

2024 Recipients

Parkinson's Foundation community grants further the health, wellness and education of people with Parkinson's disease (PD) across the nation. In July 2024, the Foundation distributed more than \$1 million throughout 92 community-based grants that support local health, wellness and educational programs that address unmet needs across local PD communities.

* - Indicates a former Community Grantee that will continue their programming through the end of the year

** - Indicates a center that is part of the Parkinson's Foundation Global Care Network that will receive a 2024 Community Grant

Alabama

"Outside the Pill Box": Integrated, Interdisciplinary Allied Care, Huntsville Hospital Foundation, Inc., Huntsville, AL

Contact: Erin Edmundson, erin.edmundson@hhsys.org, huntsvillehospitalfoundation.org

UAB Arts in Medicine Creative Arts for Parkinson's, University of Alabama at Birmingham, Birmingham, AL

Contact: Savannah Derieux, sderieux@uab.edu, uab.edu

Arkansas

Empowering the Parkinson's Community through SHIFT.AR : Support, High-intensity Functional Training, and Recreation, Arkansas Colleges of Health Education, Fort Smith, AR

Contact: Reed Handlery, reed.handlery@acheedu.org, achehealth.edu

Arizona

Tucson JCC Parkinson's Wellness Program, Tucson Jewish Community Center, Tucson, AZ

Contact: Amy Dowe, adowe@tucsonjcc.org, tucsonjcc.org

California

Live Well with PD, NeuroLab 360 Rehabilitation and Wellness, Encinitas, CA

Contact: Jessie Agrimis, info@neurolab360.com, neurolab360.com

**Addressing Depression in Parkinson's Disease, The Regents of the University of California (University of California Davis), Davis, CA

Contact: Meera Bedi, msbedi@ucdavis.edu, health.ucdavis.edu/neurology

ODC's Dance for Parkinson's Course, ODC, San Francisco, CA

Contact: Zackary Forcum, zackary@odc.dance, odc.dance

Parkinson's Exercise Program Expansion 3.0, PARKINSON'S EXERCISE PROGRAM FOR YOU, Dana Point, CA

Contact: Kerry Keen, kerrykeen@pacbell.net, pep4u.org

San Francisco Ballet's Dance Class for People with Parkinson's, San Francisco Ballet Association, San Francisco, CA

Contact: Elizabeth Luu, eluu@sfballet.org, sfballet.org

Neuro-Wellness Antelope Valley PD Exercise & Support Program: To bring boxing and wellness programs to the underserved population of Palmdale & Lancaster, CA, Neuro-Wellness Alliance, Inc., Calabasas, CA

Contact: Jennifer Parkinson, neurowellnessalliance@gmail.com, neurowellnessalliance.org

YOPOP: A Comprehensive Young Onset Parkinson's Disease Program, Monterey Bay Power Over Parkinson's Inc., Monterey, CA

Contact: Cynthia Zoller, czs@cindyzsilver.com, poweroverparkinsons.org

Colorado

Ambiguous Grief Support for People with Parkinsons and their Care Partners, The Grief Center of Southwest Colorado, Durango, CO

Contact: Judy Austin, griefcenterswco@gmail.com, griefcenterswco.org

Connecticut

Yale Mind Body Empowerment Program, Yale University, New Haven, CT

Contact: Veronica Santini, veronica.santini@yale.edu, yalemedicine.org/departments/movement-disorders

** Finding Purpose with Parkinson's Disease, Hartford HealthCare Ayer Neuroscience Institute's Chase Family Movement Disorders Center, Vernon, CT

Contact: Ivona Golas, ivona.golas@hhchealth.org, hartfordhealthcare.org

District of Columbia

Pedaling for Parkinson's at the Y, Young Men's Christian Association of Metropolitan Washington, Washington, DC

Contact: Tessa Mork, tessa.mork@ymcadc.org, ymcadc.org

Florida

Knockout Parkinson's with Rock Steady Boxing, Tropical Park Boxing Foundation, Miami, FL

Contact: Steven Arintok, tropicalparkboxing@gmail.com, rocksteadyboxingmiami.com

Harmony in Motion- Holistic Yoga Therapy for Parkinson's Wellness, AUM Home Shala, Coral Gables, FL

Contact: Melinda Atkins, info@aumhomeshala.org, aumhomeshala.org

pdLIFE: Caring for Care Partners and Expanding Knowledge of Care Providers, Parkinson life Corporation, Tampa, FL

Contact: Meredith DeFranco, meredefranco119@gmail.com, parkinsonlife.org

Therapeutic Horticulture for Parkinson's Care Partners, University of Florida, Gainesville, FL

