Parkinson’s Disease Wellness & Exercise Programs of Florida
Before attending a class for the first time, we recommend reaching out to the contact or facility to confirm schedule details.

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If you would like your support group to be added to this list, or if the details of your group need to be updated, please contact us by emailing floridainfo@parkinson.org.

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**Florida listings by County**

| Alachua Bay | Martin Miami-Dade |
| Brevard | Monroe |
| Broward | Manatee |
| Citrus | Nassau |
| Charlotte Clay | Osceola |
| Collier | Orange |
| Duval | Palm Beach |
| Escambia | Pasco |
| Flagler | Pinellas |
| Hernando | Polk |
| Hillsborough | Seminole |
| Indian River | St. Johns |
| Lake | Sarasota |
| Leon | Sumter |
| Marion | Volusia |
| Walton | |

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Parkinson’s Support Groups of FL
Author: CE, Updated: 08.22.2019
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**PALM BEACH COUNTY**

**DELRAY BEACH**

**People with Parkinson’s & Care Partners Support Group**  
Contact: Karen Altonen at 561.385.3487 or kaltonen@bellsouth.net  
Where: Shirley & Barton Weisman Delray Community Center, 7091 W Atlantic Ave, Delray Beach, FL 33446  
When: 2nd Wednesday from 3:00-4:30 p.m.

**Deep Brain Stimulation Support Group**  
Contact: For more information reach out to Melissa Morante at 631-766-1495 or mmorante@comforcare.com  
Where: Weisman Delray Community Center, 7091 West Atlantic Ave., Delray Beach, Florida 33446  
When: Wednesday May 1, 2019 and Wednesday, October 2, 2019 from 3:30 p.m.- 5:00 p.m.

**BOYNTON BEACH**

**Parkinson’s Disease & Care Partners Support Group**  
Contact: Susan Wachtel, Phone: 561.736.9992, email: susan.wachtel@hcr-manorcare.com  
Where: Heartland Healthcare of Boynton Beach, 3600 Old Boynton Road, Boynton Beach, FL 33436  
When: 4th Wednesday of each month from 2:00 p.m.-3:00 p.m.

**LAKE WORTH**

**Parkinson’s Support Group- Lake Worth**  
Contact: For more information reach out to Melissa Morante at 631-766-1495 or mmorante@comforcare.com  
Where: FYZICAL Therapy & Balance Centers, 7103 Lake Worth Rd., Lake Worth, FL 33467  
When: 1st Friday of every month from 12:30 p.m.- 2:00 p.m.

**WEST PALM BEACH**

**Parkinson’s Caregivers Support Group**  
Contact: Parkinson’s Foundation at 561.962.1702  
Where: Mandel JCC, 5221 Hood Road, Palm Beach Gardens, FL 33418  
When: Last Wednesday of every month at 1:30 p.m. (October through April only)

**Parkinson’s Support Group- West Palm Beach**  
Contact: For more information reach out to Melissa Morante at 631-766-1495 or mmorante@comforcare.com  
Where: Palm Beach Neuroscience Institute, 901 Village, Blvd., #702, West Palm Beach, Fl 33409  
When: 4th Tuesday of every month from 11 a.m.- 12:30 p.m.

**PALM BEACH GARDENS**

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Parkinson’s Disease Wellness & Exercise Programs of Florida

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Rock Steady Boxing Support Group
Contact: Louis A. Haneef, MS, LMHC, MCAP, Certified RSB Coach at 561.460.7840
Where: 9091 North Military Trail #5, Palm Beach Gardens, FL 33410
When: Meets the first Monday of the month at 12:00 p.m.

Parkinson’s Support Group- Palm Beach Gardens
Contact: For more information reach out to Melissa Morante at 631-766-1495 or mmorante@comforcare.com
Where: Discovery Village, 100 Discovery Way, Palm Beach Gardens, FL
When: 2nd Tuesday of every month from 11 a.m.- 12:30 p.m.

