Parkinson's Disease Fact Sheet

About Parkinson's Disease

Parkinson's disease is a progressive, incurable neurological disorder associated with a loss of dopamine-generating cells in the brain that results in a complex array of symptoms. It is primarily associated with progressive loss of motor control, but there are many more non-motor symptoms. Parkinson's impacts an estimated one million people in the United States.

Critical Clinical Care Considerations

- To avoid serious side effects, Parkinson's patients need their medications on time, every time — do not skip or postpone doses.
- Write down the exact times of day medications are to be administered so that doses are given on the same schedule the patient follows at home.
- Do not substitute Parkinson's medications or stop levodopa therapy abruptly.
- Resume medications immediately following procedures, unless vomiting or severely incapacitated.
- If an antipsychotic is necessary, use quetiapine (Seroquel®) or clozapine (Clozaril®).
- Be alert for symptoms of dysphagia (trouble swallowing) and risk of pneumonia.
- Ambulate as soon as medically safe. Patients may require assistance.

Common Symptoms of Parkinson's Disease

Motor
- Shaking or tremor at rest
- Bradykinesia or freezing—being stuck in place when attempting to walk
- Low voice volume or muffled speech
- Lack of facial expression
- Stiffness or rigidity of the arms, legs or trunk
- Trouble with balance and falls
- Stooped posture
- Decreased ability to swallow (dysphagia) and drooling

Non-Motor
- Depression
- Anxiety
- Constipation
- Cognitive decline and dementia
- Impulse control disorders
- Orthostatic hypotension
- Pain
- Hallucinations and psychosis
- Sleep disturbances
- Sexual dysfunction
- Urinary dysfunction

Typical Parkinson's Medications

<table>
<thead>
<tr>
<th>L-DOPA</th>
<th>Dopamine Agonist</th>
<th>MAO-B Inhibitors</th>
<th>Anti-Cholinergics</th>
<th>COM-T Inhibitors</th>
<th>Other</th>
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</thead>
<tbody>
<tr>
<td>carbidopa/levodopa (Sinemet® or Sinemet CR®)</td>
<td>ropinirole (Requip®)</td>
<td>rasagiline (Azilect®)</td>
<td>trihexyphenidyl (formerly Artane®)</td>
<td>entacapone (Comtan®)</td>
<td>amantadine (Symadine®, Symmetrel®)</td>
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<tr>
<td>carbidopa/levodopa oral disintegrating (Parcopa®)</td>
<td>pramipexole (Mirapex®)</td>
<td>selegiline (l-deprenyl, Eldepryl®)</td>
<td>benztrapine (Cogentin®)</td>
<td>tolcapone (Tasmar®)</td>
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<td>carbidopa/levodopa/entacapone (Stalevo®)</td>
<td>rotigotine (Neupro®)</td>
<td>zydus selegiline HCL Oral disintegrating (Zelapar®)</td>
<td>ethopropazine (Parsitan®)</td>
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<tr>
<td>carbidopa/levodopa extended-release capsules (Rytary®)</td>
<td>apomorphine (Apokyn®)</td>
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<td>carbidopa/levodopa enteral solution (Duopa®)</td>
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<tr>
<td>Medical Purpose</td>
<td>Safe Medications:</td>
<td>Medications to Avoid:</td>
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<tr>
<td>Antipsychotics</td>
<td>quetiapine (Seroquel®), clozapine (Clozaril®)</td>
<td>avoid all other typical and atypical anti-psychotics</td>
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<td>Pain Medication</td>
<td>most are safe to use, but narcotic medications may cause confusion/psychosis and constipation</td>
<td>if patient is taking MAOB inhibitor such as selegiline or rasagiline (Azilect®), avoid meperidine (Demerol®)</td>
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<td>Anesthesia</td>
<td>request a consult with the anesthesiologist, surgeon and Parkinson’s doctor to determine best anesthesia given your Parkinson’s symptoms and medications</td>
<td>if patient is taking MAOB inhibitor such as selegiline or rasagiline (Azilect®), avoid: meperidine (Demerol®), tramadol (Rybix®, Ryzolt®, Ultram®), droperidol (Inapsine®), methadone (Dolophine®, Methadose®), propoxyphene (Darvon®, PP-Cap®), cyclobenzaprine (Amrix®, Fexmid®, Flexeril®), halothane (Fluothane®)</td>
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<td>Nausea/ GI Drugs</td>
<td>domperidone (Motilium®), trimethobenzamide (Tigan®), ondansetron (Zofran®), dolasetron (Anzemet®), granisetron (Kytril®)</td>
<td>prochloromethazine (Compazine®), metoclopramide (Reglan®), promethazine (Phenergan®), droperidol (Inapsine®)</td>
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<td>Antidepressants</td>
<td>fluoxetine (Prozac®), sertraline (Zoloft®), paroxetine (Paxil®), citalopram (Celexa®), escitalopram (Lexapro®), venlafaxine (Effexor®)</td>
<td>amoxapine (Asendin®)</td>
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Special Alert: Drugs such as benzodiazepines, muscle relaxants, bladder control medications and other medications used for sleep and pain may lead to confusion, hallucinations and other symptoms.

Share This With Your Doctor

If you have a Deep Brain Stimulation device (DBS):

MRI Warning
- MRI should not be performed unless the hospital has MRI experience imaging a DBS device safely and the DBS device is turned to 0.0 volts.
- MRI should never be performed if the pacemaker is placed in the abdomen or below and MRI should not be used to image structures of the body lower than the head (neck, abdomen, arms, legs or below) as dangerous heating of the lead could occur.

EKG and EEG Warning
- Turn off the DBS device before conducting EKG or EEG.
- Diathermy should be avoided.

The National Parkinson Foundation’s Aware In Care campaign aims to help people with Parkinson’s get the best care possible during a hospital stay. For more information please visit www.awareincare.org or call 1.800.4PD.INFO (473-4636).