A REAL GOGETTER

GOGETTER

REAL GO GETTERS—REAL EXPERIENCES
Talk to your doctor about GOCOVRI and watch Real GO GETTERS talk about their experiences at GOCOVRI.com

IMPORTANT SAFETY INFORMATION
What to Avoid While Taking GOCOVRI
• Start GOCOVRI with 1 capsule at bedtime. Your doctor may change your dose. Call your doctor if you have symptoms of overdose such as fever, confusion, or severe muscle stiffness. GOCOVRI may cause serious side effects, including:
  • Seizures
  • Severe kidney problems.
  • Hypersensitivity reactions (rash, itching, or hives)

How to Take GOCOVRI
• Take GOCOVRI as exactly as your doctor tells you to
• GOCOVRI may be taken with food or without food
• If you take too much GOCOVRI, call your doctor or go to the nearest hospital emergency room right away

GOCOVRI is a prescription medicine used for treating Parkinson’s disease patients treated with levodopa therapy, with or without other medicines that increase the effects of dopamine in the brain. It is not known if GOCOVRI is safe and effective in children.

POSSIBLE SIDE EFFECTS OF GOCOVRI
• The most common side effects of GOCOVRI include:
  • muscle stiffness
  • muscle aches
  • constipation
  • dizziness
  • feeling dizzy, faint or lightheaded, especially when you stand up (orthostatic hypotension).
  • These are not all the possible side effects of GOCOVRI. Call your doctor for medical advice about side effects.

GET MORE INFORMATION
• For more information about GOCOVRI, go to GocovriOnboard.com or call 1-844-GOCOVRI
• To learn about potential savings, visit GOCOVRIOutsmartTheCost.com

IMPORTANT FACTS
These are not all the possible side effects of GOCOVRI. Call your doctor for medical advice about side effects.
WHAT IS GOCOVRI?
GOCOVRI is a prescription medicine for treating dyskinesia (sudden uncontrolled movements) in Parkinson's disease patients treated with levodopa therapy, with or without other medicines that increase the effects of dopamine in the brain. It is not known if GOCOVRI is safe and effective in children.

IMPORTANT SAFETY INFORMATION
• Do not take GOCOVRI if you have severe kidney problems

Real GO GETTERS don’t want Parkinson’s disease (PD) dyskinesia and OFF time to disrupt their lives. That’s why they talk to their doctors about GOCOVRI—the only medication that has been clinically proven to treat dyskinesia while also reducing OFF time.

Please see Important Safety Information throughout and Important Facts about GOCOVRI in pocket.
Ervin

I’m afraid of freezing. I’m afraid of bumping into people. People are just looking like “are you okay?”

Ervin, 66 - Noticed dyskinesia 11 years after his PD diagnosis, but wouldn’t let dyskinesia and off time keep him from helping others

DYSKINESIA AND OFF TIME DISRUPT DAILY LIFE

Experiencing dyskinesia and off time throughout the day can affect activities of daily living and make it difficult for people to start and plan their day.

 Dyskinesia can be defined as uncontrolled, involuntary, and unpredictable movements of the face, arms, legs, and/or torso. They are often fluid and dance-like and may look like fidgeting or wriggling, but can affect each person differently.

 Off time is when PD medication, like levodopa, is wearing off or not working optimally and PD symptoms (stiffness, slowness, tremors) return.

HAVE YOU NOTICED SIGNS OF DYSKINESIA AND OFF TIME?
TRACK YOUR SYMPTOMS ON PAGE 7 AND BRING THIS BROCHURE TO YOUR NEXT DOCTOR’S APPOINTMENT

On cover: Deborah, 64 - Developed dyskinesia 10 years after her PD diagnosis and tried amantadine-ir, but it is not indicated for dyskinesia.
REAL GO GETTERS WANT BOTH—LESS DYSKINESIA AS WELL AS LESS OFF TIME

Only GOCOVRI has been clinically proven to reduce dyskinesia while also reducing OFF time, without changes to levodopa.

GOCOVRI was studied in 2 clinical trials of nearly 200 people with PD who had dyskinesia. In both studies, people added GOCOVRI to their existing PD medications, without changing their dose. People experienced less dyskinesia as well as less OFF time, leading to more functional time (ON time without troublesome dyskinesia) in their day.

