2021 Recipients

Parkinson’s Foundation community grants further the health, wellness and education of people with Parkinson’s disease (PD) across the nation. In July 2021, we distributed $2.2 million throughout 143 community-based grants that support local health, wellness and educational programs that address unmet needs across local Parkinson’s communities.

**Alaska**
Rock Steady Boxing Anchorage, BFit & Well, Anchorage, AK
Contact: Bonnie Murphy, bonnie@bfitandwell.com, www.bfitandwell.com

**Alabama**
Parkinson Association of Alabama Patient Symposium, Parkinson Association of Alabama, Inc., Birmingham, AL
Contact: Bibby Bailey, bibby@parkinsonalabama.org, www.parkinsonalabama.com

"Outside the Pill Box: Integrated Interdisciplinary Allied Care" Huntsville Hospital Foundation, Inc., Huntsville, AL
Contact: Erin Edmunson, Erin-erin.edmundson@hhsys.org, www.huntsvillehospitalfoundation.org

**Arkansas**
Support + High-Intensity Functional Training for Parkinson's Disease (SHIFT-PD), Arkansas Colleges of Health Education, Fort Smith, AR
Contact: Reed Handlery, reed.handlery@acheedu.org, acheedu.org

**Arizona**
Tremble Clefs Arizona, Tremble Clefs, Arizona, Tempe, AZ
Contact: Sunjoo Lee, soli96@hotmail.com, trembleclefsarizona.org

Pilot Program - Mental Health and Parkinson's - A Guide for PWP's, Spouses and Care Partners, Banner Health Foundation, Phoenix, AZ
Contact: Melinda Peterson-Theobald, melinda.peterson-theobald@bannerhealth.com, www.bannerhealth.com

*Join the Parkinson's Party! for the Hispanic Community (Unite a la Fiesta de Parkinson)*
Contact: Debbie Polisky, debbiepolisky@nutritiontango.com, www.barrowneuro.org
California

Parkinson’s Wellness Program of UCI, UC Irvine Health, Orange, CA
Contact: Betsaida Cruz-Coble, bcruzcob@uci.edu, www.ucihealth.org/events/support-groups/parkinsons-wellness-program

Rx Ballroom Dance Therapy Program - Dance for Improved Quality of Life!, Rx Ballroom Dance, Ladera Ranch, CA
Contact: Erin Drake, info@rxballroomdance.com, rxballroomdance.com

North State Therapy Choir, Chico, North Valley Community Foundation, Chico, CA
Contact: Erin Haley, erin@haleymusictherapy.com, www.nvcf.org

Re+Motivate: 8 Week Program for Emotional and Physical Health, re+active physical therapy and wellness, Torrance, CA
Contact: Julie Hersberg, info@re-activept.com, www.reactivept.com

Promotores Embajadores de Parkinson-Parkinson’s Embassadors, Give for a Smile, Anaheim, CA
Contact: Adriana Jimenez, ajimenez@giveforasmile.org, www.giveforasmile.org

Spanish-Language Programs For The Parkinson's Community in Los Angeles and Beyond, Parkinson’s Community Los Angeles, Los Angeles, CA
Contact: Sarah King, sarah@pcla.org, pcla.org

Parkinson’s Speech and Physical Therapy Program, NextStage Productions, Capitola, CA
Contact: Risa Lower, risa.mac@mac.com, www.nextstagesantacruz.org

San Francisco Ballet School’s People Living with Parkinson’s Disease Dance Classes, San Francisco Ballet Association, San Francisco, CA
Contact: Elizabeth Luu, eluu@sfballet.org, www.sfballet.org/adult-programs/parkinsons

Dancing Through Parkinson’s Program, Invertigo Dance Theatre, Culver City, CA
Contact: David Mack, development@invertigodance.org, www.invertigodance.org/dancing-through-parkinsons

Parkinson’s Exercise & Caregiver Program 2021 Community Grant, City of Union City - Community & Recreation Services, Union City, CA
Contact: Robert Magbanua, robertmagbanua@unioncity.org, www.unioncity.org

