2020 Recipients

**Alabama**

Painting with Parkinson’s, YMCA of South Alabama, Foley, AL
Contact: Pam Anderson, panderson@ysal.org, ysal.org

Outside the Pill Box: Integrated Interdisciplinary Allied Care, Huntsville Hospital Foundation, Inc., Huntsville, AL
Contact: Diane Brown, diane.brown@hhsys.org, huntsvillehospitalfoundation.org

**Arkansas**

Community Fitness PWR! Moves Program, University of Arkansas for Medical Sciences, Little Rock, AR
Contact: Chris Oholendt, ckoholendt@uams.edu, medicine.uams.edu

**Arizona**

Banner Neuro Wellness Early Intervention Program, Banner University Medical Center Tucson, Phoenix, AZ
Contact: Annette Kluge, annette.edwards@bannerhealth.com, bannerhealth.com

Parkinson’s Awareness Day, Valley of the Sun Jewish Community Center, Scottsdale, AZ
Contact: Andrea Quen, andreaq@vosjcc.org, vosjcc.org

**California**

Rx Ballroom Dance Therapy Program - Dance for Improved Quality of Life!, Rx Ballroom Dance, Ladera Ranch, CA
Contact: Erin Drake, info@rxballroomdance.com, rxballroomdance.com

Spread the Word: Mental Health Resources and Outreach to People with Parkinson’s Disease, Parkinson’s Association of Northern California , Folsom, CA
Contact: Barbara Fleck, fleckb@parkinsonsacramento.org, panctoday.org

Luchando contra el Parkinson, Juan Carlos Organization, San Diego, CA
Contact: Lisbeth Garces, juancarlosorganization@gmail.com, jcorg.org

North State Therapy Choir, Chico, North Valley Community Foundation, Chico, CA
Contact: Erin Haley, erin@haleymusictherapy.com, nvcf.org

PD Bootcamp: access to specialty care for newly diagnosed and underserved, Re+Active Physical Therapy and Wellness, Torrence, CA
Contact: Julie Hersberg, info@re-activept.com, reactivept.com
Expansion of the Parkinson’s Exercise Programs in Orange County, CA, Parkinson’s Association of Orange, County Irvine, CA
Contact: Kerry Keen, kerrykeen@pacbell.net, paocinc.org

PASB Latino Outreach Program, Parkinson Association of Santa Barbara, Santa Barbara, CA
Contact: Barbara Levi, bglevi@msn.com, mypasb.org

Parkinson’s Exercise Program 2020 Community Grant, City of Union City - Community & Recreation Services, Union City, CA
Contact: Robert Magbanua, robertmagbanua@unioncity.org

Increasing access to high quality exercise and educational programs for people newly diagnosed with Parkinson’s in Orange County, California, Rogue Physical Therapy & Wellness, Inc, Fountain Valley, CA
Contact: Claire McLean, info@roquept.com, roquept.com

Long Beach Medical Center’s Parkinson’s Wellness Program, Memorial Medical Center Foundation, Long Beach, CA
Contact: Jan McQueen, JMcQueen@memorialcare.org, memorialcare.org

PD-Connect™ The First BIG Step™, PD-Connect, Corte Madera, CA
Contact: Lisa Oei, lisa@pd-connect.org, pd-connect.org

The Time is Now: The Power of Dance, USA Dance Inc, Palmdale, CA
Contact: Lisa Sandoval, lisadance1@aol.com, usadance.org

Colorado

Rural Community Outreach, Parkinson Association of the Rockies, Denver, CO
Contact: Jodi Brown, jbrown@parkinsonrockies.org, parkinsonrockies.org

Parkinson’s Pointe Pilot Program, Parkinson’s Community Center, Aurora, CO
Contact: Meredith Lo, meredith@parkinsonspointe.org, parkinsonspointe.org

Delaware

Improving Access to Mental Health Care for People with Parkinson’s Disease and Caregivers in the State of Delaware, University of Delaware, Newark, DE
Contact: Carolyn Haines, chaines@udel.edu, udel.edu

