

2022 Recipients

Parkinson's Foundation community grants further the health, wellness and education of people with Parkinson's disease (PD) across the nation. In July 2022, the Foundation distributed \$2 million throughout 137 community-based grants that support local health, wellness and educational programs that address unmet needs across local PD communities.

* - Indicates a 2021 Community Grantee that will continue their programming through the end of the year

** - Indicates a Parkinson's Foundation Center of Excellence that will receive a 2022 Community Grant

Alaska

Rock Steady Boxing Anchorage, BFit & Well, Anchorage, AK

Contact: Bonnie Murphy, bonnie@bfitandwell.com, www.bfitandwell.com

Alabama

Rock Steady Boxing, Rock Steady Boxing at Saad Healthcare, Mobile, AL

Contact: Chris Addison, chris.addison@saadhealthcare.com, rocksteadyboxing.org

2023 Parkinson's Disease Symposium, Parkinson Association of Alabama, Inc., Birmingham, AL

Contact: Bibby Bailey, bibby@parkinsonalabama.org, www.parkinsonalabama.com

Pedaling for Parkinson's--YMCA of Calhoun County, Young Men's Christian Association aka YMCA of Calhoun County, Anniston, AL

Contact: Karen Fenn, karenfenn@ymcocalhoun.org, www.ymcocalhoun.org

"Outside the Pill Box": Integrated, Interdisciplinary Allied Care, Huntsville Hospital Foundation, Inc., Huntsville, AL

Contact: Kristi Kelly, kristi.kelly@hhsys.org, www.huntsvillehospitalfoundation.org

Arkansas

Beating Parkinson's Together, Washington Regional Medical Foundation, Fayetteville, AR

Contact: Sara Eichmann, seichmann@wregional.com, wregional.com/foundation/foundation

*Support + High-Intensity Functional Training for Parkinson's Disease (SHIFT-PD), Arkansas Colleges of Health Education, Fort Smith, AR

Contact: Reed Handlery, reed.handlery@acheedu.org, acheedu.org

Arizona

Tucson JCC Parkinson's Wellness Program, Tucson Jewish Community Center, Tucson, AZ
Contact: Amy Dowe, adowe@tucsonjcc.org, <https://tucsonjcc.org>

Prescott YMCA Parkinson's classes, Prescott YMCA of Yavapai County, Prescott, AZ
Contact: Marsha Hollaway, marsha.hollaway@prescottymca.org, www.prescottymca.org

PWR!Connect: A pilot Parkinson-specific exercise program to support the Hispanic population in Tucson, Arizona, NeuroFit Networks Inc, Tucson, AZ
Contact: Catherine Printz, Catherine@pwr4life.org, <https://www.pwr4life.org>

** Healthy Mind/Healthy Body Program: Join your Self-Care Party! for the Hispanic Community (Unete a la Fiesta de tu Autocuidado) Self-Care, Mind and Body Program with Argentine Tango, Nutrition in the Kitchen and Mindfulness/Stress Management Practices, Barrow Neurological Institute - St. Joseph Med. Ctr., Phoenix, AZ
Contact: Claudia Martinez, claudia.martinez001@dignityhealth.org, www.barrowneuro.org

California

Jump Start Your Journey, NeuroLab 360 Rehabilitation and Wellness, Encinitas, CA
Contact: Jessie Agrimis, info@neurolab360.com, www.neurolab360.com

Dancing Through Parkinson's, Invertigo Dance Theatre, Culver City, CA
Contact: K Bradford, development@invertigodance.org, www.invertigodance.org

Precision Rehabilitation's Parkinson's Wellness Grant, Christy Malonzo Physical Therapist Inc. and Manjiri Dahdul Physical Therapist Inc., Long Beach, CA
Contact: Manjiri Dahdul, manjiridahdul@gmail.com, precisionrehabilitation.co

North State Therapy Choir, Chico, North Valley Community Foundation, Chico, CA
Contact: Erin Haley, erin@haleymusictherapy.com, www.nvcf.org

re+connect: A 6 month integrated program of PT, OT, psychology, and peer support for physical and mental health in Parkinson's Disease, re+active physical therapy and wellness, Torrance, CA
Contact: Julie Hersberg, info@re-activept.com, www.reactivept.com

Promotores embajadores de Parkinson-Parkinson's Embassadors 2022, Give for a Smile, Garden Grove, CA
Contact: Adriana Jimenez, ajimenez@giveforasmile.org, www.giveforasmile.org