Compassion Training for Spanish Speaking Caregivers and Creative Exercise Programming, Adaptive Physical Education, Redwood City, CA
Contact: Barbara McCarthy, info@adaptivepevmsc.org, www.adaptivepevmsc.org

Addressing Unmet Needs for Exercise for People with Parkinson's in Orange County, California, Rogue Physical Therapy & Wellness, Inc, Fountain Valley, CA
Contact: Claire McLean, info@roguept.com, www.roguept.com
PD Active Diversity Outreach Program, PD Active, Berkley, CA
Contact: Adam Mizock, amizock@gmail.com, pdactive.org

Parkinson’s Connection Orange County, Parkinson’s Wellness Fund, La Jolla, CA
Contact: Lauren Simmons, info@pdbuzz.com, pdbuzz.com

Orange County Tremble Clefs Community Outreach and Wellness Project, Parkinsons Association of Orange County, Irvine, CA
Contact: Karen Skipper, kmsmusic@cox.net, paocinc.org

MemorialCare Orange Coast Medical Center’s Parkinson’s and Movement Disorders Program, Orange Coast Medical Center, Fountain Valley, CA
Contact: Theresa Stern, tstern@memorialcare.org, www.memorialcare.org/orange-coast-medical-center

Colorado
Minority Outreach Program, Parkinson Association of the Rockies, Denver, CO
Contact: Jodi Brown, jbrown@parkinsonrockies.org, parkinsonrockies.org

Parkinsons Pointe, Parkinsons Community Center, Aurora, CO
Contact: Meredith Lo, meredith@parkinsonspointe.org, parkinsonspointe.org

Connecticut
Community Caregiver Education, Jewish Home for the Elderly of Fairfield County, Inc, Bridgeport, CT
Contact: Elizabeth Zicari, sclark@jseniors.org, jseniors.org/services

Florida
Yoga Therapy for Mental Health and Parkinson's Disease, AUM Home Shala, Miami, FL
Contact: Melinda Atkins, info@aumhomeshala.org, aumhomeshala.org/yoga-for-parkinsons

Wellness and Exercise Programs for People with Parkinson’s Disease, Community Centers of South Broward Inc, Davie, FL
Contact: Beverly Bachrach, bbachrach@dpjcc.org, www.dpjcc.org

South Dade YMCA Family Center Parkinson’s Therapy Program, The Young Mens Christian Association of South Florida Inc, Miami, FL
Contact: Leah Blanton, lblanton@ymcasouthflorida.org, ymcasouthflorida.org

"pdLIFE"- Lifestyle, Information, Fitness, Empowerment: Programming and Scholarships for the Bay area PD community, Parkinsonlife Corporation, Tampa, FL
Contact: Meredith DeFranco, meredefranco119@gmail.com, parkinsonlife.org
Rock Steady Boxing at the MAR-JCC, Michael-Ann Russell Jewish Community Center, North Miami Beach, FL  
Contact: Jennifer Enslein, senslein@aol.com, marjcc.org

Parkinson’s Education, Therapeutic & Support Programs for Newly Diagnosed & Underserved PD Community in Highlands Co., FL, Neuro Challenge Foundation for Parkinson’s, Inc., Sarasota, FL  
Contact: Sara Grivitti, sarag@neurochallenge.org, https://www.neurochallenge.org

*Philip Shayman Parkinson’s Program- Parkinson’s Disease Patient and Care Partner Support Groups, University of South Florida, Tampa, FL  
Contact: Kelly Hussey, khussey@usf.edu, www.usf.edu

Expansion of Parkinson’s Disease Exercise Programming with Pedaling for Parkinson’s and Stretch and Connect, YMCA of South Collier, Marco Island, FL  
Contact: Steve Lampar, grants@marcoymca.org, www.marcoymca.org

Tampa Bay Parkinson’s Disease Wellness Initiative, Tampa JCC/Federation Inc., Tampa, FL  
Contact: Pnina Levermore, Pnina.levermore@jewishtampa.com, www.jewishtampa.com