Florida

Parkinson’s Individualized Care Advising and Program Growth and Expansion, Sebring, Highlands County, FL, Neuro Challenge Foundation for Parkinson’s, Inc., Sarasota, FL
Contact: Robyn Faucy-Washington, robyn@neurochallenge.org, neurochallenge.org
Tampa Bay Parkinson’s Disease Newly Diagnosed Wellness Initiative, Tampa JCC/Federation Inc., Tampa, FL
Contact: Pnina Levermore, Pnina.levermore@jewishtampa.com, jewishtampa.com

The Park Avenue Project!, St. Augustine Rehabilitation Specialists, St. Augustine, FL
Contact: Melanie Lomaglio, Melanie@starsrehab.org, starsrehab.org

Parkinson’s Cycle Program, YMCA of South Palm Beach County, Inc., Boca Raton, FL
Contact: Robin Nierman, rnierman@ymcaspbc.org, ymcaspbc.org

Parkinson’s Wellness Program, Memorial Foundation, Inc. of MHS-Hollywood, FL, Hollywood, FL
Contact: Nancy Vidaurre, nvidaurre@mhs.net, mhs.net

Rock Steady Boxing at the MAR-JCC, Michael-Ann Russell Jewish Community Center, North Miami, FL
Contact: Dany Weil, RSB@marjcc.org, marjcc.org

Georgia
Singing with Parkinson's: Atlanta's FIRST Parkinson's Choir, The George Center for Music Therapy, Roswell, GA
Contact: Jamie George, jamie@thegeorgecenter.com, thegeorgecenter.com

DREAMing Together: A Parkinson Caregiver’s Wellness Education and Advocacy Training Program, Emory University, Atlanta, GA
Contact: Madeleine Hackney, mehackn@emory.edu, emory.edu

PD Gladiators Exercise Program, YMCA of Metro Atlanta, Atlanta, GA
Contact: Laura Kahn, lauraka@ymcaatlanta.org, ymcaatlanta.org

Community Conversations with Emory Parkinson’s Disease Researchers, Emory University, Atlanta, GA
Contact: Thomas Wichmann, twichma@emory.edu, emory.edu

Boxing Program for Newly Diagnosed, True Beginning Wellness Inc, Jasper, GA
Contact: Katy Baker, kbaker@ellijay.com

Hawaii
Sing, Play, Move, Connect: Group Music Therapy for the Parkinson’s Community, Sounding Joy Music Therapy, Inc., Honolulu, HI
Contact: Maria Guerrero, sounding@soundingjoymt.org, soundingjoymt.org
Illinois
Interactive Demonstrations, Education, Activities, and Support for Mental Health in PD (IDEAS for Mental Health in PD), Rehabilitation Institute of Chicago dba Shirley Ryan AbilityLab, Chicago, IL
Contact: Jennifer Goldman, jgoldman02@sralab.org, sralab.org

Multi-Component Tele-Vocational Rehabilitation (tele-VR) Program for Parkinson’s Disease, Rehabilitation Institute of Chicago dba Shirley Ryan AbilityLab, Chicago, IL
Contact: Miriam Rafferty, mrafferty@sralab.org, sralab.org

Community-Based Parkinson’s Programming - YMCA and Northwestern Medicine Collaboration, YMCA of Northwestern DuPage County, Glen Ellyn, IL
Contact: Katie Sivak, ksivak@ryallymca.org, brryallymca.org

Iowa
Cedar Rapids Metro Parkinson’s Community Grant, Cedar Rapids Metro Parkinson’s Association, Cedar Rapids, IA
Contact: Kris Cameron, kriscameron@crmetroparkinsons.com, crmetroparkinsons.com

Kansas
Movement for Parkinson’s, The Jewish Community Center of Greater Kansas City, Overland Park, KS
Contact: Dawn Aronoff, dawna@thejkc.org, thejkc.org

Community choir and online music-based resources for people with Parkinson’s and their caregivers, CCRC of Lenexa, Lenexa, KS
Contact: Judy Baxter, judy.baxter@westchestervillagelenexa.com

Parkinson’s and the Art of Expression, The Parkinson’s Exercise and Wellness Center, Overland Park, KS
Contact: Stephanie Goodman, sgoodman@thepewc.org, thepewc.org

iCAN with PD: Confidence about Nutrition, Swallowing, Activities of Daily Living and Emotional Wellness with Parkinson’s Education Series, Meadowlark Hills Foundation, Manhattan, KS
Contact: Michelle Haub, mhaub@meadowlark.org, meadowlark.org

