2023 Recipients

Parkinson’s Foundation community grants further the health, wellness and education of people with Parkinson’s disease (PD) across the nation. In July 2023, the Foundation distributed $1 million throughout 71 community-based grants that support local health, wellness and educational programs that address unmet needs across local PD communities.

* - Indicates a former Community Grantee that will continue their programming through the end of the year
** - Indicates a center that is part of the Parkinson’s Foundation Global Care Network that will receive a 2023 Community Grant

Alabama
UAB Arts in Medicine Creative Arts for Parkinson’s, University of Alabama at Birmingham, Birmingham, AL
Contact: Savannah Derieux, sderieux@uab.edu, uab.edu

“Outside the Pill Box”: Integrated, Interdisciplinary Allied Care, Huntsville Hospital Foundation, Inc., Huntsville, AL
Contact: Erin Edmundson, erin.edmundson@hhsys.org, huntsvillehospitalfoundation.org

Fight the Fall! -- Fighting Back against Parkinson’s with Rock Steady Boxing, Rock Steady Boxing Gulf Shores, Gulf Shores, AL
Contact: Chris Wheeles, chriswheelesla@yahoo.com, rocksteadyboxing.org

Arkansas
*Beating Parkinson’s Together, Washington Regional Medical Foundation, Fayetteville, AR
Contact: Sara Eichmann, seichmann@wregional.com, wregional.com/foundation

Arizona
Banner Neuro Wellness (BNW) Center, Banner Health Foundation, Phoenix, AZ
Contact: Loren Bouchard, loren.bouchard@bannerhealth.com, bannerhealth.com

*Tucson JCC Parkinson’s Wellness Program, Tucson Jewish Community Center, Tucson, AZ
Contact: Amy Dowe, adowe@tucsonjcc.org, tucsonjcc.org

California
PDFit at Paso Robles Physical Therapy, Paso Robles Physical Therapy/Lake Life Wellness Center, Paso Robles, CA
Contact: Alyson Amenta, alysonphuber@gmail.com, pasoroblespt.com
*Precision Rehabilitation’s Parkinson’s Wellness Grant, Christy Malonzo Physical Therapist Inc. and Manjiri Dahdul Physical Therapist Inc., Long Beach, CA
Contact: Manjiri Dahdul, manjiridahdul@gmail.com, precisionrehabilitation.com

Dancing Hearts, Healthy Minds, Rx Ballroom Dance, Ladera Ranch, CA
Contact: Erin Drake, info@rxballroomdance.com, rxballroomdance.com

re+integrate, re+active physical therapy and wellness, Torrance, CA
Contact: Julie Hersberg, info@re-activept.com, reactivept.com

Promotoras y Embajadoras de Parkinson - Parkinson’s Promotors and Ambassadors 2023, Give for a Smile, Garden Grove, CA
Contact: Adriana Jimenez, ajimenez@giveforasmile.org, parkinson-gfas.org

Dance for People With Parkinson's, San Francisco Ballet Association, San Francisco, CA
Contact: Elizabeth Luu, eluu@sfballet.org, sfballet.org

Compassion Training for Caregivers and Creative Exercise Programming, Adaptive Physical Education, Redwood City, CA
Contact: Barbara McCarthy, info@adaptivepevmsc.org, adaptivepevmsc.org

dNaga’s Dance for PD®, Oakland 2023-24, dNaga, Oakland, CA
Contact: Claudine Naganuma, dNaganoodle@gmail.com, dNaga.org

**It Takes a Village: Parkinson’s Disease Educational Program for the San Francisco Bay Area Latinx and African American Communities, The Regents of the University of California, San Francisco, CA
Contact: Jill Ostrem, Jill.Ostrem@ucsf.edu, movementdisorders.ucsf.edu
Sharp Grossmont Hospital: Group Exercise and Education Class for Newly Diagnosed People with Parkinson's, Grossmont Hospital Foundation, La Mesa, CA
Contact: Kate Wayne, kate.wayne@sharp.com, sharp.com/contact-us