The Park Ave Program 2.0, St. Augustine Rehabilitation Specialists, St. Augustine, FL  
Contact: Melanie Lomaglio, Melanie@starsrehab.org, https://starsrehab.org

*Parkinson’s Disease Outreach Program to African Americans in Alachua County, University of Florida, Gainesville, FL  
Contact: Irene Malaty, irene.malaty@neurology.ufl.edu, mbi.ufl.edu

Speak Easy for PD, Hope Hospice and Community Services, Fort Myers, FL  
Contact: Teresa Stohs, Teresa.stohs@hopehcs.org, hopehcs.org

Parkinson’s Wellness Program, Memorial Foundation, Inc. of MHS-Hollywood, FL, Hollywood, FL  
Contact: Nancy Vidaurre, nvidiaurre@mhs.net, www.mhs.net/about/foundation

Rock Steady Boxing in Southwest Florida, The SKY Family YMCA, Venice, FL  
Contact: Janelle Worthington, jworthington@skymca.org, www.swflynymca.org

Georgia
Let’s Move: Exercise and Education for People with Parkinson’s Disease, True Beginning Wellness Inc, Jasper, GA  
Contact: Katy Baker, kbaker@ellijay.com

Caregiver Education and Support Program for Korean American PD Community in Atlanta, GA, CARE LIFT CORP, Duluth, GA  
Contact: Haejin Ban, haejinyb@gmail.com
YOPD Mentoring, Livramento Delgado Boxing Foundation, Smyrna, GA
Contact: Ellen Bookman, ellenbookman@att.net, www.boxingforparkinsons.org

*DREAMing Together Part II: Virtually Seeking Wellness and Vitality Together, Emory University, Atlanta, GA
Contact: Madeleine Hackney, mehackn@emory.edu, www.emory.edu/home/index.html

PD Gladiators Exercise Program, YMCA of Metro Atlanta, Atlanta, GA
Contact: Laura Kahn, lauraka@ymcaatlanta.org, https://www.ymcaatlanta.org

Singing with Parkinson's - Atlanta's FIRST Parkinson's Choir, The George Center Foundation, Roswell, GA
Contact: Hannah Rhinehart, hannahr@thegeorgecenter.com, www.thegeorgecenter.com/parkinsonschoir

Participants United Through Retention and Education (PURE) PD Program at Grady Health System, Henry W. Grady Health System Foundation, Atlanta, GA
Contact: Natalie Updike, nlupdike@gmh.edu, www.gradyhealthfoundation.org

Community Conversations with Emory Parkinson's Disease Researchers, Emory University, Atlanta, GA
Contact: Thomas Wichmann, twichma@emory.edu, www.emory.edu/home/index.html

**Iowa**

Outreach Programs for Persons with PD in Rural Areas, Iowa State University Foundation, Ames, IA
Contact: Elizabeth Stegemoller, esteg@iastate.edu, www.iastate.edu

**Idaho**

Treasure Valley Family YMCA - Healthy Living Center - Delay the Disease program, Treasure Valley Family YMCA, Boise, ID
Contact: Carrie Magnuson, grants@ymcatvidaho.org, www.ymcatvidaho.org

**Illinois**

*PD Caregiver Boot Camp Series, Northwestern University Feinberg School of Medicine, Chicago, IL
Contact: Danny Bega, danny.bega@nm.org, www.parkinsons.northwestern.edu

Examining the Inpatient Experience of Latinx and Spanish-Speaking Parkinson's disease Patients, Rush University Medical Center, Chicago, IL
Contact: Jori Fleisher, jori_fleisher@rush.edu, www.rushu.rush.edu/rush-medical-college

Expanding our IDEAS for PD Mental Wellbeing: Interactive Demos, Education, Activities, & Support, Rehabilitation Institute of Chicago dba Shirley Ryan AbilityLab, Chicago, IL
Contact: Jennifer Goldman, jgoldman02@sralab.org, www.sralab.org

