COVID-19 Survey Results

The Parkinson's Foundation and Columbia University Parkinson's Disease Center of Excellence administered a survey in May 2020 to better understand the social and emotional effects of the pandemic on people with Parkinson's disease (PD), how it transformed their lives and access to care.

Among the 1,342 survey respondents living with PD:

- **71 years old** Average age of respondent
- **45%** Reported reduced hours of exercise
- **7 years** Average duration of living with PD
- **74%** Participated in online activities during COVID-19

**Sleep Problems**
- 51%

**Anxiety**
- 54%

**Depression**
- 67%

**Apathy**
- 66%

**Sleep Problems**
- 66%

**Most often used types of telehealth services**

- PD Doctor
- Physical Therapy
- Mental Health Therapy
- Speech Therapy
- Occupational Therapy

Telehealth use increased from 10% pre-pandemic to 64% during the pandemic.

- **46%** of people who used telehealth prefer to keep using it after the pandemic
- **85%** people with PD felt their life has changed during COVID-19
- **1.3%** Only 17 survey respondents with PD reported a COVID-19 diagnosis by a health provider.

Most-reported symptoms: fatigue, muscle pain, body aches, cough, headache and shortness of breath.

Learn more at Parkinson.org/COVID19 or call our Helpline at 1-800-4PD-INFO.