Parkinson’s Support Groups of Florida

Before attending a group for the first time, we recommend reaching out to the facilitator to confirm the meeting details.

This listing is provided for informational purposes only. These are independent programs, unaffiliated with the Parkinson’s Foundation and is not an endorsement or recommendation of a specific therapy, device or service.

If you would like your support group to be added to this list, or if the details of your group need to be updated, please contact us by emailing floridainfo@parkinson.org.

BRANDON

Brandon Parkinson’s Disease Support Group
Phone: 813-661-8998
Where: Hawthorne Health & Rehabilitation Media Center, 851 West Lumsden Rd Brandon, Florida
When: Meets 3rd Thursday of every month from 2:00 to 3:00 PM
*Be sure to call to confirm meeting details

BOYNTON BEACH

Parkinson’s Disease & Care Partners Support Group
Contact: Susan Wachtel, Phone: 561.736.9992, email: susan.wachtel@hcr-manorcare.com
Where: Heartland Healthcare of Boynton Beach, 3600 Old Boynton Road, Boynton Beach, FL 33436
When: 4th Wednesday of each month from 2:00-3:00pm

COOPER CITY

Young/Early Onset Parkinson’s Support Group
Contact: Saul Chapnick, MSW, Email: smchapnick@gmail.com
Where: Temple Beth Emet, 4807 S. Flamingo Road, Cooper City, FL 33330
When: 2nd Tuesday (odd months only) from 6:30-8:30pm (even months there is an outing-TBD)

CORAL SPRINGS

Parkinson’s Disease & Care Partners Support Group
Contact: APDA South Florida Chapter, Phone: 800-825-2732, Email: apdaflorida@apdaparkinson.org
Where: Broward Health Coral Springs Medical Office Complex, 3100 Coral Hills Drive, Conference Room A/B
When: meets on the 4th Tuesday of each month from 2:00-3:30 PM

DAYTONA BEACH

Daytona Beach PD Support Group
Please contact Vince Kinsler at yovinny57@aol.com for details on this support group.

This listing is provided for informational purposes only. These are independent programs, unaffiliated with the Parkinson’s Foundation and is not an endorsement or recommendation of a specific therapy, device or service.
Parkinson’s Support Groups of Florida
Before attending a group for the first time, we recommend reaching out to the facilitator to confirm the meeting details.

DEERFIELD BEACH
Residents of Century Village, Parkinson’s Support Group
Contact: Bill Leventer, Phone: 201-362-3270, Email: b.leventer@yahoo.com
Where: Century Village, 2400 Century Blvd, Clubhouse, General Purpose Room M, 3rd floor
When: 2nd and 4th Thursdays of each month from 1:00-2:00 PM

DELRAY BEACH
People with Parkinson’s & Care Partners Support Group
Contact: Karen Altonen at 561.385.3487 or kaltoten@bellsouth.net
Where: Shirley & Barton Weisman Delray Community Center | 7091 W Atlantic Ave
When: 2nd Wednesday from 3:00-4:30 PM

FERNANDINA BEACH
Contact: Lee Collins, Email: Texasskipper@att.net
Where: Nassau County Council on Aging Facility, 1901 Island Walkway, Fernandina Beach, FL 32034
When: Meets on the third Thursday of each month at 7:00 PM

GAINESVILLE
Gainesville Parkinson’s Support Group
Contact: Amanda Fessenden, phone: 352-294-5434, email: amanda.fessenden@neurology.ufl.edu
Where: UF Center for Movement Disorders and Neuroregeneration, 3450 Hull Road, 3rd floor
When: 3rd Friday of each month, 12:30 – 2:30

Gainesville Young Onset Parkinson’s Disease (YOPD)
Contact: Amanda Fessenden, phone: 352-294-5434, email: amanda.fessenden@neurology.ufl.edu
Where: United Church of Gainesville; Seminar Room A, 1624 NW 5th Avenue, Gainesville FL 32603
When: 2nd Monday of each month, 6:30-8:00pm

JACKSONVILLE
UF Health Jacksonville Parkinson’s Disease Support Group
Contact: Lisa Smith, 904-244-9480, lisa.smith@jax.ufl.edu
Where: 580 West 8th St, Jacksonville, FL 32209
When: Second Wednesday of each month at 11:30 AM