PD Jump Start Initiative, mvmtRevolution LLC (dba Movement Revolution), Deerfield, IL
Contact: Eric Johnson, eric@movement-revolution.com, www.movement-revolution.com

GO! Tango P.D. Fund for the Underserved and Newly-diagnosed, GO! Tango P.D., Chicago, IL
Contact: Issa Perillo, issa@gotangopd.org, www.gotangopd.org

Community-Based Parkinson's Programming - YMCA and Northwestern Medicine Collaboration Phase 2, YMCA of Northwestern DuPage County, Glen Ellyn, IL
Contact: Katie Sivak, ksivak@ryallymca.org, www.brryallymca.org

Indiana
Indiana Parkinson Foundation, Indiana Parkinson Foundation, Noblesville, IN
Contact: Addie Cunningham, addie@indianaparkinson.org, www.indianaparkinson.org

Kansas
Movement for People with Parkinson's, The Jewish Community Center of Greater Kansas City, Overland Park, KS
Contact: Dawn Aronoff, dawna@thejkc.org, www.thejkc.org

Community Choir And Online Music-Based Resources For People With Parkinson's And Their Caregivers, CCRC of Lenexa, Lenexa, KS
Contact: Judy Baxter, judy.baxter@westchestervillagelenexa.com, westchestervillagelenexa.com

Lakeview Village Parkinson’s Alliance, Lakeview Village Foundation, Lenexa, KS
Contact: Jackie Halbin, jhalbin@lakeviewvillage.org, www.lakeviewvillage.org/foundation

Parkinson’s Families of Northwest Kansas: Moving to Live Pilot Program, Parkinson’s Families of Northwest Kansas Association, Colby, KS
Contact: Elaine Ptacek, elaine.ptacek@gmail.com, www.facebook.com/groups

Kentucky
Bluegrass Parkinson’s Alliance Gathering Symposium 2021: The Impact of Mental Health, Lexington Area Parkinson Disease Support Group, Inc, Lexington, KY
Contact: Laura Soldato, laura@parkinsonslexington.com, www.parkinsonslexington.com

Louisiana
Metairie Dance for Parkinson’s Program, New Orleans Ballet Association, New Orleans, LA
Contact: Jenny Hamilton, jhamilton@nobadance.com, nobadance.com

Sage's Parkinson's Outreach and Wellness Program, Care Plan Oversight dBa Sage
Rehabilitation, Baton Rouge, LA  
Contact: Connor Murphy, cmurphy@sage-rehab.org, www.sage-rehab.org/programs

LOUD for Life, Ochsner Clinic Foundation, New Orleans, LA  
Contact: Rachel Rayes, rachael.rayes@ochsner.org, www.ochsner.org

A Comprehensive Training Program for Professionals, staff, and caregivers that provide services to individuals with Parkinson’s Disease, University of Louisiana at Monroe, Monroe, LA  
Contact: Anita Sharma, asharma@ulm.edu, www.ulm.edu

Massachusetts

Youville’s Step Up to PD program, Youville Assisted Living Residences, Cambridge, MA  
Contact: Yanira Burgos, yaniramotto@gmail.com, youvilleassistedliving.org/parkinsons-support

PD Wellness: Empowerment, Education, and Exercise, Gordon College, Wenham, MA  
Contact: Sean Clark, sean.clark@gordon.edu, www.gordon.edu/balance

Emerson Hospital’s Parkinson’s Community Wellness Programs, Emerson Hospital, Concord, MA  
Contact: Jessica Gravel, jgravel@emersonhosp.org, www.emersonhospital.org/parkinsons-program

SCORE Power Training for Parkinson’s Fitness, SCORE Power Training for Parkinson's Fitness, Salem, MA  
Contact: Linda Hall, parkinsonsfitness@gmail.com

Dance With Parkinson’s Program Support, Urbanity Dance, Boston, MA  
Contact: Stacy Handler, stacy@urbanitydance.org, www.urbanitydance.org/dance-with-parkinsons