Contact: Elizabeth Diehl, leahdiehl@ufl.edu, wilmotgardens.med.ufl.edu

Parkinson Awareness & Exercise to Elderly Blacks in Orlando, FL, Firebush, North Palm Beach, FL

Contact: Gloria Harris, freefitness@firebush.org, firebush.org

PunchWorX, Rock Steady Boxing Program, PunchWorx, Inc, Lakeland, FL

Contact: Marty Hubbard, Punchworx.inc@gmail.com, Punchworx.org

Transformando PD Juntos: Cultivando Fuerza, Conocimiento y Apoyo en Nuestra Comunidad Hispana (Transforming PD Together: Cultivating Strength, Knowledge, and Support in Our Hispanic Community), Advanced Neurotherapeutics, PLLC dba Neurology One, Orlando, FL

Contact: Ramon Rodriguez, rodriguez@neurologyone.com, neurologyone.com

2024 Rock Steady Boxing, YMCA of Collier County, Marco Island, FL

Contact: Lorena Ibarra, grants@ymcacollier.org, ymcacollier.org

Georgia

Exercise and Education for Persons with Parkinson's and Care Partners, True Beginning Wellness Inc, Jasper, GA

Contact: Katy Baker, kbaker@elijay.com, truebeginning.life

Sole to SOUL-a walking program promoting exercise for Black families dealing with Parkinson's through Faith based networking, Savannah Parkinson's Support Group, Savannah, GA

Contact: Sheryl Cohen, turtle2lifter@aol.com, savannahparkinsonssupport.com

Care for the Caregiver- Give-Me-A-Break, Center for Movement Challenges, Sandy Springs, GA

Contact: Thomas Jeffrey, denise@centerformovementchallenges.org, centerformovementchallenges.org

Punching Out Parkinson's, Neu-Level Therapy and Wellness, LLC, Tyrone, GA

Contact: Paulette Lewis, plewis@neuleveltandw.com, neuleveltandw.com

Movement is Medicine - Adaptive Exercise Program for Glynn County, Georgia, JAX HOPE INC, Glynn County, GA

Contact: Gregg Hummer, support@jaxhopeinc.org, JaxHopelnc.org

Individual Sessions for Underserved Communities, Perfect Harmony Health, Roswell, GA

Contact: Hannah Rhinehart, hannahr@thegeorgecenter.com, perfectharmonyhealth.com

Hawaii

Harmonica and Parkinsons Speech study and program development, Hawaii Parkinson Association, Inc, Honolulu, HI

Contact: Kevin Lockette, kevin@parkinsonshawaii.org, parkinsonshawaii.org

*Music Therapy for Mental Health: A Community Collaborative Program for People with Parkinson's and Their Care Partners, Sounding Joy Music Therapy, Inc., Honolulu, HI

Contact: Maria (Nina) Guerrero, sounding@soundingjoymt.org, soundingjoymt.org

*PD Power Up: A Parkinson's Disease Pain Management Program, BEYONDREHAB, PLLC, Honolulu, HI

Contact: Apurva Zavar, apurva@beyondrehab.health, beyondrehab.health

Idaho

Treasure Valley Family YMCA - Healthy Living Center, Treasure Valley Family YMCA, Boise, ID

Contact: Carrie Magnuson, grants@ymcatvidaho.org, ymcatvidaho.org

Iowa

PF Grant Application 2024, Cedar Rapids Metro Parkinson's Association, Cedar Rapids, IA

Contact: Kris Cameron, kriscameron@crmetroparkinsons.com, crmetroparkinsons.com

Support for those living with Parkinson's Disease and their caregivers, YMCA of Forest City Iowa, Forest City, IA

Contact: Cindy Rosa, crosa@forestcityymca.org, forestcityymca.org

Illinois

** Northwestern Medicine Central DuPage Hospital Exercise and Mental Wellness Series, Northwestern Memorial Foundation, Chicago, IL

Contact: Debra Crystal, debra.crystal@nm.org, nm.org/about-us/foundation

** A social and brain health support program for people living with Parkinson's disease, Rush University Medical Center, Chicago, IL

Contact: David Gonzalez, david_a_gonzalez@rush.edu, rush.edu

Indiana

Rock Steady Boxing and Indiana Alliance of YMCAs Program Expansion, Rock Steady Boxing Inc., Indianapolis, IN

