial Foundation, Chicago, IL

Contact: Debra Crystal, [debra.crystal@nm.org](mailto:debra.crystal@nm.org), [nm.org/about-us/foundation](http://nm.org/about-us/foundation)

Designing and Delivering a Peer Support Program for Parkinson's Disease Patients and  
Caregivers, Rehabilitation Institute of Chicago dba Shirley Ryan AbilityLab, Chicago, IL

Contact: Miriam Rafferty, [mrafferty@srilab.org](mailto:mrafferty@srilab.org), [srilab.org](http://srilab.org)

FUERZA (Familias Unidas: Empoderando y Reforzando contra la Enfermedad de Parkinson),  
Chicago Hispanic Health Coalition, Chicago, IL

Contact: Esther Sciammarella, [chhc@chicagohispanichealthcoalition.org](mailto:chhc@chicagohispanichealthcoalition.org),  
[chicagohispanichealthcoalition.org](http://chicagohispanichealthcoalition.org)

## Indiana

Power-Up Parkinson's - A High Intensity Exercise Program & Support Group for Patients with  
Parkinson's, Renewal Physical Therapy & Neuro Rehabilitation, Greenwood, IN

Contact: Allison Bagwell, [renewalphysicaltherapy@gmail.com](mailto:renewalphysicaltherapy@gmail.com), [renewalneurorehab.com](http://renewalneurorehab.com)

**\*RSB at YMCA, YMCA of Steuben County, INC, Angola, IN**

Contact: Sarah Funkhouser, [Sfunkhouser@ymcasteuben.org](mailto:Sfunkhouser@ymcasteuben.org), [ymcasteuben.org](http://ymcasteuben.org)

Rock Steady Boxing - Reid Health, Reid Hospital and Health Care Services, Richmond, IN

Contact: Jessica Przybysz, [Jessica.Przybysz@ReidHealth.org](mailto:Jessica.Przybysz@ReidHealth.org), [reidhealth.org](http://reidhealth.org)

## Kansas

MindFlex: A cognitive impact program for people with Parkinson's disease, The Parkinson's  
Exercise and Wellness Center, Overland Park, KS

Contact: Blake Spanjer, [bspanjer@thepewc.org](mailto:bspanjer@thepewc.org), [thepewc.org](http://thepewc.org)

Club Parkinson's EmpowerFit, Club Parkinson's of Kansas, INC, Wichita, KS

Contact: Connie Urbanek, [info@clubparkinsons.org](mailto:info@clubparkinsons.org), [clubparkinsons.org](http://clubparkinsons.org)

## Louisiana

Walking & Talking & Flourishing: Optimizing Well-Being In Persons with Parkinson's, Baylor University, New Orleans, LA

Contact: Barbara Doucet, [barbara\\_doucet@baylor.edu](mailto:barbara_doucet@baylor.edu), [baylor.edu](http://baylor.edu)

Improve mental health and the quality of life for individuals living with Parkinson's Disease (PD), The Mission For Movement, Greenwell Springs, LA

Contact: Taylor Gauss, [tgauss1@lsu.edu](mailto:tgauss1@lsu.edu), [themissionformovement.org](http://themissionformovement.org)

Providing Inclusive Care Partner Support through the Parkinson Resource Center, Louisiana Tech University, Ruston, LA

Contact: Donna Hood, [dhood@latech.edu](mailto:dhood@latech.edu), [latech.edu](http://latech.edu)

## Massachusetts

Empower PD: A Multifaceted Wellness Initiative, Rehab Health 360 LLC, Acton, MA

Contact: Naseem Chatiwala, [naseem@rehabhealth360.com](mailto:naseem@rehabhealth360.com), [rehabhealth360.com](http://rehabhealth360.com)

Revitalizing the Parkinson's Program at the Attleboro Norton YMCA, Attleboro Young Men's Christian Association, Attleboro, MA

Contact: Leigh Fontes, [lfontes@attleboroymca.org](mailto:lfontes@attleboroymca.org), [attleboroymca.org](http://attleboroymca.org)

Northeastern SPEAK OUT! Therapy Program, Northeastern University, Boston, MA

Contact: Elizabeth Martin, [e.martin@northeastern.edu](mailto:e.martin@northeastern.edu), [northeastern.edu/speech-language-and-hearing-center/speak-out/](http://northeastern.edu/speech-language-and-hearing-center/speak-out/)