*Parkinson’s PRIDE: Engaging The LGBT Community, Beth Israel Deaconess Medical Center, Boston, MA  
Contact: Lissa Kapust, lkapust@bidmc.harvard.edu, www.bidmc.org

Goddard House Parkinson’s in Motion, Goddard House Assisted Living, Brookline, MA  
Contact: Christine Nagle, cnagle@goddardhouse.org, www.goddardhouse.org

Smile Through Art, Creative Neurology, LLC, Southampton, MA  
Contact: Saba Shahid, saba@creativeneurology.com, creativeneurology.com

Maryland

Retreat Center of Maryland’s Yoga for People With Parkinson’s, Retreat Center of Maryland, Columbia, MD
Contact: Kelly Fisher, kelly@wildfloweryoga.com, www.retreatcenterofmaryland.org

Weill Cornell Medicine, Division of Neurodegenerative Diseases’ /MDEE Virtual Education and Exercise Program, Movement Disorder Education & Exercise, Inc., Baltimore, MD
Contact: Larry Zarzecki, larryzarzecki@yahoo.com, www.movementdisordereducationandexercise.com

**Maine**

Evidence Based Holistic Wellness Program for Parkinson's Patients and their Caregivers, Bangor Young Mens Christian Association, Bangor, ME
Contact: Ben Filippo, bfilippo@bangory.org, www.bangory.org

**Michigan**

2021 Annual Support Group Facilitator Training, Michigan Parkinson Foundation, Bingham Farms, MI
Contact: Mary Sue Lanigan, marysuel@parkinsonsoci.org, www.parkinsonsoci.org

Taking Care of You: A Care Partner Retreat, Spectrum Health Foundation, Grand Rapids, MI
Contact: Kelly McWilliams, kelly.mcwilliams@spectrumhealth.org, www.spectrumhealth.org/foundation

**Minnesota**

*Parkinsons Neurowell Exercise / Training scholarships, Regions Hospital Foundation, St Paul, MN
Contact: Ricky Lopez, ricky.l.lopez@healthpartners.com, www.healthpartners.com/foundations/regions

YMCA of the North: Pedaling for Parkinson’s, Young Men’s Christian Association of the Greater Twin Cities, Minneapolis, MN
Contact: Kate Ray, kate.ray@ymcamn.org, www.ymcanorth.org/pedaling_for_parkinsons

**Missouri**

Art Therapy Program for Parkinson's Disease patients, Saint Luke's Foundation, Kansas City, MO
Contact: Meredith Cantrell, mecantrell@saintlukeskc.org, www.saintlukeskc.org/saint-lukes-foundation

Parkinson's Group of the Ozarks Mobilizing Music Program, Parkinson's Group of the Ozarks, Springfield, MO
Contact: Cassi Locke, cassi@parkinsonsgroup.org, www.parkinsonsgroup.org

Exercise Programs for Those with Parkinson's Disease, Paraquad, Inc, St Louis, MO
Mississippi
Parkinson’s Fitness Class, Mississippi Gulf Coast YMCA, Ocean Springs, MS
Contact: Amanda Ray, aray@mgcymca.org, www.mgcymca.org

Montana
Summit for Parkinson’s Fall 2021 Conference, Summit for Parkinson’s, Missoula, MT
Contact: Hadley Ferguson, sharistrachan@gmail.com, www.summitforparkinsons.org

North Carolina
Parkinson’s Movement Initiative at ADF, American Dance Festival, Durham, NC
Contact: Caitlyn Swett, caitlyn@americandancefestival.org, https://americandancefestival.org

MOve Virtually with Elon (MO.V.E.) program for Individuals with Parkinson's Disease, Elon University, Elon, NC
Contact: Srikant Vallabhajosula, svallabhajosula@elon.edu, www.elon.edu

North Dakota
Express Yourself: Coping with PD Support Group, Innovative Therapy Solutions & Consulting LLC, Mandan, ND
Contact: Megan Dooley, megan.dooley@innovativetherapysc.com, innovativetherapysc.com