Contact: Ryan Cotton, rcotton@rocksteadyboxing.org, rocksteadyboxing.org

RSB at YMCA, YMCA of Steuben County, INC, Angola, IN

Contact: Sarah Funkhouser, Sfunkhouser@ymcasteuben.org, ymcasteuben.org

Rock Steady Boxing - Reid Health, Reid Hospital and Health Care Services, Richmond, IN

Contact: Jessica Przybysz, Jessica.Przybysz@ReidHealth.org, reidhealth.org

Kansas

Mind, Body, and Spirit for Parkinson's, The Jewish Community Center of Greater Kansas City, Overland Park, KS

Contact: Dawn Aronoff, dawna@thejkc.org, thejkc.org

EmpowerFit, Club Parkinson's of Kansas, INC, Wichita, KS

Contact: Connie Urbanek, info@clubparkinsons.org, clubparkinsons.org

*Movement Improvement: Motor & Non-Motor Movement Program, Turning Point; The Center for Hope, Leawood, KS

Contact: Jill VonFange, jvonfange@kumc.edu, turningpointkc.org

Kentucky

Fight Back with Fitness (Adaptive High Intensity Parkinson's Fitness Class), National Parkinsons Institute, Louisville, KY

Contact: Eric Richardson, Admin@nationalparkinsonsinstitute.com, nationalparkinsonsinstitute.com

Support Services and Programming for Care Partners, Lexington Area Parkinson Disease Support Group, Inc, Lexington, KY

Contact: Laura Soldato, laura@parkinsonslexington.com, bgparkinsons.org

Louisiana

Movement Matters and Support Network, The Young Men's Christian Association of the Capital Area, Baton Rouge, LA

Contact: Stacey Howell, showell@ymcabr.org, ymcabr.org

Virtual Tai Chi Program for People with Mild to Moderate Parkinson Disease and Their Caregivers in Community with Diversity, Louisiana State University Health Sciences Center- New Orleans, New Orleans, LA

Contact: Hao Liu, hliu3@lsuhsc.edu, lsuhsc.edu

Massachusetts

Walk and Learn for Parkinsons wellness program: A Journey to Improved Health and Community Connection, Rehab Health 360 LLC, Acton, MA

Contact: Naseem Chatiwala, naseem@rehabhealth360.com, rehabhealth360.com

Parkinson's Fitness (SCORE Power Training For Parkinson's), SCORE Power Training for Parkinson's Fitness, Salem, MA

Contact: Linda Hall, parkinsonsfitness@gmail.com, parkinsonsfitness.org

** In Our Own Words: Creating Connections through Narrative Medicine, Beth Israel Deaconess Medical Center, Boston, MA

Contact: David Simon, dsimon1@bidmc.harvard.edu, bidmc.org/parkinsons-disease-and-movement-disorders-center

Maine

Counter Force: High Intensity Group Exercise, Education, and Wellness for those living with Parkinson's Disease and their care partners, Maine Strong Physical Therapy, PA (d.b.a Maine Strong Balance Center), South Portland, ME

Contact: Bethany Althaus, info@mainestrongbalancecenter.com, mainestrongbalancecenter.com

Maryland

Rock Steady Boxing at the Y, YMCA of Central Maryland, Inc., Baltimore, MD

Contact: Rebecca Anzuetto Estrada, grantsmanagement@ymaryland.org, ymaryland.org

Minnesota

Powerful Bodies, Minds, and Voices - A Whole-Person Parkinson's Community Group Fitness Program, Allina Health Foundation, Minneapolis, MN

Contact: Rose Adams, rose.adams@allina.com, account.allinahealth.org

Get Partnering with Parkinson's, City of Eden Prairie, Eden Prairie, MN

Contact: Megan Munoz, mmunoz@edenprairie.org, edenprairie.org

Mississippi

Methodist Rehabilitation Center Parkinson's Community Wellness Program, Methodist Rehabilitation Center, Jackson, MS

Contact: Lisa Indest, LIndest@mmcrehab.org, methodistonline.org

Missouri

Yoga for PD, Parkinson's Group of the Ozarks, Springfield, MO

Contact: Cassi Locke, cassi@parkinsonsgroup.org, www.parkinsonsgroup.org

*Exercise Programs for Individuals with Parkinson's Disease, Paraquad, Inc., St Louis, MO

Contact: Wendi Neckameyer, wneckameyer@paraquad.org, paraquad.org

Montana

Summit for Parkinson's Travelling Health and Wellness Workshops, Summit for Parkinson's, Missoula, MT