**Colorado**

Parkinson Association Exercise Classes and Metrics, Parkinson Association of the Rockies, Denver, CO
Contact: Jodi Brown, jbrown@parkinsonrockies.org, parkinsonrockies.org

*Balance Up: Generations Connecting and Moving into Balance Together, Step and Connect, LLC, Denver, CO
Contact: Erica DeMarch, erica@stepandconnect.com, stepandconnect.com

Parkinson’s Exercise Program (PEP) at the YMCA of the Pikes Peak Region, Young Men’s Christian Association of the Pikes Peak Region, Colorado Springs, CO
Contact: Chris Sanders, devoffice@ppymca.org, ppymca.org
**Connecticut**
Parkinson's Body and Mind Exercise and Wellness Program, Parkinson's Body and Mind, Bridgeport, CT
Contact: Elaine Grant, elainegrant@parkinsonsbodyandmind.org, parkinsonsbodyandmind.org

**Florida**
Yoga Therapy Symptom Support for Parkinson's, AUM Home Shala, Miami, FL
Contact: Melinda Atkins, info@aumhomeshala.org, aumhomeshala.org

*The PD-MEET (Parkinson’s Disease Movement Education and Exercise Therapy) program at University of North Florida, University of North Florida, Jacksonville, FL
Contact: Chitra Balasubramanian, c.k-balasubramanian@unf.edu, unf.edu

pdLIFE: Expanding the Bay Area PD Network and Support, Parkinsonlife Corporation, Tampa, FL
Contact: Meredith DeFranco, meredefranco119@gmail.com, parkinsonlife.org

Rock Steady Boxing at the MAR-JCC, Michael-Ann Russell Jewish Community Center, North Miami Beach, FL
Contact: Jennifer Enslein, senslein@aol.com, marjcc.org

YMCA of Collier County Rock Steady Boxing, YMCA of Collier County, Marco Island, FL
Contact: Steve Lampar, grants@marcoy.org, ymcaollier.org

**Therapeutic Horticulture for Parkinson's Care Partners, University of Florida, Gainesville, FL
Contact: Elizabeth Diehl, leahdiehl@ufl.edu, wilmotgardens.med.ufl.edu

**Georgia**
Parkinson’s Virtual Programming, YMCA of Metro Atlanta, Atlanta, GA
Contact: Whitney Amos, whitneya@ymcaatlanta.org, ymcaatlanta.org

Promoting Health Equity in Parkinson Care for Black Families through Faith-Based Partnerships, Emory University, Atlanta, GA
Contact: Fayron Epps, fepps@emory.edu, emory.edu

Aloha Delay the Disease Exercise Program, Aloha to Aging, Inc, Marietta, GA
Contact: Dawn Reed, grant@alohatoaging.org, alohatoaging.org

Community Conversations with Emory Parkinson's Disease Researchers, Emory University, Atlanta, GA
Contact: Thomas Wichmann, twichma@emory.edu, emory.edu
**Hawaii**
Music Therapy for Mental Health: A Community Collaborative Program for People with Parkinson’s and Their Care Partners, Sounding Joy Music Therapy, Inc., Honolulu, HI
Contact: Maria (Nina) Guerrero, sounding@soundingjoymt.org, soundingjoymt.org

PD Power Up: A Parkinson’s Disease Pain Management Program, BEYONDREHAB, PLLC, Honolulu, HI
Contact: Apurva Zawar, apurva@beyondrehab.health, beyondrehab.health

**Idaho**
Treasure Valley Family YMCA - Healthy Living Center, Treasure Valley Family YMCA, Boise, ID
Contact: Carrie Magnuson, grants@ymcatvidaho.org, ymcatvidaho.org/

**Iowa**
Tele-Dyadic-Tai Chi program for people with mild to moderate Parkinson disease, Allen College, Waterloo, IA
Contact: Hao Liu, howe.liu@unthsc.edu, allencollege.edu

**Illinois**
**Virtual Interactive Educational Series on Non-Motor Symptoms for Spanish-Speaking Parkinson’s Disease Patients and Their Families, Rush University Medical Center, Chicago, IL
Contact: Mitra Afshari, mitra_afshari@rush.edu, rush.edu/services/parkinsons-disease-and-movement-disorders-care