Movement Disorders Team Patient-Centered Programs, Sanford Medical Center Fargo, Fargo, ND
Contact: Asenath Huether, asenath.huether@sanfordhealth.org, www.sanfordhealth.org/sanford-medical-center-fargo

Nebraska
Play, Move, and Create Workshop Series, Parkinson’s Nebraska, Omaha, NE
Contact: Jessica Buss, jess@parkinsonsnebraska.org, parkinsonsnebraska.org

Nebraska Medicine-Bellevue Parkinson’s Education and Outreach Group, Nebraska Medical Center, Omaha, NE
Contact: Lauren Kesteloot, lakesteloot@nebraskamed.com, www.nebraskamed.com/nebraska-medical-center

PDWELL Community Grant, PDWELL/Ensign Services, Elkhorn, NE
Contact: Cheri Prince, cheprince@ensignservices.net, pdwell.com
New Hampshire
YMCA of Greater Nashua Parkinson's Disease Programming, YMCA of Greater Nashua, Nashua, NH
Contact: Marsha Bottino, marsha.bottino@gmail.com, nymca.org

Upper Valley Programs for Parkinson's, Upper Valley Programs for Parkinson's, Lebanon, NH
Contact: Rick Dickson, rick.dickson@joinccba.org, uvparkinsons.org

New Jersey
Dance for Parkinson's Classes 2021-2022, Princeton Ballet Society (dba American Repertory Ballet), New Brunswick, NJ
Contact: Rachel Abrams, rabramps@arballet.org, www.arballet.org/dance-parkinsons-program

Parkinson's Connection: Let's Move, Talk, and Connect!, Jewish Federation of Southern New Jersey, Cherry Hill, NJ
Contact: Brian Adler, badler@jfedsnj.org, jewishsouthjersey.org

PD Resource Facilitator, CentraState Healthcare Foundation, Freehold, NJ
Contact: Sharon Purpuro, spurpuro@centrastate.com, www.centrastatefoundation.org

ParkinSINGS, JFK Medical Center, Edison, NJ
Contact: Deborah Smith, deborah.smith@hmhn.org, www.jfkmc.org

New Mexico
Project to Improve and Expand Albuquerque Metro Support Groups, Parkinson's Connection of Central NM, Albuquerque, NM
Contact: Larry Kemp, klk221b@gmail.com, www.parkinsoncnm.org

New Mexico
Addressing Mental Health and Parkinson's Disease in Southern Nevada, St. Rose Dominican Health Foundation, Henderson, NV
Contact: Polly Bates, polly.bates@dignityhealth.org, www.supportstrose.org

Nevada
Day One: PD Superheroes, Parkinson's Place Las Vegas, Las Vegas, NV
Contact: Robert Cochrane, robert@cszlasvegas.com, parkinsonsplace.lv.org

Recalibrate's MIND/Brain Blast with Care Partner Integration, Motorvation Foundation Inc., Las Vegas, NV
Contact: Darbe Schlosser, darbeschlosser@motorvationusa.com, motorvationfoundation.org
New York

Dance for PD, Discalced, Inc., dba Mark Morris Dance Group, Brooklyn, NY
Contact: Haley Mason Andres, haley.m.andres@mmdg.org, markmorrisdancegroup.org/support

Movement, Song & Speech for Living Well with Parkinson’s, Sephardic Community Youth Center, Brooklyn, NY
Contact: Linda Eber, Linda@scclive.org, www.scclive.org

Shakespeare For Parkinson’s, Rod Rodgers Dance Company, New York, NY
Contact: Nick Filippini, nfilippini1994@gmail.com, www.rodrodgersdance.org

Integrative Health and Wellness Community Outreach, Joan & Sanford I. Weill Medical College of Cornell University, New York, NY
Contact: Natalie Hellmers, nah9011@med.cornell.edu, weillcornell.org/integrative-health-and-wellbeing-program

Promoting Positive Mental Health for those with Parkinson’s Disease and their Care Partners utilizing Alternative Therapies, Barry and Florence Friedberg Jewish Community Center, Oceanside, NY
Contact: Gloria Lebeaux, glebeaux@friedbergjcc.org, friedbergjcc.org