## Maryland

Pedaling for Parkinson's at the Y, YMCA of Central Maryland, Inc., Baltimore, MD

Contact: Rebecca Anzueto Estrada, [grantsmanagement@ymaryland.org](mailto:grantsmanagement@ymaryland.org), [ymaryland.org](http://ymaryland.org)

Mindful Connections, American Diversity Group, Germantown, MD

Contact: Mayur Mody, [mayur.mody@americandiversitygroup.org](mailto:mayur.mody@americandiversitygroup.org), [americandiversitygroup.org](http://americandiversitygroup.org)

Empowering Lives: Parkinson's Programming at the YMCA, YMCA of the Chesapeake, Easton, MD

Contact: Rachel White, [rwhite@ymcachesapeake.org](mailto:rwhite@ymcachesapeake.org), [ymcachesapeake.org](http://ymcachesapeake.org)

## Michigan

Rock Steady at the Macomb Family YMCA, YMCA of Metropolitan Detroit, Detroit, MI

Contact: Susan Walters-Klenke, [sklenke@ymcadetroit.org](mailto:sklenke@ymcadetroit.org), [ymcadetroit.org](http://ymcadetroit.org)

Supportive Alliance for Brain Education and Research (SABER): Parkinson's disease among Spanish Speaking Communities, Michigan State University, East Lansing, MI  
Contact: Irving Vega, [vegaie@msu.edu](mailto:vegaie@msu.edu)

## Minnesota

SomaYoga: A therapeutic approach for individuals with Parkinson's Disease, Yoga North LLC, Duluth, MN  
Contact: Robin Davidson, [robinedavidson91@gmail.com](mailto:robinedavidson91@gmail.com), [yoganorthduluth.com](http://yoganorthduluth.com)

Parkinson's Disease Support Group and LOUD for LIFE®, Reeves Dementia Care and Consulting, LLC, Montevideo, MN  
Contact: Gretchen Reeves, [contact@reevesdementiacare.com](mailto:contact@reevesdementiacare.com), [reevesdementiacare.com](http://reevesdementiacare.com)

## Missouri

Yoga for PD, Parkinson's Group of the Ozarks, Springfield, MO  
Contact: Cassi Locke, [cassi@parkinsonsgroup.org](mailto:cassi@parkinsonsgroup.org), [parkinsonsgroup.org](http://parkinsonsgroup.org)

## Montana

Rock Steady Boxing (RSB) at the Gallatin Valley YMCA (GVYMCA), Gallatin Valley YMCA, Inc, Bozeman, MT  
Contact: April Moore, [grants@gallatinvalleyymca.org](mailto:grants@gallatinvalleyymca.org), [gallatinvalleyymca.org](http://gallatinvalleyymca.org)

## Nebraska

Dance for Parkinson's, Ruth Davidson Hahn and Company, Lincoln, NE  
Contact: Ruth Davidson Hahn, [ruth@rdhdance.org](mailto:ruth@rdhdance.org), [rdhdance.org](http://rdhdance.org)

Creating Connections to Live Well with PD, PDWELL, Waterloo, NE  
Contact: Cheri Prince, [cprince@heartlandneurological.com](mailto:cprince@heartlandneurological.com), [heartlandneurological.com](http://heartlandneurological.com)

## Nevada

\*Play Dates for Parkinsons, Parkinson's Place Las Vegas, Henderson, NV  
Contact: Debbie Hofhines, [dhofhines@gmail.com](mailto:dhofhines@gmail.com), [parkinsonsplacelv.org](http://parkinsonsplacelv.org)

Neurosensory Activation Program (NAP), Rock Steady Boxing-Green Valley, Henderson, NV  
Contact: Rebecca Montijo, [montijo88@gmail.com](mailto:montijo88@gmail.com)

## New Jersey

YMCA of Montclair Parkinson's Exercise Program, Young Mens Christian Association of Montclair, Montclair, NJ  
Contact: Anneke Demarest, [bwainaina@montclairymca.org](mailto:bwainaina@montclairymca.org), [montclairymca.org](http://montclairymca.org)

Parkinson's Prevention and Support, Young Mens Christian Association of Ridgewood NJ, Ridgewood, NJ

Contact: Richa Koirala, [rkoirala@ridgewoodymca.org](mailto:rkoirala@ridgewoodymca.org), [ridgewoodymca.org](http://ridgewoodymca.org)