JUPITER

Contact: Jupiter Support Group by email at parkinsonsjupiter@gmail.com or Laura Kremer, LCSW at 561.209.6124 or by email at laurak@morselife.org
Where: Jupiter Community Center | 200 Military Trail, Jupiter, FL 33458
When: 2nd Friday of the month from 12:30-1:30 p.m. (Caregiver Support)

BROWARD COUNTY

CORAL SPRINGS

Parkinson’s Disease & Care Partners Support Group
Contact: APDA South Florida Chapter, Phone: 800-825-2732, Email: adpaflorida@adpaparkinson.org
Where: Broward Health Coral Springs Medical Office Complex, 3100 Coral Hills Drive, Coral Springs, Fl 33065 in Conference Room A/B
When: Meets on the 4th Tuesday of each month from 2-3:30 p.m.

POMPANO BEACH

Contact: Dave Thomson at 954.366.4794- (Residents only)
Where: John Knox Village, Hibiscus Room, 651 Village Drive, Pompano Beach, FL 33060
When: Tuesday (3rd Tues): 2:00 - 3:00 p.m.

FORT LAUDERDALE

Calvary Church (Movers and Shakers)
Contact: Jim Branhan at 954.263.7850
Where: Calvary Chapel 2401 W Cypress Creek Road, Fort Lauderdale, FL 33309
When: 1ST and 3rd Thursday of the month from 7:00 p.m.- 9:00 p.m.

DAVIE

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Parkinson’s Support Groups of FL
Author: CE, Updated: 08.22.2019
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Parkinson’s Disease Wellness & Exercise Programs of Florida

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**Venice Care Partner Support Group**
Contact: Neuro Challenge Foundation for Parkinson’s at 941-926-6413
Where: Jacaranda Public Library, 4143 Woodmere Blvd, Venice, Fl 34293
When: Every 4th Thursday of the month from 3-4:30 p.m.

**SARASOTA**

**Sarasota Women’s Parkinson’s Support Group**
Contact: Neuro Challenge Foundation for Parkinson’s at 941-926-6413
Where: Goodwill Manasota, 5150 N. Tamiami Trail, Sarasota, Fl 34234
When: 4th Monday of the month (seasonal) from October-May from 1:30 p.m.-3 p.m.

**Memory Café- Strategies for Caregiver Dealing with Dementia**
Contact: Parkinson Place, Susan Belesi- Member Relations Director at 941-893-4188 ext.106
Where: Parkinson’s Place, 5969 Cattleridge Blvd, Suite 100, Sarasota, Fl 34232
When: Every 3rd Friday of the month from
*Join and become a free member the Parkinson’s Place to attend the support groups

**Parkinson’s Power- Support for Patients and Caregivers**
Contact: Parkinson Place, Susan Belesi- Member Relations Director at 941-893-4188 ext.106
Where: Parkinson’s Place, 5969 Cattleridge Blvd, Suite 100, Sarasota, Fl 34232
When: Every Tuesday of the month from 10 a.m.-11:30 a.m.
*Join and become a free member the Parkinson’s Place to attend the support groups

**Caregivers Only Club**
Contact: Parkinson Place, Susan Belesi- Member Relations Director at 941-893-4188 ext.106
Where: Parkinson’s Place, 5969 Cattleridge Blvd, Suite 100, Sarasota, Fl 34232
When: Every Wednesday of the month from 10 a.m.-11 a.m.
*Join and become a free member the Parkinson’s Place to attend the support groups

**MANATEE COUNTY**

**PALMETTO**

**Manatee Parkinson’s Support Group**
Contact: Neuro Challenge Foundation for Parkinson’s at 941-926-6413
Where: Riviera Palm, 926 Haben Blvd. Palmetto, Fl 34221
When: The 2nd Friday of the month from 10 a.m.-11 a.m.

**LONGWOOD RANCH**

**Bradenton Care Partner Support Group**
Contact: Neuro Challenge Foundation for Parkinson’s at 941-926-6413

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Where: The Sheridan Lakewood Ranch, 11705 Evening Walk Drive, Lakewood Ranch, Fl 34211
When: On the 2nd and 4th Thursday’s of the month from 10 a.m.- 11:30 a.m.

BRANDENTON

Parkinson’s Wellness Club- Bradenton, Heritage Harbour
Contact: Neuro Challenge Foundation for Parkinson’s at 941-926-6413
Where: Sarasota Memorial Healthcare Center at Heritage Harbour, 1040 River Heritage Blvd. Bradenton, Fl 34212- the meeting room is located behind the Rehabilitation area.
When: On the first Wednesday of the month from 10 a.m.- 11:30 a.m.

