2019 Recipients

Alabama
Art Moves, First United Methodist Church of Bay Minette, Bay Minette, AL
Contact: Alicia Liles Gourla gourlay111@gmail.com, fumcbayminette.org

Outside the Pill Box: Integrated Interdisciplinary Allied Care, Huntsville Hospital Foundation, Huntsville, AL
Contact: diane.brown@hhsys.org, huntsvillehospitalfoundation.org

Arizona
Safety and Health in Motion Stay Vertical, Valley Assistance Services, Green Valley, AZ
Contact: Ericksonc.erickson@valleyassistanceservices.org, valleyassistanceservices.org

Tremble Clefs Arizona, Sun City, AZ
Contact: Kirk Hall shakypawsgrampa1248@gmail.com

Finding We with PD: Strengthening the Partnership Between Caregiver and Care Receiver, Muhammad Ali Parkinson Center, Phoenix, AZ
Contact: Darolyn O'Donnell darolyn.o'donnell@dignityhealth.org, maprc.com

Hispanic Outreach Leadership Conference, Muhammad Ali Parkinson Center, Phoenix, AZ
Contact: maprc.com

Arkansas
Community Fitness PWR!Moves Program, University of Arkansas for Medical Sciences, Little Rock, AR
Contact: Christopher Oholendt: ckoholendt@uams.edu, uams.edu

Holly Street Physical Therapy Parkinson’s Exercise Program, Holly Street Physical Therapy, Siloam Springs, AR,
Contact: Holly L. Smith hlsmith280@gmail.com, hollystreetpt.com

California
Parkinson’s Exercise Program, City of Union City - Union City Community & Recreation Services, Union City, CA
Contact: Dizon Magbanua Jr rmagbanua@unioncity.org, unioncity.org

Engaging Greater Fresno Area Through Exercise, Activity, and Education, Greater Fresno Parkinson Support Group, Clovis, CA
Contact: pattystratton21@gmail.com, gfpsg.org

Invertigo Dance Theatre, Culver City, CA
Contact: Brittany Gash brittany@invertigodance.org, InvertigoDance.org
Parkinson’s Wellness Program at Long Beach Medical Center, Memorial Medical Center Foundation, Long Beach, CA
Contact: mmcfgrants@memorialcare.org, memorialcare.org/memorial-medical-center-foundation

Taiko for Parkinson’s Disease, San Jose Taiko, San Jose, CA
Contact: info@taiko.org, taiko.org

Cycling for Parkinson’s Disease, Stanford HealthCare Neuroscience Supportive Care Program, Palo Alto, CA
Contact: Graham Wellman gwellman@stanfordhealthcare.org, stanfordhealthcare.org/for-patients-visitors/classes-events.html

Jewish Family and Children’s Services, Seniors At Home Jewish Family and Children’s Services, San Francisco, CA
Contact: DanielleS@jfcs.org, jfcs.org

Lineage Dance Company: Dance For Joy, Lineage Performing Arts Center, Pasadena, CA
Contact: Brian Elerding brian@lineagepac.org, lineagepac.org

Neuroboxing, Westlake Village, CA
Contact: Josh Ripley josh@neuroboxing.org, neuroboxing.org

POP Fit Power Over Parkinson’s, Salinas, CA
Contact: ann@actioncouncil.org, poweroverparkinsons.org

Re+active’s E2P2 Program, Re+active physical therapy & wellness, Los Angeles, CA
Contact: Julie Hershberg julie@re-activept.com, reactivept.com

Tremble Clefs San Diego, San Diego, CA
Contact: Karen Hesley khesley@hotmail.com, trembleclefs.com

Parkinson’s Caregiver Trainings in Compassion and Exercise, Adaptive Physical Education, Redwood City, CA
Contact: info@adaptivepevmsc.org, adaptivepevmsc.org

Parkinson’s and Movement Disorders Program, Orange Coast Memorial Medical Center, Fountain Valley, CA
Contact: Theresa Stern tmazziottastern@memorialcare.org, memorialcare.org/orangecoast