Kentucky
Lexington Area Parkinson’s Support Group Symposium Expansion, Lexington Area Parkinson Disease Support Group, Inc, Lexington, KY
Contact: Laura Soldato, laura@parkinsonslexington.com, parkinsonslexington.com
Louisiana

Metairie Dance for Parkinson's Program, New Orleans Ballet Association, New Orleans, LA
Contact: Jenny Hamilton, jhamilton@nobadance.com, nobaevents.com

Parkinson Resource Center Dance with Parkinson's Community Program, Louisiana Tech University, Ruston, LA
Contact: Donna Hood, dhood@latech.edu, https://ans.latech.edu/research-outreach/parkinsons-resource-center/

Massachusetts

Parkinson's Program Expansion, South Shore Young Men's Christian Association, Norwell, MA
Contact: John Galluzzo, jgalluzzo@ssymca.org, ssymca.org

SCORE Power Training for Parkinson's Fitness (aka Parkinson's Fitness), SCORE Power Training for Parkinson’s Fitness, Salem, MA
Contact: Linda Hall, parkinsonsfitness@gmail.com

Goddard House Parkinson's Program, Goddard House Assisted Living, Brookline, MA
Contact: Christine Nagle, cnagle@goddardhouse.org, goddardhouse.org

Nutrition Program for Individuals & Families Affected by Parkinson's Disease, Community Servings, Inc., Jamaica Plain, MA
Contact: Tobin Scipione, tscipione@servings.org, servings.org

Maryland

Rock Steady Boxing at the Y, YMCA of Central Maryland, Inc., Baltimore, MD
Contact: Dana Hotra, danahotra@ymaryland.org, ymaryland.org

Maine

Improving the Lives of People with Parkinson’s Disease through an Evidence-Based Wellness Program, Bangor Young Mens Christian Association, Bangor, ME
Contact: Marjorie Droppa, mdroppa@bangory.org, bangory.org

Pedaling for Parkinson’s, Alfond Youth & Community Center, Waterville, ME
Contact: Crista Lavenson, clavenson@clubaycc.org, clubaycc.org

Michigan

YMCA of Greater Grand Rapids’ Parkinson’s Support Program, YMCA of Greater Grand Rapids, Grand Rapids, MI
Contact: Amanda Ciofu, aciofu@grymca.org, grymca.org

Equitable Exercise for People with Parkinson’s Disease 2.0, Ascension Genesys Foundation,
Grand Blanc, MI
Contact: Susan Tippett, susan.tippett@ascension.org, genesyshealthfoundation.org

**Minnesota**
Developing and Delivering a Quarterly Education Workshop: Achieving a Happy and Healthy Life with Parkinson’s Disease, Exercisabilities, Inc, Rochester, MN
Contact: Melanie Brennan, melanie@exercisabilities.org, exercisabilities.org

Expanding the Benefits of Movement to People of Color and Indigenous Peoples with Parkinson’s, Element Community Health Fund, Inc DBA: CoMotion: Center for Movement, Saint Paul, MN
Contact: Kim Heikkila, heik0012@umn.edu

**Missouri**
Art Therapy Program for Parkinson’s Disease patients, Saint Luke’s Foundation, Kansas City, MO
Contact: Meredith Cantrell, mecantrell@saintlukeskc.org, saintlukeskc.org

“Parkinson's Group of the Ozarks Mobilizing Music Program”, Parkinson's Group of the Ozarks, Springfield, MO
Contact: Justin Milam, justin@parkinsonsgroup.org, parkinsonsgroup.net

**Mississippi**
Parkinson’s Wellness, Young Men’s Christian Association, Metropolitan Jackson, Flowood, MS
Contact: Renee Maxwell, healthintervention@metroymcams.org, metroymcams.org/flowood

Mississippi Gulf Coast YMCA Fitness Class Grant, Mississippi Gulf Coast YMCA, Ocean Springs, MS
Contact: Joey Conwill, jconwill@mgcymca.org, mgcymca.org

**Nevada**
Day One - Your Superhero Origin Story - Zoltan Mari - Center for Neurological Restoration, Parkinson’s Place Las Vegas, Las Vegas, NV
Contact: Robert Cochrane, robert@cszlasvegas.com, parkinsonsplacelv.org