Bradenton Parkinson’s Support Group
Contact: Neuro Challenge Foundation for Parkinson’s at 941-926-6413
Where: Freedom Village, 6410 21st Ave. W., Bradenton, Fl 34209
When: On the 3rd Tuesday of the month from 10 a.m.- 11:30 a.m.

Bradenton Women’s Parkinson’s Support Group
Contact: Neuro Challenge Foundation for Parkinson’s at 941-926-6413
Where: Mocha Joe’s Café, 3633 Cortex Rd. W, Bradenton, Fl 34210
When: On the 3rd Friday of the month from 1:30 p.m.- 3:00 p.m.

PINELLAS COUNTY

ST. PETERSBURG

Pinellas Parkinson’s Support Group
Contact: Neuro Challenge Foundation for Parkinson’s at 941-926-6413
Where: Mirror Lake Library, 280 5th St. N. St. Petersburg, Fl 33701
When: The 3rd Monday of the month from 10 a.m.- 11:30 a.m.

LARGO

The Palms of Largo at Cypress Palms Parkinson’s Support Group
Contact: Leah Einboden, Phone: (727) 385-9881, Email: leah.einboden@thepalmsoflargo.com
Where: 400 Lake Avenue NE Largo, FL 33771
When: Meets 3rd Tuesday of each month from 12:00 to 1:30 p.m., lunch is provided, RSVP required

HILLSBOROUGH COUNTY

SUN CITY

Sun Towers Parkinson’s Support Group

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Parkinson’s Disease Wellness & Exercise Programs of Florida

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Contact: Debbie Caneen, phone: (813) 634-3347, cell: (813) 892-2990
Email: dcaneen@suntowersretirement.com
Where: Sun Towers – Theater, 101 Trinity Lakes Drive, Sun City Center, FL 33573
When: Meets 3rd Monday of each month from 1:30 p.m. to 3 p.m.

BRANDON

Brandon Parkinson’s Disease Support Group
Phone: 813-661-8998
Where: Hawthorne Health & Rehabilitation Media Center, 851 West Lumsden Rd Brandon, Florida
When: Meets 3rd Thursday of every month from 2:00 to 3:00 p.m.
*Be sure to call to confirm meeting details

TAMPA

North Tampa Parkinson’s Action Group (NTPAG)
Contact: Valerie Herrero, Phone: 813-390-2662, Email: vherrero52@hotmail.com
Where: Jewish Community Center on the Cohn Campus, 13009 Community Campus Dr. Tampa, FL 33625
When: Meets on the 3rd Tuesday of each month from 1:00 p.m. to 3:00 p.m.

Parkinson’s Foundation Wellness Initiative
Caregivers Support Group
USP Contact: Leight Harrell, 813-396-0796 or leighharrell@health.usf.edu
JCC contact: Pnina Levermore, 813-291-2253 or Pnina.Levermore@jewishtampa.com
Where: Jewish Community Center on the Cohn Campus, 13009 Community Campus Dr. Tampa, FL 33625
When: Meets each Friday of the month from 1:30 to 2:30 p.m.

Parkinson’s Foundation Wellness Initiative Patient Support Group
USP Contact: Leight Harrell, 813-396-0796 or leighharrell@health.usf.edu
JCC contact: Pnina Levermore, 813-291-2253 or Pnina.Levermore@jewishtampa.com
Where: Jewish Community Center on the Cohn Campus, 13009 Community Campus Dr. Tampa, FL 33625
When: Meets each Friday of the month from 12:00 PM to 1:00 p.m.

South Tampa Parkinson’s Support Group
Contact: Betsy Barber at (813) 787-2223; betsy.barber@yahoo.com
Contact: Frank Marcia at (813) 240-5024
Where: South Tampa YMCA, 4411 S Himes Ave, Tampa, FL 33611
When: Meets 1st Tuesday of each month from 11:30 to 1 p.m.

PASCO COUNTY

NEW PORT RICHEY

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New Port Richey Parkinson’s Support Group
Contact: Laura Crawford, phone: (813) 760-1525, email: LReinking@mac.com
Where: Family Fitness Center at 4028 Little Rd., Trinity, FL, 34655
When: Meets the 1st Monday of each month at 2:30 p.m.

