

Parkinson's Disease Support Groups - Minnesota

City	Site in the Community	Support Group Address	Day of Week	Time	Faciliatator Name	Facilitator Phone	Facilitator Email
Albert Lea	Senior Citizen's Center	1739 West Main St	4th Tuesday	9:30 AM	Anne Troska	507-874-3367	atroska56@gmail.com
Alexandria	Nelson Gables Governor's Room	1220 Nokomis St	4th Wed. (No Nov/Dec mtg)	3:00 PM	Val Trumm	320-762-2196	Val.trumm@firstlutheranalexandria.com
Aurora	White Community Hospital	5211 Hwy 110	2nd Thursday	6:00 PM	Barb Hammer	218-229-2493	
Baxter	Edgewood Vista	14211 Firewood Drive	1st Thursday	1:30 PM	Lynda Erickson	218-829-4017	lyndak.erickson@gmail.com
Bemidji	Sanford Health WindSong (Theatre Room)	1010 Anne St NW	3rd Tuesday	1:30-3:30 PM	JoAnn Tyk	218-318-0845	tradersbay@aol.com
Big Lake (Young Onset)	Saron Lutheran Church	311 Lake St. S	2nd Tuesday	6:30-8:00 PM	Camille Johnson	763-350-7401	camillejohnson@hotmail.com
Bloomington	Friendship Village	8100 Highwood Dr	1st Monday (except holidays, then 2nd Mon.)	11:00 AM	Mary Marcoux	952-830-9545	mary.marcoux@lifespacecommunities.com
Blue Earth	MN Valley Action Council	301 N. Main St.	2nd Thursday	1:30 PM	*Merry McGowen (Mary O'Rourke)	507-526-4684 507-553-5603	merry@interfaithcaregivers.net
Breckenridge	Twin Town Villa Assisted Living	615 Durham Drive	2nd Thursday	2:00 PM	Hannah Walberg	218-643-8544	twintownm@midconetwork.com
Burnsville	Prince of Peace Lutheran Church	13901 Fairview Drive	2nd Thursday	6:00 PM	Jody Slaughter	952-898-9321	jslaughter@popmn.org
Burnsville	Augustana Regent Care	14500 Regent Lane	1st Wednesday	3:00 PM	Jane Hubbard	952-898-8728	jthubbar@augustanacare.org
Cambridge	River Hills Assisted Living	1545 River Hills Pkwy NW	3rd Wednesday	10:00 AM	Dale Peterson	763-444-9352	betdal@usfamily.net
Cloquet	Community Memorial Hospital	512 Skyline Blvd	3rd Monday	2:00-3:30 PM	Mary Beck	218-269-2211	mbeck@cloquethospital.com
Coon Rapids	Coon Rapids Senior Center	11155 Robinson Dr NW	2nd Thursday	1:00-2:30 PM	Milo Hartmann	763-755-2175	milo.hartmann@hotmail.com
Crookston	Villa St Vincent	516 Walsh St	2nd Tuesday	4:00 PM	ReNae Sperling	218-281-3424 x252	rmsperling@gmail.com
Delano	Delano Senior Center	234 2nd Street North	3rd Thursday	1:30 PM	Nick Naton	763-972-0574	nneaton@delano.mn.us
Detroit Lakes	Ecumen Detroit Lakes	1405 Madison Ave	Last Thursday	2:00 PM	Jodi Greisen	218-844-8355	jodispinelligreisen@ecumen.org