Contact: Hadley Ferguson, info@summitforparkinsons.org, summitforparkinsons.org

Nevada

Play Dates for Parkinsons, Parkinson's Place Las Vegas, Henderson, NV

Contact: Debbie Hofhines, dhofhines@gmail.com, parkinsonsplacelv.org

New Jersey

*Rutgers Dance and Parkinson's Program, Rutgers, The State University of New Jersey, Piscataway, NJ

Contact: Jeff Friedman, jfdance@mgsa.rutgers.edu, masongross.rutgers.edu/dance/parkinsons

*Randolph YMCA's Fight Back Against Parkinson's Disease Program, Randolph YMCA, Randolph, NJ

Contact: Ann Marie Peterson, annmarie@randolphymca.org, randolphymca.org

The Importance of Body Movement in Parkinson's Disease, HMH Hospitals Corporation, Edison, NJ

Contact: Deborah Smith, deborah.smith@hmn.org, hackensackmeridianhealth.org

Virtual Hub @ PC, Jewish Federation of Southern New Jersey, Chery Hill, NJ

Contact: Ilana Weiss, iweiss@jfedsnj.org, katzjcc.org/fitness/wellness/parkinsons

New Mexico

Pickleball Is Perfect 4 People With Parkinsons, New Mexico Arizona Pickleball Association, Albuquerque, NM

Contact: Larry Lite, info@nmapickleball.org, nmapickleball.com

Working Together with Wellbeing, The Memory Care Alliance, Santa Fe, NM

Contact: Frances Salles, development@thememorycarealliance.org, thememorycarealliance.org

New York

Dance for PD – Sustaining and Expanding Our Reach, Disalced, Inc., dba Mark Morris Dance Group, Brooklyn, NY

Contact: Haley Mason Andres, haley.m.andres@mmdg.org, danceforparkinsons.org

Treating the whole person with the whole team: an inter-professional continuum of care approach for people living with Parkinson's disease, Stony Brook Southampton Hospital, Southampton, NY

Contact: Sarah Cohen, sarah.cohen@stonybrookmedicine.edu, southampton.stonybrookmedicine.edu

Rock Steady Boxing Program, The Jewish Community Center of Greater Buffalo, Inc., Getzville, NY

Contact: Veronica Fabrizio, vfabrizio@jccbuffalo.org, jccbuffalo.org

Shakespeare For Parkinson's, Overtime Dance Foundation, Inc., New York, NY

Contact: Nick Filippini, nfilippini1994@gmail.com, shakespearepd.com

Art Moves Me: Parkinson's Program at Burchfield Penney Art Center, Burchfield Penney Art Center, Buffalo, NY

Contact: Cynthia Pegado, cypegado@gmail.com, burchfieldpenney.org

Increasing Utilization of Cognitive Behavioral Therapy for Insomnia (CBT-I) in a Group Setting with an App-based and Instructor-led Course, Weill Medical College of Cornell University, New York, NY

Contact: Harini Sarva, has9059@med.cornell.edu, weillcornell.org/services/neurology

Wellness & Exercise for Parkinson's Disease at Hofstra University (WE-PD at HU), Hofstra University, Hempstead, NY

Contact: Rebecca States, Rebecca.States@Hofstra.edu, hofstra.edu

North Carolina

2024 BCWC Parkinson's Exercise Programs, Brunswick County Wellness Center, Southport, NC

Contact: Sara Fox, sara0318@live.com, brunscowellnessnc.org

Charlotte area mind and body classes for persons with Parkinson's Disease, Back to Independence Rehab, Charlotte, NC

Contact: Darci Pernoud, darci@btirehab.com, backtoindependencerehab.com

Pirates "POWER" over Parkinson's: A PWR!Moves® Exercise Class in Eastern North Carolina, East Carolina University, Greenville, NC

Contact: Lauren Turbeville, turbeville120@ecu.edu, ecu.edu

North Dakota

YMCA 360 Virtual Parkinson's Programming, Minot Family YMCA, Minot, ND

Contact: Russell Gust, rgust@ymcaminot.org, ymcaminot.org

Ohio

Premier Health Parkinson's Wellness Program (Englewood), Miami Valley Hospital Foundation, Dayton, OH

Contact: James Christoffel, jchristof@premierhealth.com, mvhfoundation.org

Movement Improvement (Parkinson's Exercise) & SMARTfit, Young Men's Christian Association of Greater Toledo, Sylvania, OH

Contact: Bethany Deakins, bdeakins@ymcatoledo.org, ymcatoledo.org

Grand Lake Rehab Parkinson's Exercise and Support Group, JTD Hospital Foundation, St Marys, OH