HERNANDO COUNTY

SPRING HILL
The Residence at Timber Pines Parkinson’s Support Group
Contact: Jay Michael at (352) 683-9009 or mobile phone: 352-942-9761
Where: The Residence at Timber Pines, 3140 Forest Road Spring Hill, FL 34606
When: Meets 1st Monday of each month at 1:30 p.m. on the 3rd floor

Spring Hill Parkinson’s Support Group
Contact: Ramona DesLauries at 352-796-0596
Where: Spring Hill Enrichment Center, 11375 Cortez Blvd. (behind Oak Hill Hospital)
When: Meets 1st Monday of the month, 1:00 - 3:00 p.m.
*Please call for more information on other PD programs such as Tai Chi and Body Fitness for PD.

CITRUS COUNTY

CRYSTAL RIVER

Parkinson’s Disease Outreach Group
Contact: Seven Rivers Regional at 352-795-0534
Where: Senior Circle Center, 11537 West Emerald Oaks Drive, Crystal River, Fl 34428
When: Meets on the 2nd Thursday of the month from 2:30 -3:30 p.m.

SUMTER COUNTY

THE VILLAGES

The Village People with Parkinson’s
For Lake County, contact: Bill Gray at 352-753-2890
For Sumter & Marion Counties contact Pat Pipa at 352-751-3685, pijipa1622@embarqmail.com or Marge Gorman at 352-259-8853
Where: American Legion on Rolling Acres near 466 on the 2nd Wednesday at 3:00 p.m. to 5:00 p.m.
*Early-onset PD: contact Oscar Alzate at 352-307-9708

The Parkinson’s Ladies of the Villages
Contact: Melinda Adams at 517-420-4020
Where: The Churchill Street Recreation CENTER, 2375 Churchill Downs, The Villages, Fl 32162

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Parkinson’s Disease Wellness & Exercise Programs of Florida

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When: On the 3rd Wednesday of the month from 10 a.m.- 11:50 a.m.

**Tierra del Sol Caregivers Support Group (Women)**
Contact: Karen Eicher at 941-962-0017
Where: Tierra del Sol Recreation Center, 806 San Marino Drive, The Villages, Fl 32159
When: Every Monday at 8:30 a.m.- 10:20 a.m.

**LAKE COUNTY**

**TAVERES**

Contact: AdventHealth Parkinson Outreach Center 407-303-5295
Where: AdventHealth Waterman Creation Conference Center, 1000 Waterman Way, Tavares, FL 32778
When: On the 2nd Monday of each month from 1- 3 p.m.

*Presentations and support-group meetings are for both patients and care partners.*

**CLERMONT**

**Clermont Support Group**
Contact: Deborah Snow, Email: Deborah.snow@bioclinica.com
Where: Cooper Memorial Library 2525 Oakley Seaver Dr. in Clermont, FL 34711, Meeting Room TBA
When: Meets on the 3rd Tuesday of each month at 3:00 p.m.; contact prior to going to confirm details

**LAKE LADY**

**Lake County PD Support Group**
Phone: 352-775-2952, email: caregiverresourcecenter@gmail.com
Where: Tri County Caregiver Resource Center, 16770 US-441, Lady Lake, FL Suite 607
* Please call or email for details of the PD support group.
* Provide services to caregivers and patients with all types of neurological conditions.

**POLK COUNTY**

**LAKELAND**

**Lakeland Parkinson’s Support Group**
Contact: Ginny Wolfe, phone: (863) 224-3264, email: vzwolfe@aol.com
Where: Lakeland Volunteers in Medicine/Family Fundamentals Building (formerly the John Cox Elementary School), 1021 Lakeland Hills Blvd, Lakeland, FL 33805
When: Meets 2nd Wednesday of each month from 1:00 to 2:00 p.m.

**Lakeland Parkinson’s Caregivers Support Group**

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Contact: Ginny Wolfe, phone: (863) 224-3264, email: vzwolfe@aol.com
Where: Lakeland Volunteers in Medicine/Family Fundamentals Building (formerly the John Cox Elementary School), 1021 Lakeland Hills Blvd, Lakeland, FL 33805
When: Meets 4th Wednesday of each month from 1:00 to 2:00 p.m.

**MARTIN COUNTY**

**STUART**

**Living with Parkinson’s Support Group**
Contact: Allegro at 772-223-0883
Where: Allegro Stuart, 3400 SE Aster Lane, Stuart, Fl 34994
When: On the 2nd Wednesday of the month at 3 p.m.
*Parkinson’s Support Group conducted by Erick Anderson, R.N.
This support group is open to everyone throughout the Stuart community.

