

Ohio Support Groups by County

We do our best to maintain a current list, but we advise that you call the number prior to attending to ensure the group is still active.

Unless otherwise specified, these listings are independent and unaffiliated with the Parkinson's Foundation.

<u>Lake</u>
<u>Medina</u>
<u>Miami</u>
Montgomery
<u>Muskingum</u>
<u>Putnam</u>
<u>Scioto</u>
<u>Warren</u>

If you would like to be added to this list, or if the details of your group need to be updated, please contact us by emailing greatlakes@parkinson.org.



Groups may occasionally change the date and time of their meeting. Please use the contact information listed with the group to confirm they are meeting.

Allen County

Lima Area Parkinson's Support Group [Updated March 2023] Location: Lima, OH 45807 For more information, contact Heather Harvey at 419.226.9632.

Auglaize County

<u>Grand Lake Rehab Parkinson's Support Group, Minster YMCA</u> [Updated December 2023] Location: Minster, OH 45865 – *Meeting in-person* Fee: No For more information, contact (419) 394-6132. Link to Website here.

Parkinson's Exercise Group YMCA [Updated March 2023]

Location: Wapakoneta, OH For more information contact Karen Lenhart or Mary Stoll at 419.996.5405.

Cuyahoga County

Broadview Heights Parkinson Support Group [Updated March 2023]

Monthly group meetings. Location: Broadway Heights, OH 44147- Meeting in-person For more information, contact Melissa Todd at 440.536.7022 or mtodd@danburyseniorliving.com

PEP Cleveland Heights [Updated April 2023] Location: Cleveland Heights, OH 44118 – *Meeting in-person* Fee: No For more information, contact David Brandt at 440.742.0153 or <u>dbrandtpep@gmail.com</u>.

<u>Cleveland Clinic Neurological Restoration Center "Young Onset Parkinson's Support"</u> [Updated April 2023]

Location: Cleveland, OH 44195 For more information, contact Ellen Water at 216 448 4266 opt 4

This listing is provided for informational purposes only. Call our Helpline: 1-800-4PD-INFO (473-4636)



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InMotion [Updated April 2023]

A full wellness center that provides free programs and services for people with Parkinson's disease. Programs include physical wellness, healing arts and creative expression, and education and support. PD café open to InMotion clients and care partners only. Small group discussion model offered twice a month.

Location: Beachwood, OH 44122 – *Meeting in-person and online* **Fee**: No

For more information, contact John Ambrose at 216.342.5784 or jambrose@beinmotion.org Link to website <u>here</u>.

Solon Parkinson's Group [Updated March 2023]

For more information, contact Yvette Hasan at 440.349.6363 or <u>yhasan@solonohio.org</u> Location: Solon, OH 44139 – *Meeting in-person* **Fee**: No Link to website <u>here</u>.

Hear Me Roar Star Center Foundation [Updated April 2023]

Benefitting individuals who already had voicing therapy to maintain their voice. Various support groups offered - Music Therapy, Hear Me Roar, New Onset, and Swallowing. Location: Westlake, OH 44145 – Meeting in-person

For more information, contact Esther Verbovsky at 216.320.2456 or <u>jojojoey@ameritech.net</u>. Link to website <u>here</u>.

Southwest General Parkinson's Support Group at Hospital Old Oak Center [Updated April 2023]

Location: Hospital Old Oak Center | Middleburg Heights, OH 44130 – *Meeting in-person* Fee: No

For more information, contact Laurie L. Pfahler, Clinical Nurse at <u>Lpfahler@swgeneral.com</u> or (440) 816- 4031.

Franklin County

Columbus Partners/Caregivers [Updated March 2023]

All care partners or caregivers are welcome. **Location:** Columbus, OH 43214 - *Meeting in-person* For more information, contact Susan Hervey at 614.531.7416 or <u>Shervey1963@act.net.</u> **Fee**: No



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Jerry's Movers [Updated April 2024]

"Happy" environment group where there will be Parkinson's jokes and storytelling. **Location:** Columbus, OH 43212 – *Meeting in-person* **Fee:** No For more information, contact Jerry Yarov at (614) 205-6174 or <u>jerryyarov@me.com</u>.

Parkinson's and Lewy Bodies Disease for Care Partners, Alzheimer's Association [Updated March 2023]

Support groups conducted by trained facilitators, are a safe place for people living with dementia and their care partners.

Location: Columbus, OH 43201 – Meeting in-person and online

For more information, contact Mackinzie Douglas at <u>mkdouglas@alz.org</u> or the ALZ Helpline at 800.272.3900

Link to website <u>here</u>.

Parkinson's Warriors [Updated December 2023]

Parkinson's Warriors is both a support and resource group for patients and caregivers. **Location:** Dublin, OH 43016 – Meeting in-person **Fee:** No For more information, contact Amy Long at 614-764-2800 or along@seniorstar.com.

Reynoldsburg [Updated March 2023]

Location: Reynoldsburg, OH 43068 – *Meeting in-person* **Fee**: No For more information, contact Carmel Jenkins at 614.531.3590 or cjenkins7550@att.net

OhioHealth Riverside Parkinson's Group [Updated March 2023]

Location: Columbus, OH 43214 For more information, contact Melinda McGuire, MSW, LSW at 614.533.5500.