¡Juntos Unidos! A peer led Hispanic Outreach Program, UCSD Parkinson and Movement Disorders Center, La Jolla, CA
Contact: Adriana Gonzalez acq008@ucsd.edu

Mindfulness-Based Cognitive Therapy for People with Parkinson’s Disease, University of California San Francisco, San Francisco, CA
Parkinson.org/CommunityGrants

Contact: Andreea Seritan andreea.seritan@ucsf.edu, ucsf.edu

**Colorado**
Creativity Labs for People with Parkinson’s, The Unsteady Hand - an artist collective, Colorado Springs, CO
Contact: Mo Onstad mo@theunsteadyhand.org, theunsteadyhand.org

Rural Community Outreach, Parkinson Association of the Rockies, Denver, CO
Contact: Jodi Brown jbrown@parkinsonrockies.org, parkinsonrockies.org

**Washington, DC**
Moving Day DC, Iona Senior Services, Washington, DC
Contact: excercise.is.medicine.dc@gmail.com, iona.org

**Delaware**
Art Program for People with Parkinson’s Disease, Parkinson’s Education and Support Group of Sussex County, Lewes, DE
Contact: Patricia Slygh pcslygh@comcast.net, sussexdeparkinsons.com

**Florida**
Hope Parkinson Program, Hope Hospice and Community Services, Fort Myers, FL
Contact: Amy Objartel, amy.objartel@hopehcs.org, hopeparkinson.org

Tremble Clefs of Palms of Largo – Serving Pinellas County, The Palms of Largo, Largo, FL
Contact: Leah Einboden leah.einboden@thepalmsoflargo.com, thepalmsoflargo.com

Boxing and Cycling for Parkinson's, YMCA of South Palm Beach County, Boca Raton, FL
Contact: ymcagrannts@ymcaspbc.org, ymcaspbc.org

Philip Shayman Parkinson's Program, Tampa Jewish Community Centers and Federation, Tampa, FL
Contact: Pnina Levermore pnina.levermore@jewishtampa.com, jewishtampa.com

Wellness and Exercise Programs for People with Parkinson's Disease, David Posnack Jewish Community Center, Davie, FL
Contact: Robert L. Schwartz bbachrach@dpjcc.org, dpjcc.org

Yoga Therapy for Newly Diagnosed PD, AUM Home Shala, Miami, FL
Contact: Melinda Atkins info@aumhomeshala.org, aumhomeshala.org

Yoga for Parkinson's, Casa Vinyasa, Miami, FL
Contact: Cassie Kitcoff, info@casavinyasamiami.com, www.casavinyasamiami.com

Parkinson.org/CommunityGrants
Pedaling for Parkinson’s Tampa Metropolitan Area YMCA, Tampa, FL
Contact: michelle.willis@tampaymca.org, tampaymca.org

Parkinson’s Wellness Program, Memorial Foundation, Hollywood, FL
Contact: nvidaurre@mhs.net, mhsfoundation.org

PD360, Broward Health, Ft. Lauderdale, FL
Contact: pasanchez@browardhealth.org, browardhealth.org

Parkinson’s Education, Support and Therapeutic Programs in Sebring, Highlands County, FL
Contact: Robyn Faucy-Washington robyn@neurochallenge.org, neurochallenge.org

Boxing “Fight Back” Scholarship Fund, RSB JAX INC, Ponte Vedra Beach, FL
Contact: jacksonville@rsbaffiliate.com, rsbjax.org

Rock Steady Boxing, Michael-Ann Russell JCC, North Miami Beach, FL
Contact: RSB@marjcc.org, marjcc.org

Georgia
Singing with Parkinson’s, The George Center Foundation, Roswell, GA
Contact: jamie@thegeorgecenter.com, TheGeorgeCenter.com

Living Well with Parkinson’s, Marcus Jewish Community Center of Atlanta, Dunwoody, GA
Contact: erika.barnes@atlantajcc.org, atlantajcc.org

PD Gladiators Exercise Program, YMCA of Metro Atlanta, Atlanta, GA
Contact: amandam@ymcaatlanta.org, ymcaatlanta.org