Diablo Ballet's Dance for Parkinson's Power of Dance, Diablo Ballet, Walnut Creek, CA
Contact: Lauren Jonas, lauren@diabloballet.org, www.diabloballet.org

Expansion.2 of the Parkinson's Exercise Program in Orange County, CA, Parkinson's Exercise Program For You, Dana Point, CA
Contact: Kerry Keen, kerrykeen@pacbell.net, pep4u.org

San Francisco Ballet School's People Living with Parkinson's Disease Dance Classes, San Francisco Ballet Association, San Francisco, CA
Contact: Elizabeth Luu, eluu@sfballet.org, www.sfballet.org

Parkinson's Exercise and Caregiver Program 2022 Community Grant, City of Union City - Community & Recreation Services, Union City, CA
Contact: Robert Magbanua, robertmagbanua@unioncity.org, www.unioncity.org

PPG Fitness for PD, Edward Charles Foundation, Beverly Hills, CA
Contact: Maureen McComsey, maureen@pingpongforgood.org, www.pingpongforgood.org

Improving the lives of people newly diagnosed and women with Parkinson's disease in Orange County California through exercise, education and community, Rogue Physical Therapy & Wellness, Inc, Fountain Valley, CA
Contact: Claire McLean, info@roguept.com, www.roguept.com

PD Active Diversity Outreach Program - Year 2, PD Active, Berkley, CA
Contact: Adam Mizock, amizock@gmail.com, pdactive.org

Dance for PD® Oakland, dNaga, Oakland, CA
Contact: Claudine Naganuma, dnagaler@gmail.com, www.dnaga.org

The First BIG Step™, PD-Connect, Corte Madera, CA
Contact: Lisa Oei, lisa@pd-connect.org, www.PD-Connect.org

*Parkinson's Connection Orange County, Parkinson's Wellness Fund, La Jolla, CA
Contact: Lauren Simmons, info@pdbuzz.com, pdbuzz.com

Orange Coast Medical Center Parkinson's & Movement Disorders Program, Orange Coast Medical Center, Fountain Valley, CA
Contact: Theresa Stern, tsstern@memorialcare.org, www.memorialcare.or/parkinsons

Parkinson's Cardio Dance Class, Orange County Occupational Therapy, Inc, Costa Mesa, CA
Contact: Leann Vitale, info@theocot.com, theocot.com

Power Over Parkinson's POP Fit Program, Monterey Bay Power Over Parkinson's Inc., Monterey, CA
Contact: Cynthia Zoller, czs@cindyzsilver.com, www.poweroverparkinsons.org

Colorado

Balance Up: Generations Connecting and Moving into Balance Together, Step and Connect, LLC, Denver, CO
Contact: Erica DeMarch, erica@stepandconnect.com, stepandconnect.com

Rock Steady Boxing, Lower Valley Hospital Association DBA Family Health West, Fruita, CO
Contact: Polly Kennedy, pkennedy@fhw.org, www.fhw.org

Parkinsons Pointe, Parkinsons Community Center, Aurora, CO

Contact: Meredith Lo, meredith@parkinsonspointe.org, parkinsonspointe.org

PD Self Starter Pack: Jump start hope through exercise and self-efficacy, Max Capacity, PLLC, Colorado Spring, CO

Contact: Emily Moncheski, emily@maxcapacitypt.com, www.maxcapacitypt.com

Florida

The PD-MEET (Parkinson's Disease Movement Education and Exercise Therapy) program at University of North Florida, University of North Florida, Jacksonville, FL

Contact: Chitra Balasubramanian, c.k-balasubramanian@unf.edu, www.unf.edu

**Philip Shayman Parkinson's Program- Parkinson's Disease Patient and Care Partner Support Groups, University of South Florida, Tampa, FL

Contact: Erica Botting, ericabotting@usf.edu, health.usf.edu

The Parkinsonlife Corporation: pdLIFE "lifestyle, information, fitness, empowerment"- Program continuation and expansion, Parkinsonlife Corporation, Tampa, FL

Contact: Meredith DeFranco, meredefranco119@gmail.com, parkinsonlife.org

Living Well with Parkinson's: Maximize your function!, Orlando Health Foundation, Orlando, FL

Contact: Erin Dickson, erin.dickson@orlandohealth.com, www.orlandohealth.com

Rock Steady Boxing at the MAR-JCC, Michael-Ann Russell Jewish Community Center, North Miami Beach, FL

Contact: Jennifer Enslein, senslein@aol.com, www.marjcc.org

Parkinson's Education, Therapeutic/Exercise and Emotional Support Programs for the underserved PD Community in Highlands County, FL and for The Newly Diagnosed PD Community, Neuro Challenge Foundation for Parkinson's, Inc., Sarasota, FL

