

**Saturday, June 7, 2025**

Benson Cancer Center, 6<sup>th</sup> Floor River Room Terrace  
1515 River Road  
New Orleans, LA 70121

8:30 am: **Breakfast and Registration**

9:00 am: **Welcome Remarks and Housekeeping** Dom Thomas, MA, CC

**AM SESSION I**

9:05 am: **Why Palliative Medicine, sooner than later?** Susan Nelson, MD, FACP, FAAHPM

9:30 am: **Planning Ahead Together: A Guide to Long-Term Care** Anne Marie Savoy, LCSW

9:55 am: **Cognition and Parkinson's Disease** Brian Mizuki, PsyD

10:20 am: **AM SESSION I Q & A / Break / Visit Sponsors & Exhibitors**

**AM SESSION II**

10:35 am: **Demonstration: Dance for Parkinson's** New Orleans Ballet Association

10:45 am: **Sleep Challenges with Parkinson's Disease** Kyle Paulk, MD

11:10 am: **Managing your Parkinson's Disease Medication** Rachel Rhinehart, PA-C

11:35 am: **AM SESSION II Q & A / Break / Visit Sponsors & Exhibitors**

11:50 - 12:35 pm **LUNCH PROVIDED**

**PM SESSION I**

12:35 pm: **Demonstration: Rock Steady Boxing** Rock Steady Certified Trainers

12:45 pm: **Beyond Medication: Wellness Mindfulness** Jayashree Rao, MD

1:10 pm: **Past, Present, and Future of Surgical Treatments** Sarah Breau, MD

1:35 pm: **PM SESSION I Q & A / Break / Visit Sponsors & Exhibitors**

**PM SESSION II**

1:50 pm: **Demonstration: Group Exercise for Parkinson's Disease** Lydia Ingram, DPT

2:00 pm: **The Research Behind Exercise** David Houghton, MD

2:25 pm: **Connecting through Community Outreach** Dom Thomas, MA, CC

2:50 pm: **PM SESSION II Q & A / Closing Remarks**

**Registration is now OPEN! This is a FREE educational event.**

**Register online: <https://www.parkinson.org/events/2025/Ochsner>**

**For questions, contact: Dominique Thomas, Clinic Program Coordinator at 504-842-3980 or [pdclinic@ochsner.org](mailto:pdclinic@ochsner.org)**