

2023 Recipients

Parkinson's Foundation community grants further the health, wellness and education of people with Parkinson's disease (PD) across the nation. In July 2023, the Foundation distributed \$1 million throughout 71 community-based grants that support local health, wellness and educational programs that address unmet needs across local PD communities.

* - Indicates a former Community Grantee that will continue their programming through the end of the year

** - Indicates a center that is part of the Parkinson's Foundation Global Care Network that will receive a 2023 Community Grant

Alabama

UAB Arts in Medicine Creative Arts for Parkinson's, University of Alabama at Birmingham, Birmingham, AL

Contact: Savannah Derieux, <u>sderieux@uab.edu</u>, <u>uab.edu</u>

"Outside the Pill Box": Integrated, Interdisciplinary Allied Care, Huntsville Hospital Foundation, Inc., Huntsville, AL Contact: Erin Edmundson, erin.edmundson@hhsys.org, huntsvillehospitalfoundation.org

Fight the Fall! -- Fighting Back against Parkinson's with Rock Steady Boxing, Rock Steady Boxing Gulf Shores, Gulf Shores, AL Contact: Chris Wheeles, <u>chriswheelesla@yahoo.com</u>, <u>rocksteadyboxing.org</u>

Arkansas

*Beating Parkinson's Together, Washington Regional Medical Foundation, Fayetteville, AR Contact: Sara Eichmann, <u>seichmann@wregional.com</u>, <u>wregional.com/foundation</u>

Arizona

Banner Neuro Wellness (BNW) Center, Banner Health Foundation, Phoenix, AZ Contact: Loren Bouchard, <u>loren.bouchard@bannerhealth.com</u>, <u>bannerhealth.com</u>

*Tucson JCC Parkinson's Wellness Program, Tucson Jewish Community Center, Tucson, AZ Contact: Amy Dowe, <u>adowe@tucsonjcc.org</u>, <u>tucsonjcc.org</u>

California

PDFit at Paso Robles Physical Therapy, Paso Robles Physical Therapy/Lake Life Wellness Center, Paso Robles, CA Contact: Alyson Amenta, alysonphuber@gmail.com, pasoroblespt.com



*Precision Rehabilitation's Parkinson's Wellness Grant, Christy Malonzo Physical Therapist Inc. and Manjiri Dahdul Physical Therapist Inc., Long Beach, CA Contact: Manjiri Dahdul, <u>manjiridahdul@gmail.com</u>, <u>precisionrehabilitation.com</u>

Dancing Hearts, Healthy Minds, Rx Ballroom Dance, Ladera Ranch, CA Contact: Erin Drake, <u>info@rxballroomdance.com</u>, <u>rxballroomdance.com</u>

re+integrate, re+active physical therapy and wellness, Torrance, CA Contact: Julie Hersberg, <u>info@re-activept.com</u>, <u>reactivept.com</u>

Promotoras y Embajadoras de Parkinson - Parkinson's Promotors and Ambassadors 2023, Give for a Smile, Garden Grove, CA Contact: Adriana Jimenez, <u>ajimenez@giveforasmile.org</u>, <u>parkinson-gfas.org</u>

Dance for People With Parkinson's, San Francisco Ballet Association, San Francisco, CA Contact: Elizabeth Luu, <u>eluu@sfballet.org</u>, <u>sfballet.org</u>

Compassion Training for Caregivers and Creative Exercise Programming, Adaptive Physical Education, Redwood City, CA Contact: Barbara McCarthy, <u>info@adaptivepevmsc.org</u>, <u>adaptivepevmsc.org</u>

dNaga's Dance for PD®, Oakland 2023-24, dNaga, Oakland, CA Contact: Claudine Naganuma, <u>dNaganoodle@gmail.com</u>, <u>dNaga.org</u>

**It Takes a Village: Parkinson's Disease Educational Program for the San Francisco Bay Area Latinx and African American Communities, The Regents of the University of California, San Francisco, CA

Contact: Jill Ostrem, <u>Jill.Ostrem@ucsf.edu</u>, <u>movementdisorders.ucsf.edu</u> Sharp Grossmont Hospital: Group Exercise and Education Class for Newly Diagnosed People with Parkinson's, Grossmont Hospital Foundation, La Mesa, CA Contact: Kate Wayne, <u>kate.wayne@sharp.com</u>, <u>sharp.com/contact-us</u>

Colorado

Parkinson Association Exercise Classes and Metrics, Parkinson Association of the Rockies, Denver, CO Contact: Jodi Brown, jbrown@parkinsonrockies.org, parkinsonrockies.org