Contact: Mary Jo Heider, maryjo@neurochallenge.org, www.neurochallenge.org

Tampa Bay Parkinson's Disease Wellness Initiative, Tampa JCC/Federation Inc., Tampa, FL

Contact: Pnina Levermore, Pnina.levermore@jewishtampa.com, jccohncampus.com/parkinsons

The Park Ave Project 3.0, St. Augustine Rehabilitation Specialists, St. Augustine, FL

Contact: Melanie Lomaglio, Melanie.neuroPT@gmail.com, starsrehab.org

*Parkinson's Disease Outreach Program to African Americans in Alachua County, University of Florida, Gainesville, FL

Contact: Irene Malaty, irene.malaty@neurology.ufl.edu, mbi.ufl.edu

Let's Get Physical – Mental and Physical Fitness Classes for People with Parkinson's, Jax Hope Inc, Ponte Vedra Beach, FL

Contact: Jennifer Otero, support@jaxhopeinc.org, www.jaxhopeinc.org

Tai Chi/Qi Gong & Rock Steady Boxing for Parkinson's Disease Patients and Caregivers: Virtual and Bilingual Program, Neuroscience Centers of Florida Foundation, Inc. d/b/a Brain Center, Miami, FL

Contact: Tamara Robinett, grantrequest@braincenter.org, braincenter.org

Mind&Melody Music & Movement Program for Parkinson's Participants in Miami and Boca Raton, Mind&Melody, Inc., Miami, FL

Contact: Cristina Rodriguez, cristina@mindandmelody.org, www.mindandmelody.org

Punching Out Parkinson's, Hope Hospice and Community Services, Fort Myers, FL

Contact: Teresa Stohs, Teresa.stohs@hopehcs.org, hopehcs.org

Parkinson's Wellness Program, Memorial Foundation, Inc. of MHS-Hollywood, FL, Hollywood, FL

Contact: Tony Vempala, avempala@mhs.net, www.MHSFoundation.com

Georgia

*YOPD Mentoring, Livramento Delgado Boxing Foundation, Symrna, GA

Contact: Denise Formisano, denise@parkinsonsboxing.org, www.boxingforparkinsons.org

Rockin' Wellness for LIFE, WellStar Foundation, Marietta, GA

Contact: Dana Rohulich, dana.rohulich@wellstar.org, www.wellstar.org/community/foundation

Singing with Parkinson's, The George Center Foundation, Roswell, GA

Contact: Hannah Rhinehart, hannahr@thegeorgecenter.com, perfectharmonyhealth.com

*Community Conversations with Emory Parkinson's Disease Researchers, Emory University, Atlanta, GA

Contact: Thomas Wichmann, twichma@emory.edu, www.emory.edu/home/index.html

Iowa

Rock Steady Parkinson's Boxing, Young Men's Christian Association of Washington, Washington, IA

Contact: Teri Hartzler, thartzler@washingtoney.org, www.washingtoney.org

Rock Steady Boxing for Low-Income Seniors with Parkinson's Disease, Iowa City Coralville Boxing Club Inc., Iowa City, IA

Contact: Clifton Johnson, icorboxing@gmail.com, www.icorboxing.com

*Outreach Programs for Persons with PD in Rural Areas, Iowa State University Foundation, Ames, IA

Contact: Elizabeth Stegemoller, esteg@iastate.edu, www.iastate.edu

Illinois

*PD Caregiver Boot Camp Series, Northwestern University Feinberg School of Medicine, Chicago, IL

Contact: Danny Bega, danny.bega@nm.org, www.parkinsons.northwestern.edu

*Examining the Inpatient Experience of Latinx and Spanish-Speaking Parkinson's disease Patients, Rush University Medical Center, Chicago, IL

Contact: Jori Fleisher, jori_fleisher@rush.edu, www.rushu.rush.edu/rush-medical-college

Información para el Desarrollo Educativo y Apoyo Social en la comunidad afectada por Parkinson (IDEAS en Español), Rehabilitation Institute of Chicago dba Shirley Ryan AbilityLab, Chicago, IL

Contact: Jennifer Goldman, jgoldman02@sralab.org, www.sralab.org

**Mental Health and Support for PD Patients in Chicagoland of African Ancestry, Rush University Medical Center, Chicago, IL