*In both studies, the primary goal was to measure the change in dyskinesia using a scale that assesses how dyskinesia impacts everyday activities such as speech, handwriting, chewing and swallowing, using utensils, getting dressed, and participating in social activities and hobbies. Secondary goals were to measure the number of hours per day of OFF time and functional time, which were done using PD home diaries.

IMPORTANT SAFETY INFORMATION

BEFORE TAKING GOCOVRI, TELL YOUR DOCTOR ABOUT ALL MEDICAL CONDITIONS, INCLUDING IF YOU:

• have kidney problems; unexpected sleepiness; take medicine to help you sleep or that makes you drowsy; have mental problems, such as suicidal thoughts, depression, or hallucinations; unusual urges including gambling, increased sex drive, compulsive eating, or shopping; or if you drink alcoholic beverages
• are pregnant or plan to become pregnant or are breastfeeding or plan to breastfeed.

GOCOVRI may harm your unborn baby and can pass into your breastmilk.

Please see Important Safety Information throughout and Important Facts about GOCOVRI in pocket.

Laura

I still have dyskinesia, but it’s not as severe as it was, and it’s less frequent, so I’m very pleased with my results.

Deborah

Having more functional time just feeds my soul…that means I can be with family…I can do my art…I can just relax.

Individual results vary. Talk to your doctor to see if GOCOVRI is right for you.
How are dyskinesia and off time affecting you?

Use this tracker to document the impact both dyskinesia and off time have on your daily life. Make sure to bring your tracker and questions from your discussion guide (see page 13) to your next appointment.

Laura, 64 - Diagnosed with PD at a young age and began experiencing dyskinesia shortly after. Wanted to avoid surgical treatment for her dyskinesia.

Laura, 64 - it’s very disruptive in your life… the more you try and control it, the worse it gets.

1. Estimate the total number of hours during the day that you experienced dyskinesia
   - Less than 1 hour
   - 1-3 hours
   - 3-5 hours
   - 5+ hours

2. Estimate the total number of hours during the day that you experienced off time
   - Less than 1 hour
   - 1-3 hours
   - 3-5 hours
   - 5+ hours

3. What time(s) of day was your dyskinesia most troublesome?
   - Morning
   - Early evening
   - Midday
   - Night
   - After levodopa dose

4. At what time(s) did you take your PD medication(s) today?

5. How did dyskinesia affect your daily activities? Check all that apply
   - Dyskinesia was present but did not interfere with what I was doing
   - It caused some problems and things took a little longer than usual, but I was still able to perform most things by myself
   - I wasn’t able to participate in activities fully
   - I needed help with normal daily activities from another person when I had dyskinesia
   - It made me feel anxious or embarrassed

6. What types of activities of daily living did your dyskinesia impact? Check all that apply
   - Getting dressed and undressed
   - Eating/Drinking
   - Walking
   - Exercising
   - Washing/Bathing/Shaving
   - Working
   - Participating in social activities and hobbies
   - Achieving other treatment goals
Day 3

1. Estimate the total number of hours during the day that you experienced dyskinesia

- Less than 1 hour
- 1-3 hours
- 3-5 hours
- 5+ hours

2. Estimate the total number of hours during the day that you experienced OFF time

- Less than 1 hour
- 1-3 hours
- 3-5 hours
- 5+ hours

3. What time(s) of day was your dyskinesia most troublesome?

- Morning
- Early evening
- Midday
- Night
- After levodopa dose

4. At what time(s) did you take your PD medication(s) today?

5. How did dyskinesia affect your daily activities? Check all that apply

- Dyskinesia was present but did not interfere with what I was doing
- It caused some problems and things took a little longer than usual, but I was still able to perform most things by myself
- I wasn’t able to participate in activities fully
- I needed help with normal daily activities from another person when I had dyskinesia
- It made me feel anxious or embarrassed

6. What types of activities of daily living did your dyskinesia impact? Check all that apply

- Getting dressed and undressed
- Eating/Drinking
- Walking
- Exercising
- Washing/Bathing/Shaving
- Working
- Participating in social activities and hobbies
- Achieving other treatment goals