DREAM On: Accessible health and research education for diverse people with Parkinson’s living in rural, resource limited, and hard-to-reach communities, Emory University, Atlanta, GA
Contact: Dr. Madeleine E. Hackney mehackn@emory.edu, aging.emory.edu

Community Conversations with Emory Parkinson’s Disease Researchers, Emory University’s Udall Parkinson’s Disease Research Center, Atlanta, GA
Contact: cholbro@emory.edu, udall.emory.edu

Illinois
The Parkinson’s Co-Op, Rock Steady Boxing Windy City, Chicago, IL
Contact: Eric Johnson eric@movement-revolution.com, rocksteadyboxingwindycity.com

Group Exercise Programs for Parkinson’s Disease, Rush Copley Foundation, Aurora, IL
Contact: Maryll Moon maryll.moon@rushcopley.com, rushcopley.com
InspirFit - Parkinson's Exercise Breaking the Barriers, InspirFit, Willowbrook, IL
Contact: Nancy Timko nancy@inspirfitness.com, inspirfitness.com

Rock Steady Boxing for Parkinson's, Illinois Valley YMCA, Peru, IL
Contact: David P. Potthoff d.potthoff@comcast.net, ivymca.com

Establishing the Chicago Movement Coalition for Parkinson's disease and clinical trial education in under-represented communities, Northwestern University Feinberg School of Medicine, Chicago, IL
Contact: Danielle N Larson danielle.larson@northwestern.edu, neurology.northwestern.edu

Fostering Sustainable Neighborhood Partnerships for Parkinson's Disease Education and Support among Chicago's Underserved Minority Communities, Rush University Medical Center, Section of Movement Disorders, Chicago, IL
Contact: Mitra Afshari mitra_afshari@rush.edu, Rush University Medical Center

Indiana
Rock Steady Boxing Program, Fool Moon Martial Arts, Jeffersonville, IN
Contact: fmmaa@sbcglobal.net, fullmoonmartialarts.com

Exercise, Camaraderie and Support for People with Parkinson's, YMCA of Southwestern Indiana, Evansville, IN
Contact: Sally Kroeger kroeger@ymcaswin.org, ymcaswin.org

Iowa
YMCA of the Okobojis Delay the Disease Training and Education, Camp Foster YMCA, Spirit Lake, IA
Contact: Cindy Rosa cindy.rosa@okobojiymca.com

Kansas
Movement for Parkinson's, Jewish Community Center of Greater Kansas City, Kansas City, KS
Contact: Maggie Nicholls maggieo@thejkc.org, thejkc.org

Parkinson’s Support Group, Prairie View, Newton, KS
Contact: Eric Schrag schragej@pvi.org

Driving Parkinson's, University of Kansas Medical Center, Kansas City, KS
Contact: Amber Conn aconn2@kumc.edu, kuhealthpartners.org/driving/

Kentucky
Improving Quality of life in Caregivers of Patients with Parkinson's disease and related
disorders, University of Louisville, Louisville, KY
Contact: kathrin.lafaver@louisville.edu

**Louisiana**

Metairie Dance for Parkinson’s Program, New Orleans Ballet Association, New Orleans, LA
Contact: jhamilton@nobadance.com, nobadance.com

Strengthening infrastructure for PD dance classes of Moving Colors Productions, Baton Rouge, LA
Contact: Susan Perlis susan.perlis@gmail.com, ofmovingcolors.org

**Maine**

Pedaling for Parkinson’s Program, Penobscot Bay YMCA, Rockport, ME
Contact: Melissa Bellew mbellew@penbayymca.org, penbayymca.org

**Maryland**

Pedaling for Parkinson’s, Y in Waverly (Weinburg), Baltimore, MD
Contact: Julia Demarais juliademarais@ymaryland.org, ymaryland.org/locations/weinberg

Sustaining and Extending PD Programs to the Underserved Rural Population of the Eastern Shore of Maryland, Maryland Association for Parkinson Support, Brooklandville, MD
Contact: John R. Harrald, jrharrald@gmail.com, marylandparkinsonsupport.org