Contact: Deborah Hall, Deborah_A_Hall@Rush.Edu

Motivate Through Music!, NeuroHealth Music Therapy, LLC, Carol Stream, IL

Contact: Linda Jedrzejek, Linda@neurohealthmusic.com, neurohealthmusic.com

*GO! Tango P.D. Fund for the Underserved and Newly-diagnosed, GO! Tango P.D., Chicago, IL

Contact: Issa Perillo, issa@gotangopd.org, www.gotangopd.org

Rush Copley's Movement Disorders Support Services, Rush-Copley Foundation, Aurora, IL

Contact: Alexander Pope, Alexander.Pope@rushcopley.com, www.rush.edu

Indiana

*Indiana Parkinson Foundation, Indiana Parkinson Foundation, Noblesville, IN

Contact: Addie Cunningham, addie@indianaparkinson.org, www.indianaparkinson.org

Kansas

Movement for People with Parkinson's, The Jewish Community Center of Greater Kansas City, Overland Park, KS

Contact: Dawn Aronoff, dawna@thejkc.org, www.thejkc.org

Bringing Parkinson's Disease Resources & PD-Specific Exercise to Kansas City, KS, The Parkinson's Exercise and Wellness Center, Overland Park, KS

Contact: Sarrisa Curry, scurry@thepewc.org, www.thepewc.org

Community Choir and online music-based resources, CCRC of Lenexa, Lenexa, KS

Contact: Clayton Frans, clayton.frans@westchestervillagelenexa.com, westchestervillagelenexa.com

Moving to Live: Beating Apathy, Parkinson's Families of Northwest Kansas Association, Colby, KS

Contact: Elaine Ptacek, elaine.ptacek@gmail.com, www.movingtolive.org

Kentucky

Moving Together: A Parkinson's Mentor Program (formerly Parkinson's Disease Buddy Program), Norton Healthcare Foundation Inc, Louisville, KY

Contact: Susan Cohen, Susan.Cohen@nortonhealthcare.org, www.NortonHealthcareFoundation.com

Bluegrass Parkinson's Alliance Music Therapy Programming, Lexington Area Parkinson Disease Support Group, Inc, Lexington, KY

Contact: Laura Soldato, laura@parkinsonslexington.com, www.bgparkinsons.org

Louisiana

Music & Movement with the Parkinson Resource Center at Louisiana Tech University, Louisiana Tech University, Ruston, LA

Contact: Donna Hood, dhood@latech.edu, latech.edu

Dance for Parkinson's Re: Rosas! Project, Of Moving Colors Productions, Baton Rouge, LA

Contact: LeeAnn Kozan, leeann@ofmovingcolors.org, www.ofmovingcolors.org

LOUD for Life, Ochsner Clinic Foundation, New Orleans, LA

Contact: Rachel Rayes, rachael.rayes@ochsner.org, www.ochsner.org

Movement Matters, The Young Men's Christian Association of the Capital Area, Baton Rouge, LA

Contact: Julie Russell, jrussell@ymcabr.org, ymcabr.org

Massachusetts

*Youville's Step Up to PD program, Youville Assisted Living Residences, Cambridge, MA

Contact: Yanira Burgos, yaniramotto@gmail.com, youvilleassistedliving.org/parkinsons-support

PD Wellness: Empowerment, Education, and Exercise, Gordon College, Wenham, MA

Contact: Sean Clark, sean.clark@gordon.edu, www.gordon.edu/balance

Pedaling for Parkinson's, Hockomock Young Mens Christian Association Inc, North Attleboro, MA

Contact: Caitlin Gibbs, Caitling@hockymca.org, www.hockymca.org

Parkinson's Fitness, (SCORE Power Training For Parkinson's), SCORE Power Training for Parkinson's Fitness, Salem, MA

Contact: Linda Hall, parkinsonsfitness@gmail.com, parkinsonsfitness.org

Dance With Parkinson's Program Support, Urbanity Dance, Boston, MA

Contact: Betsi Graves, Betsi@urbanitydance.org, www.urbanitydance.org

** Music Mindset: A Program for Wellbeing and Parkinson's Symptom Management, Beth Israel Deaconess Medical Center, Boston, MA
Contact: Lissa Kapust, lkapust@bidmc.harvard.edu, www.bidmc.org

Expansion of Parkinson's Program to Support Individuals, Families and Caregivers in the MetroWest Community, MetroWest Young Men's Christian Association, Inc., Framingham, MA
Contact: Amy Miller, amiller@metrowestymca.org, metrowestymca.org

110 Fitness - Urban Poling and BOXH2O, 110 Fitness LLC, Rockland, MA
Contact: Brett Miller, bmiller@110fitness.org, www.110fitness.org