**Symphony at Stuart- Parkinson’s Support Group**
Contact: Symphony at Stuart at 772-200-3627 or Laura Kremer, LCSW at 561-386-2879 or by email at laurak@morselife.org
Where: The Symphony, 4900 SE Willoughby Blvd, Stuart, FL 34997 (the corner of Willoughby and Pomeroy)
When: 2nd Monday from 1:30-2:30pm (During the summer Stuart and Port St. Lucie groups combine)

**PORT ST. LUCIE**

**Harbor Place- Port St. Lucie**
Contact: For more information, contact Laura Kremer at 561-386-2879 or LauraK@morselife.org
Where: Harbor Place, 3700 Jennings Road, Port St. Lucie, Fl 34952
When: Every 3rd Tuesday of the month from 2- 3 p.m.
*Sponsored by the American Parkinson’s Disease Association

**INDIAN RIVER COUNTY**

**VERO BEACH**

**Alzheimer’s and Parkinson’s Association of Indian River County- Support Groups**
Contact: (772) 563-0505, Email: info@alzpork.org
Where: Alzheimer & Parkinson Association of IRC, 2300 5th Avenue, Suite 150, Vero Beach, FL 32960
When:
- Caregivers Only Support Group: Last Tuesday of the month – 2:45 p.m.
- PD patients and caregivers: Last Wednesday of the month – 10:30 a.m.

**BREVARD COUNTY**

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**COCOA**

**Central Brevard Support Group**  
Contact: Parkinson’s Support Group of Brevard County  
Where: 308 Forrest Ave, Cocoa, FL 32922, USA  
When: On the 2nd Monday of the month from 2- 4 p.m.

**VIERA**

**IRCC Support Group**  
Contact: Parkinson’s Support Group of Brevard County  
Where: 8085 Spyglass Hill Road, Viera, Fl 32940  
When: On the 1st Monday of the month from 10 a.m.-11:30 a.m.

**PALM BAY**

**South Brevard Support Group- RiverView Senior Resort**  
Contact: Jack Bibb at 321-432-0667 or by email at majjak@cfl.rr.com  
Where: RiverView Senior Resort, 3490 Gran Ave, Palm Bay, Fl 32905  
When: On the 1st Friday of the month from 10 a.m.- 12 p.m.

**TITUSVILLE**

**North Brevard Support Group**  
Contact: Parkinson’s Support Group of Brevard at 321-622-5845  
Where: 931 N Washington Ave, Titusville, FL 32796, USA  
When: Every 3rd Wednesday of the month from 2- 4 p.m.

**MELBOURNE**

**South Brevard Support Group- The Fountains of Melbourne**  
Contact: Parkinson’s Support Group of Brevard at 321-622-5845  
Where: The Foundations of Melbourne, 4451 Stack Blvd, Melbourne, Fl 32901  
When: On the 4th Thursday of the month from 1:30- 3:30 p.m.  
*Expect for the months of November and December due to the holidays*

**OSCEOLA COUNTY**

**CELEBRATION**

**AdventHealth Celebration- Osceola County Support Group**  
Contact: AdventHealth Parkinson Outreach Center 407-303-5295  
Where: AdventHealth Celebration, Palms Conference Room, 400 Celebration Place, Celebration Fl 34747

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When: On the 3rd Wednesday of the month from 1:30 -2:30 p.m. Caregiver meeting Pedaling for Parkinson’s, 2:30 p.m.- 3:30 p.m. Support group meeting and presentation

KISSLIMMEE

Kissimmee Parkinson’s Support Group
Contact: Rose Babcock, phone:(407) 847-9110, email: babcoockr@selectmedical.com
Where: Select Physical Therapy, 501 E Oak St, Suite D, Kissimmee, FL 34744
When: Meets the 2nd Thursday of the month at 6:15 p.m.

Spanish Parkinson’s Support Group
Contact: Parkinson’s Outreach Center at 407-303-5295 or Gloria Puerto at 407-907-5592
Where: Vitas Osceola County, 3700 Commerce Blvd., Suite 200, Kissimmee, Fl 34741
When: Feb 22, Mar 29, Apr 26, May 24, Jun 28, Jul 26, Aug 23, Sep 27, Oct 25, Nov 22 from 10 a.m. to 12 p.m.