*PD Caregiver Boot Camp Series, Northwestern University Feinberg School of Medicine, Chicago, IL
Contact: Danny Bega, danny.bega@nm.org, www.parkinsons.northwestern.edu

*Información para el Desarrollo Educativo y Apoyo Social en la comunidad afectada por Parkinson (IDEAS en español), Rehabilitation Institute of Chicago dba Shirley Ryan AbilityLab, Chicago, IL
Contact: Miriam Rafferty, www.sralab.org

Ottawa YMCA of Illinois Rock Steady Boxing, YMCA of Ottawa Illinois, Ottawa, IL
Contact: Karen Szewczuk, karenszewczuk@ottawaymca.org, ottawaymca.org

**Kansas**
Movement for People with Parkinson’s, The Jewish Community Center of Greater Kansas City, Overland Park, KS
Contact: Dawn Aronoff, dawna@thejkc.org, www.thejkc.org
*Bringing Parkinson's Disease Resources & PD-Specific Exercise to Kansas City, KS, The Parkinson’s Exercise and Wellness Center, Overland Park, KS
Contact: Sarrisa Curry, scurry@thepewc.org, www.thepewc.org

*Lakeview Village Parkinsons Alliance, Lakeview Village Foundation, Lenexa, KS
Contact: Jackie Halbin, jhalbin@lakeviewvillage.org, https://www.lakeviewvillage.org/

Movement Improvement: Motor & Non-Motor Movement Program, Turning Point; The Center for Hope, Leawood, KS
Contact: Jill VonFange, jvonfange@kumc.edu, turningpointkc.org

**Kentucky**
Parkinson’s Disease Wellness Retreat, Norton Healthcare Foundation Inc, Louisville, KY
Contact: Susan Cohen, Susan.Cohen@nortonhealthcare.org, NortonHealthcareFoundation.com

**Louisiana**
Music & Movement with the Parkinson Resource Center at Louisiana Tech University, Louisiana Tech University, Ruston, LA
Contact: Denise Pyles, lpyles@latech.edu, ans.latech.edu/parkinsons-resource-center

Loud for Life and Big for Life, Ochsner Clinic Foundation, New Orleans, LA
Contact: Rachel Rayes, rachael.rayes@ochsner.org, ochsner.org/ochsner-therapy-and-wellness

**Massachusetts**
Introduction to Pole Walking for People with Parkinson’s and Care Partners, Emerson Hospital, Concord, MA
Contact: Jessica Gravel, jgravel@emersonhosp.org, emersonhospital.org

SCORE Power Training for Parkinson’s Fitness, SCORE Power Training for Parkinson’s Fitness, Salem, MA
Contact: Linda Hall, parkinsonsfitness@gmail.com, parkinsonsfitness.org

**PD University: An Interactive Lecture Series on Health, Arts and Science, Beth Israel Deaconess Medical Center, Boston, MA
Contact: David Simon, dsimon1@bidmc.harvard.edu, bidmc.org/parkinsons-disease-and-movement-disorders-center

*Expansion of Parkinson’s Program to Support Individuals, Families and Caregivers in the MetroWest Community, MetroWest Young Men’s Christian Association, Inc., Framingham, MA
Contact: Amy Miller, amiller@metrowestymca.org, metrowestymca.org
Maryland
LSVT BIG for Life Program, Homecare Rehab and Nursing LLC, Frederick, MD
Contact: Brandon Baker, brandon.baker@bakerrehabgroup.com, bakerrehabgroup.com

Parkinson’s Fitness Program, Rally Against Parkinson’s-Harford, Inc., Street, MD
Contact: James Hampshire, Jim@rallyagainstparkinsons.org, rallyagainstparkinsons.org

Maine
Neuro Health Program for Parkinson’s Participants and Their Care Partner, Bangor Young Mens Christian Association, Bangor, ME
Contact: Lesley Lichko, llichko@bangory.org, bangory.org

Michigan
*Mindfulness for Mental Health in Parkinson’s Disease, Spectrum Health System, Grand Rapids, MI
Contact: Kelly McWilliams, kelly.mcwilliams@spectrumhealth.org, spectrumhealth.org/foundation