Weekly Steps to Wellness, Jewish Federation of Southern New Jersey, Chery Hill, NJ

Contact: Ilana Weiss, [iweiss@jfedsnj.org](mailto:iweiss@jfedsnj.org), [katzjcc.org/fitness/wellness/parkinsons](http://katzjcc.org/fitness/wellness/parkinsons)

## New Mexico

Wellness: Widening Our Reach, The Memory Care Alliance, Santa Fe, NM

Contact: Frances Salles, [development@thememorycarealliance.org](mailto:development@thememorycarealliance.org), [thememorycarealliance.org](http://thememorycarealliance.org)

## New York

Moving Brains Ahead 2025, Moving Brains Foundation, New York, NY

Contact: Jose Cabassa, [movingbrainsneuro@gmail.com](mailto:movingbrainsneuro@gmail.com)

\*Treating the whole person with the whole team: an inter-professional continuum of care approach for people living with Parkinson's disease, Stony Brook Southampton Hospital, Southampton, NY

Contact: Sarah Cohen, [sarah.cohen@stonybrookmedicine.edu](mailto:sarah.cohen@stonybrookmedicine.edu), [southampton.stonybrookmedicine.edu](http://southampton.stonybrookmedicine.edu)

Enhancing Opportunities for People with PD, Sephardic Community Youth Center, Brooklyn, NY

Contact: Linda Eber, [Linda@scclive.org](mailto:Linda@scclive.org), [scclive.org](http://scclive.org)

\*\*Connecting through Pickleball: A Pickleball Program for Persons Living with and Caring for Persons with Parkinson's Disease and Related Disorders, University of Rochester, Rochester, NY

Contact: Andrew Huang, [urmc.rochester.edu/conditions-and-treatments/parkinsons-disease](http://urmc.rochester.edu/conditions-and-treatments/parkinsons-disease)

Parkinson's Disease Fitness Programming at Adirondack Health, Adirondack Medical Center, Saranac Lake, NY

Contact: Emily Moulton, [emoulton@adirondackhealth.org](mailto:emoulton@adirondackhealth.org), [adirondackhealth.org](http://adirondackhealth.org)

Navigating Communication, Social Connectedness and Mental Health for Hispanic/Latiné Individuals with PD and their Care Partners through Culturally Responsive Support Groups, Teachers College, Columbia University, New York, NY

Contact: Gemma Moya-Gale, [gm2446@tc.columbia.edu](mailto:gm2446@tc.columbia.edu), [tc.columbia.edu](http://tc.columbia.edu)

Art Moves Me: Parkinson's Program at Burchfield Penney Art Center 2025-2026, Burchfield Penney Art Center, Buffalo, NY

Contact: Cynthia Pegado, [cypegado@gmail.com](mailto:cypegado@gmail.com), [burchfieldpenney.org](http://burchfieldpenney.org)

## North Carolina

MY CARE: A Music Therapy & Yoga program for Caregivers of Adults with Parkinson's



Disease in Rural Eastern North Carolina, East Carolina University, Greenville, NC  
Contact: Bhibha Das, [dasb@ecu.edu](mailto:dasb@ecu.edu), [ecu.edu](http://ecu.edu)

Brunswick County Wellness Center - Parkinson's Fitness Programs & Expansion, Brunswick County Wellness Center, Southport, NC  
Contact: Christy Gillenwater, [clgfit@gmail.com](mailto:clgfit@gmail.com), [brunscowellnessnc.org](http://brunscowellnessnc.org)

\*\*Creative Connections: Arts & Wellness for Parkinson's, The University of North Carolina at Chapel Hill, Chapel Hill, NC  
Contact: Maggie Ivancic, [med.unc.edu/neurology/movement-disorders/movement-disorders-patients/npfcoe/](http://med.unc.edu/neurology/movement-disorders/movement-disorders-patients/npfcoe/)

Yoga Tools for Parkinson Caregivers, Warriors of Strength, Charlotte, NC  
Contact: Aminta St Onge, [aminta@yogavibez.com](mailto:aminta@yogavibez.com), [warriorsofstrength.org](http://warriorsofstrength.org)

## Ohio

Englewood Parkinson's Wellness Program, Miami Valley Hospital Foundation, Dayton, OH  
Contact: James Christoffel, [jrchristof@premierhealth.com](mailto:jrchristof@premierhealth.com), [mvhfoundation.org](http://mvhfoundation.org)