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Duluth	Primrose Retirement of Duluth	724 Maple Grove Rd	3rd Monday (no mtg July and Dec)	10:00 AM	Joan Setterlund Catharine Larsen Bonnie Niemi	218-728 4986 218-733-9903 218-349-8095	calarsen@chartermi.net jsetterlund@msn.com bjniemi@gmail.com
Eden Prairie	Victory Lutheran Church	16200 Berger Drive	2nd Wednesday	1:30-3:00 PM	Kathleen Evanson	952-934-0956	
Edina	Walker Care Suites	7400 York Ave S	Call for information		Teresa Kocher	952-230-1304	tkocher@walkermethodist.org
Elk River	Elk River Activity Center	413 Proctor Ave	3rd Monday	12:30 PM	Annette Bonin	763-635-4500	abonin@elkrivermn.gov
Eveleth	Eveleth Health Services	227 McKinley Ave	3rd Wednesday	2:00- 3:00 PM	Bonnie Saumer Mary Maki	218-658-2692 218-741-8069	
Fairfax	Fairfax Community Home Activities Room	300 10th Ave SE	3rd Monday	12:30pm	Mary Ann Dummer	507-426-7559	
Fairmont	Grace Lutheran Church	300 S Grant St	Last Thursday	10:30 AM	Joyce Peterson Thelma Vickerman	507-235-3833 507-238-2062	joyce@crestvolunteers.org
Fergus Falls	Mills Street Residence	802 S Mills St	First Thursday	2:00 PM	Mick Siems	218-736-8590	mndsiems@lrhc.org
Forest Lake	Birchwood Arbors Assisted Living	750 NE 1st St	1st Thursday (No mtg in Jan & July)	12:30 PM	Alissa Ralph	651-464-5600 x1023	aralph@birchwoodseniorliving.com
Glenwood	Glenwood Retirement Center	719 2nd St SE	3rd Monday	10:30am	Mary Freeman	320-239-2786	
Golden Valley	Struthers Parkinson's Center "Caregiver Group"	6701 Country Club Dr	2nd Thursday	1:00 PM	Joan Hlas	952-993-6650	joan.hlas@parknicollet.com
Golden Valley	Struthers Parkinson's Center "Parkinson's Plus"	6701 Country Club Dr	2nd Wednesday	1:00 PM	Joan Hlas	952-993-6650	joan.hlas@parknicollet.com
Golden Valley	Struthers Parkinson's Center "Early Stage"	6701 Country Club Dr	3rd Wednesday	1:00 PM	Joan Hlas	952-993-6650	joan.hlas@parknicollet.com
Golden Valley	Struthers Parkinson's Center "Mid-Stage"	6701 Country Club Dr	2nd Tuesday	10:00 AM	Joan Hlas	952-993-6650	joan.hlas@parknicollet.com
Golden Valley	Struthers Parkinson's Center "Young Onset"	6701 Country Club Dr	2nd Saturday	9:30 AM	Joan Hlas	952-993-6650	joan.hlas@parknicollet.com
Golden Valley	Struthers Parkinson's Center "Early in the Journey Carepartner"	6701 Country Club Dr	Last Tuesday	4:00 PM	Joan Hlas	952-993-6650	joan.hlas@parknicollet.com
Grand Rapids	Itasca County Family YMCA	400 River Rd Suite 1	2nd Wednesday	1:00 PM	Robyn Gunnerson	218-999-9233 ext. 287	robyn@eldercircle.org

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Hastings	Tilden Community Welcome Center	310 River St	3rd Wednesday	2:00-3:30 PM	Laurie Thrush	651-480-7689	lthrush@hastings.k12.mn.us
Hutchinson	Birchwood House	710 Park Island Drive	Last Wednesday	2:30 PM	Robyn Crocker	320-587-7737	
Lakeville	Walker Highview Hills	20150 Highview Ave	3rd Thursday	11:00 AM	Candace Rovang	952-985-9005	crovang@walkermethodist.org
Luverne	St John's Lutheran Church	803 N Cedar St	2nd Thursday	1:00 PM	Dianne Karlstad	507-530-3307	dkarlstad@frontiernet.net
Mankato	1st Congregational United Church of Christ	150 Stadium Court	3rd Tuesday (No mtg in Jan & Feb)	2:00 PM	Kelly Simmons Betsy Paul		kelly.simmons@prhomecare.com bpaul@gustavus.edu
Maple Grove	University of Minnesota Health Maple Grove Clinic	14500 99th Ave	2nd Tuesday	1:00-3:00 PM	Susan Metcalf	763-898-1533	smetcal1@fairview.org
Maplewood (Care Partners)	Gladstone Community Center	1945 Manton Ave	2nd & 4th Mondays	9:30-11:00 AM	Lorna Breiter	651-770-8172	lorna.breiter@gmail.com
Marshall	Adult Community Center	107 S 4th Street	1st Wednesday	3:30 PM	*Terry Hennen Kathy Paxton	507-929-5624 507-828-4690	jthennen@iw.net jkpax49@gmail.com
Minneapolis	Walker Place (The Waters of Minnehaha)	3701 Bryant Ave S	1st Wednesday	3:00 PM	Emily Anderson Debra Darby	612-827-8317	eanderson@walkermethodist.org
Minneapolis	Veterans Administration Medical Center	One Veterans Drive	3rd Thursday	1:00-2:30 PM	Ann St.Jacque	612-467-1380	ann.st.jacque@va.gov
Minnetonka	Minnetonka Ridge Pointe (meet in Rose Rm)	12600 Marion Lane West	3rd Thursday	12:30 PM	Heidi Ewing	952-540-6200	hewing@windstream.org
Minnetonka "Parkinsisters" (Young-Onset Women's group)	Ridgedale Byerly's Community Room	13081 Ridgedale Dr.	3rd Tuesday	7:00 PM	Ruth Lotzer	952-888-1734	bbrr55431@yahoo.com
Montevideo	CCMH Ambulance & Training Center	1020 13th St	1st & 3rd Monday	3:30-5:00 PM	Lori Peterson	320-321-8268	
Monticello	Monticello Senior Center	505 Walnut St	1st Tuesday	1:30 PM	Pam Loidolt	763-295-2000	