Minnesota
Get Living with Parkinson’s, City of Eden Prairie, Eden Prairie, MN
Contact: Megan Munoz, mmunoz@edenprairie.org, edenprairie.org

Missouri
Rockin’ the Rhythm, Parkinson’s Group of the Ozarks, Springfield, MO
Contact: Cassi Locke, cassi@parkinsonsgroup.org, www.parkinsonsgroup.org

Art Therapy Program for Parkinson's Disease patients, Saint Luke's Foundation, Kansas City, MO
Contact: Daniel Malanowski, dmalanowski@saint-lukes.org, saintlukeskc.org

Exercise Programs for Individuals with Parkinson's Disease, Paraquad, Inc, St Louis, MO
Contact: Wendi Neckameyer, wneckameyer@paraquad.org, paraquad.org

Mississippi
BIG & Loud for Life: A Parkinson’s Disease Wellness Program in Jackson MS Metro Area, Methodist Rehabilitation Center, Jackson, MS
Contact: Lisa Indest, Lindest@mmrcrehab.org, methodistonline.org

Adaptive Fitness Classes and Support Group at the Frank P. Phillips Memorial YMCA, Frank P. Phillips Memorial YMCA, Columbus, MS
Contact: Jimmy Woodruff, jimwoodruffymca@gmail.com, columbus-ymca.com

North Carolina
*Incorporating PWR!Moves™ in Novant Health Rehabilitation Therapeutic Services, Forsyth Medical Center Foundation, Charlotte, NC
Contact: Randy Brantley, rlbrantley@novanthealth.org, supportnovanthealth.org/regional-foundations

Charlotte area mind and body classes for persons with Parkinson's Disease, Back to Independence Rehab, Charlotte, NC
Contact: Darci Pernoud, dacci@btirehab.com, backtoindependencerehab.com

Parkinson’s Community Grant with Cone Health, The Moses H. Cone Memorial Hospital Operating Corporation, Greensboro, NC
Contact: Misty Taylor-Paladino, misty.taylorpaladino@conehealth.com, mosescone.com

Pirates “POWER” over Parkinson’s: A PWR!Moves® Exercise Class in Eastern North Carolina, East Carolina University, Greenville, NC
Contact: Lauren Turbeville, turbeville20@ecu.edu, ecu.edu

**North Dakota**
Parkinson’s disease Community Outreach and NeuroFit project, Family Wellness, LLC, Fargo, ND
Contact: Sarah Match, sarah.matcha@sanfordhealth.org, familywellnessfargo.org

**New Hampshire**
Upper Valley Programs for Parkinson’s, Upper Valley Programs for Parkinson’s, Lebanon, NH
Contact: Rick Dickson, rick.dickson@joinccba.org, uvparkinsons.org

**New Jersey**
Randolph YMCA’s Fight Back Against Parkinson’s Disease Program, Randolph YMCA, Randolph, NJ
Contact: Ann Marie Peterson, annmarie@randolphymca.org, randolphymca.org

*Rock Steady Boxing Program, CentraState Healthcare Foundation, Freehold, NJ
Contact: Sharon Purpuro, spurpuro@centrastate.com, centrastatefoundation.org

ParkinSINGs: Recognizing the Importance of Mental Health in Parkinson’s Disease, JFK Medical Center, Edison, NJ
Contact: Deborah Smith, deborah.smith@hmhn.org, hackensackmeridianhealth.org

**New York**
Dance for Parkinson’s (DfPD) – Expanding offerings in Spanish, Discalced, Inc., dba Mark Morris Dance Group, Brooklyn, NY
Contact: Haley Mason Andres, haley.m.andres@mmdg.org, mmdg.org
Living Well with PD: Enhancing Physical Health & Social Support, Sephardic Community Youth Center, Brooklyn, NY
Contact: Linda Eber, Linda@scclive.org, scclive.org

Shakespeare For Parkinson’s, Overtime Dance Foundation, Inc., New York, NY
Contact: Nick Filippini, nfilippini1994@gmail.com, shakespearepd.com