Art Moves Me at Burchfield Penney Art Center, Burchfield Penney Art Center, Buffalo, NY
Contact: Jennifer Merlette, heythereheidiho@gmail.com, www.burchfieldpenney.org/main

Virtual Improv for PD Program, Mount Sinai Beth Israel, New York, NY
Contact: Joan Miravite, Joan.Miravite@mountsinai.org, www.mountsinai.org/beth-israel

Moving Forward Together - An Educational Program for Those Living with Parkinson’s Disease & Their Caregivers, Albany Medical College, Albany, NY
Contact: Eric Molho, molhoe@amc.edu, www.amc.edu

Pickleball for Families & Friends Living with Parkinson’s, Rochester Accessible Adventures, Rochester, NY
Contact: Anita O’Brien, aobrien@rochesteraccessibleadventures.org, rochesteraccessibleadventures.org/

*Promoting Engagement of Physical Activity in Early Stage Parkinson’s Disease (Engage PD), Teachers College, Columbia University, New York, NY
Contact: Lori Quinn, lg2165@tc.columbia.edu, www.columbia.edu

Pathways to Parkinson’s, Mid-Island Jewish Community Center, Plainview, NY
Contact: Barbara SachsTraina, bsachs@miyjcc.org, miyjcc.org

Broadway’s Best for Parkinson’s, The Jewish Community Center in Manhattan, Inc., New York, NY
Contact: Elyssa Tannenbaum, etannenbaum@mmjccm.org, mmjccm.org/parkinsons

Pedaling for Parkinson’s and Virtual Reality Exercise, Empower Parkinson, Inc, Tully, NY
Contact: Patrick VanBeveren, pjvanb@aol.com, empowerparkinson.org

Reclaiming Your Voice: Speech Therapy for People with Parkinson’s in Vulnerable and Underserved Populations
College, CUNY, Flushing, NY
Contact: Elizabeth Viccaro Sitler, elizabeth.viccaro@qc.cuny.edu, www.qc.cuny.edu/home.aspx

The Jump Start Program: A Proactive Approach for those with Parkinson's Disease, Engage PT, OT, SLP, Syracuse, NY
Contact: Elizabeth Yates Horton, liz@brainbodybetter.com, www.engagebrainbodybetter.com

Ohio
Ohio State’s Comprehensive Community Programming for Individuals with Parkinson’s Disease, The Ohio State University, Columbus, OH
Contact: Jared Braden, jared.braden@osumc.edu, www.osu.edu

Drumming Up Health in the Parkinson’s Community, Cincinnati Music & Wellness Coalition, Cincinnati, OH
Contact: Arlene de Silva, arlene@musicandwellness.net, musicandwellness.net

Voices for Parkinson’s, Voices for Parkinson’s Inc 501(3)(c), Loveland, OH
Contact: Caitlin Fattore, caitlinfattore@gmail.com, www.voicesforparkinsons.org

Improving Mental Health Through Community-Based Exercise, InMotion, Beachwood, OH
Contact: Cathe Schwartz, cschwartz@beinmotion.org, beinmotion.org

Evaluation and Treatment Considerations for Individuals with Parkinson’s Disease, Cleveland Clinic Foundation, Cleveland, OH
Contact: Ellen Walter, waltere2@ccf.org, my.clevelandclinic.org

Oklahoma
Stillwater CANe Project (Communication, Arts, Nutrition, and Exercise) for People with Parkinson Disease and Their Families, Oklahoma State University, Stillwater, OK
Contact: Sabiha Parveen, sabiha.parveen@okstate.edu, go.okstate.edu

Oregon
*Educating PCP Teams in Underserved Communities with Project ECHO Model II, Oregon Health & Science University, Portland, OR
Contact: Lisa Mann, mannli@ohsu.edu, www.ohsu.edu
Pennsylvania
Gray Strong, Gray Strong Foundation, Easton, PA
Contact: Eric Aquino, info@graystrong.org, www.graystrong.org