Recalibrate Motor Control Training & PALS, Motorvation Foundation Inc., Las Vegas, NV
Contact: Darbe Schlosser, darbeschlosser@motorvationusa.com, motorvationfoundation.org

**New Hampshire**
Upper Valley Programs for Parkinson’s, Upper Valley Programs for Parkinson’s, Lebanon, NH
Contact: Rick Dickson, rick.dickson@joinccba.org, uvparkinsons.org
New Jersey

Dance for Parkinson’s Classes, Princeton Ballet Society (dba American Repertory Ballet), New Brunswick, NJ
Contact: Rachel Abrams rabrams@arballet.org, arballet.org

Parkinson’s Connection, Jewish Federation of Southern New Jersey, Cherry Hill, NJ
Contact: Brian Adler badler@jfedsnj.org, jewishsouthjersey.org

Rutgers Dance and Parkinson’s Program, Rutgers, The State University of New Jersey, Piscataway, NJ
Contact: Jeff Friedman, jfdance@mgsa.rutgers.edu, rutgers.edu

ParkinSINGS Choir for Newly Diagnosed Adults, JFK Medical Center, Edison, NJ
Contact: Deborah Smith, deborah.smith@hackensackmeridian.org, jfkmc.org

New York

Dance for PD, Discalced, Inc., dba Mark Morris Dance Group, Brooklyn, NY
Contact: Michelle Amador michelle@mmdg.org, markmorrissdancegroup.org

Ping Pong Parkinson, PingPongParkinson, Pleasantville, NY
Contact: Nenad Bach, NenadBach@gmail.com, pingpongparkinson.com

Movement and Music for Living Well with Parkinson’s, Sephardic Community Youth Center, Brooklyn, NY
Contact: Linda Eber, Linda@scclive.org, scclive.org

Shakespeare For Parkinson’s, Rod Rodgers Dance Company, New York, NY
Contact: Nick Filippini, nfilippini1994@gmail.com, rodrodgersdance.org

A Community-Based Program for Social Participation and Exercise for Individuals with Parkinson’s Disease, Long Island University, Greenvale, NY
Contact: Gemma Moya Gale, gemma.moya-gale@liu.edu, liu.edu

Stress Management & Resiliency Training Program (SMART-3RP) for Parkinson’s Patients & Caregivers, The Research Foundation of SUNY- SUNY at Stony Brook, Stony Brook, NY
Contact: Adam Gonzalez, adam.gonzalez@stonybrook.edu, rfsuny.org

Moving Forward Together - An Educational Program for Those Living with Parkinson's Disease & Their Caregivers, Albany Medical College, Albany, NY
Contact: Eric Molho, molhoe@amc.edu, amc.edu

Promoting physical activity engagement for people with early stage Parkinson’s disease (Engage-PD), Teachers College, Columbia University, New York, NY
Contact: Lori Quinn,-lgq2165@tc.columbia.edu, columbia.edu
North Carolina
Poised for Parkinson's in the Carolinas: A new approach for managing motor and non-motor symptoms of Parkinson’s and improving functionality, The Poise Project, Candler, NC
Contact: Monika Gross, monika.gross@thepoiseproject.org, thepoiseproject.org

YMCA Parkinson’s Program-- Expansion and Community Outreach, YMCA of Southeastern North Carolina, Wilmington, NC
Contact: Marjorie Lanier, marjorie.lanier@ymcasenc.org, ymcasenc.org

Parkinson's Movement Initiative at ADF, American Dance Festival, Durham, NC
Contact: Caitlyn Swett, caitlyn@americandancefestival.org, americandancefestival.org

North Dakota
Rock Steady Boxing BisMan, Family Wellness Bismarck Mandan LLC, Mandan, ND
Contact: Taija Bohn, taija.bohn@familywellnessbisman.org, familywellnessbisman.org

Ohio
Ohio State’s Comprehensive Community Programming for Individuals with Parkinson’s Disease, The Ohio State University, Columbus, OH
Contact: Jared Braden, jared.braden@osumc.edu, osu.edu

Mental Health Benefits of Mindful Movement for People with Parkinson's Disease, InMotion, Warrensville Heights, OH
Contact: Cathe Schwartz, cswartz@beinmotion.org, beinmotion.org