Ohio
OhioHealth PD Wellness: Mindfulness Program, OhioHealth Neuro Wellness and Prevention, Columbus, OH
Contact: Alyssa Adkins, alyssa.adkins@ohiohealth.com, ohiohealth.com

*Countryside Delay the Disease Fitness Class, Miami Valley Hospital, Dayton, OH
Contact: James Christoffel, jchristof@premierhealth.com, www.mvhfoundation.org

Parkinson’s Fit Club, Kettering Medical Center, Kettering, OH
Contact: Tyler McLean, Tyler.McLean@Ketteringhealth.org, ketteringhealth.org

Wellness and Exercise for people with Parkinson’s disease, InMotion, Beachwood, OH
Contact: Cathe Schwartz, cschwartz@beinmotion.org, beinmotion.org

Oklahoma
Stillwater CANe Project (Communication, Arts, Nutrition, and Exercise) for People with Parkinson Disease and Their Families, Oklahoma State University, Stillwater, OK
Contact: Sabiha Parveen, sabiha.parveen@okstate.edu, go.okstate.edu

Pennsylvania
Parkinson Partners Purposeful Movement and Wellness Program, Parkinson Partners of Northwestern Pennsylvania, Erie, PA
Contact: Lynne Gotham, info@parkinsonpartners.org, parkinsonpartners.org

Keep Moving! Parkinson’s Dance and Exercise Program at the Jewish Community Alliance of Northeastern Pennsylvania, Jewish Community Alliance of Northeastern Pennsylvania, Kingston, PA
Contact: Brandon Heffelfinger, b.heffelfinger@nepajca.org, friedmanjcc.org

*Partners in Progress, Young Men’s Christian Association of the Roses, York, PA
Contact: Cori Strathmeyer, cstrathmeyer@rosesymca.org, rosesymca.org

HIIT the Trails! and Caring for the Givers, To Life! Fitness, LLC, Pittsburgh, PA
Contact: Jessica Neiss, jessica@tolifefitness.com, tolifefitness.com
South Carolina
Day One Fitness Parkinson’s Exercise Program, Fight To Win, Inc. dba Day One Fitness, Beech Island, SC
Contact: Tambra Wilkerson, tambra@dayonefitness.org, dayonefitness.org

Tennessee
*Dance for Parkinson’s Class Expansion, Ballet Memphis Corporation, Memphis, TN
Contact: Anne-Carolyn Bird, acbird@balletmemphis.org, balletmemphis.org

Peterson Voices- a vocal exercise program designed for People with Parkinson's and their Care Partners, Peterson Foundation for Parkinson's, Nashville, TN
Contact: Debbie Lowenthal, brent@petersonforparkinsons.org, petersonforparkinsons.org

Texas
Lonestar Wellness Program for those with Parkinson’s and their Caregivers, Lone Star Parkinson Society, LLC, New Braunfels, TX
Contact: Vicki Mercer, annvickim@aol.com, lonestarparkinsonsociety.com

Virginia
*Como reducir el hueco entre servicios y familias con Parkinson’s (How to reduce the Gap between services and families with Parkinson’s), Medical College of Virginia Foundation, Richmond, VA
Contact: Leslie Cloud, leslie.cloud@vcuhealth.org, mcvfoundation.org

Thriving While Caring Starts Here, Young Onset Parkinson’s Network, Vienna, VA
Contact: Anna Grill, anna@yopnetwork.org, yopnetwork.org

West Virginia
*Parkinson Disease and speech disorders, West Virginia University, Morgantown, WV
Contact: Adeel Ali Memon, adeel.memon@hsc.wvu.edu, research.wvu.edu

International
** Caregiving in advanced PD: A tailored support group, The University of Calgary, Alberta, Canada
Contact: Veronica Bruno, veronica.bruno@ucalgary.ca, ucalgary.ca

**Improving access and patient experience of specialized Parkinson’s disease care for people with migration history, Philipps-Universität Marburg, Marburg, Germany
Contact: David Pedrosa, david.pedrosa@staff.uni-marburg.de, uni-marburg.de/de