Parkinson Support Network (PSN) of Cape Cod: Community Collaboration at its Best!

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Abstract: Galvanized by a call to action from the spouse of an individual living with Parkinson's disease (PD), Cape Cod area medical providers, senior-serving organizations, other community-based agencies, and local Parkinson's disease support groups joined with Boston-based academic medical centers to form the Parkinson Support Network of Cape Cod (PSN). Over a six-month period, the PSN surveyed existing resources available to Cape Cod residents affected by PD to identify opportunities for new educational, psychosocial support and wellness/exercise programs on the Cape.

In two year's time, the PSN has catalyzed a Cape Cod-wide network resulting in an ongoing Educational Speakers Series, new psychosocial support groups, a caregiver retreat, specialized exercise and wellness programs, an annual *Spring Fling! Dinner Dance*, and a website (www.parkinsoncapecod.org) that provides up-to-date information on PD as well as access to local resources and programs. This poster will detail the development of the PSN, the collaborative alliance of multiple partners, and the enhanced services which have been made available to Cape Cod region.