*Balance Up: Generations Connecting and Moving into Balance Together, Step and Connect, LLC, Denver, CO Contact: Erica DeMarch, erica@stepandconnect.com, stepandconnect.com

Parkinson's Exercise Program (PEP) at the YMCA of the Pikes Peak Region, Young Men's Christian Association of the Pikes Peak Region, Colorado Springs, CO Contact: Chris Sanders, <u>devoffice@ppymca.org</u>, <u>ppymca.org</u>



Connecticut

Parkinson's Body and Mind Exercise and Wellness Program, Parkinson's Body and Mind, Bridgeport, CT Contact: Elaine Grant, <u>elainegrant@parkinsonsbodyandmind.org</u>, <u>parkinsonsbodyandmind.org</u>

Florida

Yoga Therapy Symptom Support for Parkinson's, AUM Home Shala, Miami, FL Contact: Melinda Atkins, <u>info@aumhomeshala.org</u>, <u>aumhomeshala.org</u>

*The PD-MEET (Parkinson's Disease Movement Education and Exercise Therapy) program at University of North Florida, University of North Florida, Jacksonville, FL Contact: Chitra Balasubramanian, <u>c.k-balasubramanian@unf.edu</u>, <u>unf.edu</u>

pdLIFE: Expanding the Bay Area PD Network and Support, Parkinsonlife Corporation, Tampa, FL Contact: Meredith DeFranco, meredefranco119@gmail.com, parkinsonlife.org

Rock Steady Boxing at the MAR-JCC, Michael-Ann Russell Jewish Community Center, North Miami Beach, FL

Contact: Jennifer Enslein, <u>senslein@aol.com</u>, <u>marjcc.org</u>

YMCA of Collier County Rock Steady Boxing, YMCA of Collier County, Marco Island, FL Contact: Steve Lampar, <u>grants@marcoy.org</u>, <u>ymcacollier.org</u>

**Therapeutic Horticulture for Parkinson's Care Partners, University of Florida, Gainesville, FL Contact: Elizabeth Diehl, <u>leahdiehl@ufl.edu</u>, <u>wilmotgardens.med.ufl.edu</u>

Georgia

Parkinson's Virtual Programming, YMCA of Metro Atlanta, Atlanta, GA Contact: Whitney Amos, <u>whitneya@ymcaatlanta.org</u>, <u>ymcaatlanta.org</u>

Promoting Health Equity in Parkinson Care for Black Families through Faith-Based Partnerships, Emory University, Atlanta, GA Contact: Fayron Epps, <u>fepps@emory.edu</u>, <u>emory.edu</u>

Aloha Delay the Disease Exercise Program, Aloha to Aging, Inc, Marietta, GA Contact: Dawn Reed, <u>grant@alohatoaging.org</u>, <u>alohatoaging.org</u>

Community Conversations with Emory Parkinson's Disease Researchers, Emory University, Atlanta, GA Contact: Thomas Wichmann, <u>twichma@emory.edu</u>, <u>emory.edu</u>



Hawaii

Music Therapy for Mental Health: A Community Collaborative Program for People with Parkinson's and Their Care Partners, Sounding Joy Music Therapy, Inc., Honolulu, HI Contact: Maria (Nina) Guerrero, <u>sounding@soundingjoymt.org</u>, <u>soundingjoymt.org</u>

PD Power Up: A Parkinson's Disease Pain Management Program, BEYONDREHAB, PLLC, Honolulu, HI

Contact: Apurva Zawar, apurva@beyondrehab.health, beyondrehab.health, beyondrehab.health, beyondrehab.health, beyondrehab.health, beyondrehab.health, beyondrehab.health, beyondrehab.health)

Idaho

Treasure Valley Family YMCA - Healthy Living Center, Treasure Valley Family YMCA, Boise, ID Contact: Carrie Magnuson, <u>grants@ymcatvidaho.org</u>, <u>ymcatvidaho.org/</u>

lowa

Tele-Dyadic-Tai Chi program for people with mild to moderate Parkinson disease, Allen College, Waterloo, IA Contact: Hao Liu, howe.liu@unthsc.edu, allencollege.edu

Illinois

**Virtual Interactive Educational Series on Non-Motor Symptoms for Spanish-Speaking Parkinson's Disease Patients and Their Families, Rush University Medical Center, Chicago, IL Contact: Mitra Afshari, <u>mitra_afshari@rush.edu</u>, <u>rush.edu/services/parkinsons-disease-and-movement-disorders-care</u>