Goddard House Parkinson's in Motion, Goddard House Assisted Living, Brookline, MA
Contact: Christine Nagle, cnagle@goddardhouse.org, www.goddardhouse.org

Let's Combat Micrographia, Creative Neurology, LLC, Southampton, MA
Contact: Saba Shahid, saba@creativeneurology.com, creativeneurology.com

Maryland

EMF PFGGrant2022, Empower Motivation Fitness, LLC, Annapolis, MD
Contact: David Fletcher, empowermotivationfitness@gmail.com

Aquatics for Parkinson's, Maryland Association for Parkinson Support, Inc., Brooklandville, MD
Contact: Judy Friedman, tuscanybound@comcast.net, www.marylandparkinsonsupport.org

Rock Steady Boxing at the Y, YMCA of Central Maryland, Inc., Baltimore, MD
Contact: Dana Hotra, danahotra@ymaryland.org, www.ymaryland.org

Yoga For People with Parkinson's (Y4PWP), Retreat Center of Maryland, Clarksville, MD
Contact: Jennifer Mayotte, jen@retreatcenterofmaryland.org, www.retreatcenterofmaryland.org

Maine

*Evidence Based Holistic Wellness Program for Parkinson's Patients and their Caregivers, Bangor Young Mens Christian Association, Bangor, ME
Contact: Ben Filippo, bfilippo@bangory.org, www.bangory.org

Michigan

Mindfulness for Mental Health in Parkinson's Disease, Spectrum Health System, Grand Rapids, MI
Contact: Kelly McWilliams, kelly.mcwilliams@spectrumhealth.org, www.spectrumhealth.org/foundation

*Taking Care of You: A Care Partner Retreat, Spectrum Health Foundation, Grand Rapids, MI
Contact: Kelly McWilliams, kelly.mcwilliams@spectrumhealth.org, www.spectrumhealth.org/foundation

Equitable Exercise for People With Parkinson's (E2PWP) 3.0, Ascension Genesys Foundation, Grand Blanc, MI
Contact: Susan Tippett, susan.tippett@ascension.org, healthcare.ascension.org

Minnesota

Living a Healthy Life with Parkinson's Disease: A Wellness Intervention Series for People Living with Parkinson's Disease and their Care Partners, Exercisabilities, Inc, Rochester, MN
Contact: Melanie Brennan, melanie@exercisabilities.org, www.exercisabilities.org

*YMCA of the North: Pedaling for Parkinson's, Young Men's Christian Association of the Greater Twin Cities, Minneapolis, MN
Contact: Kate Ray, kate.ray@ymcamn.org, www.ymcanorth.org/pedaling_for_parkinsons

Missouri

*Art Therapy Program for Parkinson's Disease patients, Saint Luke's Foundation, Kansas City, MO
Contact: Meredith Cantrell, mecantrell@saintlukeskc.org, www.saintlukeskc.org/saint-lukes-foundation

Mobilizing Music Program, Parkinson's Group of the Ozarks, Springfield, MO
Contact: Cassi Locke, cassi@parkinsonsgroup.org, www.parkinsonsgroup.org

*Exercise Programs for Those with Parkinson's Disease, Paraquad, Inc, St Louis, MO
Contact: Wendi Neckameyer, wneckameyer@paraquad.org, www.paraquad.org

Mississippi

What's Up, Doc?, First Baptist Church and Metro-Jackson Parkinson's Group, Jackson, MS
Contact: Gil Kim, gilkim3@gmail.com, www.mindbodyonline.com

Parkinson's Fitness Class, Mississippi Gulf Coast YMCA, Ocean Springs, MS
Contact: Amanda Ray, aray@mgcymca.org, www.mgcymca.org

Steady and Strong Parkinson's Wellness Program, Young Men's Christian Association, Metropolitan Jackson, Flowood, MS
Contact: Amy Rimmer, flwywellness@metroymcams.org, www.metroymcams.org

Montana

Summit for Parkinson's 2022 Autumn Conference, Summit for Parkinson's, Missoula, MT
Contact: Hadley Ferguson, sharistrachan@gmail.com, www.summitforparkinsons.org

North Carolina

Incorporating PWR!Moves™ in Novant Health Rehabilitation Therapeutic Services, Forsyth Medical Center Foundation, Charlotte, NC

Contact: Randy Brantley, rbrantley@novanthealth.org, supportnovanthealth.org/regional-foundations

YMCA Parkinson's Exercise Expansion, YMCA of Southeastern North Carolina, Wilmington, NC