Carroll County Expansion of Parkinson’s disease education and exercise programs through Rock Steady Boxing and Yoga focusing on motor and non-motor functions including mobile classrooms, Movement Disorder Education & Exercise, Pikesville, MD
Contact: Larry L. Zarzecki II larryzarzecki@yahoo.com, MDEEmaryland.com

Parkinson’s Continuum of Care Program, Good Samaritan Hospital Foundation, Baltimore, MD
Contact: linda.m.frisch@medstar.net, medstargoodsam.org

**Massachusetts**

SCORE Power training for Parkinson’s Fitness: Ability-based exercise, arts and movement programs (Parkinson’s Fitness), Salem, MA
Contact: parkinsonsfitness@gmail.com, parkinsonsfitness.org

An innovative Tai Chi teaching methodology, “Tai Chi Paradigm”, for Individuals with Parkinson’s, Calvin Chin’s Martial Arts Academy, Newton Highlands, MA
Contact: Karen Weisinger kweisinger2@gmail.com, calvinchin.com

Nutrition Program for Individuals & Families Affected by Parkinson’s Disease, Community Servings, Jamaica Plain, MA
Contact: tscipione@servings.org, servings.org
The ART of Living with Parkinson’s Disease: A Boston Based Program Replicated to the National Level, Beth Israel Deaconess Medical Center, Boston, MA
Contact: Lissa Kapust lkapust@bidmc.harvard.edu, Wellness Works Program

**Michigan**
Equitable Exercise for People with Parkinson’s Disease (E2 PWP), Ascension Genesys Foundation, Grand Blanc, MI
Contact: susan.tippett@ascension.org, ascension.org/Michigan

**Minnesota**
Increasing Awareness, Education and Support for the LGBT Community Living with Parkinson’s disease, Struthers Parkinson’s Center, Golden Valley, MN
Contact: Catherine Wielinski wielic@parknicollet.com, Park Nicollet

Knockout Parkinson’s - Fitness Boxing Program for Individuals Battling Parkinson’s Disease, TITLE Boxing Club, Lakeville, MN
Contact: Tate Wheeler tate.wheeler@titleboxingclub.com, titleboxingclub.com

**Mississippi**
Parkinson’s Fitness Class, MS Gulf Coast YMCA, Ocean Springs, MS
Contact: Jodi Ryder jryder@mgcymca.org, mgcymca.org

**Montana**
Rock Steady Boxing - Missoula, MT, SBG: Straight Blast Gym International, Missoula, MT
Contact: Jaclyn Carson jaclyn.carson@umontana.edu, sbgmontana.com

**Nebraska**
Delay the Disease Training, Parkinson’s Nebraska, Omaha, NE
Contact: Amber White amber@parkinsonsnebraska.org

**New Jersey**
Mastering Parkinson’s, CentraState Healthcare Foundation, Freehold, NJ
Contact: spurpuro@centrastate.com, centrastate.com

Johnson Rehabilitation Institute JRI Parkinson’s Choir, John F. Kennedy Medical Center Foundation, Edison, NJ
Contact: deborah.smith@hackensackmeridian.org, jfkmc.org/jfk-foundation

Punch out PD, Parkinson Life Center of Southern New Jersey, Linwood, NJ
Contact: parkinsonlifecenter@gmail.com, parkinsonlifecenterofsouthernnj.org
Strengthening Our Community: The Parkinson’s Movement Disorder Education Program
Saint Barnabas Medical Center, West Orange, NJ
Contact: Shari Fleurinor shari.fleurinor@rwjbh.org, rwjbh.org/saint-barnabas-medical-center

Spreading Laughter to Live Better with Parkinson’s, Jewish Home Family, Rockleigh, NJ
Contact: Sunni Herman sherman@jewishhomefamily.org, jewishhomefamily.org

New Mexico
The Alivio Caregiver Support Program, Share Your Care Adult Day Services, Albuquerque, NM
Contact: Victoria Finnegan vickif@shareyourcare.org, shareyourcare.org