*PD Caregiver Boot Camp Series, Northwestern University Feinberg School of Medicine, Chicago, IL Contact: Danny Bega, danny.bega@nm.org, www.parkinsons.northwestern.edu

*Información para el Desarrollo Educativo y Apoyo Social en la comunidad afectada por Parkinson (IDEAS en español), Rehabilitation Institute of Chicago dba Shirley Ryan AbilityLab, Chicago, IL

Contact: Miriam Rafferty, <u>www.sralab.org</u>

Ottawa YMCA of Illinois Rock Steady Boxing, YMCA of Ottawa Illinois, Ottawa, IL Contact: Karen Szewczuk, <u>karenszewczuk@ottawaymca.org</u>, <u>ottawaymca.org</u>

Kansas

Movement for People with Parkinson's, The Jewish Community Center of Greater Kansas City, Overland Park, KS Contact: Dawn Aronoff, dawna@thejkc.org, www.thejkc.org



*Bringing Parkinson's Disease Resources & PD-Specific Exercise to Kansas City, KS, The Parkinson's Exercise and Wellness Center, Overland Park, KS Contact: Sarrisa Curry, <u>scurry@thepewc.org</u>, <u>www.thepewc.org</u>

*Lakeview Village Parkinsons Alliance, Lakeview Village Foundation, Lenexa, KS Contact: Jackie Halbin, jhalbin@lakeviewvillage.org, https://www.lakeviewvillage.org/

Movement Improvement: Motor & Non-Motor Movement Program, Turning Point; The Center for Hope, Leawood, KS Contact: Jill VonFange, <u>jvonfange@kumc.edu</u>, <u>turningpointkc.org</u>

Kentucky

Parkinson's Disease Wellness Retreat, Norton Healthcare Foundation Inc, Louisville, KY Contact: Susan Cohen, <u>Susan.Cohen@nortonhealthcare.org</u>, <u>NortonHealthcareFoundation.com</u>

Louisiana

Music & Movement with the Parkinson Resource Center at Louisiana Tech University, Louisiana Tech University, Ruston, LA Contact: Denise Pyles, <u>lpyles@latech.edu</u>, <u>ans.latech.edu/parkinsons-resource-center</u>

Loud for Life and Big for Life, Ochsner Clinic Foundation, New Orleans, LA Contact: Rachel Rayes, <u>rachael.rayes@ochsner.org</u>, <u>ochsner.org/ochsner-therapy-and-wellness</u>

Massachusetts

Introduction to Pole Walking for People with Parkinson's and Care Partners, Emerson Hospital, Concord, MA Contact: Jessica Gravel, jgravel@emersonhosp.org, emersonhospital.org

SCORE Power Training for Parkinson's Fitness, SCORE Power Training for Parkinson's Fitness, Salem, MA Contact: Linda Hall, parkinsonsfitness@gmail.com, parkinsonsfitness.org

** PD University: An Interactive Lecture Series on Health, Arts and Science, Beth Israel Deaconess Medical Center, Boston, MA

Contact: David Simon, <u>dsimon1@bidmc.harvard.edu</u>, <u>bidmc.org/parkinsons-disease-and-movement-disorders-center</u>

*Expansion of Parkinson's Program to Support Individuals, Families and Caregivers in the MetroWest Community, MetroWest Young Men's Christian Association, Inc., Framingham, MA

Contact: Amy Miller, amiller@metrowestymca.org, metrowestymca.org



Maryland

LSVT BIG for Life Program, Homecare Rehab and Nursing LLC, Frederick, MD Contact: Brandon Baker, <u>brandon.baker@bakerrehabgroup.com</u>, <u>bakerrehabgroup.com</u>

Parkinson's Fitness Program, Rally Against Parkinson's-Harford, Inc., Street, MD Contact: James Hampshire, <u>Jim@rallyagainstparkinsons.org</u>, <u>rallyagainstparkinsons.org</u>

Maine

Neuro Health Program for Parkinson's Participants and Their Care Partner, Bangor Young Mens Christian Association, Bangor, ME Contact: Lesley Lichko, <u>llichko@bangory.org</u>, <u>bangory.org</u>

Michigan

*Mindfulness for Mental Health in Parkinson's Disease, Spectrum Health System, Grand Rapids, MI Contact: Kelly McWilliams, <u>kelly.mcwilliams@spectrumhealth.org</u>, <u>spectrumhealth.org/foundation</u>