Contact: Bridget Carroll, bridget.carroll@ymcasenc.org, www.ymcasenc.org

2022 BCWC Parkinson's Exercise Program, Brunswick County Wellness Center, Southport, NC

Contact: Sara Fox, sara0318@live.com, brunscowellnessnc.org

Capturing the Community, Bike Box Project, New Bern, NC

Contact: Bethany Richards, bethany@bikeboxproject.org, www.bikeboxproject.org

Parkinson's Movement Initiative at ADF, American Dance Festival, Durham, NC

Contact: Alexis Kralic, alexis@americandancefestival.org, americandancefestival.org

Parkinson's Exercise & Wellness Program – Monroe, Amp It Up Fitness, LLC, Charlotte, NC

Contact: Susan Wiseman, susan@ampitupfitness.com, www.ampitupfitness.com

North Dakota

*Movement Disorders Team Patient-Centered Programs, Sanford Medical Center Fargo, Fargo, ND

Contact: Asenath Huether, asenath.huether@sanfordhealth.org, www.sanfordhealth.org/sanford-medical-center-fargo

Nebraska

Continued Growing the Delay the Disease program at the Kearney Family YMCA, Kearney Family YMCA, Kearney, NE

Contact: Anne Johnson, ymcakearney@kearneyymca.org

Delay the Disease Expansion, Parkinson's Support Group and Care Giver Workshops, Norm Waitt Sr. YMCA, South Sioux, NE

Contact: Jacque Perez, jperez@nwsymca.org, nwsymca.org

Coping and Winning, Heartland Neurological Therapy and Wellness Center, Waterloo, NE

Contact: Amy Renken, amysrenken@gmail.com, www.heartlandneurological.com

Play, Move, and Create Workshop Series, Parkinson's Nebraska, Omaha, NE

Contact: Emmy Smith, emmy@parkinsonsnebraska.org, parkinsonsnebraska.org

New Hampshire

*YMCA of Greater Nashua Parkinson's Disease Programming, YMCA of Greater Nashua, Nashua, NH

Contact: Marsha Bottino, marsha.bottino@gmail.com, nymymca.org

Upper Valley Programs for Parkinson's, Upper Valley Programs for Parkinson's, Lebanon, NH

Contact: Rick Dickson, rick.dickson@joinccba.org, uvparkinsons.org

New Jersey

Dance for Parkinson's Classes 2022-2023, Princeton Ballet Society (dba American Repertory Ballet), Princeton, NJ

Contact: Rachel Abrams, rabrums@arballet.org, www.arballet.org

Parkinson's Connection: Exercising Body, Mind, and Spirit, Jewish Federation of Southern New Jersey, Cherry Hill, NJ

Contact: Candice Lombardi, clombardi@jfedsnj.org, www.katzjcc.org

*PD Resource Facilitator, CentraState Healthcare Foundation, Freehold, NJ

Contact: Sharon Purpuro, spurpuro@centrastate.com, www.centrastatefoundation.org

ParkinSINGs: Improving Mental Health for Participants and Care Partners, JFK Medical Center, Edison, NJ

Contact: Deborah Smith, deborah.smith@hmn.org, www.hackensackmeridianhealth.org

New Mexico

*Project to Improve and Expand Albuquerque Metro Support Groups, Parkinson's Connection of Central NM, Albuquerque, NM

Contact: Cindy Brown, cbrown@homeinsteadnm.com, www.parkinsoncnm.org

Nevada

Addressing Mental Health and Parkinson's Disease in Southern Nevada, St. Rose Dominican Health Foundation, Henderson, NV

Contact: Polly Bates, polly.bates@dignityhealth.org, www.supportstrose.org

New York

Dance for PD, Disalced, Inc., dba Mark Morris Dance Group, Brooklyn, NY

Contact: Haley Mason Andres, haley.m.andres@mmdg.org, markmorrisdancegroup.org

Broadway's Best for Parkinson's Plus, The Jewish Community Center in Manhattan, Inc., New York, NY

Contact: Cynthia Ceilan, cceilan@mmjccm.org, www.mmjccm.org

Living Well with Parkinsons: Improving Movement, Communication & Support, Sephardic Community Youth Center, Brooklyn, NY
Contact: Linda Eber, Linda@scclive.org, www.scclive.org

Shakespeare For Parkinson's, Overtime Dance Foundation, Inc., New York, NY
Contact: Nick Filippini, nfilippini1994@gmail.com, shakespearepd.com

*Integrative Health and Wellness Community Outreach, Joan & Sanford I. Weill Medical College of Cornell University, New York, NY
Contact: Natalie Hellmers, nah9011@med.cornell.edu, weillcornell.org