Oklahoma
Stillwater CA Ne Project (Communication, Arts, Nutrition, Exercise) for Individuals with Parkinson Disease and their Families, Oklahoma State University, Stillwater, OK
Contact: Sabiha Parveen, sabiha.parveen@okstate.edu, okstate.edu

Pennsylvania
Mindfulness Based Program for Newly Diagnosed Parkinson’s Patients, St. Luke’s Hospital & Health Network, Bethlehem, PA
Contact: Nancy Diaz-Pechar, Nancy.Diaz-Pechar@sluhn.org

Singercise - Therapeutic Singing for those with Parkinson’s, Greater Susquehanna Valley YMCA, Sunbury, PA
Contact: Bonita McDowell, ymcaexec@ptd.net, gsvymca.org
South Carolina

Cane Bay Family YMCA PWR!, YMCA of Greater Charleston/ Cannon Street YMCA, Summerville, SC
Contact: Jamie Bowman-Carroll, fitness@ymcagc.org, ymcagc.org

Education and Exercise Support for Individuals Newly Diagnosed and their Care Partners, South Carolina Research Foundation, Columbia, SC
Contact: Alicia Flach, adflach@mailbox.sc.edu, sc.edu

Empowering Newly Diagnosed Through Education and Reach, Greenville Area Parkinson Society, Greenville, SC
Contact: Kamber Parker, kamber@gapsonline.org, gapsonline.org

South Dakota

YMCA of Rapid City - Parkinson’s Disease Program, YMCA of Rapid City, Rapid City, SD
Contact: Alyssa Silko, alyssas@rcymca.org, rcymca.org

Tennessee

Rock Steady Boxing Music City and Franklin, Rock Steady Boxing Music City, Franklin, TN
Contact: Colleen Bridges, nashbridges@comcast.net, franklin.rsbaffiliate.com

PFP Support Groups and Awareness in Middle Tennessee, Peterson Foundation for Parkinson’s, Nashville, TN
Contact: Ashley Hood, ajhood22@gmail.com, petersonforparkinsons.org

The University of Tennessee Medical Center Annual Parkinson’s Symposium, University of Tennessee Medical Center, Knoxville, TN
Contact: Charlotte Sorensen, csorensen@utmck.edu, utmedicalcenter.org

Texas

The MIND Program (Movement Initiative for the Newly Diagnosed), Parkinson's Mind Body Institute, Dallas, TX
Contact: Valerie Johnson, valerie@balancetherapylcc.com

Support for Power for Parkinson’s Wellness Programs, Power for Parkinson's, Austin, TX
Contact: Nina Mosier, nina.mosier@powerforparkinsons.org, powerforparkinsons.org

Expanding Move. Laugh. Connect. to Inner City Dallas, Dallas Area Parkinsonism Society, Dallas, TX
Contact: Leisha Phipps, leisha@daps.org, daps.us
Impact of Community Boxing on Non-Motor Symptoms and Physical Therapy Student Professionalism, UT Southwestern Medical Center, Dallas, TX
Contact: Staci Shearin, staci.shearin@utsouthwestern.edu, utswmed.org

Virginia
The YOPD Wellness Web, DC Metro Charter Chapter, Can't Shake Me, Inc., Leesburg, VA
Contact: Anna Grill, agrill@cantshakeme.org, cantshakeme.org

Virginia Commonwealth University and Power Over Parkinson's: Parkinson's Activity League (PAL), VCU-162/162 Virginia Commonwealth University, Richmond, VA
Contact: Robert Hand, robert.hand@vcuhealth.org, vcu.edu

Washington
Swedish Medical Center Living Well with Parkinson’s Program, Swedish Medical Center Foundation, Seattle, WA
Contact: Michelle Scheff, michelle.scheff@swedish.org, swedishfoundation.org

Wisconsin
Movement & Music, Wisconsin Parkinson Association, Brookfield, WI
Contact: Gary Garland, garyg@wiparkinson.org, wiparkinson.org

Community Outreach Resource Education Grants
In 2020, the Parkinson’s Foundation launched the Centers of Excellence Community Outreach Resource Education (CORE) grants to support community-based education and outreach programs that address unmet needs in the Parkinson’s community.

For a full list, please visit CORE Grants.