



Central & Eastern Pennsylvania Support Groups

We do our best to maintain a current list, but we advise that you call the number prior to attending to ensure the group is still active. Unless otherwise specified, these listings are independent and unaffiliated with the Parkinson's Foundation.

Western PA Support Groups can be found on [Parkinson.org/GreatLakes](https://www.parkinson.org/GreatLakes).

Central Bucks Parkinson's Support Group

For people with PD and their care partners to share information and to have a specialized speaker each month regarding a topic of PD.

Location: Warrington, PA 18976- Meeting in-person.

For more information, contact Paula Herber at 267-210-0483 or coordinator.cbpsg@gmail.com

Link to website [here](#).

Chambersburg Support Group (updated October 2023)

Location: Chambersburg, PA

For more information, contact Kelly Smith at 717-377-8318 or cburgpsg@gmail.com.

Cross Keys Village PD Education-Support (updated October 2023)

Monthly educational speaker followed by patient & caregiver support group.

Location: New Oxford, PA 17350 — Meeting In-Person

Fee: No

For more information, contact Helen Stratton at parkinsonnetwork@gmail.com or Arla Ely at 717-624-5302.

Link to Website [here](#).

Gettysburg Support Group

Location: Gettysburg, PA

For more information, contact 717-339-2627.

Indiana Support Group

Location: Indiana, PA

For more information, contact Denise Packer at 724-254-9504 or Susan Wydra at 814-938-4954.

Jefferson Health Vickie & Jack Farber Institute for Neuroscience, a Parkinson's Foundation Center of Excellence (updated October 2023)

Location: Philadelphia, PA — Meeting Online

For more information, contact Lance Wilson at 1-800-533-3669 or 215-955-8257 or lance.wilson@jefferson.edu.

Link to Website [here](#).

If you would like to be added to this list, or if the details of your group need to be updated, please contact us by emailing MidAtlantic@parkinson.org.

December 2023



Pennsylvania Support Groups

Groups may occasionally change the date and time of their meeting. Please use the contact information listed with the group to confirm they are meeting.

Lehigh Valley Hospital *(updated January 2023)*

Support group for individuals living with Parkinson's disease and their caregivers. Provides guest speakers and education.

Location: Bethlehem, PA 18017- *Meeting In-Person.*

For more information, contact Gerry Haines at (610) 868-3510 or brignal1@aol.com.

Lewistown Support Group

Location: Lewistown, PA

For more information, contact Steve Knudson at 717-250-1410.

Lititz Support Group

Location: Lititz, PA 17543

For more information, contact Ruth Johnson at 717-509-5494 or curtruth@verizon.net

Parkinson's Support Group *(updated October 2023)*

Support group for people with Parkinson's and their care partners.

Location: Wilkes-Barre, PA. 18702 — *Meeting In-Person*

Fee: Free

For more information contact Dr. Kristina Dorkoski at 570-830-4215 or kdorko@allied-services.org.

Link to website [here](#).

RHRW Parkinson's Support Group *(updated October 2023)*

Our Parkinson's Support Group meets monthly for People living with Parkinson's Disease and for friends and care partners. The sessions are educational to help with understanding of the disease and the members support and encourage one another.

Location: Wyomissing, PA 19610- *Meeting in-person.*

Fee: No

For more information contact Lori Koch, PT, DPT at 484-628-2684 or lori.koch@towerhealth.org.

Link to website [here](#).

St. Mary's Healthcare

Location: Langhorne, PA

For more information, contact 215-710-2223 or dhumes@stmaryhealthcare.org.

Link to Website [here](#).



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Titan Tactical Fitness

Monthly support group meetings for those with PD, their family members, and caregivers.

Location: Shamokin Dam, PA 17876 – *Meeting In-Person*

Fee: No

For more information, contact Cindy Murphy at 570-412-3286 or cindy@titantacticalfitness.com.

Link to Website [here](#).

West Chester Area PD Support Group

Free monthly meetings to inform, encourage, and offer fellowship with others coping with Parkinson's Disease. This support group is open to patients, family, friends, and caregivers.

Location: West Chester, PA 19382 — *Meeting In-Person*

Fee: No

For more information, contact Mary Jo Baldino at 610-833-4802, or maryjo.baldino@pennteam.upenn.edu.

York Support Group

Location: York, PA

For more information, contact 717-697-2513 or freedman.lauras@gmail.com, or 717-851-458-5 or tbarclift@wellspan.org.