



Volunteer at Home

Gift for Healthcare Workers

People with Parkinson's who receive expert care are at a lower risk of complications and have better quality and longer lives. We want to show our appreciation for those who make life better for people with Parkinson's every day, and who are going above and beyond during COVID-19. Join us in showing community healthcare workers how much you care by providing a gift or care basket to local neurologists, movement disorder specialists, nurses, physical therapists, mental health professionals, and others who are serving people with Parkinson's during the COVID-19 pandemic.

How to Participate

- Connect with your local Parkinson's Foundation staff or reach out to volunteer@parkinson.org to let us know you would like to send a gift or care basket to local healthcare providers.
- Decide how you would like to show your appreciation (send a gift, create a care basket, or both), and request in-kind gifts and/or items from friends, family, and local businesses.
- Write a note to include with your gift or care basket using the provided stationary.
- Arrange for your gift or care basket to be delivered. Follow the local healthcare providers and Center for Disease Control and Prevention safety guidelines when arranging delivery.
- Call, email, or write a note to say thank you to everyone who contributed to your gift or care basket.
- Let us know about your gift! Post on social media, tagging @ParkinsonDotOrg and using #Together4PD. Report your Healthcare Gift using our [volunteer reporting form](#) (select "Other" for activity and write in Healthcare Gift).

Gift Ideas: Consider practical gifts and items to include in a care basket.

- Order a meal for delivery
- Gift card to a local restaurant
- Personal protective equipment
- Hand sanitizer and hand cream
- Shoe insoles and compression socks
- Reusable water bottle

What to Say: Include a signed thank you note with your gift or care basket using our template. Here are some suggestions on what to say in your note.

- Thank you for making life better for people with Parkinson's.
- You're the best! Thank you for taking care of our community.
- We are so grateful for everything you do. Stay safe!



Parkinson's Foundation

www.parkinson.org

Better Lives. Together.

1.800.4PD.INFO



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