Program

Module I (142 minutes)

Introduction: Role of the Care Partner
Marilyn Phillips, P.T.

Overview of Parkinson's
Sotirios Parashos, M.D., Ph.D.

Learning Objectives:
• Understand the diagnostic criteria for PD.
• Learn about the motor and nonmotor symptoms.
• Learn the difference between idiopathic PD and atypical parkinsonism.
• Understand the spectrum of medical treatment and common drug side effects.
• Understand when surgical treatments might be used for PD.

Role of Occupational Therapy in Parkinson’s Care
Erin Foster, O.T.D, M.S.C.I., O.T.R/L.

Learning Objectives:
• Understand how Parkinson’s impacts daily life for people living with the disease and their care partners.
• Understand the role of occupational therapy across different settings.
• Learn how occupational therapy can help people with PD.
• Learn how to address nonmotor symptoms in PD.

Module II (141 minutes)

Assessment
Learning Objectives:

- Understand assessment tools used in Parkinson’s care and research.
- Understand the limitations of PD specific assessment tools for the occupational therapy assessment process.
- Learn tools for gathering information for an occupational profile and priorities.
- Learn how to select the appropriate standardized tool for observation of occupational performance.
- Understand considerations when choosing the type of activities to observe, the context and timing of observation.
- Learn how to identify strong and weak performance skills in observing people with PD.
- Recognize the importance of collaborative goal setting in achieving outcomes that are realistic, measurable, and reimbursable.

Module III (143 minutes)

*Intervention*

Ingrid Sturkenboom, Ph.D., O.T., M.A., and Erin R. Foster, O.T.D, M.S.C.I., O.T.R/L.

Learning Objectives:

- Understand the focus and options of OT interventions across the continuum of PD.
- Recognize the importance of collaborative intervention planning.
- Learn strategies that may help people with PD improve occupational performance and participation in activities.
- Learn intervention options to empower care partners in addressing the needs of people with PD and in addressing their own needs.
- Learn strategies to manage fatigue to help improve the performance of people with PD.

Module IV (65 minutes)

*Emerging Research, Resources, & Beyond*

Moderator: Linda Tickle-Degnen, Ph.D., O.T.R/L., F.A.O.T.A.


Learning Objectives:
• Learn potential occupational therapy community programs to help people with PD and 1:1 occupational therapy interventions.
• Identify challenges and opportunities for organizing specialized PD care (multidisciplinary and OT) in your own health care setting and region.
• Learn about various resources available to occupational therapists and people with PD and their care partners.
• Understand the role of occupational therapists in professional and community education about Parkinson’s.