Parkinson Support Group
Contact: Karen Perrin, phone: 904-244-9719, email: Karen.Perrin@jax.ufl.edu
Where: Shands at Jacksonville, Tower 1, 2nd Floor, Mason Room. 580 West 8th Street. Jacksonville, FL 32209
When: Meets 2nd Wednesday of every month at 11:30AM-1:30 PM

This listing is provided for informational purposes only. These are independent programs, unaffiliated with the Parkinson’s Foundation and is not an endorsement or recommendation of a specific therapy, device or service.
Parkinson’s Support Groups of Florida

Before attending a group for the first time, we recommend reaching out to the facilitator to confirm the meeting details.

Parkinson’s Disease and Related Diseases Support Group
Contact: Anne Martin, phone: (904) 953-6523, email: martin.anne@mayo.edu
Where: Mayo Clinic, Cannaday Building, Room 1107, 4500 San Pablo Road, Jacksonville, FL 32224
When: 1st Wednesday each month; 12:30 – 1:30p.m.

JACKSONVILLE BEACH

Parkinson’s Disease Support Group for Patients and Caretakers
Contact: Carol Rishel, phone: (904) 247-7876, email: csrishel@gmail.com
Where: Palms Presbyterian Church, Third Street and 35th Avenue, Jacksonville Beach
When: Each Thursday, 10:00 AM to 12:00 PM
Those with any movement disorders are welcome.

Southside of Jacksonville Beach, please contact: Michelle Prosje: info@neuropsychnfl.com

KISSIMMEE

Kissimmee Parkinson’s Support Group
Contact: Rose Babcock, phone:(407) 847-9110, email: babcockr@selectmedical.com
Where: Select Physical Therapy, 501 E Oak St, Suite D, Kissimmee, FL 34744
When: meets 2nd Thursday of each month at 6:15 PM

LADY LAKE

Lake County PD Support Group
Phone: 352-775-2952, email: caregiverresourcecenter@gmail.com
Where: Tri County Caregiver Resource Center, 16770 US-441, Lady Lake, FL Suite 607
Please call or email for details of the PD support group.
Provide services to caregivers and patients with all types of neurological conditions.

LAKELAND

Lakeland Parkinson’s Support Group
Contact: Ginny Wolfe, phone: (863) 224-3264, email: vzwolfe@aol.com
Where: Lakeland Volunteers in Medicine/Family Fundamentals Building (formerly the John Cox Elementary School), 1021 Lakeland Hills Blvd, Lakeland, FL 33805
When: Meets 2nd Wednesday of each month from 1:00 to 2:00 PM

Lakeland Parkinson’s Caregivers Support Group
Contact: Ginny Wolfe, phone: (863) 224-3264, email: vzwolfe@aol.com
Where: Lakeland Volunteers in Medicine/Family Fundamentals Building (formerly the John Cox Elementary School), 1021 Lakeland Hills Blvd, Lakeland, FL 33805
When: Meets 4th Wednesday of each month from 1:00 to 2:00 PM

This listing is provided for informational purposes only. These are independent programs, unaffiliated with the Parkinson’s Foundation and is not an endorsement or recommendation of a specific therapy, device or service.
Parkinson’s Support Groups of Florida
Before attending a group for the first time, we recommend reaching out to the facilitator to confirm the meeting details.

NAPLES

Parkinson Association of Southwest Florida, Inc. (PASFI)
Phone: 239 417 3465, Email: pasfi@aol.com
2950 Tamaimi Trail N. Ste 20, Naples, FL 34103
Please call or email for details of the PD support group.

NEW PORT RICHEY

New Port Richey Parkinson’s Support Group
Contact: Laura Crawford, phone: (813) 760-1525, email: LReinking@mac.com
Where: Family Fitness Center at 4028 Little Rd., Trinity, FL 34655
When: Meets the 1st Monday of each month at 2:30 PM

OCALA/MARION COUNTY

Mind and Motion Parkinson’s Support Network
Presentations and support group meetings
Contact: Peter or Rod
Phone: (352) 861-9751, Peter’s cell: 407-619-3736
Where: Master the Possibility Education Center, Circle Square Commons, SW 80th St, Ocala, FL 34481
When: Always the last Friday of the month, 1:00 PM to 3:00 PM
Please view their website: mindandmotion.org, for more information.