Art Moves Me: Exercising Body and Mind at Burchfield Penney Art Center, Burchfield Penney Art Center, Buffalo, NY
Contact: Cynthia Pegado, cypegado@gmail.com, www.burchfieldpenney.org

Moving Forward Together - An Educational Program for Those Living with Parkinson's Disease & Their Caregivers, Albany Medical College, Albany, NY
Contact: Eric Molho, molhoe@amc.edu, www.amc.edu

** Promoting physical activity engagement for people with early stage Parkinson's disease (Engage-PD), Teachers College, Columbia University, New York, NY
Contact: Lori Quinn, lq2165@tc.columbia.edu, www.tc.columbia.edu/neurorehab

Pathways to Parkinson's, Mid-Island Jewish Community Center, Plainview, NY
Contact: Barbara SachsTraina, bsachs@mijjcc.org, mijjcc.org

Music has Power ® for Parkinson's, Institute for Music and Neurologic Function, Mt Vernon, NY
Contact: Concetta Tomaino, ctomaino@wartburg.org, www.imnf.org

Biofeedback Training to Improve Gait Dysfunction, Empower Parkinson, Inc, Tully, NY
Contact: Patrick VanBeveren, empowerparkinson@gmail.com, empowerparkinson.org

*Reclaim Your Voice: Speech Therapy for People with Parkinson's in Vulnerable and Underserved Populations, Research Foundation on behalf of Queens College, CUNY, Flushing, NY
Contact: Elizabeth Viccaro Sitler, elizabeth.viccaro@qc.cuny.edu, www.qc.cuny.edu/home.aspx

Beat the freeze: A program to improve freezing of gait, Engage PT, OT, SLP, Syracuse, NY
Contact: Elizabeth Yates Horton, liz@brainbodybetter.com, www.engagebrainbodybetter.com

Ohio

Countryside Delay the Disease Fitness Class, Miami Valley Hospital, Dayton, OH
Contact: James Christoffel, jchristof@premierhealth.com, www.mvhfoundation.org

Drumming Up Health in the Parkinson's Community, Cincinnati Music & Wellness Coalition, Cincinnati, OH
Contact: Arlene de Silva, arlene@musicandwellness.net, musicandwellness.net

*Voices for Parkinson's, Voices for Parkinson's Inc 501(3)(c), Loveland, OH
Contact: Caitlin Fattore, caitlinfattore@gmail.com, www.voicesforparkinsons.org

Kettering Health - Parkinson's Fit Club, Kettering Medical Center, Kettering, OH
Contact: Belinda Isaac, Belinda.Isaac@ketteringhealth.org, ketteringhealth.org

Fit For You: A Holistic Approach to Wellness for People with Advanced Parkinson's Disease, InMotion, Beachwood, OH
Contact: Cathe Schwartz, cschwartz@beinmotion.org, beinmotion.org

Oklahoma

Stillwater CANe Project (Communication, Arts, Nutrition, and Exercise) for People with Parkinson Disease and Their Families, Oklahoma State University, Stillwater, OK
Contact: Sabiha Parveen, sabiha.parveen@okstate.edu, go.okstate.edu

Pennsylvania

Parkinson's Wellness Classes, Mobility Specialist, LLC, West Chester, PA
Contact: Matthew Aitken, matt@mobilityspecialist.org, www.mobilityspecialists.org

"Movement Is Medicine - Rock Steady and Beyond for Parkinson's", Comprehensive Physical Therapy, Inc., Forest City, PA
Contact: Suzanne Atcavage, susieatc@cptrehab.net, www.cptrehab.net

Partners in Progress, Young Men's Christian Association of the Roses, York, PA
Contact: Joe Kirkenir, jkirkenir@rosesymca.org, rosesymca.org

Singercise, Therapeutic Singing Program, Greater Susquehanna Valley YMCA, Sunbury, PA
Contact: Bonita McDowell, ymcaexec@ptd.net, www.gsvymca.org

Parkinson's Wellness Package for Improved Mind, Body, and Spirit, To Life! Fitness, LLC, Pittsburgh, PA
Contact: Jessica Neiss, jessica@tolifefitness.com, www.tolifefitness.com

Better Days: New Wellness Resources for People with Parkinson's in Northeastern Pennsylvania, Allied Services Foundation, Clarks Summit, PA
Contact: Barbara Norton, bnorto@allied-services.org, www.allied-services.org

** Help Yourself - Living Alone with Parkinsons, 15/221 - University of Pennsylvania, Philadelphia, PA
Contact: Suzanne Reichwein, sreichwein@pennteam.upenn.edu, www.med.upenn.edu/pdmdc