New York
Aging Backwards Through Activities and Fitness Programs: A multidimensional program for people with Parkinson Disease, Rock Steady Boxing Syracuse, Syracuse, NY
Contact: Patrick VanBeveren pivanb@aol.com, syracuse.rsbaffiliate.com

Dance for PD, Mark Morris Dance Group, Brooklyn, NY
Contact: Ann Marie Rubin annmarie.rubin@mmdg.org, mmdg.org

Pedaling for Parkinson's YMCA of Greater Rochester, Rochester, NY
Contact: Laura Anne Fasano lauraf@rochesterymca.org, rochesterymca.org

Inspiring Hope Improving Ability, Rochester Accessible Adventures, Rochester, NY
Contact: Anita O'Brien aobrien@rochesteraccessibleadventures.org, rochesteraccessibleadventures.org

Parkinson’s Disease Hospital Optimization Program, University of Rochester Medical Center, Rochester, NY
Contact: Irene H. Richard irene_richard@urmc.rochester.edu

Promoting physical activity engagement for people with early stage Parkinson’s disease (Engage-PD), Columbia University - Teachers College, New York, NY
Contact: Lori Quinn lg2165@tc.columbia.edu, tc.columbia.edu

Strong and Steady/LSVT BIG, Canandaigua Family YMCA, Canandaigua, NY
Contact: Mike Schuber mschuber@canandaigua-ymca.org, canandaigua-ymca.org

Nevada
Recalibrate Motivation Foundation, Las Vegas, NV
Contact: julie@re-activept.com, reactivept.com

North Carolina
YMCA of Western North Carolina - Parkinson’s Intervention, YMCA of Western North
Carolina, Asheville, NC
Contact: rwilson@ymcawnc.org, ymcawnc.org

Developing Parkinson’s Care Excellence Through Team Member Education, Novant Health Forsyth Medical Center Foundation, Winston-Salem, NC
Contact: rlbrantley@novanthealth.org, Novant Health Foundation

Do supervised home exercise programs improve compliance, physical functioning and emotional well-being in persons with Parkinson’s disease after physical therapy care? (study), Elon University Department of Physical Therapy Education, Elon, NC
Contact: Crystal Renee Ramsey cramsey6@elon.edu, Elon University

Parkinson’s Movement Initiative, American Dance Festival, Durham, NC
Contact: caitlyn@americandancefestival.org, americandancefestival.org

Poised for Parkinson’s: A new approach for people with PD to manage motor & non-motor symptoms of Parkinson’s, The Poise Project, Candler, NC
Contact: Monika Gross monika.gross@thepoiseproject.org, thepoiseproject.org

North Dakota
Parkinson’s Exercise Class, Southwest Parkinson’s Support Group, Dickinson, ND
Contact: Rebecca Lutz rlutzy1@gmail.com

Offsite - Rock Steady Boxing Fargo, TNT Kid’s Fitness & Gymnastics, Fargo, ND
Contact: Ryan Williams ryan@tntkidsfitness.org, tntkidsfitness.org

HeartSprings Art and Choir Studio’s, HeartSprings, Fargo, ND
Contact: heartspringsed@gmail.com, heartspringscenter.org

Ohio
Improved outcomes for people with Parkinson’s disease through a multi-modal approach, InMotion Warrensville Heights, OH
Contact: Cathe Schwartz cschwartz@beinmotion.org, beinmotion.org

Ohio State’s Comprehensive Community Programming for Individuals with Parkinson’s Disease, The Ohio State University Wexner Medical Center, Columbus, OH
Contact: Susan Fetherolf susan.fetherolf@osumc.edu, Parkinson’s Disease Fitness Classes

Drum Dance Rehabilitation: A Novel Parkinson’s Disease Therapy Program, SLAM (Speech, Language, and Music) Lab at The Ohio State University, Columbus, OH
Contact: slamlabosu@gmail.com, osu-slam.github.io