Singercise - Therapeutic Singing for Parkinson's, Greater Susquehanna Valley YMCA, Sunbury, PA
Contact: Bonita McDowell, ymcaexec@ptd.net, www.gsvymca.org

*Managing Mind and Mood, Trustees of The University of Pennsylvania, Philadelphia, PA
Contact: Suzanne Reichwein, sreichwein@pennmedicine.upenn.edu, www.pennmedicine.org/

*Close Contact for Couples with PD, Trustees of The University of Pennsylvania, Philadelphia, PA
Contact: Suzanne Reichwein, sreichwein@pennmedicine.upenn.edu, www.pennmedicine.org/

Parkinsingers Choir and Drum Circle Initiative, Music Matters International, Philadelphia, PA
Contact: Marjorie Samoff, parkinsingers@gmail.com,

South Dakota
Living Well with Parkinson’s Disease, Avera McKennan Hospital & University Health Center, Sioux Falls, SD
Contact: Matt Leedom, matt.leedom@avera.org, www.avera.org

Tennessee
Rock Steady Boxing Music City and Franklin, Rock Steady Boxing Music City, Franklin, TN
Contact: Colleen Bridges, nashbridges@comcast.net, franklin.rsbaffiliate.com

Exercise is Medicine, 901 Parkinson’s Fighters, Memphis, TN
Contact: Pat Canale, pscanale46@gmail.com, www.901parkinsonsfighters.com

Rock Steady Boxing, Memphis Jewish Community Center, Memphis, TN
Contact: Judy Goldberg, jgoldberg@iccmemphis.org, memphisjcc.rsbaffiliate.com

The University of Tennessee Medical Center Annual Parkinson’s Symposium, University of Tennessee Medical Center, Knoxville, TN
Contact: Charlotte Sorensen, csorensen@utmck.edu, www.utmedicalcenter.org

Texas
Fostering Quality of Life in Individuals with Parkinsons Disease through Telehealth Mental Health and Wellness Support Sessions, The University of Texas at Tyler, Tyler, TX
Contact: Julie Hebert, jhebert@uttyler.edu, www.uttyler.edu
Power for Parkinson's Wellness Programs, Power for Parkinsons, Austin, TX
Contact: Nina Mosier, nina.mosier@powerforparkinsons.org, www.powerforparkinsons.org

Movement for the Underserved People with Parkinson's Disease of San Antonio Through Exercises Classes Vital for Equality (MUEVE), University of the Incarnate Word, San Antonio, TX
Contact: Jennifer Penn, jpenn@uiwtx.edu, www.uiw.edu

**Utah**

Dance Uninhibited, Ririe-Woodbury Dance Foundation, Salt Lake City, UT
Contact: Drew Jaussaud, development@ririewoodbury.com, www.ririewoodbury.com

**Virginia**

The YOPD Wellness Network, Young Onset Parkinson's Network, Vienna, VA
Contact: Anna Grill, annabgrill@gmail.com

**Washington**

Swedish Medical Center Living Well with Parkinson’s Program, Swedish Medical Center Foundation, Seattle, WA
Contact: Michelle Scheff, michelle.scheff@swedish.org, www.swedishfoundation.org

**International**

*Rehabilitative Strategies for People with Parkinson’s Disease: An Online Self-Help Instructive Video Compendium, Monash Health, Clayton, Australia
Contact: Robert Iansek, robert.iansek@monash.edu, monashhealth.org

*Multi-Disciplinary and Innovative Service for Taiwan People With Young Onset Parkinson Disease, National Taiwan University Hospital, Taipei, Taiwan
Contact: Ruey-Meei Wu, robinwu@ntu.edu.tw, www.ntuh.gov.tw/ntuh/ntuhgroup.jsp

* Denotes Centers of Excellence Community Outreach Resource Education (CORE) grants. These grants fund a variety of programs offered through Parkinson's Foundation Centers of Excellence that address mental health, provide services to diverse and underserved populations, and initiatives that reach the newly diagnosed.