Evidence-based Recreational Music Making for Improved Health in People with Parkinson's and Caregivers, Cincinnati Music & Wellness Coalition, Cincinnati, OH  
Contact: Arlene de Silva, [arlene@musicandwellness.net](mailto:arlene@musicandwellness.net), [musicandwellness.net](http://musicandwellness.net)

Dance for Parkinson's, Playhouse Square Foundation, Cleveland, OH  
Contract: Cheryl Helden, [cheryl.helden@playhousesquare.org](mailto:cheryl.helden@playhousesquare.org), [playhousesquare.org](http://playhousesquare.org)

YMCA Rock Steady Boxing Program, YMCA of Sandusky County, Fremont, OH  
Contact: Jeremiah Wagner, [jwagner@ymcafremont.org](mailto:jwagner@ymcafremont.org), [ymcafremont.org](http://ymcafremont.org)

## Oklahoma

\* Stillwater CANe (Communication, Arts, Nutrition, Exercise) Program, Oklahoma State University, Stillwater, OK  
Contact: Sabiha Parveen, [sabiha.parveen@okstate.edu](mailto:sabiha.parveen@okstate.edu), [okstate.edu](http://okstate.edu)

Parkinson's Pool and Land Exercise by BodyWorx Physical Therapy held at the Community Health Recreation and Wellness Center, Bodyworx Physical Therapy, PLLC, Oklahoma City, OK  
Contact: Seleena Smith, [seleena.smith@bodyworxpt.com](mailto:seleena.smith@bodyworxpt.com), [bodyworxpt.com](http://bodyworxpt.com)

## Oregon

Empowering Health for People with Parkinson's, Destination Rehab, Bend, OR  
Contact: Carol Ann Nelson, [stephanie@destinationrehab.org](mailto:stephanie@destinationrehab.org), [destinationrehab.org](http://destinationrehab.org)



## Pennsylvania

\*Drexel University: Parkinson's Disease Community Exercise Classes, Drexel University, Philadelphia, PA

Contact: Robert Hand, [robert.c.hand@drexel.edu](mailto:robert.c.hand@drexel.edu), [drexel.edu/cnhp/DPT-Doctor-Physical-Therapy](http://drexel.edu/cnhp/DPT-Doctor-Physical-Therapy)

Small Group Fitness Training for people with Parkinson's Disease, Kaiserman Jewish Community Center, Wynnewood, PA

Contact: Michael Berton, [mberton@phillyjcc.com](mailto:mberton@phillyjcc.com), [phillyjcc.com](http://phillyjcc.com)

PHILLY POWER HOUR: MOVEMENT AND MIND To enhance the lives of those living with Parkinson's Disease, Philadelphia Post-Acute Partners, LLC, Philadelphia, PA

Contact: Joellyn Fox, [Joellyn.fox@pennmedicine.upenn.edu](mailto:Joellyn.fox@pennmedicine.upenn.edu), [pennrehab.org](http://pennrehab.org)

Stepping Forward: A Year of Holistic Programming for People with Parkinson's Disease, Messiah University, Mechanicsburg, PA

Contact: Krystal Robinson-Bert, [krobinsonbert@gmail.com](mailto:krobinsonbert@gmail.com), [fitness.messiah.edu/prep](http://fitness.messiah.edu/prep)

DATE NIGHT and INTIMACY: Reconnecting Parkinson's Couples, Anyone Can Dance, Philadelphia, PA

Contact: Judith Sachs, [judith.sachs@gmail.com](mailto:judith.sachs@gmail.com), [anyonecanmove.com](http://anyonecanmove.com)

## South Carolina

2025-2026 Day One Fitness Parkinson's Exercise Program, Fight To Win, Inc. dba Day One Fitness, Beech Island, SC

Contact: Tambra Wilkerson, [tambra@dayonefitness.org](mailto:tambra@dayonefitness.org), [dayonefitness.org](http://dayonefitness.org)

\*\*Pick It Up: Pickleball for Parkinson's, Medical University of South Carolina, Charleston, SC

Contact: Vanessa Hinson, [muschealth.org](http://muschealth.org)

## Tennessee

Optimum Hope! Wellness Program Expansion, Optimum Hope! Parkinson Recovery, Mt Juliet, TN

Contact: Beverly Bell, [optimumhope@gmail.com](mailto:optimumhope@gmail.com), [optimumhope.org/](http://optimumhope.org/)