Day 2

1. Estimate the total number of hours during the day that you experienced dyskinesia

- Less than 1 hour
- 1-3 hours
- 3-5 hours
- 5+ hours

2. Estimate the total number of hours during the day that you experienced OFF time

- Less than 1 hour
- 1-3 hours
- 3-5 hours
- 5+ hours

3. What time(s) of day was your dyskinesia most troublesome?

- Morning
- Early evening
- Midday
- Night
- After levodopa dose

4. At what time(s) did you take your PD medication(s) today?

5. How did dyskinesia affect your daily activities? Check all that apply

- Dyskinesia was present but did not interfere with what I was doing
- It caused some problems and things took a little longer than usual, but I was still able to perform most things by myself
- I wasn’t able to participate in activities fully
- I needed help with normal daily activities from another person when I had dyskinesia
- It made me feel anxious or embarrassed

6. What types of activities of daily living did your dyskinesia impact? Check all that apply

- Getting dressed and undressed
- Eating/Drinking
- Walking
- Exercising
- Washing/Bathing/Shaving
- Working
- Participating in social activities and hobbies
- Achieving other treatment goals
Estimate the total number of hours during the day that you experienced dyskinesia

Less than 1 hour
1-3 hours
5+ hours

Estimate the total number of hours during the day that you experienced OFF time

Less than 1 hour
1-3 hours
5+ hours

What time(s) of day was your dyskinesia most troublesome?

Morning
Midday
Night
After levodopa dose

What types of activities of daily living did your dyskinesia impact? Check all that apply

Getting dressed and undressed
Eating/Drinking
Walking
Exercising
Washing/Bathing/Shaving
Working
Participating in social activities and hobbies
Achieving other treatment goals

How did dyskinesia affect your daily activities? Check all that apply

Dyskinesia was present but did not interfere with what I was doing
It caused some problems and things took a little longer than usual, but I was still able to perform most things by myself
I wasn’t able to participate in activities fully
I needed help with normal daily activities from another person when I had dyskinesia
It made me feel anxious or embarrassed

At what time(s) did you take your PD medication(s) today?

Morning
Midday
Night
After levodopa dose

How did dyskinesia affect your daily activities? Check all that apply

Dyskinesia was present but did not interfere with what I was doing
It caused some problems and things took a little longer than usual, but I was still able to perform most things by myself
I wasn’t able to participate in activities fully
I needed help with normal daily activities from another person when I had dyskinesia
It made me feel anxious or embarrassed

What types of activities of daily living did your dyskinesia impact? Check all that apply

Getting dressed and undressed
Eating/Drinking
Walking
Exercising
Washing/Bathing/Shaving
Working
Participating in social activities and hobbies
Achieving other treatment goals

At what time(s) did you take your PD medication(s) today?
PREPARE FOR YOUR NEXT DOCTOR’S APPOINTMENT

Keeping track of how dyskinesia and OFF time are affecting you (see page 7) and identifying the right questions to ask your doctor can help inform your treatment plan—and if GOCOVRI may be right for you.

If you are a care partner, tracking dyskinesia and OFF time along with your loved one can help them capture more details about their symptoms.

IMPORTANT SAFETY INFORMATION

Tell your doctor about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. Especially tell your doctor if you take medicines like sodium bicarbonate.

The most common side effects of GOCOVRI include hallucination, dizziness, dry mouth, swelling of legs and feet, constipation, and falls.

Please see Important Safety Information throughout and Important Facts about GOCOVRI in pocket.

TREATING DYSKINESIA WHILE REDUCING OFF TIME STARTS WITH AN OPEN DIALOG

Use these questions to get the conversation started—no matter where you are in your journey.

- I sometimes experience uncontrolled, involuntary, and unpredictable movements. They occur in my face, arms, legs, and/or torso. Could this be dyskinesia?
- I’ve heard that one way to manage dyskinesia is to adjust my levodopa dose. Will lowering my levodopa make me experience more OFF time? What else could I be doing?
- My dyskinesia is interfering with my daily activities and achieving my treatment goals. What are my treatment options and could GOCOVRI be right for me?
- How did GOCOVRI help people in clinical studies?
- How does GOCOVRI treat dyskinesia while also reducing OFF time?
- What are the side effects of GOCOVRI?
- What is the dosing of GOCOVRI?
- Will taking GOCOVRI require adjustments to my levodopa dosing?

