Subject: Parkinson's Foundation Georgia May Newsletter: Parkinson's Awareness Month and Upcoming Events

Dear Annie,

Thank you for your support of Parkinson's Awareness Month here in Georgia and across the country. Together, we engaged more people and shared our tips for how to live better with Parkinson's disease (PD).
Read on to learn how you and others made an impact on the PD community in April and for a look at what's ahead.

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**April 14 Educational Program Shed Light on Cannabis and Complementary Therapies**

On Saturday, April 14, nearly 200 of you braved the wind and rain to join us for our spring educational program that focused on complementary therapies and how they can help manage Parkinson's symptoms. In case you missed it, download the program slides by clicking the link below and watch for video posts on our local [Facebook](https://www.facebook.com) page.

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**Raising Awareness About the Benefits of Exercise**

A huge thanks to our PD Gladiators Fitness Network instructors for helping us raise awareness this month about the importance of exercise for people with PD and for sharing more information about the free resources offered by the Parkinson's Foundation. We had a great time dancing at Southern Arc Dance in Newnan, boxing with LDBF at Fitness Firm in Sandy Springs and at Decatur Boxing.
Club, and moving and cycling with the YMCA of Metro Atlanta in Cumming, Dunwoody and Newnan!

**Governor Kemp Proclaims April Parkinson's Awareness Month**

On Tuesday, April 23, members of our local Parkinson's community joined together at the Capitol to get a photo with Governor Kemp who proclaimed April Parkinson's Disease Awareness Month. Special thanks to Barbara Mooney of the APDA Georgia Chapter and Nik Roberts for getting these proclamations signed and for bringing everyone together. Also in the news this month: Governor Kemp signed into law legislation giving patients more access to medical marijuana.

**Meet Our Newest Aware in Care Ambassador!**
We are thrilled to announce that Ellie Kahn has joined the Parkinson's Foundation volunteer team of Aware in Care Ambassadors. Working directly with the Parkinson's Foundation, she along with 113 passionate volunteers nationwide, will share these potentially life-saving kits with their local communities and create connections in local hospitals to help change the culture and policies around Parkinson's care.

Check Out Local #KeyToPD Stories from Georgia!

During the month of April, we asked you to share your tips for living well with Parkinson's - your #KeyToPD. See what people in your community had to say.
It's not too late to share your key to living well with Parkinson's! Just email it to along@parkinson.org for a chance to be featured on social media and in future email communications.

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**What's Ahead in Georgia**

We've had a busy month and are already gearing up for a busy summer and fall! We look forward to seeing you and your walk team at Moving Day Atlanta on October 19 and will be sharing the good news with everyone regarding community grant awardees soon.

**Community Conversations with Emory Parkinson's Disease Researchers: May 18**

Join Parkinson's disease researchers at Emory University for the 9th annual Udall Center Community Conversations event on Saturday, May 18th, 2019. You will have the opportunity to discuss current research topics such as: The microbiome of Parkinson's Disease, Voice and Swallowing Problems in Parkinson's Disease, Does the Dopamine Loss in Parkinson’s Disease Change the Structure of the Brain?

*This program is sponsored in part by the Parkinson's Foundation Community Grants program.*
Where: Emory Brain Health Center (12 Executive Park Drive NE, Atlanta, GA 30329)

When: Saturday, May 18, 8:30 a.m.-1:30 p.m.

RSVP Here

Moving Day Atlanta - A Walk for Parkinson's: October 19

Moving Day Atlanta is our annual fundraising walk event. It is a fun and inspiring fundraising event that unites families, friends and communities both large and small in the fight against Parkinson’s disease. Register your walk team today at www.movingdayatlanta.org.

Where: Piedmont Park Promenade

When: Saturday, October 19, 2019, 9 a.m.-12 p.m.

Register today: www.movingdayatlanta.org

Thank you for your support during Parkinson’s Awarenes Month! We look forward to seeing you at a fitness class or event soon. In the meantime, if you are interested in ordering free Parkinson’s Foundation resources or have questions about Parkinson’s disease, please contact our toll-free Helpline at 1-800-4PD-INFO (473-4636).

Sincerely,

Your Parkinson's Foundation Georgia Team

Parkinson.org/Georgia

Georgiainfo@Parkinson.org

770-450-0792
Questions? Call our Helpline:
1-800-4PD-INFO (473-4636)