ORANGE PARK

Orange Park Support Group
Contact: Stan Harris, Phone: (904) 860-2471, Email: dsharrisjr@gmail.com
Where: Orange Park Public Library Meeting Room, 2054 Plainfield Ave.; Orange Park
When: Meets 3rd Saturday of each month, begins at 2:00 PM

Orange Park Support Group Caregivers Support Group
Contact: Elaine Balcom, Email: evesmimi2@gmail.com
Where: Orange Park Public Library, Orange Park, FL 30273
When: Meets on the first Saturday of each month at 10:00 AM

ORLANDO

Clermont Support Group
Contact: Deborah Snow, Email: Deborah.snow@bioclinica.com
Where: Cooper Memorial Library 2525 Oakley Seaver Dr. in Clermont, FL 34711, Meeting Room TBA
When: Meets on the 3rd Tuesday of each month at 3:00 pm; contact prior to going to confirm details

This listing is provided for informational purposes only. These are independent programs, unaffiliated with the Parkinson’s Foundation and is not an endorsement or recommendation of a specific therapy, device or service.
Parkinson’s Support Groups of Florida

Before attending a group for the first time, we recommend reaching out to the facilitator to confirm the meeting details.

PALM COAST

Palm Coast PD Support Group
Please contact Laurel Gaddy AT laurel.gaddy@ahss.org for details on this support group.

PANAMA CITY

Panama City Parkinson’s Support Group
Contact: Karen McGee at Senior Helpers of Panama City, Phone: (850) 215-1793
Where: Brookdale Assisted Living, 2575 Harrison, Panama City, FL 32405.
When: Meets on the second Tuesday of each month at 9:30 am

PINELLAS COUNTY – LARGO

The Palms of Largo at Cypress Palms Parkinson’s Support Group
Contact: Leah Einboden, Phone: (727) 385-9881, Email: leah.einboden@thepalmsoflargo.com
Where: 400 Lake Avenue NE Largo, FL 33771
When: Meets 3rd Tuesday of each month from 12:00 to 1:30pm, lunch is provided, RSVP required

The Palms of Largo at Cypress Palms Parkinson’s Caregivers Support Group
Contact: Margie Ratcliff at (727) 437-1639
Where: 400 Lake Avenue NE Largo, FL 33771
When: Meet 4th Wednesday of every month at 12:00 to 1:00, lunch is provided, RSVP required

SARASOTA

Parkinson Place Caregivers Only Club
Contact: Toni at (941) 893-4188 ext. 106, Email: TGoin@ParkinsonHope.org
Where: Parkinson Place, 5969 Cattleridge Blvd. Suite 100 Sarasota, FL 34232
When: Meets every Tuesday at 10:00 AM for the “Caregivers Only Club”

SPRING HILL

The Residence at Timber Pines Parkinson’s Support Group
Contact: Jay Michael at (352) 683-9009 or mobile phone: 352-942-9761
Where: The Residence at Timber Pines, 3140 Forest Road Spring Hill, FL 34606
When: Meets 1st Monday of each month at 1:30 PM on the 3rd floor

Spring Hill Parkinson’s Support Group
Contact: Ramona DesLauries, phone: (352)796-0596
Where: Spring Hill Enrichment Center, 11375 Cortez Blvd. (behind Oak Hill Hospital)
When: Meets 1st Monday of the month, 1:00 PM to 3:00 PM
Please call for more information on other PD programs such as Tai Chi and Body Fitness for PD.

This listing is provided for informational purposes only. These are independent programs, unaffiliated with the Parkinson’s Foundation and is not an endorsement or recommendation of a specific therapy, device or service.
Parkinson’s Support Groups of Florida
Before attending a group for the first time, we recommend reaching out to the facilitator to confirm the meeting details.