Minnesota

Get Living with Parkinson's, City of Eden Prairie, Eden Prairie, MN Contact: Megan Munoz, <u>mmunoz@edenprairie.org</u>, <u>edenprairie.org</u>

Missouri

Rockin' the Rhythm, Parkinson's Group of the Ozarks, Springfield, MO Contact: Cassi Locke, <u>cassi@parkinsonsgroup.org</u>, <u>www.parkinsonsgroup.org</u>

Art Therapy Program for Parkinson's Disease patients, Saint Luke's Foundation, Kansas City, MO Contact: Daniel Malanowski, <u>dmalanowski@saint-lukes.org</u>, <u>saintlukeskc.org</u>

Exercise Programs for Individuals with Parkinson's Disease, Paraquad, Inc, St Louis, MO Contact: Wendi Neckameyer, <u>wneckameyer@paraquad.org</u>, <u>paraquad.org</u>

Mississippi

BIG & Loud for Life: A Parkinson's Disease Wellness Program in Jackson MS Metro Area, Methodist Rehabilitation Center, Jackson, MS Contact: Lisa Indest, <u>LIndest@mmrcrehab.org</u>, <u>methodistonline.org</u>

Adaptive Fitness Classes and Support Group at the Frank P. Phillips Memorial YMCA, Frank P. Phillips Memorial YMCA, Columbus, MS Contact: Jimmy Woodruff, jimwoodruffymca@gmail.com, columbus-ymca.com

North Carolina



*Incorporating PWR!Moves[™] in Novant Health Rehabilitation Therapeutic Services, Forsyth Medical Center Foundation, Charlotte, NC Contact: Randy Brantley, <u>rlbrantley@novanthealth.org</u>, <u>supportnovanthealth.org/regional-</u> foundations

Charlotte area mind and body classes for persons with Parkinson's Disease, Back to Independence Rehab, Charlotte, NC Contact: Darci Pernoud, <u>darci@btirehab.com</u>, <u>backtoindependencerehab.com</u>

Parkinson's Community Grant with Cone Health, The Moses H. Cone Memorial Hospital Operating Corporation, Greensboro, NC Contact: Misty Taylor-Paladino, <u>misty.taylorpaladino@conehealth.com</u>, <u>mosescone.com</u>

Pirates "POWER" over Parkinson's: A PWR!Moves® Exercise Class in Eastern North Carolina, East Carolina University, Greenville, NC Contact: Lauren Turbeville, <u>turbevillel20@ecu.edu</u>, <u>ecu.edu</u>

North Dakota

Parkinson's disease Community Outreach and NeuroFit project, Family Wellness, LLC, Fargo, ND

Contact: Sarah Match, sarah.matcha@sanfordhealth.org, familywellnessfargo.org

New Hampshire

Upper Valley Programs for Parkinson's, Upper Valley Programs for Parkinson's, Lebanon, NH Contact: Rick Dickson, <u>rick.dickson@joinccba.org</u>, <u>uvparkinsons.org</u>

New Jersey

Randolph YMCA's Fight Back Against Parkinson's Disease Program, Randolph YMCA, Randolph, NJ Contact: Ann Marie Peterson, <u>annmarie@randolphymca.org</u>, <u>randolphymca.org</u>

*Rock Steady Boxing Program, CentraState Healthcare Foundation, Freehold, NJ Contact: Sharon Purpuro, <u>spurpuro@centrastate.com</u>, <u>centrastatefoundation.org</u>

ParkinSINGs: Recognizing the Importance of Mental Health in Parkinson's Disease, JFK Medical Center, Edison, NJ Contact: Deborah Smith, <u>deborah.smith@hmhn.org</u>, <u>hackensackmeridianhealth.org</u>

New York

Dance for Parkinson's (DfPD) – Expanding offerings in Spanish, Discalced, Inc., dba Mark Morris Dance Group, Brooklyn, NY Contact: Haley Mason Andres, <u>haley.m.andres@mmdg.org</u>, <u>mmdg.org</u>



Living Well with PD: Enhancing Physical Health & Social Support, Sephardic Community Youth Center, Brooklyn, NY Contact: Linda Eber, <u>Linda@scclive.org</u>, <u>scclive.org</u>

Shakespeare For Parkinson's, Overtime Dance Foundation, Inc., New York, NY Contact: Nick Filippini, <u>nfilippini1994@gmail.com</u>, <u>shakespearepd.com</u>