Contact: Julie Jacobs, jujacobs@jtdmh.org, grandlakehealth.org

Parkinson's Fit Club, Kettering Medical Center, Kettering, OH

Contact: Tyler McLean, Tyler.McLean@Ketteringhealth.org, ketteringhealth.org

Rock it Out, Rock It Out Inc, Lakewood, OH

Contact: Maria Pujolas, maria@rockitout.org, rockitout.org

Oklahoma

Stillwater CANe Project (Communication, Arts, Nutrition, and Exercise) for People with Parkinson Disease and Their Families, Oklahoma State University, Stillwater, OK

Contact: Sabiha Parveen, sabiha.parveen@okstate.edu, okstate.edu

Pennsylvania

Drexel University: Parkinson's Disease Community Exercise Classes, Drexel University, Philadelphia, PA

Contact: Robert Hand, robert.c.hand@drexel.edu, drexel.edu/cnhp/DPT-Doctor-Physical-Therapy

Adapted Tango Pilot Program, Tango Therapy Project, Philadelphia, PA

Contact: Carolyn Merritt, tangotherapyproject@gmail.com, tangotherapyproject.org

Drumfit for Parkinsons, MRS Physical Therapy LP, Bridgewater, PA

Contact: Dale Reckless, h.bender@mrsphysicaltherapy.com, mrsphysicaltherapy.com

Keep Moving! Parkinson's Dance and Exercise Program at the Jewish Community Alliance of Northeastern Pennsylvania, Jewish Community Alliance of Northeastern Pennsylvania, Kingston, PA

Contact: Brandon Heffelfinger, b.heffelfinger@nepajca.org, friedmanjcc.org

South Carolina

2024 Day One Fitness Parkinson's Exercise Program, Fight To Win, Inc. dba Day One Fitness, Beech Island, SC

Contact: Danielle Williams, danielle@dayonefitness.org, dayonefitness.org

Tennessee

Optimum Hope! Wellness Program, Optimum Hope! Parkinson Recovery, Mt Juliet, TN

Contact: Beverly Bell, optimumhope@gmail.com, optimumhope.org

Exercise Is Medicine, Again+More, 901 Parkinson's Fighters, Memphis, TN

Contact: Pat Canale, pscanale46@gmail.com, 901parkinsonsfighters.com

Painting with Parkinson's, Dixon Gallery and Gardens, Memphis, TN

Contact: Braden Hixson, bhixson@dixon.org, dixon.org

Texas

Shake Shack Social, Capital Area Parkinson's Society, Austin, TX

Contact: Christi Cornell, christi@capitalareaparkinsons.org, capitalareaparkinsons.org

Community Based Education for Houston's Hispanic Population With Information on Local Resources, ProSalud, Inc., Houston, TX

Contact: Margaret Goetz, mgoetz@prosaludhouston.org, prosaludhouston.org

Supreme PT Neurological Rehab Program, Supreme Physical Therapy and Wellness Rehabilitation Center LLC, Houston, TX

Contact: Erika Jackson, info@supremeptw.com, supremeptw.com

*Expanding Move. Laugh. Connect. to Inner City Dallas, Dallas Area Parkinsonism Society, Dallas, TX

Contact: Leisha Phipps, leisha@daps.org, daps.us

** Building a Health Coach Program for People with Parkinson's Disease, University of Texas Health Science Center at San Antonio (UT Health San Antonio), San Antonio, TX

Contact: Okeanis Vaou, vaou@uthscsa.edu,
som.uthscsa.edu/neurology/movement-disorders

Virginia

Up ENDing Parkinson's, Up ENDing Parkinson's, Marshall, VA

Contact: Molly Cupka, molly@sportrock.com, upendingparkinsons.com

Reducing Barriers for Healthy Aging: Parkinson's Yoga, Senior Center, Inc., Charlottesville, VA

Contact: Lynn Divers, lynn@thecentercville.org, thecentercville.org

PADRECC ParkImprov, Richmond Institute for Veterans Research - Hunter Holmes McGuire VA Medical Center, Richmond, VA

Contact: Jessica Kaplan, jessica.kaplan2@va.gov, parkinsons.va.gov/richmond/index.asp

Washington

PWR! of Movement Exercises Class and Support Group, Jefferson County Public Hospital District No. 2, Port Townsend, WA

Contact: Rebecca Steffens, rsteffens@jeffersonhealthcare.org, jeffersonhealthcare.org

Wisconsin

A Holistic Approach to Mental Health Within the Parkinson's Community, FastBack Physical Therapy, New Berlin, WI

Contact: Patrick Barron, patrick@fastbackpt.com, FastBackPT.com