Comprehensive Care Through Collaboration

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The Parkinson's Disease and Movement Disorders (PDMD) Clinic at the Rehabilitation Institute of Chicago (RIC) offers an integrated and comprehensive approach to the management of movement disorders, both for newly diagnosed patients and those who have lived many years with movement disorders. Open to all patients with movement disorders, the RIC program was initiated and developed by the Northwestern Parkinson's Disease and Movement Disorders Center, National Parkinson Foundation Center of Excellence. The Northwestern-RIC collaboration has become **a model of continuity of comprehensive care for the treatment of movement disorders.** The movement disorders neurologists at Northwestern make the referral to RIC, and someone from RIC contacts the patient to schedule the initial appointment.

RIC's Movement Disorders Rehabilitation Program offers Northwestern's patients and families one-stop access to medical and rehabilitation care. The RIC Parkinson's Disease and Movement Disorders Rehabilitation Clinic utilizes a team approach. Each patient is assessed by RIC physiatrists (rehabilitation physicians), physical and occupational therapists, and speech and language pathologists who **specialize in movement disorders rehabilitation** and have been trained by the National Parkinson Foundation's signature Allied Team Training for Parkinson's program. Individualized evaluations and treatment plans provide swallowing assessments and therapy, speech and language therapy, nutritional counseling, and physical and occupational therapies that address walking, balance, posture, flexibility, and performance of daily activities. A nurse **care manager** coordinates follow-up with both the patient and the referring neurologist to insure that patients receive the selected and successive services that the evaluation team recommends, e.g. inpatient, outpatient, day therapy, or other services and education such as fall prevention or assistive technology.

The RIC Movement Disorders Program phone number is 312-238-7275.