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Moorhead	HeartSprings (in Messiah Lutheran Church)	2010 North Elm St	1st Thursday (Sep-Dec & Feb-May)	3:30-5:00 PM	Jan Nelson	701-261-3142	heartspringinfo@gmail.com
Mounds View	Messiah Lutheran Church	2848 County Rd. H2	2nd Tuesday	6:30 PM	Jean Lukaszewski	763-442-8752	martyandjeanluke@hotmail.com
New Prague	New Prague Public Library	400 Main St E	4th Tues. (no mtg July or Dec)	1:00-2:30 PM	Betty Tupy	952-758-3924	bgtupy@gmail.com
New Ulm	Oak Hills Living Center (Hillside Haven Meeting Room)	1314 8th St N	2nd Monday	1:30-2:30 PM	Linda Tauer	507-227-1497	lindapsc@outlook.com
North Oaks	Presbyterian Homes-Waverly Gardens	5919 Centerville Rd	3rd Monday	1:00 PM	Sandra Boehm Carolyn Cuthill	651-762-6510	cutyow@msn.com
Northfield	Northfield Hospital	2000 N Ave	4th Wednesday	2:00 PM	Katherine Lathrop	507-646-1195	lathropk@northfieldhospital.org
Oak Park Heights	Boutwells Landing Community Room	5600 Norwich Pkwy	3rd Wednesday	10:00-11:30 AM	Aimee Stanton	651-241-3373	aimee.stanton@allina.com
Owatonna	Owatonna Public Library (Gainey Conference Room, 3rd floor)	105 N Elm Ave	4th Tuesday	2:00PM	Linda Hoffman	507-977-2171	
Red Wing	Red Wing Area Senior Center	240 Harrison St	4th Thursday	2:00-4:00 PM	Pat Kernan	651-327-2255	pkernan@bevcomm.net
Rochester	Zumbro Lutheran Church	624 3rd Ave SW	3rd Thursday	1:15-3:00 PM	*Warren Lopour (Sandy Woodruff)	507-288-0359 507-282-3854	wlopour@gmail.com jfwsdw@yahoo.com
Sauk Rapids	Indpendent Lifestyles	215 N Benton Drive	3rd Monday (No mtg in August)	1:00-2:30 PM	Pam Tritz-Okia	320-281-2040	pamt@independentlifestyles.org
Springfield	St.Johns Lutheran Home	201 South Co.Rd.5	4th Wednesday	2:00- 3:00 PM	Shari Koll	507-227-0386	srk@newulmtel.net
St. Paul (Young onset)	Capistrant Center at Bethesda Hospital	559 Capital Blvd	3rd Thursday	6:00-8:00 PM	Lynn Erkkila	651-232-2202	
St. Paul	Capistrant Center at Bethesda Hospital 7th Floor	559 Capital Blvd	3rd Thursday (No mtg Feb)	10:00-12:00 PM	Kathryn Gilbertson	651-326-2188	kgilbertson@healtheast.org
St Paul	Lyngblomsten "The Heritage" 2nd Floor Lounge	1440 Midway Pkwy	1st Thursday	1:00 PM	Jay Haukom	651-632-5391	jhaukom@lyngblomsten.org
St. Paul	Fairview Out Patient Rehab	2200 University Ave W	1st Friday	1:00-3:00 PM	Becky Horton	612-273-3868	rhorton1@fairview.org