*Parkinsingers Choir and Drum Circle Initiative, Music Matters International, Philadelphia, PA
Contact: Marjorie Samoff, parkinsingers@gmail.com

South Carolina

The Cane Bay Family YMCA PWR! Moves Program, YMCA of Greater Charleston/ Cannon Street YMCA, Summerville, SC

Contact: Sedric Webber, fitness@ymcagc.org, ymcagc.org/cane-bay

Reaching the Newly Diagnosed, especially Minorities, through Outreach and Exercise, Greenville Area Parkinson Society, Greenville, SC

Contact: Kamber Parker, kamber@gapsonline.org, www.gapsonline.org

South Dakota

*Living Well with Parkinson's Disease, Avera McKennan Hospital & University Health Center, Sioux Falls, SD

Contact: Matt Leedom, matt.leedom@avera.org, www.avera.org

Tennessee

Rock Steady Boxing Music City and Franklin, Rock Steady Boxing Music City, Franklin, TN

Contact: Colleen Bridges, nashbridges@comcast.net, musiccity.rsaffiliate.com

Optimum Hope! Parkinson Wellness Program, Optimum Hope! Parkinson Recovery, Mt Juliet, TN

Contact: Beverly Bell, beverly@thetherapygym.net, www.thetherapygym.net/oh-optimum-hope

*Rock Steady Boxing, Memphis Jewish Community Center, Memphis, TN

Contact: Judy Goldberg, jgoldberg@jccmemphis.org, memphisjcc.rsaffiliate.com

Exercise through Music Therapy and PFP Outreach and Support in Middle Tennessee, Peterson Foundation for Parkinson's, Nashville, TN

Contact: Debbie Lowenthal, brent@petersonforparkinsons.org, petersonforparkinsons.org

Dance for Parkinson's Class Expansion, Ballet Memphis Corporation, Memphis, TN

Contact: Carol Miraglia, cmiraglia@balletmemphis.org, balletmemphis.org

The Cole Center Annual Parkinson's Symposium, University of Tennessee Medical Center, Knoxville, TN

Contact: Susan Wyatt, smwyatt@utmck.edu, www.utmedicalcenter.org

Texas

*Fostering Quality of Life in Individuals with Parkinsons Disease through Telehealth Mental Health and Wellness Support Sessions, The University of Texas at Tyler, Tyler, TX

Contact: Julie Hebert, jhebert@uttyler.edu, www.uttyler.edu

Support for Virtual Wellness Programs, Power for Parkinsons, Austin, TX

Contact: Nina Mosier, nina.mosier@powerforparkinsons.org, www.powerforparkinsons.org

*Movement for the Underserved People with Parkinson's Disease of San Antonio Through Exercises Classes Vital for Equality (MUEVE), University of the Incarnate Word, San Antonio, TX
Contact: Jennifer Penn, jpenn@uiwtx.edu, www.uiw.edu

Virginia

Como reducir el hueco entre servicios y familias con Parkinson's (How to reduce the Gap between services and families with Parkinson's), Medical College of Virginia Foundation, Richmond, VA

Contact: Leslie Cloud, leslie.cloud@vcuhealth.org, www.mcvfoundation.org

Young Onset Parkinson's Network-Living Well Starts Here Program, Young Onset Parkinson's Network, Vienna, VA

Contact: Anna Grill, anna@yopnetwork.org, www.yopnetwork.org

LiftPD: Community-Based Exercise Classes for Parkinson's Disease, LiftPD, Richmond, VA

Contact: Robert Hand, info@liftpd.com, www.liftpd.com

Washington

Swedish Medical Center Living Well with Parkinson's Program, Swedish Medical Center Foundation, Seattle, WA

Contact: Michelle Scheff, michelle.scheff@swedish.org, www.swedishfoundation.org

Wisconsin

Parkinson Exercise Program - Journey to the Optimal You through Adventure and Exploration, JOY Explorations LLC, Watertown, WI

Contact: Joy Cochran, joyexplorations@gmail.com, JOYexplorations.com

West Virginia

Parkinson Disease and speech disorders, West Virginia University, Morgantown, WV

Contact: Richa Tripathi, richa.tripathi@hsc.wvu.edu, research.wvu.edu

International

** Online education to promote compensation strategies for gait impairments in underserved Parkinson populations, Radboud university medical centre, Nijmegen, Netherlands

Contact: Jorik Nonnekes, jorik.nonnekes@radboudumc.nl, www.radboudumc.nl