ORANGE COUNTY

ORLANDO

Young Onset Parkinson’s Disease Support Group
Contact: AdventHealth Parkinson Outreach Center at 407-303-5295
When: Meetings are held on the 1st Thursday evening of each month from 6:30 to 8 p.m. and includes educational presentations and group discussions.
*To join contact the AdventHealth Parkinson Outreach Center

Parkinson’s Disease Support Group
Contact: AdventHealth Parkinson Outreach Center at 407-303-5295
Where: Florida Hospital Seventh- day Adventist Church, 2800 N. Orange Ave., Orlando, Florida 32804
When: On the 2nd and 4th Tuesday of each month at 10 a.m.

SEMINOLE COUNTY

LONGWOOD

Parkinson’s Disease Support Group
Contact: AdventHealth Parkinson Outreach Center at 407-303-5295
Where: St. Stephen’s Lutheran Church, 2140 W SR 434, Longwood, Fl 32779
When: On the 2nd and 4th Tuesday of each month at 10 a.m.

VOLUSIA COUNTY

DAYTONA BEACH

Daytona Beach PD Support Group
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Please contact Vince Kinself at 386-871-4193 or by email at parkinsondaytona@gmail.com

**Parkinson’s Support Group and Parkinson’s Caregivers Support Group- Holly Hill**
Contact: To RSVP, call 386-226-9110
Facilitators: Nancy Dawson, LCSW and Julie Randolph, LCSW
Where: Bishop’s Glen, 900 LPGA Blvd, Daytona Beach, FL 32117
When: Meets on the 1st Tuesday of the month at 2:15 p.m.

**MARION COUNTY**

**Mind and Motion Parkinson’s Support Network**
Presentations and support group meetings
Contact: Rod at (352) 861-9751, or Peter at 407-619-3736
Where: Master the Possibility Education Center, Circle Square Commons, SW 80th St, Ocala, FL 34481
When: Always the last Friday of the month, 1:00 p.m. to 3:00 p.m.
*Please review their website: www.mindandmotion.org, for more information.

**FLAGLER COUNTY**

**FLAGLER BEACH**

**Flagler Area Parkinson’s Support Group and Parkinson’s Caregivers Support Group**
Contact: To RSVP, call 386-425-3734
Facilitators: Nancy Dawson, LSCW and Marianne Chapin, LCSW
Where: United Methodist Church, 1520 S. Daytona Avenue, Flagler Beach, Fl 32136
When: The 2nd Wednesday of every month from 1-3 p.m.

**Palm Coast**

**Palm Coast PD Support Group**
Please contact Laurel Gaddy at 386-586-4420 or by email at laurel.gaddy@ahss.org for details on this support group.

**ST. JOHNS COUNTY**

**ST. AUGUSTINE**

**St Augustine Parkinson’s Disease Support Group (PDSG)**
Contact: Melanie Lomaglio, phone: 904-501-8779. Email: Melanie@starsrehab.org
Where: STARS Rehab, 105 Mariner Health Way, St Augustine, FL, 32086
Please visit their website for more information: https://starsrehab.org/parkinsons-support-group/

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NAZZAU COUNTY

FERNANDINA BEACH
Contact: Lee Collins, Email: Texasskipper@att.net
Where: Nassau County Council on Aging Facility, 1901 Island Walkway, Fernandina Beach, FL 32034
When: Meets on the third Thursday of each month at 7:00 p.m.

DUVAL COUNTY

JACKSONVILLE
UF Health Jacksonville Parkinson’s Disease Support Group
Contact: Lisa Smith, 904-244-9480, lisa.smithjax.ufl.edu
Where: 580 West 8th St, Jacksonville, FL 32209
When: Second Wednesday of each month at 11:30 a.m.

Parkinson Support Group
Contact: Karen Perrin, phone: 904-244-9719, email: karen.perrin@jax.ufl.edu
Where: Shands at Jacksonville, Tower 1, 2nd Floor, Mason Room. 580 West 8th Street. Jacksonville, FL 32209
When: Meets 2nd Wednesday of every month at 11:30AM-1:30 p.m.

Parkinson’s Disease and Related Diseases Support Group
Contact: Anne Martin, phone: (904) 953-6523, email: martin.anne@mayo.edu
Where: Mayo Clinic, Cannaday Building, Room 1107, 4500 San Pablo Road, Jacksonville, FL 32224
When: 1st Wednesday each month; 12:30 – 1:30 p.m.