YMCA Parkinson's Programs, Young Men's Christian Association of Metropolitan Chattanooga, Chattanooga, TN

Contact: Donna Van Natten, [donnavannatten@gmail.com](mailto:donnavannatten@gmail.com), [ymcachattanooga.org](http://ymcachattanooga.org)

## Texas

Shake Shack Social, Capital Area Parkinson's Society, Austin, TX

Contact: Christi Cornell, [christi@capitalareaparkinsons.org](mailto:christi@capitalareaparkinsons.org), [capitalareaparkinsons.org](http://capitalareaparkinsons.org)

\*Community Based Education for Houston's Hispanic Population With Information on Local

Resources, ProSalud, Inc., Houston, TX

Contact: Margaret Goetz, [mgoetz@prosaludhouston.org](mailto:mgoetz@prosaludhouston.org), [prosaludhouston.org](http://prosaludhouston.org)

The Student - Fighter Project: Integrating Research, Exercise, and Community Support for Parkinson's Disease, Texas A&M University, College Station, TX

Contact: Deanna Kennedy, [hpedmk@tamu.edu](mailto:hpedmk@tamu.edu), [tamu.edu](http://tamu.edu)

Power for Parkinson's en Español, Power for Parkinsons, Austin, TX

Contact: Nina Mosier, [nina.mosier@powerforparkinsons.org](mailto:nina.mosier@powerforparkinsons.org), [powerforparkinsons.org](http://powerforparkinsons.org)

## Utah

\*\*New PD Diagnosis Personal Consultations For People With PD And Their Families, The University of Utah, Salt Lake City, UT

Contact: Melissa Mauchley, [Melissa.Mauchley@hsc.utah.edu](mailto:Melissa.Mauchley@hsc.utah.edu), [medicine.utah.edu/neurology](http://medicine.utah.edu/neurology)

## Virginia

Up ENDing Parkinson's, Up ENDing Parkinson's, Marshall, VA

Contact: Molly Cupka, [molly@sportrock.com](mailto:molly@sportrock.com), [upendingparkinsons.com](http://upendingparkinsons.com)

\*PADRECC ParkImprov, Hunter Holmes McGuire VA Medical Center, Richmond, VA

Contact: Jessica Kaplan, [jessica.kaplan2@va.gov](mailto:jessica.kaplan2@va.gov), [parkinsons.va.gov/richmond/index.asp](http://parkinsons.va.gov/richmond/index.asp)

## Washington

Rock Steady Boxing (RSB) and PD Community Gatherings at Stroum Jewish Community Center (SJCC), Stroum Jewish Community Center, Mercer Island, WA

Contact: Michelle Becque, [michelleb@sjcc.org](mailto:michelleb@sjcc.org), [sjcc.org](http://sjcc.org)

\*PWR! of Movement Exercises Class and Support Group, Jefferson County Public Hospital District No. 2, Port Townsend, WA

Contact: Rebecca Steffens, [rsteffens@jeffersonhealthcare.org](mailto:rsteffens@jeffersonhealthcare.org), [jeffersonhealthcare.org](http://jeffersonhealthcare.org)

Beyond Medication - Parkinson Wellness Program, BEYONDREHAB, PLLC, Seattle, WA

Contact: Apurva Zavar, [apurva@beyondrehab.health](mailto:apurva@beyondrehab.health), [beyondrehab.health](http://beyondrehab.health)

## Wisconsin

Living Well with Parkinson's: Counseling & Connection, FastBack Physical Therapy, New Berlin, WI

Contact: Patrick Barron, [patrick@fastbackpt.com](mailto:patrick@fastbackpt.com), [FastBackPT.com](http://FastBackPT.com)

Brain Center of Green Bay Coaching Program, Brain Center of Green Bay, Inc., Green Bay, WI

Contact: Christine Vanden Hoogen, [chrisvandenhoogen@braincentergb.org](mailto:chrisvandenhoogen@braincentergb.org), [braincentergb.org](http://braincentergb.org)

# International

\*\*Thriving with Parkinson's In the Community, Governors of the University of Alberta,  
Edmonton, Alberta, Canada

Contact: Joyce Lee, [Joyce.Lee2@albertahealthservices.ca](mailto:Joyce.Lee2@albertahealthservices.ca), [ualberta.ca/neurology/movement-disorders/index.html](http://ualberta.ca/neurology/movement-disorders/index.html)