Care Partner Retreat: An Educational Symposium for Care Partners of Individuals with PD, Cleveland Clinic, Cleveland, OH
Contact: Ellen Marie Walter waltere2@ccf.org, my.clevelandclinic.org
Rock Steady Boxing Cleveland, Lakewood, OH
Contact: Maria Pujolas, RN, maria@rocksteadyboxingcle.com, cleveland.rsbaffiliate.com

Oklahoma
Stillwater CANE Project (Communication, Arts, Nutrition, Exercise) for People with Parkinson Disease, Oklahoma State University, Stillwater, OK
Contact: Dr. Sabiha Parveen sabiha.parveen@okstate.edu, go.okstate.edu

Oregon
Distance Education for PCP Teams in Oregon’s Underserved Rural Communities via Project ECHO Mode, OHSU, Portland, OR
Contact: Lisa Mann mannli@ohsu.edu, OHSU Parkinson’s Disease and Movement Disorders

Pennsylvania
Community Outreach Grant for Drexel Movement Disorder Program, Drexel Neurology, Philadelphia, PA Contact: Jill M Giordano Farmer jmg477@drexel.edu, Drexel Neurosciences Institute
Parkinson’s Community Outreach, The Jewish Home of Eastern PA, Scranton, PA
Contact: Nicole Lipinski nlipinski@jhep.org, jhep.org
Pedaling for Parkinson's- Phoenixville YMCA, Greater Philadelphia YMCA-Phoenixville Branch, Phoenixville, PA
Contact: Sara Guido sguido@philaymca.org, philaymca.org/locations/phoenixville

South Carolina
The Roper St. Francis Senior Center Parkinson’s Wellness Project, Roper St. Francis Foundation on behalf of Roper St. Francis Healthcare, Charleston, SC
Contact: anne.sass@rsfh.com, rsfh.com
PD NET: Caregiver Assistance Program for the Underserved, Medical University of South Carolina, Charleston, SC
Contact: hinsonvk@musc.edu

Tennessee
The University of Tennessee Medical Center Annual Parkinson’s Symposium, University of Tennessee Medical Center, Knoxville, TN
Contact: Christopher M. Tolleson tolcm@hotmail.com, utmedicalcenter.org
Pedaling for Parkinson’s YMCA of Metropolitan Chattanooga, Chattanooga, TN
Contact: Tripp McCallie tmccallie@ymcachattanooga.org, ymcachattanooga.org
Rock Steady Boxing Music City and Franklin, TN
Contact: musiccity@rsbaffiliate.com, musiccity.rsbaffiliate.com

**Texas**

Parkinson's Boxing Program, University of Texas Southwestern Medical Center, Dallas, TX
Contact: Staci Macklin Shearin staci.shearin@utsouthwestern.edu, www.utsouthwestern.edu

Movin’ to Wellness, Central Texas Advocates for Parkinson's, Temple, TX
Contact: ctap.chairman@gmail.com, Facebook.com/ctap2008

Endeavor Parkinsonology of Fort Worth Texas Christian University - Davies School of Communication Sciences & Disorders, Fort Worth, TX
Contact: Christopher R. Watts, c.watts@tcu.edu, harriscollege.tcu.edu/cosd

**Washington**

Swedish Medical Center Living Well with Parkinson’s Program, Swedish Medical Center Foundation, Seattle, WA
Contact: Michelle Scheff michelle.scheff@swedish.org, swedishfoundation.org

**Wisconsin**

Using art to increase health literacy of physical activity in patients with Parkinson Disease, Medical College of Wisconsin, Milwaukee, WI
Contact: Ryan Brennan rbrennan@mcw.edu, mcw.edu

SOL Rock Steady/Faces of Parkinson's, SOL Fitness and Personal Training/Rock Steady Boxing, Janesville, WI
Contact: Connie Udell cjudell@hotmail.com, solpersonalfitness.com

*Join the Parkinson’s Party! for the Hispanic Community (Unite a la Fiesta de Parkinson)
Contact: Debbie Polisky, debbiepolisky@nutritiontango.com, www.barrowneuro.org