JACKSONVILLE BEACH

Parkinson’s Disease Support Group for Patients and Caretakers
Contact: Carol Rishel, phone: (904) 247-7876, email: csrishel@gmail.com
Where: Palms Presbyterian Church, 3410 3rd St S, Jacksonville Beach, FL 32250
When: Each Thursday, 10:00 AM to 12:00 p.m.
*Those with any movement disorders are welcome.

Southside of Jacksonville Beach, please contact Michelle Prosje: info@neuropsychnfl.com

CLAY COUNTY

ORANGE PARK

Orange Park Support Group
Contact: Stan Harris, Phone: (904) 860-2471, Email: dsharrisjr@gmail.com
Where: Orange Park Public Library Meeting Room, 2054 Plainfield Ave.; Orange Park

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When: Meets 3rd Saturday of each month, begins at 2:00 p.m.

**Orange Park Support Group Caregivers Support Group**
Contact: Elaine Balcom, Email: evesmimi2@gmail.com
Where: Orange Park Public Library, 2054 Plainfield Ave, Orange Park, FL 32073
When: Meets on the 1st Saturday of each month at 10:00 a.m.

**ALACHUA COUNTY**

**GAINESVILLE**

**Gainesville Parkinson’s Support Group**
Contact: Amanda Fessenden, phone: 352-294-5434, email: amanda.fessenden@neurology.ufl.edu
Where: UF Center for Movement Disorders and Neurodegeneration, 3450 Hull Road, 3rd floor
When: 3rd Friday of each month, 12:30 – 2:30 p.m.

**Gainesville Young Onset Parkinson’s Disease (YOPD)**
Contact: Amanda Fessenden, phone: 352-294-5434, email: amanda.fessenden@neurology.ufl.edu
Where: United Church of Gainesville; Seminar Room A, 1624 NW 5th Avenue, Gainesville FL 32603
When: 2nd Monday of each month, 6:30-8:00 p.m.

**LEON COUNTY**

**TALLAHASSEE**

**Tallahassee Parkinson Support Groups**
For Young Onset and Newly Diagnosed Patients
Contact: Monica Hubmann, Phone: 850-431-5082, Email: hubmann-m@mail.tmh.org
Where: Tallahassee Memorial Hospital, 4-North, Bryan Robinson Classroom, 1401 Centerville Road, Suite 504, Tallahassee, FL 32308
When: 2nd Thursday of each month at 6:00 p.m.

**POA Support Group**
Contact: Parkinson’s Outreach Association at 850-364-0230 or by email at contact@theparkinsonsoutreach.org
Where: Parkinson’s Outreach Association, 285 Pinewood Drive, Tallahassee, FL 32303
When: 4th Saturday of each month (except November and December) from 10 a.m.-12 p.m.

**Tallahassee Memorial Healthcare (TMH) Parkinson’s Support Group**
Contact: For more information on the TMH Parkinson’s Support Group, please call 850-431-5002
Where: Parkinson’s Outreach Association, 285 Pinewood Drive, Tallahassee, Fl 32303
When: 2nd Thursday of each month from 4:30 p.m.- 5:30 p.m.

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Parkinson’s Disease Wellness & Exercise Programs of Florida
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BAY COUNTY

PANAMA CITY

Panama City Parkinson’s Support Group
Contact: Karen McGee at Senior Helpers of Panama City, Phone: (850) 215-1793
Where: Brookdale Assisted Living, 2575 Harrison, Panama City, FL 32405.
When: Meets on the second Tuesday of each month at 9:30 am

WALTON COUNTY

SANTA ROSA BEACH
Somerby Senior Living and Sacred Heart Hospital
Contact: For more information call 850-660-6037 or 850-278-3770
Where: Somerby Senior Living, 164, West Hewet Road, Santa Rosa Beach, Fl 32459
When: 2nd Tuesday of the month from 9:30 a.m.- 10:30 a.m.

ESCAMBIA COUNTY

PENSACOLA

West Florida Healthcare-Parkinson’s Support Group
Contact: For more information, please call (850) 494-6497.
Where: Rehabilitation Institute Community Rooms, 8391 N, Davis Highway, Pensacola, Fl
When: 2nd Friday of every month from 1- 2 p.m.

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