Gayle

We make sure we get to ask the questions before we leave the office. We’ve learned that over the years, you have to be prepared.
GET HELP ACCESSING GOCOVRI

A GOCOVRI Onboard Patient Care Coordinator can work with you to see if you are eligible for programs to help you pay for GOCOVRI

Co-pay Program
If you have a commercial health plan, the Co-pay Program can help you pay for your share of GOCOVRI

Patient Assistance Program
If you don’t have insurance, your insurance does not cover GOCOVRI, or if you can’t afford GOCOVRI, the Patient Assistance Program can help you get GOCOVRI at no cost

Independent Charitable Foundations
If you have government-sponsored insurance, independent organizations and/or other resources may be available to help

Call 1-844-GOCOVRI (1-844-462-6874)
Press 1 to speak to a GOCOVRI Onboard Patient Care Coordinator Monday–Friday, 8 am–8 pm ET

STEP 1
Receiving GOCOVRI starts with a call
In order to send your GOCOVRI, our specialty pharmacy partner needs to speak to you over the phone. Expect a call from 1-412-413-8000, or call 1-844-GOCOVRI.

STEP 2
Your GOCOVRI is express mailed to you
Once you confirm your shipping address by phone, our specialty pharmacy partner will express deliver your medicine.

STEP 3
Expect a follow-up call
After you receive your GOCOVRI, our specialty pharmacy partner will call again from the same number to answer any questions you may have and discuss next steps.

IF YOUR DOCTOR STARTS YOU ON GOCOVRI, HERE’S WHAT YOU CAN EXPECT NEXT:

Co-pay Program
If you have a commercial health plan, the Co-pay Program can help you pay for your share of GOCOVRI

IF YOU DON’T HEAR FROM OUR SPECIALTY PHARMACY PARTNER WITHIN 2 BUSINESS DAYS, CALL 1-844-GOCOVRI (1-844-462-6874) MONDAY–FRIDAY, 8 AM–8 PM ET
PRESS 1 TO SPEAK TO A PATIENT CARE COORDINATOR

*After prior authorization and appeal processes have been exhausted.
†Financial and medical eligibility requirements vary by organization.
WHAT SHOULD I AVOID WHILE TAKING GOCOVRI?
• Do not take GOCOVRI if you have severe kidney problems
• Do not drive, operate machinery, or do other dangerous activities until you know how GOCOVRI affects you
• Do not drink alcohol while taking GOCOVRI as it can increase your chances of serious side effects
• Do not stop or change the dose of GOCOVRI before talking with your doctor. Call your healthcare provider if you have symptoms of withdrawal such as fever, confusion, or severe muscle stiffness
• Do not take a flu nasal spray vaccine while taking GOCOVRI, but you can receive a flu shot

WHAT ARE THE POSSIBLE SIDE EFFECTS OF GOCOVRI?
GOCOVRI may cause serious side effects, including:
• falling asleep during normal activities, such as driving, talking, or eating, while taking GOCOVRI. You may fall asleep without being drowsy or warning. The risk is greater if you take GOCOVRI with medicines that cause drowsiness

WHAT ARE THE POSSIBLE SIDE EFFECTS OF GOCOVRI?
• suicidal thoughts or actions and depression
• occurrence or worsening of hallucinations (seeing or hearing things that are not real)
• feeling dizzy, faint or light headed, especially when you stand up too quickly, when first starting GOCOVRI, or if your dose has been increased
• unusual urges including gambling, sexual, spending money, binge eating, and the inability to control them

If you or your family notices that you are developing any new, unusual or sudden changes in behavior or related symptoms, tell your healthcare provider right away.

The most common side effects of GOCOVRI include hallucination, dizziness, dry mouth, swelling of legs and feet, constipation, and falls.

Be sure to take your medicine at bedtime as instructed. You may take GOCOVRI with or without food.

Please see Important Safety Information throughout and Important Facts about GOCOVRI in pocket.