ST. AUGUSTINE

St Augustine Parkinson’s Disease Support Group (PDSG)
Contact: Melanie Lomaglio, phone: 904-501-8779. Email: Melanie@starsrehab.org
Where: STARS Rehab, 105 Mariner Health Way, St Augustine, FL, 32086
Please visit their website for more information: https://starsrehab.org/parkinsons-support-group/

SUN CITY CENTER

Sun Towers Parkinson’s Support Group
Contact: Debbie Caneen, phone: (813) 634-3347, cell: (813) 892-2990
Email: dcaneen@suntowersretirement.com
Where: Sun Towers – Theater, 101 Trinity Lakes Drive, Sun City Center, FL 33573
When: Meets 3rd Monday of each month from 1:30 to 3pm

TALLAHASSEE

Tallahassee Parkinson Support Groups
For Young Onset and Newly Diagnosed Patients
Contact: Monica Hubmann, Phone: 850-431-5082, Email: hubmann-m@mail.tmh.org
Where: Tallahassee Memorial Hospital, 4-North, Bryan Robinson Classroom, 1401 Centerville Road, Suite 504, Tallahassee, FL 32308
When: 2nd Thursday of each month at 6:00 PM

TAMPA

North Tampa Parkinson’s Action Group (NTPAG)
Contact: Valerie Herrero, Phone: 813-390-2662, Email: yherrero52@hotmail.com
Where: Jewish Community Center on the Cohn Campus, 13009 Community Campus Dr. Tampa, FL 33625
When: Meets on the 3rd Tuesday of each month from 1:00 PM to 3:00 PM

Parkinson’s Foundation Wellness Initiative
Caregivers Support Group
USF contact: Leigh Harrell, 813-396-0768, leighharrell@health.usf.edu
JCC contact: Pnina Levermore, 813-291-2253, Pnina.Levermore@jewishtampa.com
Where: Jewish Community Center on the Cohn Campus, 13009 Community Campus Dr. Tampa, FL 33625
When: Meets each Friday of the month from 1:30 to 2:30 PM

Patient Support Group
USF contact: Leigh Harrell, 813-396-0768, leighharrell@health.usf.edu
JCC contact: Pnina Levermore, 813-291-2253, Pnina.Levermore@jewishtampa.com
Where: Jewish Community Center on the Cohn Campus, 13009 Community Campus Dr. Tampa, FL 33625
When: Meets each Friday of the month from 12:00 PM to 1:00 PM

This listing is provided for informational purposes only. These are independent programs, unaffiliated with the Parkinson’s Foundation and is not an endorsement or recommendation of a specific therapy, device or service.
Parkinson’s Support Groups of Florida
Before attending a group for the first time, we recommend reaching out to the facilitator to confirm the meeting details.

South Tampa Parkinson’s Support Group
Contact: Betsy Barber at (813) 787-2223; betsy.barber@yahoo.com
Contact: Frank Marcia at (813) 240-5024
Where: South Tampa YMCA, 4411 S Himes Ave, Tampa, FL 33611
When: Meets 1st Tuesday of each month from 11:30 to 1 pm

VERO BEACH

Vero Beach- Indian River Estates
Phone: (772) 563-0505, Email: info@alzpark.org
Where: Alzheimer & Parkinson Association of IRC, 2300 5th Avenue, Suite 150, Vero Beach, FL 32960
When:
- Caregivers Only Support Group: Last Tuesday of the month – 2:45
- PD patients and caregivers: Last Wednesday of the month – 10:30 pm

THE VILLAGES

The Village People with Parkinson’s
For Lake County, contact: Bill Gray at 352-753-2890
For Sumter & Marion Counties contact Pat Pipa at 352-751-3685, pjpipa1622@embarqmail.com or Marge Gorman at 352-259-8853
Where: American Legion on Rolling Acres near 466 on the 2nd Wednesday at 3:00 PM to 5:00 PM
*Early-onset PD: contact Oscar Alzate at 352-307-9708

This listing is provided for informational purposes only. These are independent programs, unaffiliated with the Parkinson’s Foundation and is not an endorsement or recommendation of a specific therapy, device or service.

Parkinson’s Support Groups of FL
Author: CE, Updated: 01.02.2019