Ohio

OhioHealth PD Wellness: Mindfulness Program, OhioHealth Neuro Wellness and Prevention, Columbus, OH Contact: Alyssa Adkins, <u>alyssa.adkins@ohiohealth.com</u>, <u>ohiohealth.com</u>

*Countryside Delay the Disease Fitness Class, Miami Valley Hospital, Dayton, OH Contact: James Christoffel, <u>jrchristof@premierhealth.com</u>, <u>www.mvhfoundation.org</u>

Parkinson's Fit Club, Kettering Medical Center, Kettering, OH Contact: Tyler McLean, <u>Tyler.McLean@Ketteringhealth.org</u>, <u>ketteringhealth.org</u>

Wellness and Exercise for people with Parkinson's disease, InMotion, Beachwood, OH Contact: Cathe Schwartz, <u>cschwartz@beinmotion.org</u>, <u>beinmotion.org</u>

Oklahoma

Stillwater CANe Project (Communication, Arts, Nutrition, and Exercise) for People with Parkinson Disease and Their Families, Oklahoma State University, Stillwater, OK Contact: Sabiha Parveen, <u>sabiha.parveen@okstate.edu</u>, <u>go.okstate.edu</u>

Pennsylvania

Parkinson Partners Purposeful Movement and Wellness Program, Parkinson Partners of Northwestern Pennsylvania, Erie, PA Contact: Lynne Gotham, <u>info@parkinsonpartners.org</u>, <u>parkinsonpartners.org</u>

Keep Moving! Parkinson's Dance and Exercise Program at the Jewish Community Alliance of Northeastern Pennsylvania, Jewish Community Alliance of Northeastern Pennsylvania, Kingston, PA

Contact: Brandon Heffelfinger, <u>b.heffelfinger@nepajca.org</u>, <u>friedmanjcc.org</u>

*Partners in Progress, Young Men's Christian Association of the Roses, York, PA Contact: Cori Strathmeyer, <u>cstrathmeyer@rosesymca.org</u>, <u>rosesymca.org</u>

HIIT the Trails! and Caring for the Givers, To Life! Fitness, LLC, Pittsburgh, PA Contact: Jessica Neiss, jessica@tolifefitness.com, tolifefitness.com



South Carolina

Day One Fitness Parkinson's Exercise Program, Fight To Win, Inc. dba Day One Fitness, Beech Island, SC

Contact: Tambra Wilkerson, tambra@dayonefitness.org, dayonefitness.org, dayonefitness.org)

Tennessee

*Dance for Parkinson's Class Expansion, Ballet Memphis Corporation, Memphis, TN Contact: Anne-Carolyn Bird, <u>acbird@balletmemphis.org</u>, <u>balletmemphis.org</u>

Peterson Voices- a vocal exercise program designed for People with Parkinson's and their Care Partners, Peterson Foundation for Parkinson's, Nashville, TN Contact: Debbie Lowenthal, <u>brent@petersonforparkinsons.org</u>, <u>petersonforparkinsons.org</u>

Texas

Lonestar Wellness Program for those with Parkinson's and their Caregivers, Lone Star Parkinson Society, LLC, New Braunfels, TX Contact: Vicki Mercer, <u>annvickim@aol.com</u>, <u>lonestarparkinsonsociety.com</u>

Virginia

*Como redicir el hueco entre servicios y familias con Parkinson's (How to reduce the Gap between services and families with Parkinson's), Medical College of Virginia Foundation, Richmond, VA

Contact: Leslie Cloud, leslie.cloud@vcuhealth.org, mcvfoundation.org

Thriving While Caring Starts Here, Young Onset Parkinson's Network, Vienna, VA Contact: Anna Grill, <u>anna@yopnetwork.org</u>, <u>yopnetwork.org</u>

West Virginia

*Parkinson Disease and speech disorders, West Virginia University, Morgantown, WV Contact: Adeel Ali Memon, <u>adeel.memon@hsc.wvu.edu</u>, <u>research.wvu.edu</u>

International

** Caregiving in advanced PD: A tailored support group, The University of Calgary, Alberta, Canada Cantact: Verenica Brune, verenica brune@ucalgary.ca, ucalgary.ca

Contact: Veronica Bruno, <u>veronica.bruno@ucalgary.ca</u>, <u>ucalgary.ca</u>

**Improving access and patient experience of specialized Parkinson's disease care for people with migration history, Philipps-Universität Marburg, Marburg, Germany Contact: David Pedrosa, <u>david.pedrosa@staff.uni-marburg.de</u>, <u>uni-marburg.de/de</u>