Our PD Journey [Updated September 2023]

Location: Columbus, OH 43212 – *Meeting in-person* **Fee:** No For more information, contact Janet Hartley at (941) 538-2701 or <u>jshartley412@gmail.com</u>.

PSP/CBD/MSA Support Group [Updated March 2023]

Location: Columbus, OH 43214 – *Meeting in-person and online* Fee: No

For more information, contact The Dempsey Family Education and Resource Center at contact 614.788.6115 or DempseyCenter@OhioHealth.com.



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Geauga County

<u>Geauga County Parkinsons Support Group</u> [Updated March 2023] Location: Chardon, OH 44024 Fee:

For more information, contact Sandy McLeod at 440.279.2137 or cbacon@co.geauga.oh.us.

Hamilton County

Bridgeway Pointe/Drake [Updated March 2023]

One-hour long discussion meetings. **Location:** Cincinnati, OH 45216 – *Meeting online* **Fee:** No For more information, contact Carol Simons at 513.474.4441 or <u>casimons003@yahoo.com</u>

Evergreen Group [Updated March 2023]

Location: Cincinnati, OH 45215 – *Meeting in-person* For more information, contact Elizabeth Grover <u>lovettgrover@gmail.com</u> or 513-379-1196. **Fee**: No Link to website here.

Hamilton Support Group – Parkinson's Support & Wellness [Updated March 2023]

Location: Hamilton, OH 45011 - Meeting in-person

Fee: No

For information, contact Denise Rieman at 513.315.7857 or Steve at 513.378.9440 or <u>ParkinsonsLifeSteve@gmail.com</u>.

Link to website here.

Parkinson's Support and Wellness [Updated March 2023]

Location: Cincinnati, OH 45219 Meeting in-person and online Fee: No

For more information, contact Nancy Wetterer at 513-558-0113 <u>info@parkinsoncincinnati.org</u> Link to website <u>here</u>.

Young Onset Support Group [Updated March 2023]

Location: Cincinatti, OH 45217 Fee: No For more information, contact Adam Magee at 859-609-2155 or <u>alphaneurofitness@gmail.com</u> Link to website <u>here</u>.



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Jefferson County

Steubenville Group [Updated March 2023]

Primetime membership required. Location: Steubenville, OH 43953 Meeting in-person Fee: Yes For more information, contact Trudy Wilson 740.314.5197 Link to website <u>here</u>.

Knox County

<u>Knox Community Hospital "Mt. Vernon Group"</u> [Updated April 2023] Location: Mt. Vernon, OH 43050 For more information, contact Jason Mentzer, Rehab & Wellness at 740.393.9875 or

Lake County

Lake County Parkinson's Group [Updated February 2024]

Location: Mentor, OH 44060 For more information, contact John Mazor at <u>jmazor@ameritech.net</u> or (440) 376-0906.

Lake County Caregiver Group [Updated February 2024]

Location: Mentor OH, 44060 Fee: No For more information, contact John Mazor at <u>jmazor@ameritech.net</u> or (440) 376-0906.

Medina County

Parkinsons Caregiver Support Group [Updated March 2023] Location: Wadsworth, OH 44281 – Meeting in person Fee: No For more information, contact Lori Wilkinson at (330) 335-1513 or Tammy Reddish at treddish@wadsworthcity.com Link to website here.



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Miami County

Miami County Parkinson's Support Group [Updated March 2023]

Once a month meeting to present educational topics, socialization, sharing ideas and general information regarding Parkinson's Disease. Location: Tipp City, OH 45371 – Meeting in person Fee: No For more information contact Tim & Melinda Drake at (937) 573-9098, <u>Melindaldrake@gmail.com</u>, or tjd.tdcu@gmail.com.

Montgomery County

Centerville Group [Updated March 2023]

Location: Centerville, OH 45458 For more information, contact Dawn Arrowood at 937.439.7145 or dawn.arrowood@commonspirit.org.

Muskingum County

Zanesville Group [Updated April 2023]

Location: Zanesville, OH 43701 – *Meeting in-person* Fee: Yes For more information, contact Rhonda Forrestal at 740.455.5151 or <u>rforrestal@genesishcs.org</u>

Putnam County

<u>St. Rita's Parkinson's Support Group</u> [Updated March 2023] Location: Ottawa, OH 45875 – *Meeting in-person.* Fee: May require YMCA membership For more information, contact Heather Shininger, PT at 419-523-3590 or HDShininger@mercy.com

Scioto County

Portsmouth Area Parkinson's Support Group [Updated April 2023]

We offer support to patients and families by way of speakers, exercise and sharing information.

Location: Portsmouth, OH 45662 – *Meeting in-person at Hill View Retirement Community* **Fee**: No

For more information, contact Barb Burke at 740-456-7574 or Barbburke45@gmail.com

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Warren County

<u>Mason Parkinson's Support Group – Parkinson's Support & Wellness</u> [Updated April 2023] Location: Mason, OH 45040 - *Meeting in-person*

Fee: No For information, contact Sandy Tinsler at 513-456-3212 or <u>pstinsler@gmail.com</u> Link to website <u>here</u>.